



**Whare Tukutuku**



**TE RAU ORA**

# **Illuminating Paths: The Whare Tukutuku Approach**

APSAD Conference 2025

International Convention Centre Sydney, Gadigal

10 November 2025

Dr Vicki Macfarlane & Tracey Potiki



Whiria te muka  
harakeke whiria  
te muka tangata,  
Puritia ngā  
taonga a o tātou  
tūpuna hei  
taonga mā ngā  
uri whakatupu.

Nā Mātua Witi Ashby



Dr Macfarlane received funding from Abbvie for a hepatitis C study that was completed in 2023



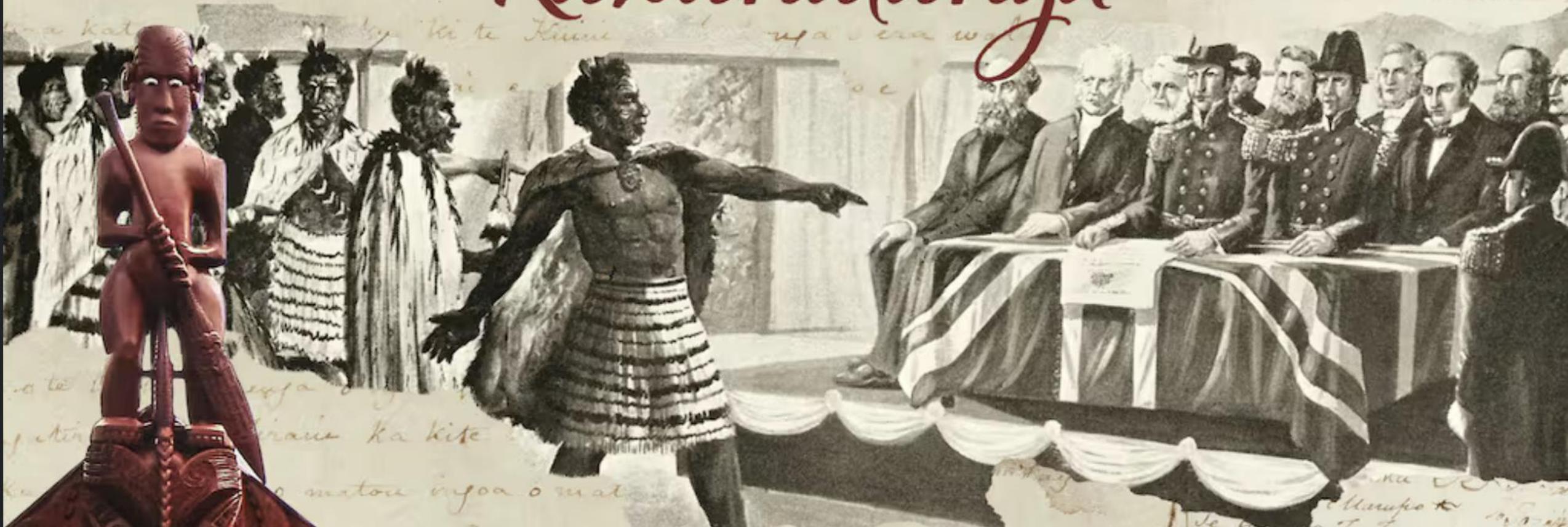
# Overview of Presentation:

- ❖ Aotearoa Context
- ❖ Te Rau Ora and Whare Tukutuku
- ❖ Whānau supporting whānau - Insights
- ❖ Pathways for Indigenous Wellbeing



TE TIRITI O WAITANGI

# Kāwanatanga



THE TREATY OF WAITANGI

# Sovereignty



Handwritten Māori text from the Treaty of Waitangi, including the opening words: 'Kōwhiri te kaitiaki māori ki te Kaitiaki Matua o Waitangi ko matou i te kōwhiri i te kaitiaki māori ki te Kaitiaki Matua o Waitangi'.

# Māori Land Loss in Te Wai Pounamu

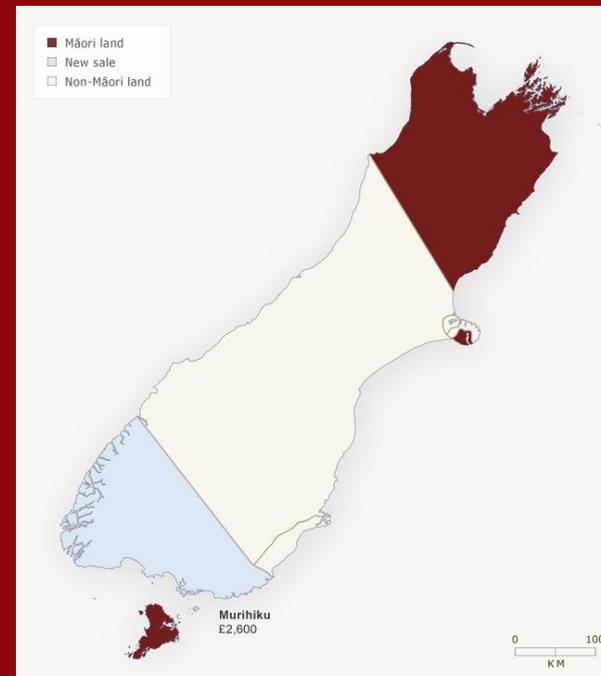
1844



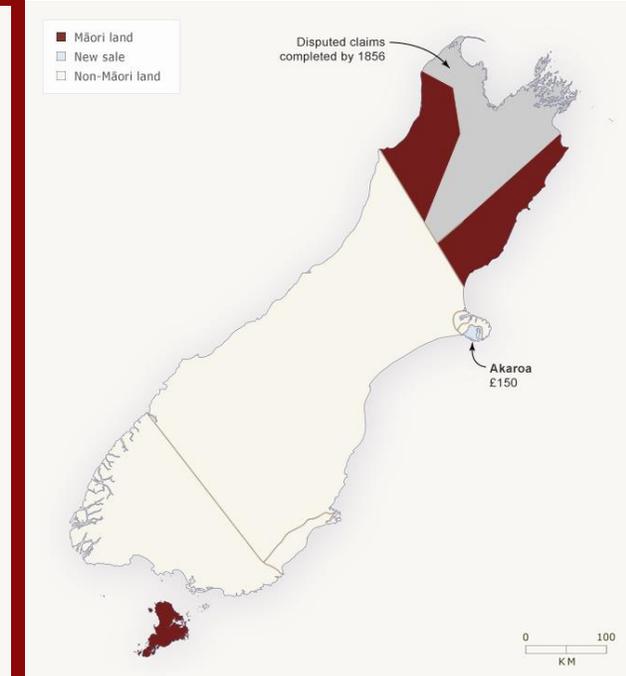
1848



1854



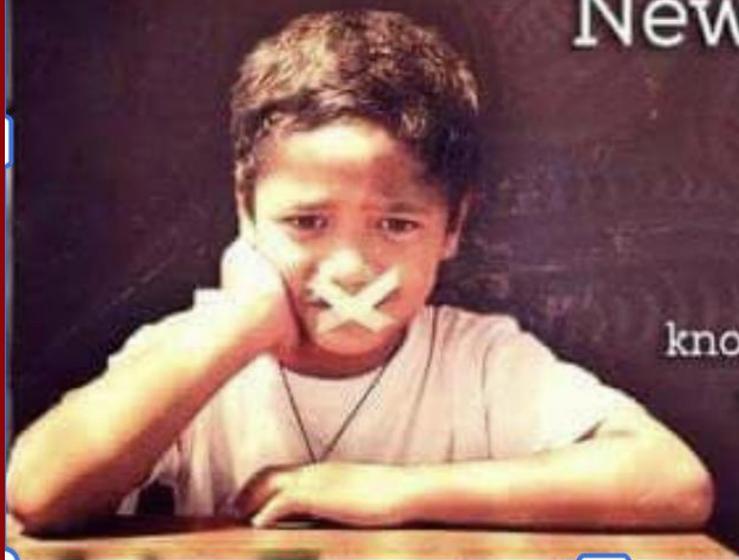
1856

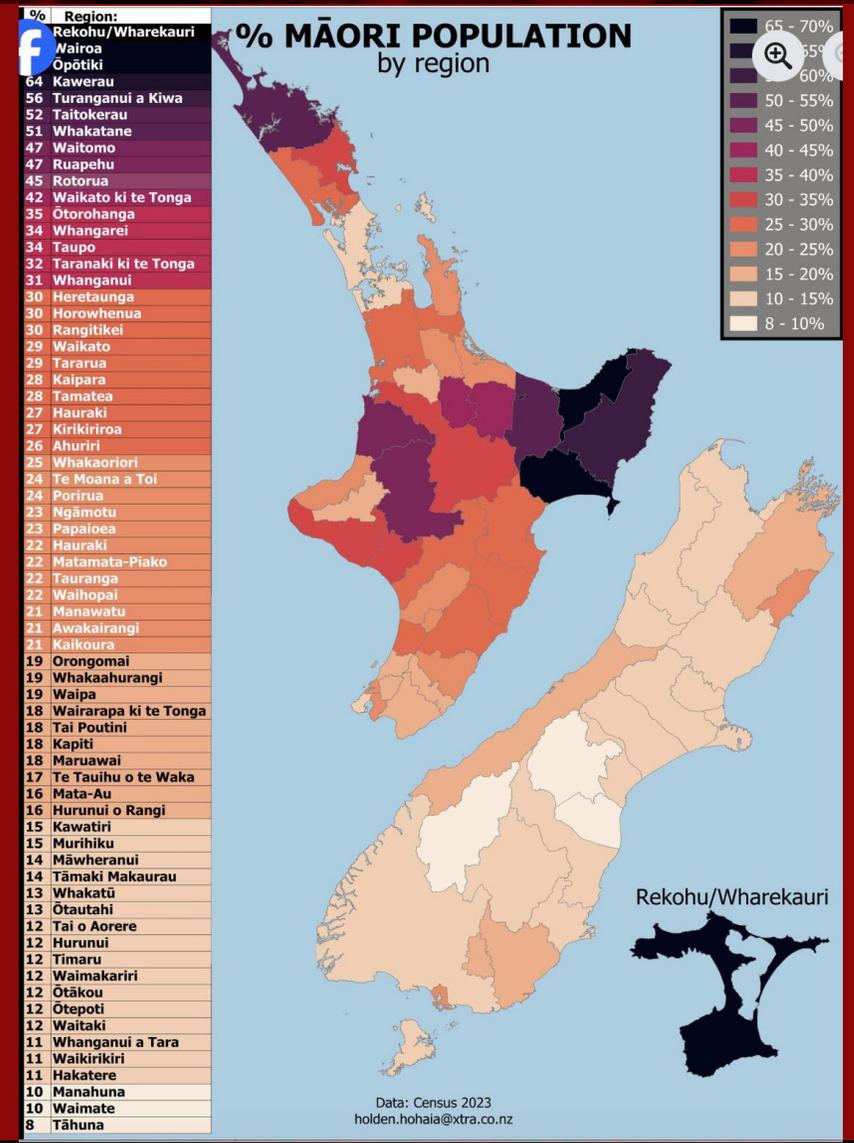
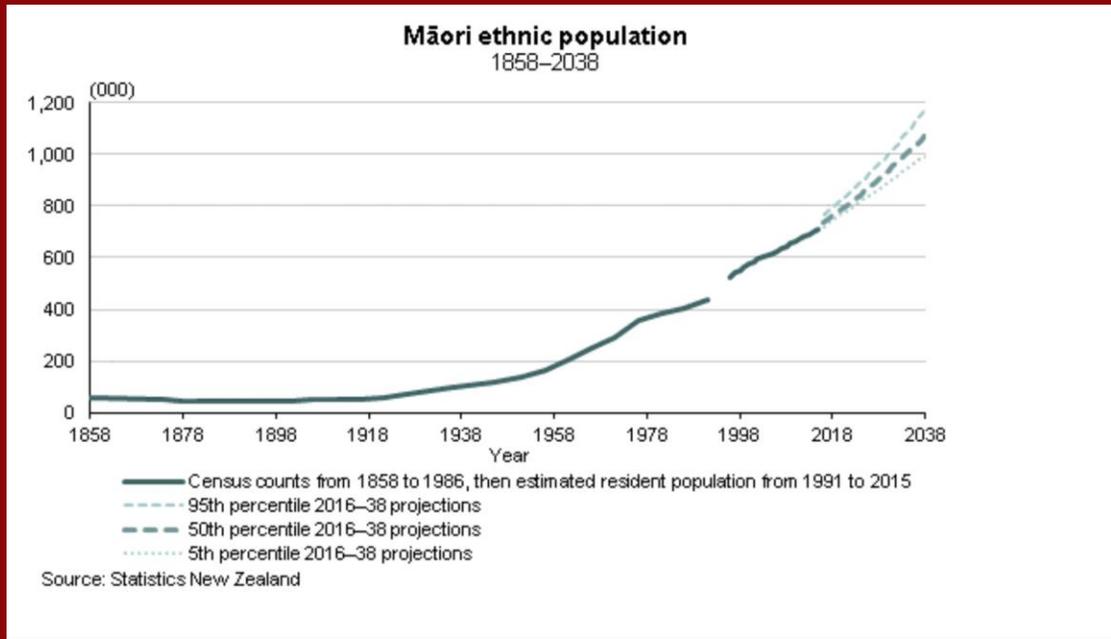


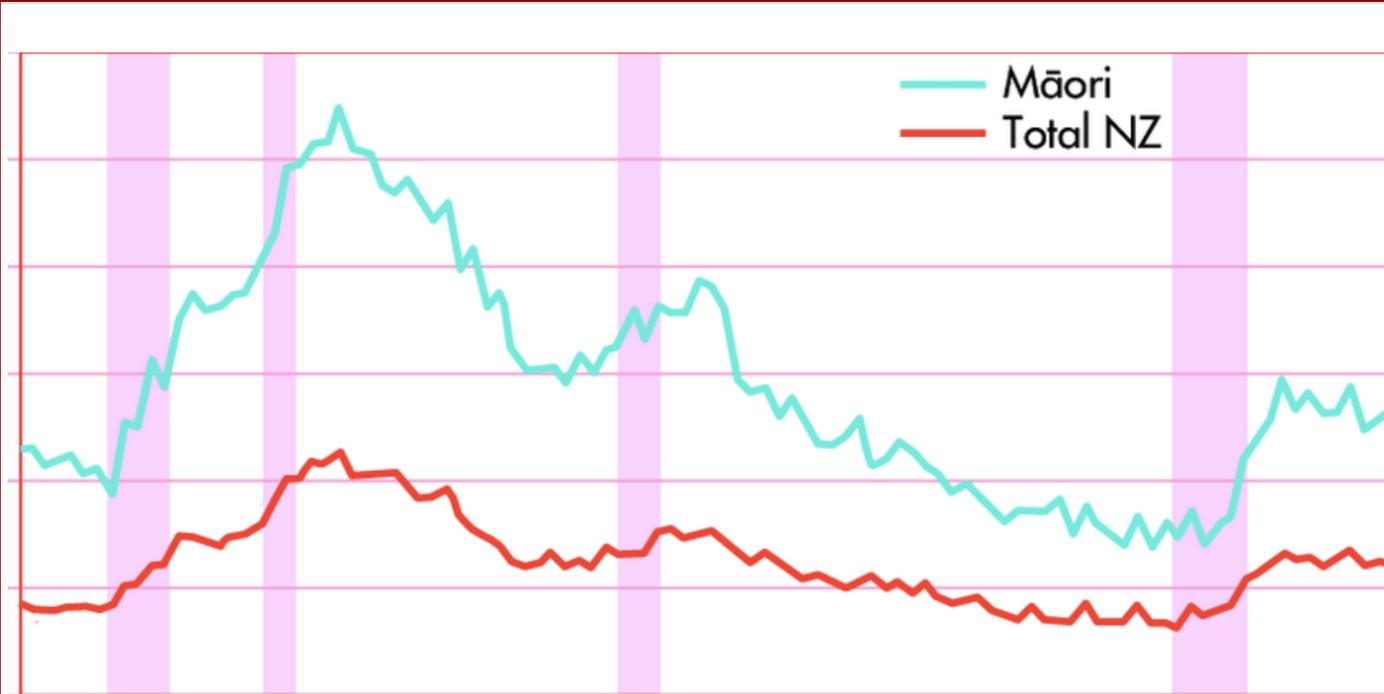
In 1867, Māori language  
was **banned** from  
New Zealand  
schools.

\*Native Schools Act

How much do you  
know and understand  
about our **history**?

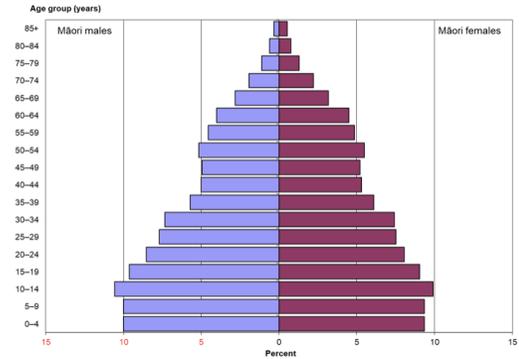






11 Median personal income by age group and ethnic group. The average income of M ā ori is substantially less than many other ethnic groups.

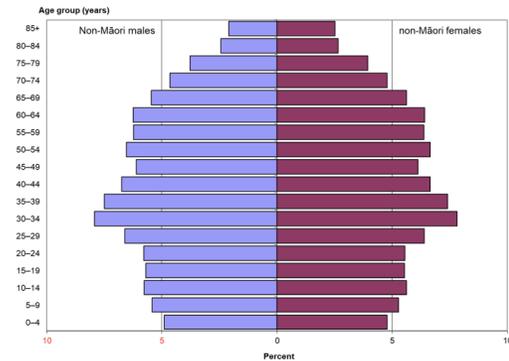
Figure 1: Age distribution of the Māori population, males and females, 2023



Note: Prioritised ethnicity has been used – see 'Ngā tāpuā me ngā rāraunga: Methods and data sources' for further information.

Source: Stats NZ, 2023 NZ Population Estimates (downloaded October 2024)

Figure 2: Age distribution of the non-Māori population, males and females, 2023



Hogarth, Karole & Rapata-Hanning, Mereana. (2018). Māori health in Aotearoa New Zealand

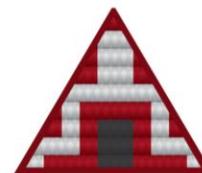
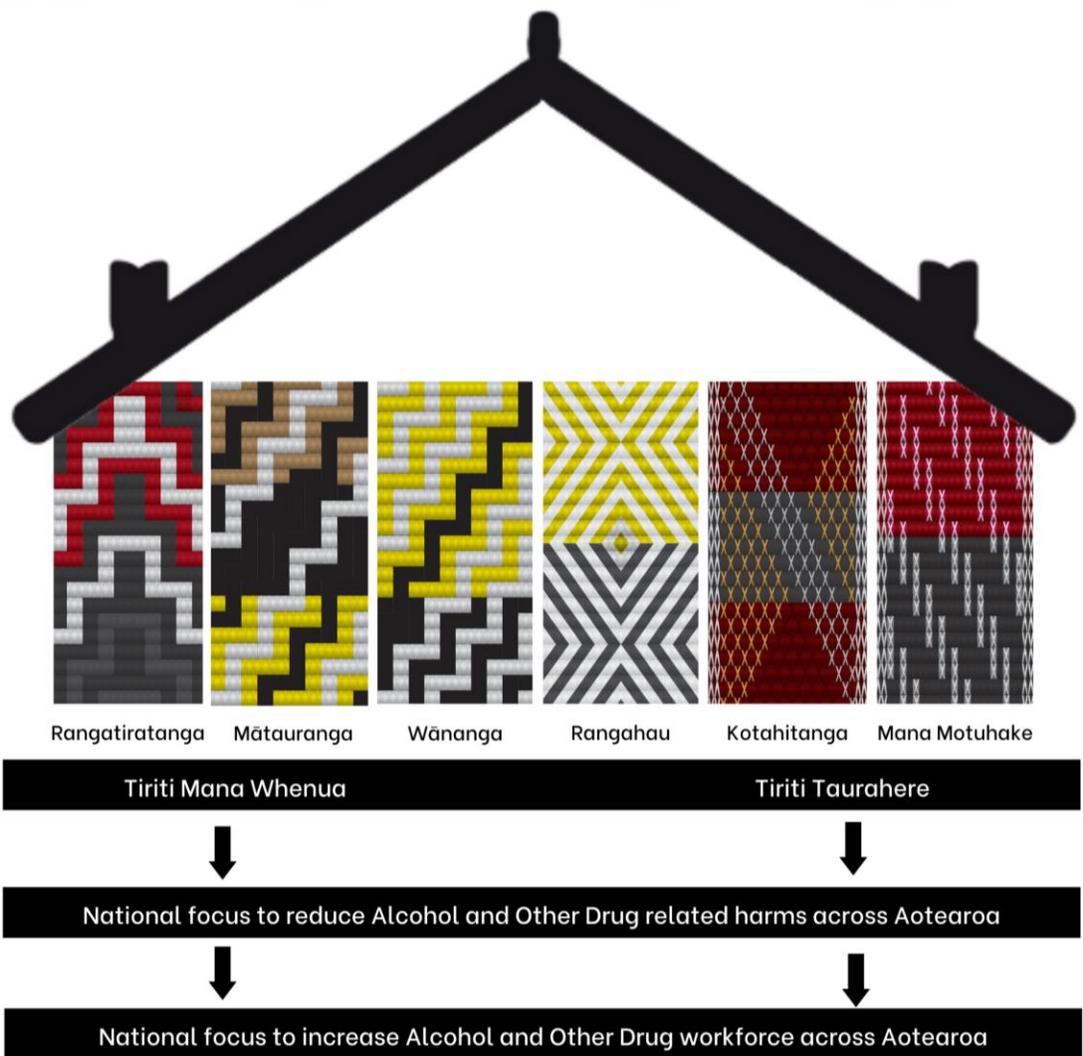
# Contemporary Context in Aotearoa

- Alcohol and other drug harm including harm from criminalisation of drug use disproportionately affects Māori
- Māori make up 37% of people accessing AOD treatment
- Māori are twice as likely as non-Indigenous people to drink alcohol at harmful levels and to use methamphetamine.
- Māori are 4 x as likely to die of overdose



# Ko wai mātou: About Te Rau Ora and Whare Tukutuku





## Rangatiratanga

Advocate for systemic change based on inclusivity and equitable outcomes that honour Te Tiriti o Waitangi.

## Mātauranga

Incorporate the importance of continuous learning, drawing on old and new knowledge for new and existing AOD workforces.



## Wānanga

Engage with people in their communities to find solutions that reduce AOD concerns.

## Rangahau

Gather research and insights to collectively broaden the understanding of the AOD workforce.



## Kotahitanga

Build genuine partnerships with people and organisations that can make a difference for whānau seeking AOD care.

## Mana Motuhake

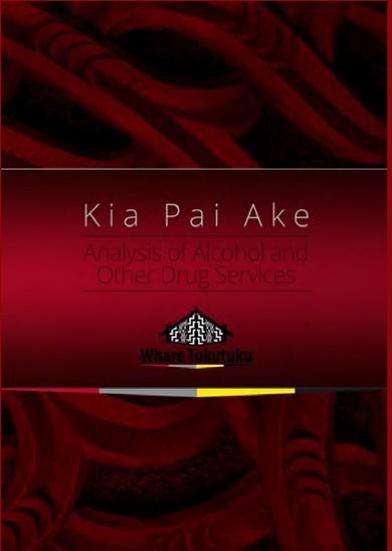
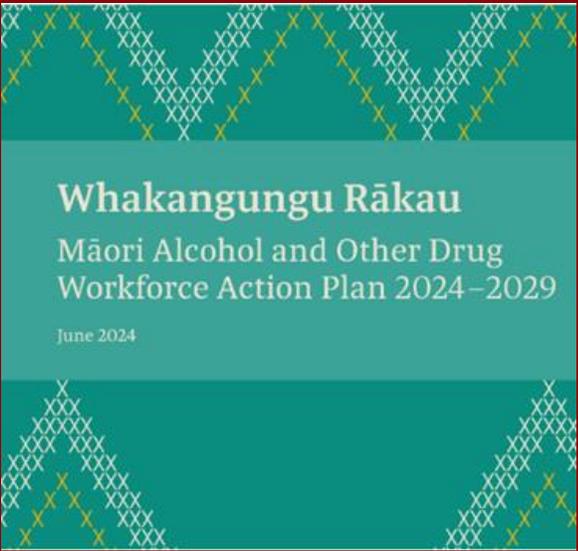
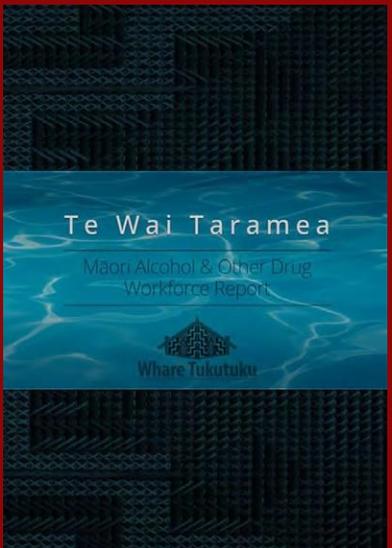
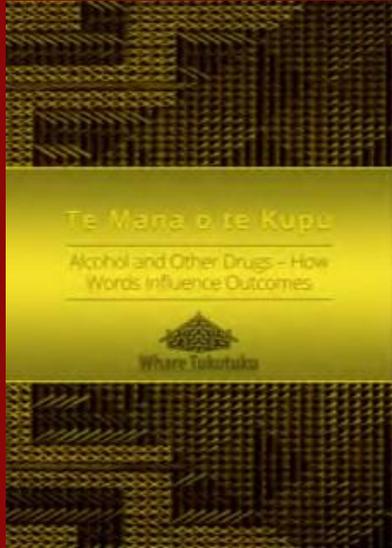
Whānau, hapū, and iwi lead the policies, programmes and services that will support them in their hauora including AOD.



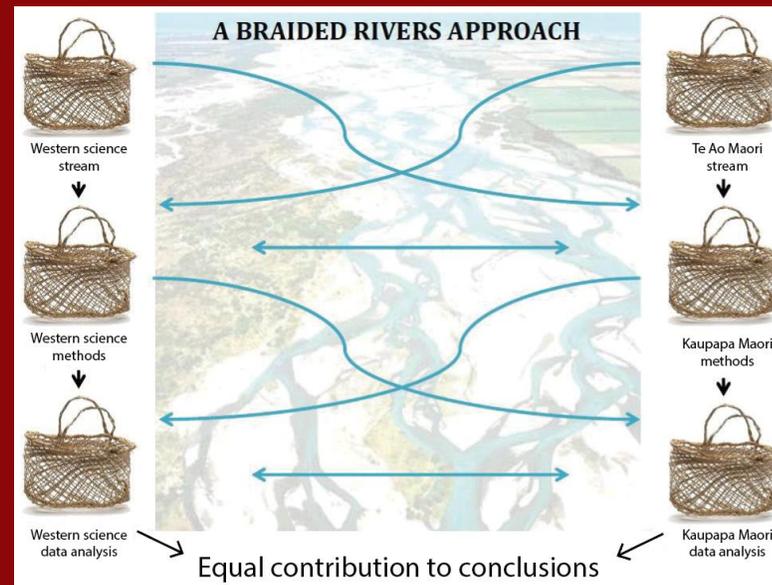
# Whare Tukutuku

- Strengthen Māori solutions that reduce alcohol and other drug harms.
- Elevate an alcohol and other drug (AOD) workforce that is whānau-centred and community-focused.
- Advocate for better health and social outcomes for whānau Māori that they can lead.
- Māori are their own workforce
- Whānau matter – meet them where they are at not where you are at!





- ❖ He Awa Whiria -Western and Māori approaches together can be stronger than either alone (Macfarlane & Macfarlane, 2019)







**Whare Tukutuku**



**TE RAU ORA**

**Any Pātai: Questions?**

[wharetukutuku.com](http://wharetukutuku.com)

[facebook.com/wharetukutuku](https://facebook.com/wharetukutuku)

## References

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- Orange, Claudia. *Te Tiriti o Waitangi – Dishonouring te Tiriti – 1860 to 1880*. Te Ara - the Encyclopedia of New Zealand.
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# Whare Tukutuku

Whānau Supporting Whānau  
Alcohol and Other Drug Resource for Whānau



**Dr Vicki Macfarlane**  
**Ngāti Whakaue, Ngāti Rangī Wewehi**

She has been a Fellow of the Royal New Zealand College of General Practitioners since 2004 and a Fellow of the Royal Australasian College of Physicians Chapter of Addiction Medicine since 2015. She is the Aotearoa New Zealand representative on the Chapter of Addiction Medicine committee and is a member of the Whare Tukutuku Roopu Whakahaere.

Vicki has worked for the Auckland Community Alcohol and Drug Services since 2010 and is currently the Lead Clinician for the Medically Managed Withdrawal Services based at Auckland City Mission Home Ground.



**Tracey Potiki**  
**Waitaha, Kāti Māmoe, Kāi Tahu**

Tracey Potiki is the Kaiwhakahaere of Whare Tukutuku, the National Māori Addiction Centre within Te Rau Ora. With over 20 years of experience in the alcohol and other drug (AOD) sector, she is a committed advocate for whānau, hapū and iwi, working to reduce AOD-related harm and promote whānau ora and wellbeing. Her leadership is grounded in kaupapa Māori values, and she is passionate about ensuring that the voices of whānau with lived experience are heard and valued across Aotearoa New Zealand.

Tracey brings deep insight to her role, shaped by both personal and professional experiences in addiction recovery and community health. She champions compassionate, culturally safe AOD services and advocates for the integration of Te Tiriti o Waitangi principles into health systems. Previously, she served as Māngai ki Te Waipounamu for Te Rau Ora, leading wellness initiatives across the South Island.

