

MacKillop Seasons

Seasons for Growth programs, delivered by MacKillop.



MacKillop Family Services is proud to launch MacKillop Seasons, a new brand created to deliver our Seasons for Growth suite of change, loss and grief programs.

Operating for over 25 years, our Seasons for Growth suite of evidence-based programs have supported more than 400,000 children, young people and adults worldwide.

We're the same organisation, delivering the same programs, under a new name.

Our change, loss and grief programs

Our suite of education programs provides participants with an opportunity to learn the knowledge, skills and attitudes to understand and respond well to experiences of change, loss and grief.

We train and support professionals to deliver our small group programs in schools and community organisations, building long-term capacity and resilience within the community.

Seasons for Growth

Seasons for Growth was developed in 1996 to educate and support children, young people and adults to respond well to experiences of death, family separation, forced migration, pandemics or other significant change and loss in their lives.

We offer training workshops in programs for children and young people; adults; and parents/carers.

Seasons for Healing

Seasons for Healing is a culturally sensitive small group loss and grief education program for Aboriginal and Torres Strait Islander adults who are responding to experiences of change, loss, intergenerational loss and grief. The program was developed in collaboration with Aboriginal Family Support Services with funds from The Healing Foundation.

Stormbirds

Stormbirds was developed in 2009 in response to the devastating Black Saturday bushfires in Victoria. The program supports children and young people in disaster impacted communities to adapt to experiences of change, loss and grief resulting from natural disasters.

Introducing our new Seasons for Life Initiative - to prevent and respond to suicide

Seasons for Life strengthens the knowledge and skills of young people and the adults supporting them following a suicide or other loss events. Building on the established Seasons for Growth education program, Australian secondary schools from all sectors that have been affected by suicide or other loss events are offered at no cost:

- the opportunity to have key staff trained to deliver Seasons for Growth for young people, parents and carers, including an Aboriginal and Torres Strait Islander Family program;
- ongoing implementation support and resources; and
- all staff professional learning.

The 3-year Season for Life initiative has been funded by the Department of Health and Ageing under the National Suicide Prevention Leadership and Support Program.

For more information on our Seasons for Growth programs, visit www.mackillop.org.au/seasons