

What is The Indie Project?

The Indie Project is a creative program designed to help young people build self-confidence and develop practical life skills. Through creative and musical activities, participants are encouraged to look deeply within themselves while building skills in independence, peer connection, communication, and decision-making.

Over 8 foundational sessions, participants explore:

- Connection
- Communication
- Identity
- Wellbeing
- Relationships
- Choices and Problem Solving
- Hopes and Dreams
- Showcase

By the end of the program, participants will have a stronger understanding of these areas and know how to apply these skills in everyday life. Throughout the program, they will also use these skills by working together to write and record a group song and create a music video.

No musical or filming experience is required to take part.

A creative, music-based program helping young people build confidence, form friendships, and grow their independence.



We acknowledge the Traditional Owners and Custodians of the land where we live and work and their continuing connection to land, water, sea and community. We pay respects to Australia's First Peoples, to their unique and diverse cultures, and to Elders past, present and future.

Inclusion is about the actions we take every day. We welcome, support, and celebrate diversity.



Who is it for?

The Indie Project is for young people who are neurodivergent, have a disability or chronic illness, or just need some extra support with their wellbeing and connection to others.

The program is completely FREE for all participants.

Delivered by Social Futures, The Indie Project creates a welcoming space where every person belongs, and where every voice matters.

Our impact

Across every school, we've seen young people grow in meaningful ways:

- Stepping into leadership and finding the confidence to speak up
- Forging friendships and building meaningful peer connections
- Building confidence and independence, and believing in what they can do
- Exploring creativity, turning ideas into original music
- Developing teamwork and collaborating to bring a shared vision to life

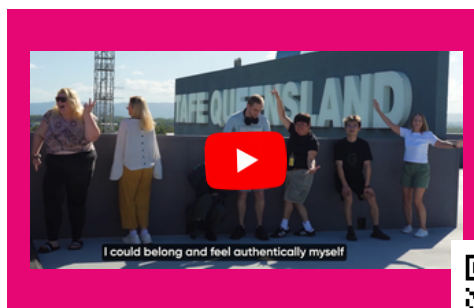
The Indie Project is supporting students to find their voice and discover what they are capable of.



Student voices

"It's allowed me to find my way into understanding how I am in control of the connections I build, the emotions I feel, and my reactions. It's given me a sense of control within myself."

Student – TAFE Queensland



Scan to watch TAFE Queensland



"I felt accepted for once in a group, for my differences and my skills. I found somewhere I could actually feel comfortable being myself."

Student – Elanora State High School



Scan to watch Elanora State High School



Teachers voices

"It's been so amazing seeing all the students connect with one another, relating to each other through their mental wellbeing and their shared music interests.

They're working really collaboratively, which is awesome to see."

Staff – Ohana College

Scan to watch Ohana College



"Through the activities they've done in the program, students have had to really think about their own social skills and emotions which will help them with their emotional regulation. We're seeing some wonderful new friendships and connections form."

Staff – Nerang State High School

Scan to watch Nerang State High School



Ready to bring The Indie Project to your students?

Get in touch:

0439 523 916 | 1800 719 625

dom.shelley@socialfutures.org.au

info@socialfutures.org.au

The Indie Project received funding from the Australian Government Department of Health, Disability and Ageing.