

Introducing Collaborative Lived-Living Experience Exchanges in Alcohol and Other Drug Research

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Aim: To showcase and critically explore a novel and innovative qualitative research method that centres lived-living experience, relationality, and co-creation to transform research practice in the alcohol and other drug sector.

Panellist 1: Timothy Piatkowski

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Detailed Description of Topics to be Discussed: This symposium introduces the Lived-Living Experience Exchanges Framework: an innovative qualitative data gathering method grounded in Aboriginal and Torres Strait Islander knowledge systems. We will explore its implications for ethical research design, co-created knowledge, allyship, and transformative practice for best-practice qualitative research in the alcohol and other drug sector.

Discussion Section: This symposium centres an interactive panel that introduces the novel Lived-Living Experience Exchanges Framework into dialogue with real-world practice. Panellists, including researchers and community partners with lived-living experience, will open with short provocations reflecting on their roles in shaping community-led research in the alcohol and other drug sector with priority populations. They will speak to moments of tension, transformation, and co-creation in contexts marked by stigma, criminalisation, and systemic exclusion.

Following this, the session shifts into a facilitated, open-format discussion that invites audience members to contribute reflections, questions, and provocations from their own research and practice contexts. Grounded in the principles of yarning and cultural safety, the discussion will interactively workshop how the lived-living experience exchanges framework might be applied across diverse research and service settings. Particular attention will be given to navigating power dynamics, ensuring genuine allyship, and embedding reflexivity within research teams and institutional structures.

Audience members will leave with:

- The first-ever exposure to, and understanding of, the LLE Exchanges Framework and its methodological and ethical foundations.
- Practical insights into fostering co-created knowledge and shared leadership in qualitative research in our sector.

Disclosure of Interest Statement: TP is the Vice President of QuIVAA and EK is the CEO. BH is on the Board of QuIHN.