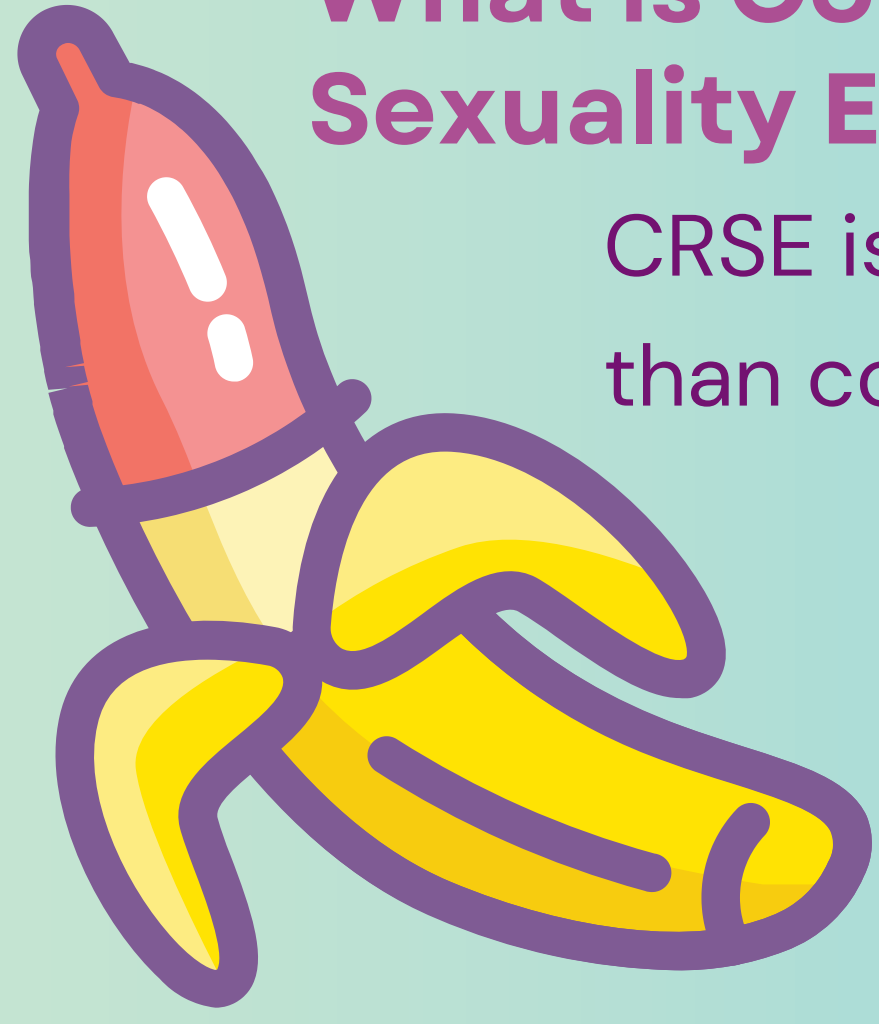


## What is Comprehensive Relationships and Sexuality Education (CRSE)?

CRSE is a holistic version of 'sex-ed' that is more than condoms on bananas and *no means no!*



It aims to:

"strengthen knowledge, attitude and skills in seven areas: gender, sexual and reproductive health, sexual citizenship, pleasure, violence, diversity and interpersonal relationships."

**Katrina Marson**

[www.katrinamarson.com](http://www.katrinamarson.com)

- ✓ Violence prevention
- ✓ Healthy relationships
- ✓ Child abuse prevention
- ✓ Social/emotional learning
- ✓ Delayed sexual onset
- ✓ Reduced teen pregnancy
- ✓ Improved sexual health

## Why is it important?

International evidence suggests CRSE which begins at a young age, that is scaffolded and of longer duration, supports sexual health, wellbeing and self-determination over the life course.

**Conversely, those things are hindered when access to CRSE is restricted.**

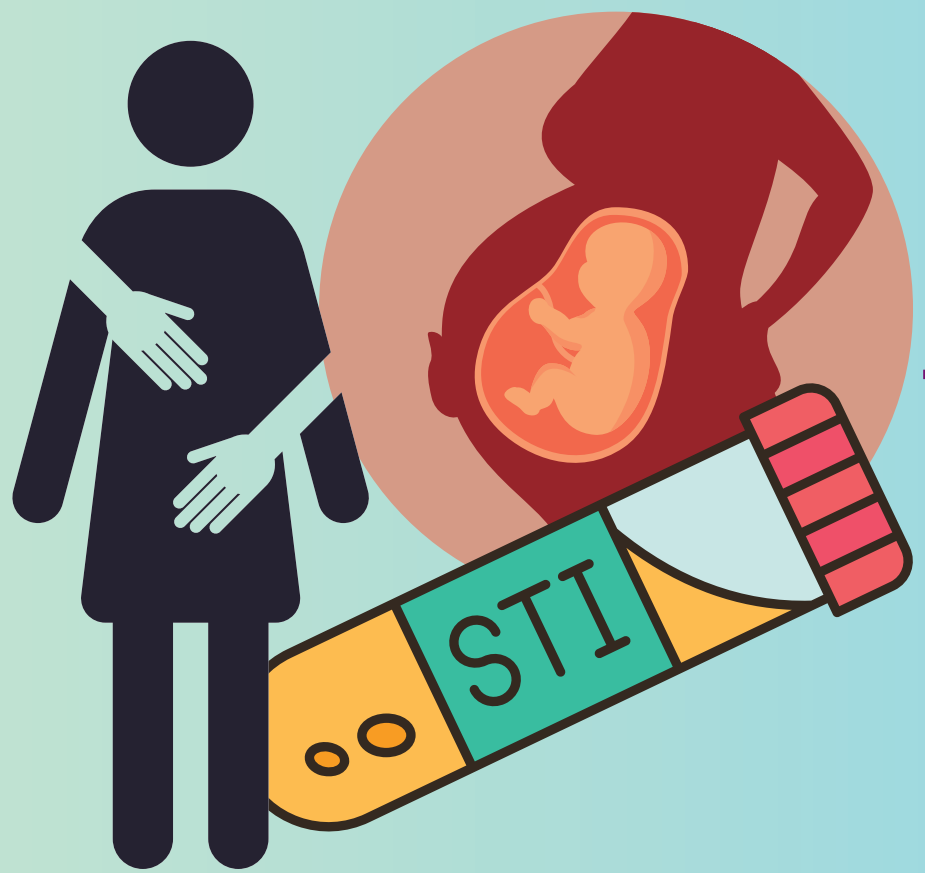


# Legitimate Sexpectations

## *the right to sex-ed*

## What is the problem?

In Australia, young people's access to CRSE is inconsistent and restricted: **they are not guaranteed access to it.**



Australia has historically focused on sex-ed as a tool for harm prevention or risk management.



In contrast, internationally many CRSE stakeholders and advocates use the language of **rights** to frame access to CRSE.

There are compelling arguments that young people hold a right to access CRSE, derived from already-recognised rights, such as the right to education, health and self-determination.

**Could recognising a right to sex-ed empower us to act as guides, rather than gatekeepers?**

