

# ABORTION: EMPOWERING THE CLINICAL WORKFORCE

Dr Richelle Douglas  
Medical Director SHQ



## OUTLINE

- Global Health
- Attitudes
- Implications of training
- How can we improve?



## Health care vs Ethics

- 50% pregnancies in Australia are unintended
- 1 in 4 women have had an abortion
- Complications of pregnancy and childbirth biggest killer of women world-wide:  
Unsafe abortion: 16 %



## Health care vs ethics

- Women are not dying of diseases we cannot treat
- Contraception
- Unsafe abortion





## Medical Students

- Petersen: When exposed to abortion care, medical students more likely to report comfort
- Creagh: Qualitative evidence effective teaching strategies in sexual and reproductive health –positive outcomes

## Training Programs

- Steinauer et al: Even partial participation in integrated family planning and abortion service provision improves patient care, counseling capacity and changes in attitudes
- Canada: 69% residents wanted more training in abortion and contraception care



## Case Study

- 20 year-old Woman, Jaime
- G3 P2
- 12 weeks pregnant
- Long Hx Child Sexual abuse and Sexual Assault
- 2 children in care of the department
- Homeless



## Medical History

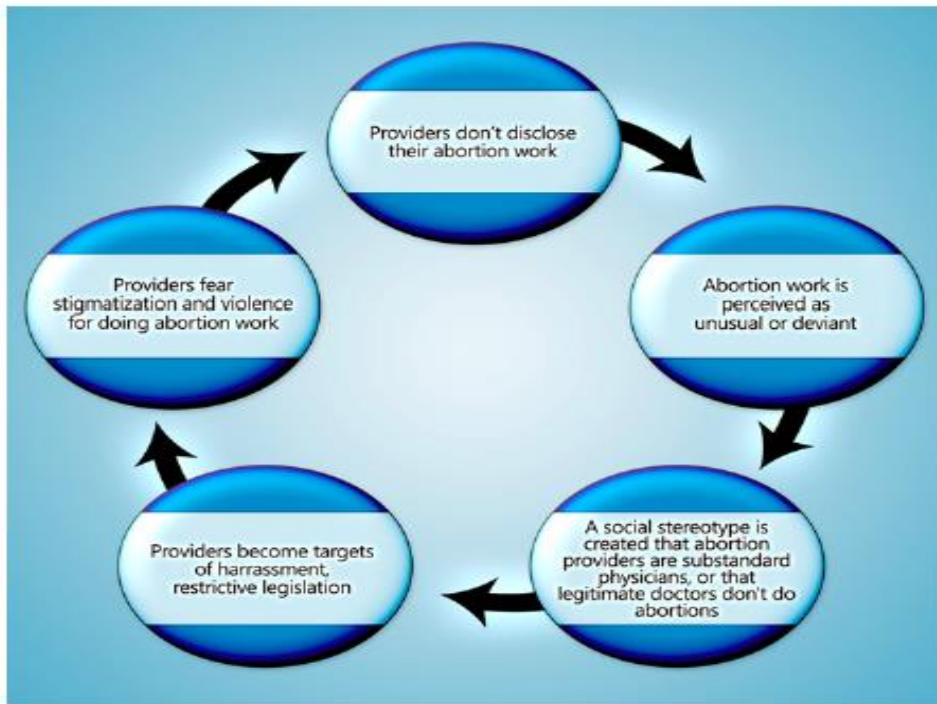
- Methamphetamine addiction
- Hepatitis C
- Depression and anxiety
- Severe post partum haemorrhage 2<sup>nd</sup> child requiring transfusion



## Presents for a referral termination

- Cannot afford to pay for one privately
- Called the tertiary hospital
- ONLY doctor who even considers TOP surgically at that gestation on leave
- No one else trained or willing





## The Legitimacy Paradox

- Stigma and silence produce a vicious cycle
- Perpetuates a stereotype
- “legitimate doctors”
- Legitimacy paradox has adverse consequences for abortion resources, women’s experience, abortion law and policy

## Perceptions of GP provision medical abortion

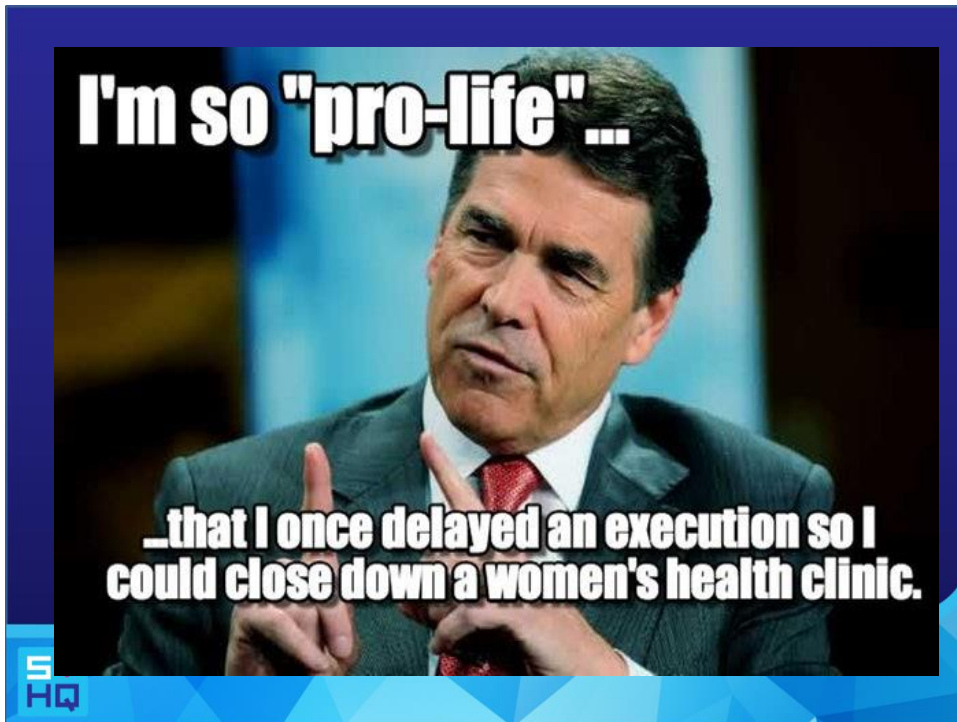
- Increase access
- Essential component of women's health care
- Solution to a workforce shortage
- Primary care nurse involvement; partnership relationship with a GP
- Extra training and skills, links with local services



## Advanced Training Module: Victoria

- 5 trained O and G registrars, 4/5 comfortable surgical up to 18 weeks, 1/5 up to 14 weeks
- 20 residents: All confident in LARC insertion, MTOP, and many surgical up to 12 weeks
- All residents would consider this a routine part of their general practice when they qualify





## Training in abortion care

- Changes attitudes
- Increases knowledge and skills
- Normalises abortion care
- Increases the perceived legitimacy
- Increases access
- Saves lives



# References

- Steinauer J et al. Opting out of abortion training: benefits of partial participation in a dedicated family planning rotation for ob-gyn residents. *Contraception* 87 (2013)88-92
- Newton D et al. A one stop shop in their own community: Medical Abortion and the role of General Practice. *Australian and New Zealand Journal of Obstetrics and Gynaecology* 2016;56:648-654
- Harris L et al. Physicians, abortion provision and the legitimacy paradox. *Contraception* 87 (2013) 11-16
- Liauw J et al. Abortion Training in Canadian obstetrics and gynaecology residency programs. *Contraception* 94 (2016) 478-482
- Peterson A et al. U.S Medical student attitudes regarding abortion before and after their OB/GYN clerkship. *Saturday Posters Vol 127, No.5 (supplement), May 2016*
- Committee on Health Care for Underserved women. Abortion training and education. *Obstetrics and Gynaecology* 124 (2014) No 5: 1055-1059
- Steinauer J. Impact of partial participation in integrated family planning training on medical knowledge, patient communication and professionalism. *Contraception* 89 (2014) 278-28
- Creagh et. Al. Teaching sexual health to health professions students What makes a difference. Poster IUSTI, Auckland 2018