



**RURAL MENTAL HEALTH CONFERENCE**

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**POSTER  
PRESENTER  
BRIEFING NOTES**

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**5-7 NOVEMBER 2025  
HOTEL GRAND CHANCELLOR  
HOBART, TASMANIA**



## **RURAL MENTAL HEALTH CONFERENCE**

**The Program Committee welcomes your contribution to the 2025 Rural Mental Health Conference.**

The following information is provided to assist presenters with the preparation of their presentation. If you require any further information, please contact **Ebony Lange, Conference Manager**.

Phone: 07 5502 2068 | Mobile: 0427 261 616

Email: [rural@anzmh.asn.au](mailto:rural@anzmh.asn.au)

Your abstract, presentation title and biography become the property and copyright of the 2025 Rural Mental Health Conference and will appear in the conference program in written and/or electronic form, on the conference website and/or in any conference proceedings or related publications.



**RURAL MENTAL HEALTH CONFERENCE**

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# **PRESENTER PREPARATION PRE- CONFERENCE**

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# PREPARE YOUR POSTER

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All posters should be a visual presentation of your submitted abstract. Posters should meet the following criteria:

The poster must be **PORTRAIT**.

Poster Size: **A0 size** — 841mm width x 1189 mm height.

All posters must have a title and include the author(s) name.

It is suggested that **heading font sizes does not exceed 60 points**.

**General content font should be a maximum of 32 point.**

Headings such as “Introduction”, “Methods”, “Results” and “Conclusions” are useful.

**Avoid using a mixture of type/font styles.**

The use of Upper and lower case for general content, as the use of all-capital text is difficult to read.

The text should be brief throughout. Any description of methods should be simple and concise.

**The message that your poster contains should be clear and understandable without the requirement of oral explanation.**

**Abstract:** The abstract should be short and concise, stating: the problem, hypothesis or objective and its relevance; what was done to solve the problem, test the hypothesis or meet the objective; and what happened.

**Introduction:** Briefly justify your study. Highlight the objective, purpose or hypothesis using a separate subsection or by a bullet point or bold print.

**Methods:** Keep this section brief unless your purpose is to present a new method. Wherever possible use pictures, flowcharts, or bullet points to summarise methods. In most cases great detail is not required. Intricacies can be saved for verbal discussion with interested parties.

**Results:** This is the most important section of the poster. Limit text, but use clear tables, graphs, or other illustrations for the data. Present enough relevant data to make your points. Extraneous information, no matter how interesting, will detract from your main point. Save such material for another presentation.

**Conclusions:** Keep them brief and in list form. Do not restate results. Clearly, summarize the key significant points or contributions of your study. Place your results in the context of current theory.



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# **PRESENTER PREPARATION AT THE CONFERENCE**

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All presenters will need to **check in at the registration desk** when they **first arrive** at the conference to collect their name badge and other related materials.

# SET UP YOUR POSTER

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The posters will be on display for the duration of the conference. Please bring your poster with you on the day of your registration. **It is important that posters are mounted 30 minutes before the first session on day one.**

It is your responsibility to attach your poster to the poster board. **Please remember to bring all materials required for assembling your poster (pins, velcro, double sided tape, etc.),** as the organisers are unable to supply these on the day.

# REMOVAL OF YOUR POSTER

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Please ensure that posters are **removed by 5:00pm on Friday 7 November 2025.** The organisers take no responsibility for any posters that remain up after this time.

**Any posters not removed by the end of the teardown time will not be retained.**



# VIRTUAL POSTER

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We can now provide you with an option to display your poster online in our OnAIR platform for virtual delegates.

Please send a **PDF of your poster (max size 5mb) to [rural@anzmh.asn.au](mailto:rural@anzmh.asn.au) by Friday 24 October 2025** if you would like to display your poster online.

As a reminder, the **poster needs to be PORTRAIT** orientation.

Virtual delegates will be able to view your poster and connect with you via the Meeting Hub at any time during the conference and in-person delegates will be able to view your poster displayed at the conference and ask questions during the breaks.