

1800RESPECT

NATIONAL DOMESTIC FAMILY AND
SEXUAL VIOLENCE **COUNSELLING** SERVICE

1800 737 732

Australia's national domestic, family
and sexual violence counselling,
information and support service.

Free and confidential support 24/7.

WHO CAN CONTACT THE SERVICE?

- Anyone living in Australia affected by domestic, family and sexual violence
- A friend or family member of an individual affected by violence
- A professional requiring support, information and resources.

Even if you aren't sure if you're experiencing violence, you can contact 1800RESPECT.



HOW CAN I CONTACT THE SERVICE?

 **CALL: 1800 737 732**

 **CHAT ONLINE: [1800RESPECT.org.au](https://www.1800respect.org.au)**



You can also contact us through the National Relay Service and the Translating and Interpreting Service.

Violence and abuse can come in many forms including physical, psychological, sexual, technology-facilitated, financial, spiritual and stalking. It's never ok.

WHAT HAPPENS WHEN I CONTACT 1800RESPECT?

- A counsellor is guided by you and will talk with you about your situation
- They will discuss next steps that you feel comfortable with
- They can provide information, counselling and refer you to services specific to your needs.

General enquiries:

1800respectenquiries@health.telstra.com

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