

Hepatitis C



Careful ongoing attention to:

- Responsive models of care: best align with needs and experiences of people with hepatitis C
- · Stigma is a well documented barrier
- Continuing need to address prevention
- Future directions keeping on top of emerging patterns of infection, risks, practices, beliefs



Hepatitis C − Responsive models of care CSRH



- · Care that best aligns with needs and experiences of people with hepatitis C
- Relevance, ensure uptake is maintained
- Patient-reported outcome measures; Patient reported experience measures
- 2017 in-depth interviews and focus groups:
 - Hope for better physical and mental health
 - Fuller understanding of liver health after treatment
 - Plan for post-treatment care, including to avoid or manage new infection



Hepatitis C – Responsive models of care CSRH



- Culturally relevant models of care
- Deadly Liver Mob
- Unique peer-referral model of care for Aboriginal people:
 - engaging people in health education activities can result in much higher levels of testing and treatment.
 - 79% of those participating in education activities went on to attend screening, 50% returned to receive test results, and 20% received additional treatment.



Hepatitis C - Stigma



- Stigma is significant ongoing issue
- Acts directly on physical and mental health, as a result of chronic stress
- National survey of people with hepatitis C Stigma Indicators Survey:
 - more than half (56%) reported experiencing stigma related to their hepatitis C
 - mirrored in representative samples from the Australian population where 50% of respondents indicated they would behave negatively towards a person living with hepatitis C to some extent.



Hepatitis C – Prevention still required



- Radical shifts in treatment can detract attention from ongoing need for prevention:
- · Peer distribution of sterile needles and syringes:
 - Implications and effects of laws prohibiting peer distribution
- Safer strategies for pharmaceutical opioid tablet preparation:
 - Peers greatest source of knowledge capitalise on this
 - Filters limited availability and complex to use



Hepatitis C – Future directions



- Continued focus on maintaining responsive models of care:
 - PROMs / PREMs
 - Barriers and facilitators to treatment uptake Observe study using quantitative cohort research design
 - 'Evidence making' practices interrogate assumptions made about how interventions will work



Hepatitis B – Future directions



- · Hepatitis B among Chinese-Australians
- Stigma Indicators Project
 - How is hepatitis B understood and viewed by Chinese-Australians?
 - Is stigma a barrier to health care access for members of this community?
 - How is stigma experienced differently for younger and older members of the community?



Questions?





Full report available at: bit.ly/csrh_artb

Centre for Social Research in Health

E: csrh@unsw.edu.au

W: csrh.arts.unsw.edu.au

@CSRH_UNSW

