It saves lives

It only takes 20 minutes

It's free

BreastScreen ACT

ACT Government Health

BreastScreen AUSTRALIA
A joint Australian, State and Territory Government Program

Engaging Culturally and Linguistically Diverse Clients through Linguistics Services

Combined Project with BreastScreen ACT, Women's Health Service and Canberra Sexual Health Centre

Julianne Solway and Faye Hyacinth Dela Torre Salcedo

Annual Data Report

2019 Participation = **27.4%**

2020 Participation = **25.1%**

2021 Participation = **21.77%**

2022 Participation = **22.043 %**

NB: Comparative ATSI participation 54%
(ACT – little or no isolation by location)

NAS 1.2.1(a) (ii)

- Women 50 - 74 years from Culturally and Linguistically Diverse Backgrounds the most recent 24-month which data are available

NB: June 2022 Commenced linguistics engagement

Cervical Screening

- High participation overall (nationally 70 percent) but it is hard to capture the level CALD engagement
- CALD Community potentially more at risk due to immunisation programme for HPV/ GARDASIL not as well established in other parts of the world

Sexual Health

- Cultural barriers can exist within families and communities about sexual health (traditionally not discussed)
- Language barriers also limit access to health professionals to improve health literacy regarding the subject around sexual health checks for immigrant families

We all wanted better!! 🙏

😒🤔😐

WHS, BSACT and Sexual Health

😒🤔😐

What to do?

We identified that linguistics support classes to Refugee and Immigrant groups are a fantastic point of contact for Health literacy and sharing of information.

Faye (WHS), approached them about doing health presentations and contacted BSACT and Sexual Health asking to participate.

😒🤔😐

- We had an ad hoc attempt in June 2022 delivering some presentations to 150 women. We contact Mary Awata from Bora Group regarding training and project support. ✅

We were learning 🤷🤷🤷

- We had assistance from interpreters during the class

- We had some assistance with our power points prior to commencing the presentations from the NAVITAS Instructor

Consultant Education and Training

- CULTURALLY AND LINGUISTICALLY DIVERSE CONSULTANT TRAINING
- ENGAGEMENT STRATEGIES
- DEVELOPMENT OF RESOURCES
- PRIORITY IDENTIFICATION – WHAT WE NEED NOW AND WHAT WE NEED MOVING FORWARD
- BUDGET STRATEGIES – WORKING WITH OTHER LOCAL STAKEHOLDERS LOOKING TO ACHIEVE SIMILAR OUTCOMES

QI project December 2022

(formalised)

(i) A broad QI plan

Aim to improve CALD participation by 5 % 24 months

And

(ii)Specific QI project related to learning outcomes

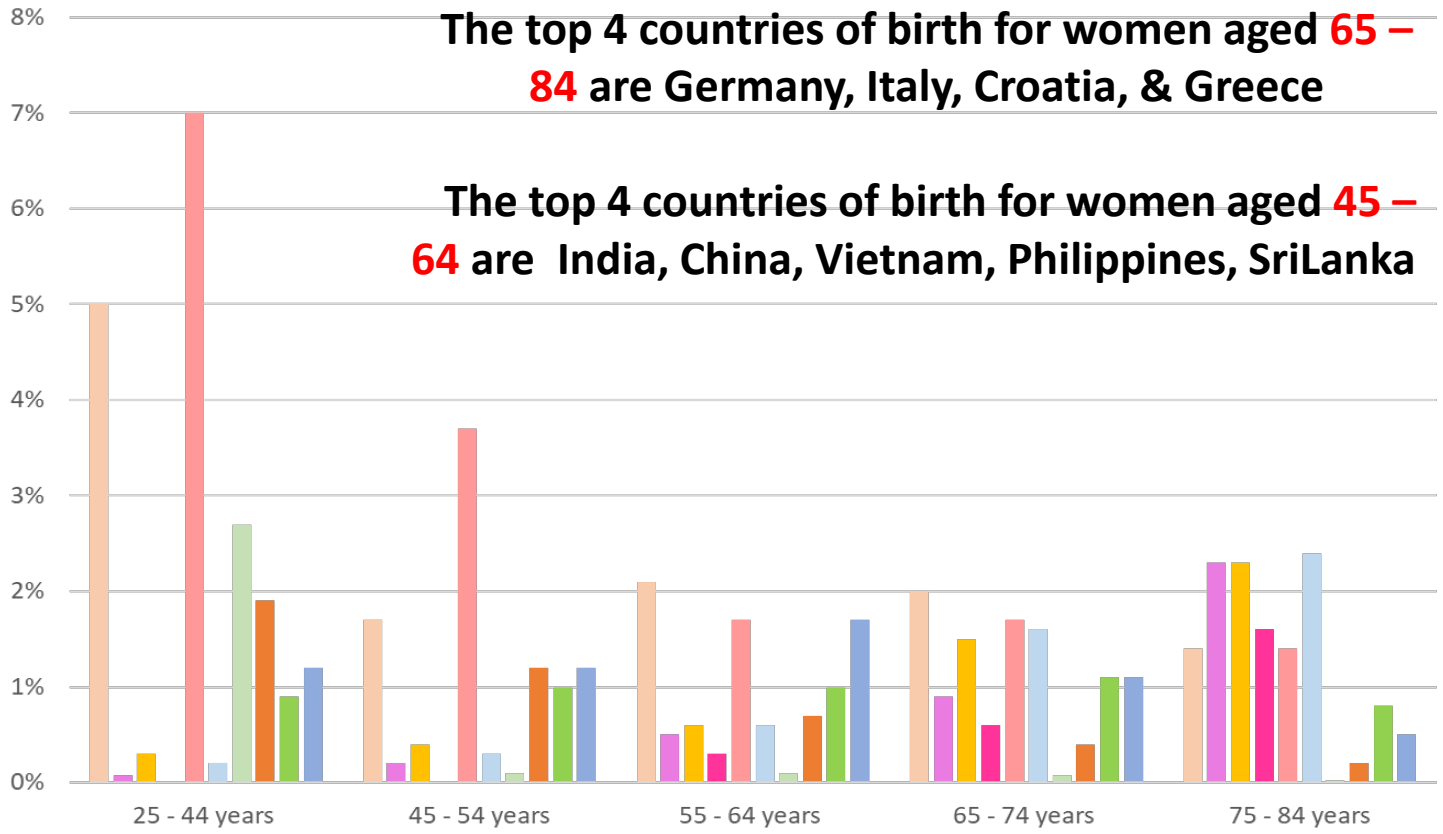
QI project (ii) was to directed at making sure that our key messages and education outcomes were being delivered effectively.

Census 2021 Data Analysis

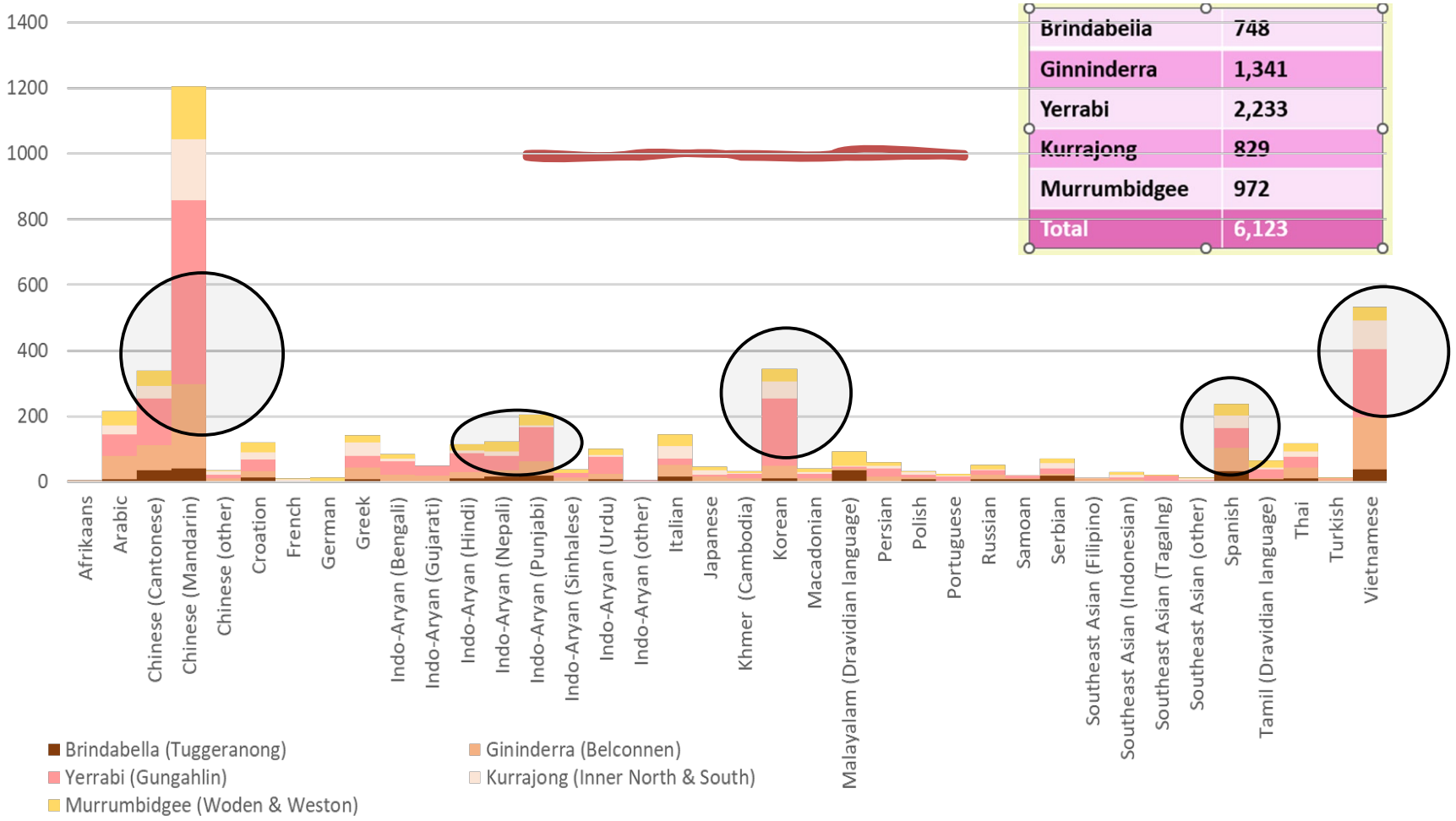
1 in 5 females in the ACT are born overseas

The top 4 countries of birth for women aged 65 – 84 are Germany, Italy, Croatia, & Greece

The top 4 countries of birth for women aged 45 – 64 are India, China, Vietnam, Philippines, SriLanka



Review 2021 Census Data by location



Brindabella	748
Ginninderra	1,341
Yerrabi	2,233
Kurrajong	829
Murrumbidgee	972
Total	6,123

2021 Census Data

From all this information we were then able to identify groups most isolated by;

- **Language** considering English **proficiency**, access to literature (brochures in 1st language available)

- **Identification** of **AGE** groups i.e. **population numbers** in **target age** and those **moving into target age**

- **Location and access** to our service / **Location of specific cultural community groups and languages spoken**

QI Project (ii) Content

Breast Health Education

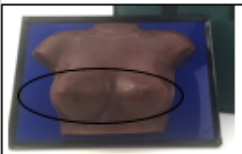
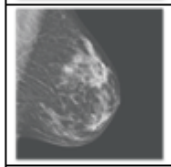
- Identify breast changes
- Know what health provider to see if a change is noticed
- Identify risks of breast cancer

BSACT – Breastscreen key messages

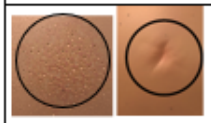
- Free from 40
- 50 to 74 years invited ✅ and reminded (approximately 80 percent of all breast cancers occur 50 and above)
- Where to find us
- Interpreters available and all female Health Service
- Early detection saves lives
  (Find it early as small as a grain of rice)

NAVITAS Linguistics service worked on these words before we came in

Vocabulary sheet

	**Breasts** Mammaries that give milk to babies
	Breast Cancer Bad cell changes in the breast
	**Mammogram** Breast X-ray
	Mammogram Machine X-ray machine for breasts
	Radiographer Someone trained to take x-rays
	Nipple Part of the breast that milk flows out

Vocabulary sheet

What is a Breast Change	Something diferent Not normal ??????
	Lump = Change
	**Dimpling** - indentation = Change
	Discharge – Body fluid = Change
	Pain - hurting and discomfort = Change
	Not normal **Shape and Size** = Change
	Nipple Inversion – turns inward (New = Change)

Pre and Post Quiz- Question examples

5. What are risks for breast cancer?

A) Being female

B) Being older

C) A family history

D) All the above

6. How do I find a breast change?

A) Look at my breasts in the mirror

B) Lift my arms above my head

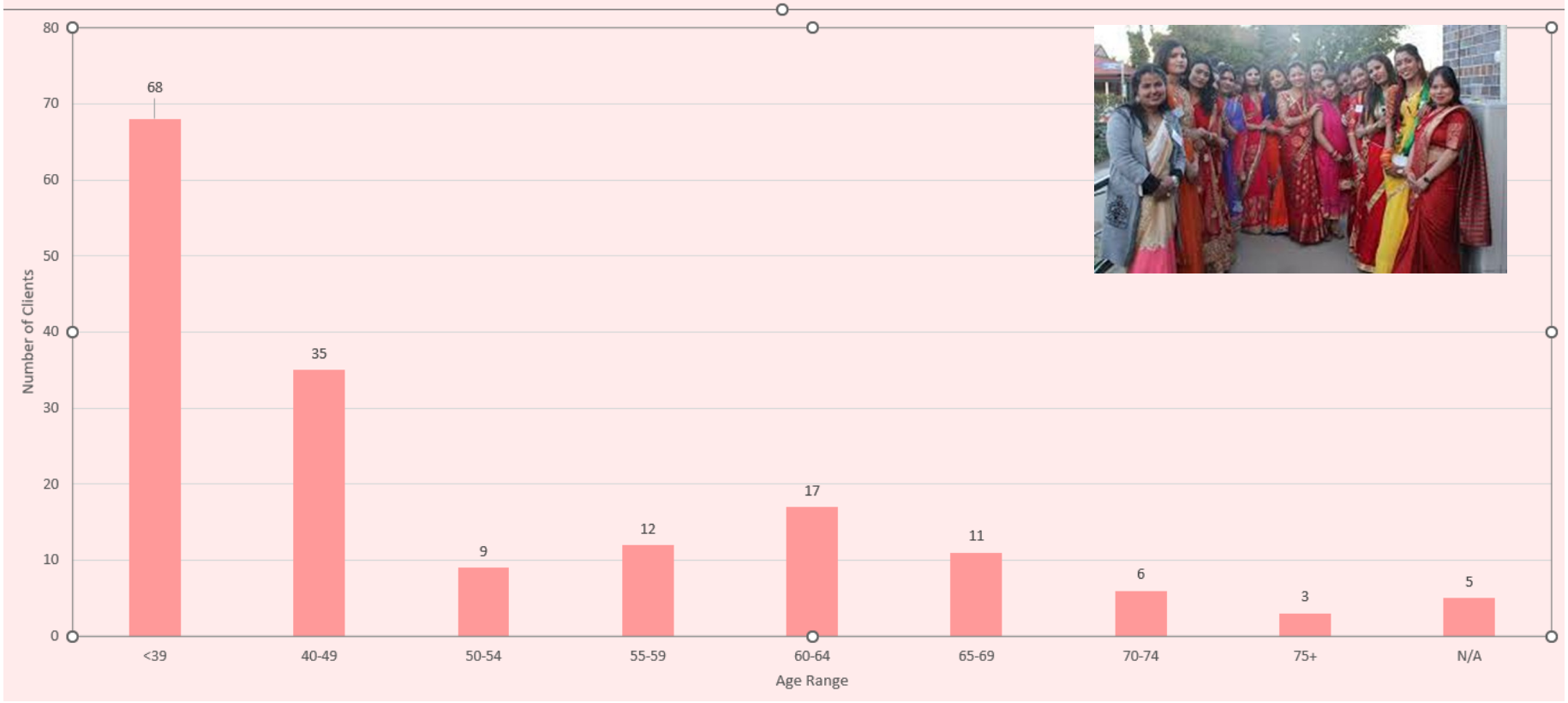
C) Place my hands on my hips

D) Use touch to notice a lump

E) All the above

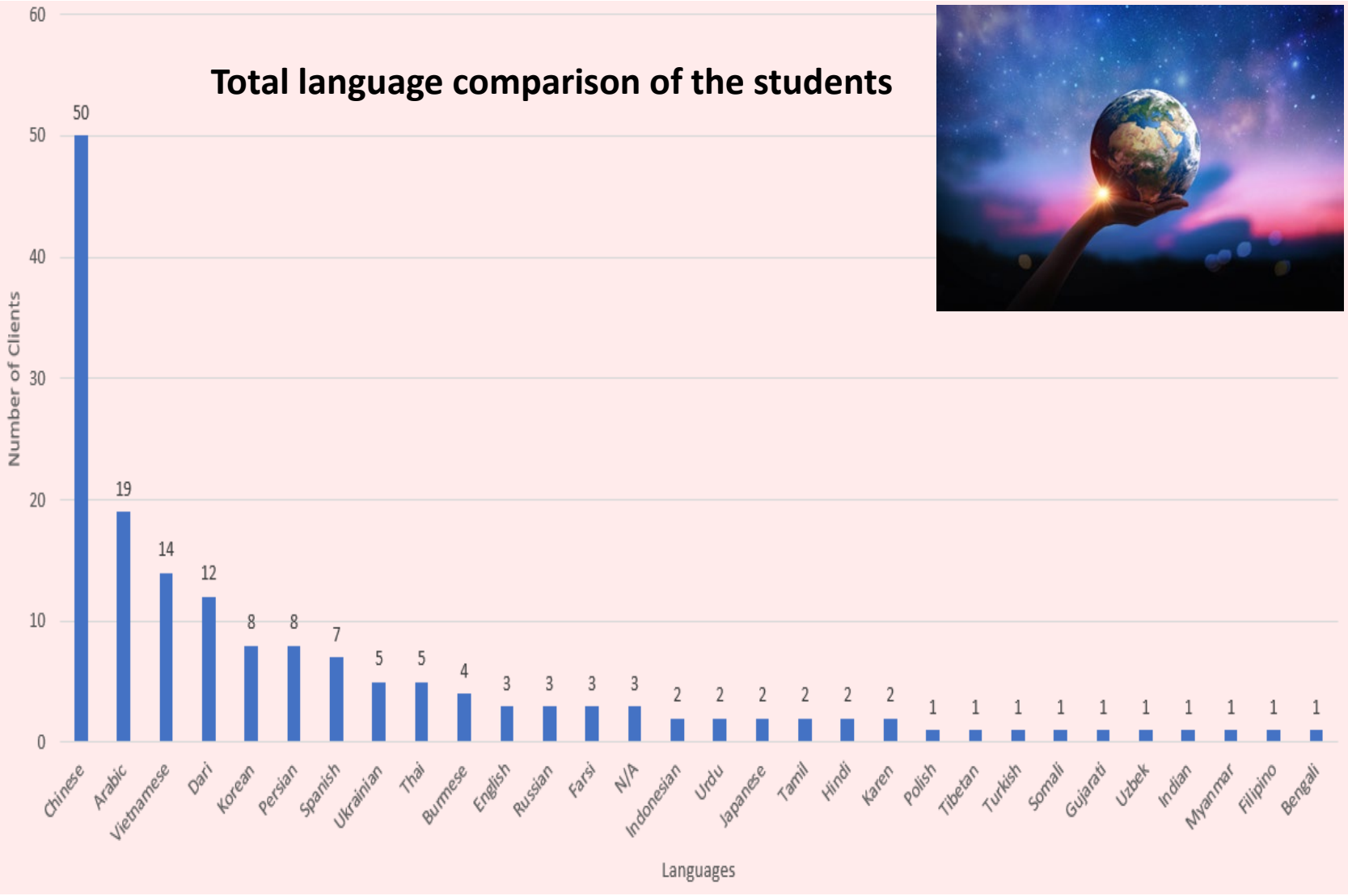
Total between 40 – 74 = 90 (target audience) 54%

Total Age Comparison

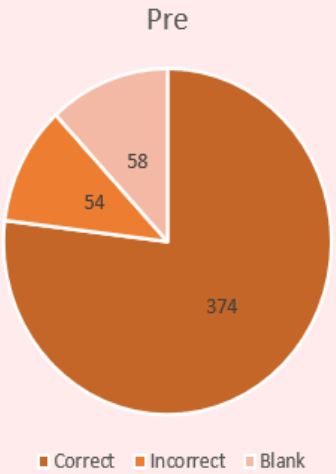


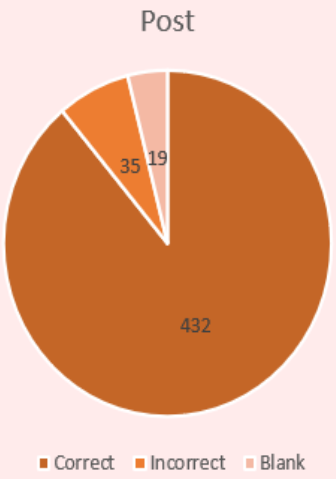
We delivered presentations to 166 female Students
December 2022

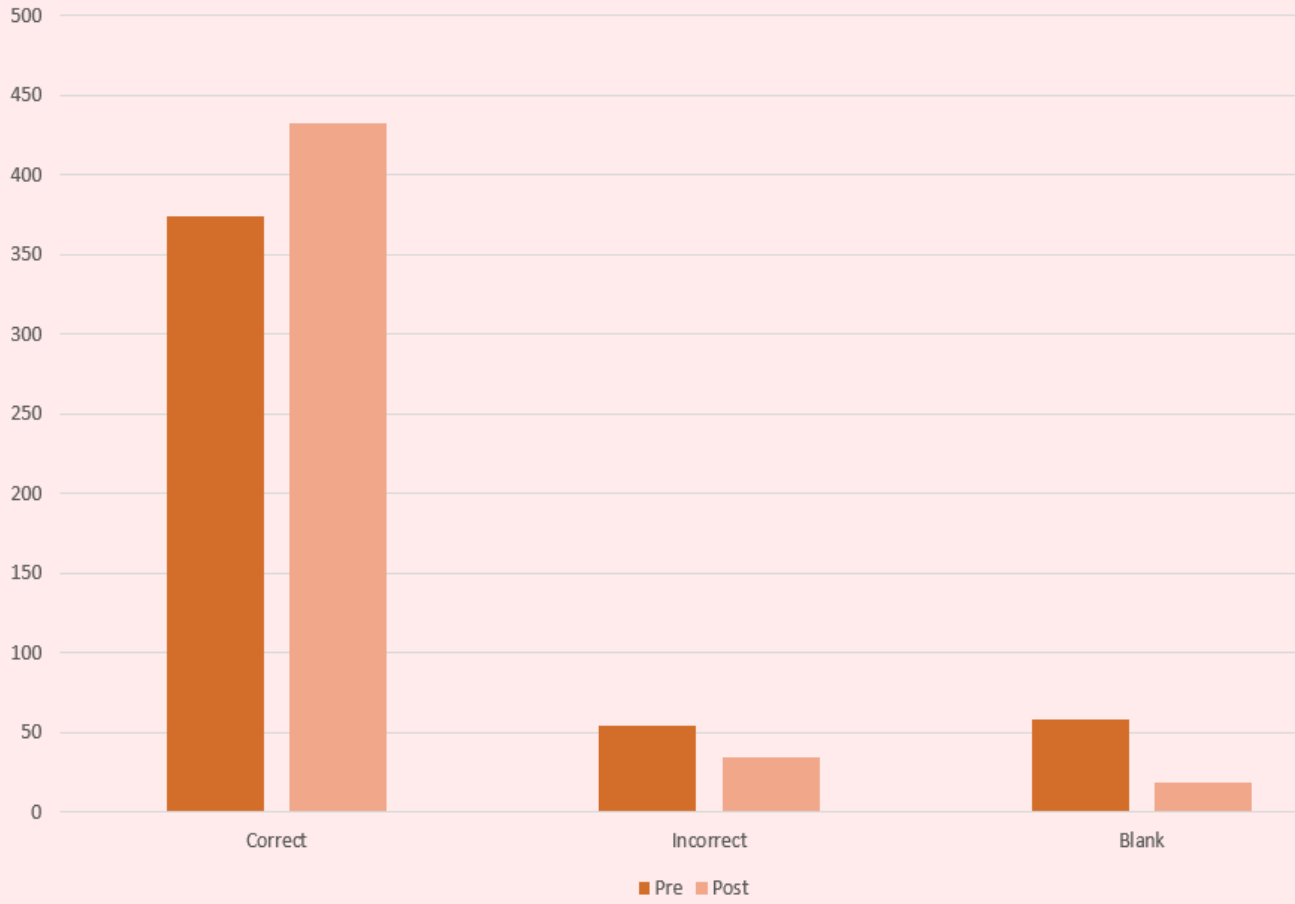
Total language comparison of the students



Total Comparison of all Questions Level 1,2,3







What has happened since then…

- Data will continue to be collected over 2024 period
- Presentations scheduled every 10-11 weeks for 2024
- Waiting 24-month ADR to assess change in participation 🙏

Who is involved in the Linguistics Project now?

- Prostate awareness representatives
- Asthma education
- Men's Link
- Cancer Council

References

- Cancer screening programs: quarterly data, Cervical screening participation - Australian Institute of Health and Welfare (aihw.gov.au)
- 2021 Australian Capital Territory, Census All persons QuickStats | Australian Bureau of Statistics (abs.gov.au)
- BreastScreen Australia monitoring report 2022, Summary - Australian Institute of Health and Welfare (aihw.gov.au)