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# Empowerment of LGBTIQ+ young people

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Ko wai au?



## Language

LGBTI+: Lesbian, Gay,  
Bisexual, Transgender and  
Intersex

vs

SOGI: Sexual Orientation and  
Gender Identity

Vs

Rainbow

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**What's it like out there for  
rainbow young people in  
Aotearoa?**

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## The STATS

Youth '12

- We are coming out younger
  - We are more likely to volunteer in our church, sports team or community
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## The STATS: SBSAY

Youth '12

- 59.4% had deliberately self-harmed.
  - 41.3% had significant depressive symptoms.
  - 18.3% attempted suicide in the last 12 months.
  - 35.7% had difficulty getting help for their emotional concerns.
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## The STATS: TGDY

Youth '12

- 40% had significant depressive symptoms
  - Nearly half had self-harmed in the previous 12 months.
  - 1 in 5 attempted suicide in the last year
  - Nearly 40% of transgender students had been unable to access health care when they needed it
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## NZ Census

- ZERO inclusion of rainbow communities in government data collection
  - ZERO
  - ZERO
  - ZERO
  - ZERO
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## UN recommendations

- 2016 Convention on the rights of the child
  - 2017 List of issues prior to reporting from the committee against torture
  - 2018 Convention on the elimination of discrimination against women
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## Law and Policy New Zealand

- "Conversion therapy" is legal
  - Gender Identity is not a protected grounds of non discrimination in our HR act
  - Non consensual surgeries are still being performed on intersex children while trans young people are being denied surgeries.
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# What does this mean in sexual health delivery?

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## Stigma and discrimination

Impacts of minority stress in sexual health delivery

- Lack of access to appropriate sexual health education: refer to latest MOE report
  - Barriers to testing and delivery of sexual health services
  - Experience high rates of sexual violence
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# How can we translate this into empowerment?

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## The TO DO list:

- COUNT us in national data
  - Comprehensive sexual health education + anti bullying policies
  - Emergency housing
  - Legislative protections and reform
  - Co-design health services with rainbow young people
  - Asylum and refugee support services
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**Listen, include and  
work WITH us!**

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**Questions + wrap up!**

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# Thank you!

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