



Continence
Health
Australia

Catheterisation Skills Workshop for Nurses

This course is aimed at nurses who are required to undertake catheterisation as part of their scope of practice.

MODULES INCLUDE:

Catheterisation in Practice

This module covers:

- Person-centred approach to catheterisation
- Anatomy of the lower urinary tract
- Physiology of the lower urinary tract
- Indications for catheterisation
- Contraindications for catheterisation

Catheterisation Equipment

This module covers:

- Indwelling Catheter Specifications
- Suprapubic Catheter Specifications
- Intermittent catheter specifications
- Drainage Bags and Securing Devices

Part 1: Online theory component

Duration 2-3 hours

Procedures

This module covers:

- Catheterisation practice compliance
- Review: Infection Prevention & Control
- Adult Indwelling Catheterisation Insertion Procedure
- Suprapubic Catheter Replacement and Management
- Ongoing urinary catheterisation management

Complications and Troubleshooting

This module covers:

- Complications arising from Catheterisation
- Urinary catheterisation troubleshooting
- Urine not draining
- Urine bypassing the catheter
- Unable to remove the catheter
- Suprapubic Catheter has fallen out

Turn over for
information on **Part
2: Practical skills
workshop**



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This course is aimed at nurses who are required to undertake catheterisation as part of their scope of practice.

Part 2: Practical skills workshop

Duration 4-5 hours

The practical skills workshop provides the opportunity for participants to practice the skill of indwelling catheterisation on both male and female manikins as well as suprapubic catheterisation and receive feedback.

It should be noted that competence is not assessed at this workshop, rather, participants are provided with the tools to be able to practice catheterisation under supervision until their workplace deems them competent to undertake the procedure unsupervised.

COSTS AND CONTACTS



Non-members: \$600 + GST
Members: \$400 + GST



Contact: Louise Reed or
Sarah Church



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Approved hours