## **That was then... this is now** - the evolution of Restorative Practices in education



CRP Conference 2024

21st - 23rd November 2024

Jane Langley - Greg Jansen - Rich Matla













ko Rich Matla taku ingoa















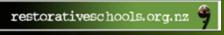






### Kia whakatōmuri te haere whakamua

'I walk backwards into the future with my eyes fixed on my past'





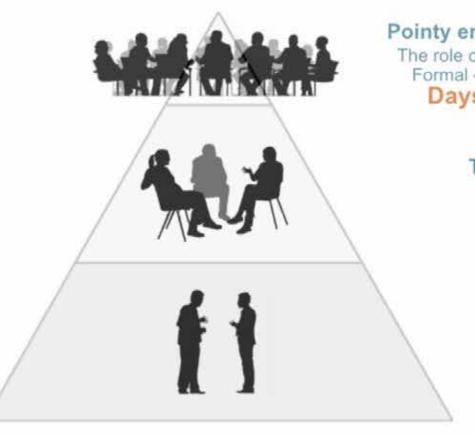
### Looking back to look forward

Intro yourself to your partner

Take 60 secs to share how
Restorative has changed since
you first were involved in
Restorative Practices

Swap - explore similarities . differences.





#### Pointy end stuff

The role of select staff, BOT, specialist training Formal - structured - Multiple stakeholders Days / weeks

#### Tricky stuff

The role of some staff, eg; Team leaders, Syndicate Heads, Deans, Heads of Learning Semi - formal

#### Hours / Days

#### Everyday stuff

The role of everyone Informal

Minutes / seconds

Restorative Practices is about...

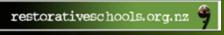
Building

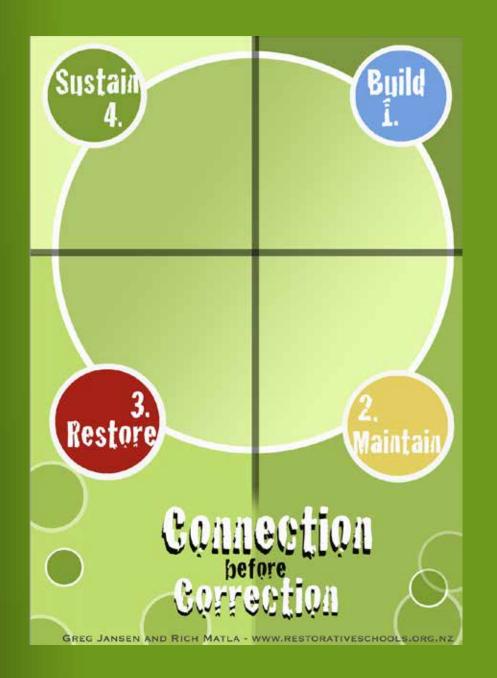
Maintaining

Restoring

Sustaining

Learning. Relationships







Rather than seeing Restorative Practices as a behaviour management tool -

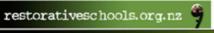
we need to begin to see it as a way of being -

a way of supporting the learning culture -

a way of developing culturally sustaining schools communities -

a way of learning well.

Jansen / Matla

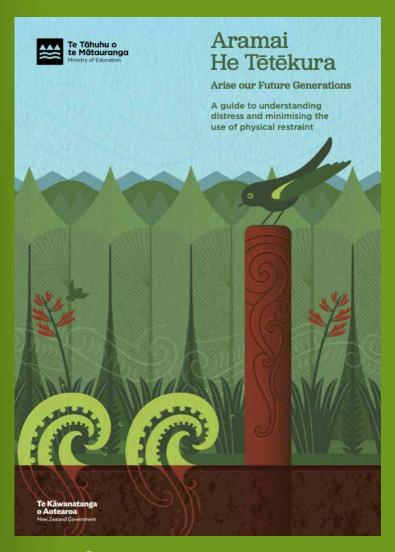


# Teaching Well-Being increases Academic Performance: Evidence From Bhutan, Mexico, and Peru Adler and Seligman, 2016

#### Abstract

Can well-being be taught at a large scale, and should it be taught in schools? Does teaching well-being improve academic performance? In Study 1, 18 secondary schools (n=8,385 students) in Bhutan were randomly assigned to a treatment group (k=11) or a control group (k=7). The treatment schools received an intervention targeting ten non-academic well-being skills. Study 2 was a replication study at a larger scale in 70 secondary schools (m = 68,762 students) in Mexico. The schools were randomly assigned to a treatment group (j = 35) or a control group (j = 35). Study 3 was the last replication study at a larger scale in 694 secondary schools (q = 694,153 students) in Peru. The schools were randomly assigned to a treatment group (h = 347) or a control group (h = 347). In all three studies, students in the intervention schools reported significantly higher well-being and they performed significantly better on standardized national exams at the end of a 15-month intervention. In Study 1, the results for both well-being and academic performance remained significant 12 months after the intervention ended. For Studies 2 and 3, time will tell if our results endure 12 months after the end of the intervention. In all three studies, perseverance, engagement, and quality of relationships emerged as the strongest mechanisms underlying increases in well-being and enhanced academic performance. Our results suggest that, independent of social, economic, or cultural contexts, teaching well-being in schools on a large scale is both feasible and desirable.





A Guide to understanding

Distress & Minimising the use of

Physical Restraint



## Nā tō rourou, nā taku rourou ka ora ai te iwi.

With your food basket and my food basket the people will thrive.





Australia

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