Evaluating the impact and cost-effectiveness of interventions to prevent vertical transmission of HIV in Papua New Guinea

Nguyen Q^1 , Gray RT¹, Gare J², Keno H², Barlett A¹, Schulz M¹, Silim S², Pekon S², Gideon N³, Boas P³, Ripa P⁴, Vali Boma G⁵, Scott G¹, Kelleher A¹, Badman S¹, Kelly-Hanku A^{1,2}, Shih STF¹

¹Kirby Institute, UNSW Sydney, ²Papua New Guinea Institute of Medical Research, ³Papua New Guinea National Department of Health, ⁴Western Highlands Provincial Health Authority, ⁵Port Moresby General Hospital

Background

Papua New Guinea (PNG) has a high mother-to-child transmission rate, estimated at 32%. This study evaluates the impact and cost-effectiveness of strategies to prevent the vertical transmission of HIV to neonates and reduce HIV-related mortality among infants in PNG.

Methods

We used a decision analysis combined with Markov models to evaluate the costs and outcomes, i.e. HIV infection, infant deaths, and disability-adjusted-life-years (DALYs), of interventions for pregnant women and infants versus the status-quo in PNG. Five strategies were evaluated: (1) increased coverage of HIV testing and treatment during pregnancy (up to 75%), (2) increased coverage of viral load testing with enhanced counselling for HIV-positive mothers, (3) increased coverage of infant HIV post-exposure prophylaxis, (4) switching to new effective infant prophylaxis against drug resistance, and (5) diagnosis of HIV-exposed infants within 6 weeks of birth. All modelling analyses were conducted from the payers' perspective with costs reported in 2022 PNG kina (K). Incremental cost-effectiveness ratio (ICERs) were compared to K6,546 per DALY averted threshold (GDP per capita).

Results

Our model estimated the vertical transmission rate (excluding breastfeeding) under status quo in 2022 to be 28.3% (with 1012 newly infected infants). Infant HIV infections averted every year compared to status quo are 61, 1, 15, 9 and 0 for strategies (1)-(5), respectively. Infant deaths averted by age of 5 are 27, 0, 6, 4, and 12 for strategies (1)-(5), respectively. Increasing prophylaxis coverage is dominant with cost-saving K22,585 and 39.0 DALYs averted. The ICERs for strategies (1), (2), (4) and (5) are K2,930, K6,386, K864, and K1,834 per DALY averted, respectively.

Conclusion

Although the evaluated strategies resulted in modest reductions in infection and deaths, all are cost-effective. Closing the gap in HIV testing, treatment, and antenatal care for pregnant women in PNG might enhance overall impact of these strategies.

Disclosure of Interest Statement:

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Dr Badman commenced working for Cepheid in 2022 and maintains a senior investigator position within the PNG ACT UP Program for its duration.