

Outcomes of an investigation into HIV and ageing in Australia

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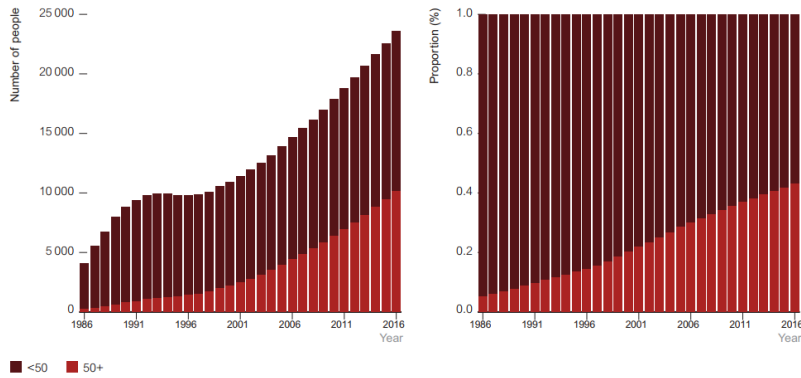
NAPWHA's HIV & Ageing project

- Scan legislative & service delivery frameworks
- Review the research
- Analyse the gaps
- Develop an advocacy agenda

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Australia's ageing HIV population

Figure 1.3.2 Number and proportion of people living with HIV and diagnosed, 1986–2016

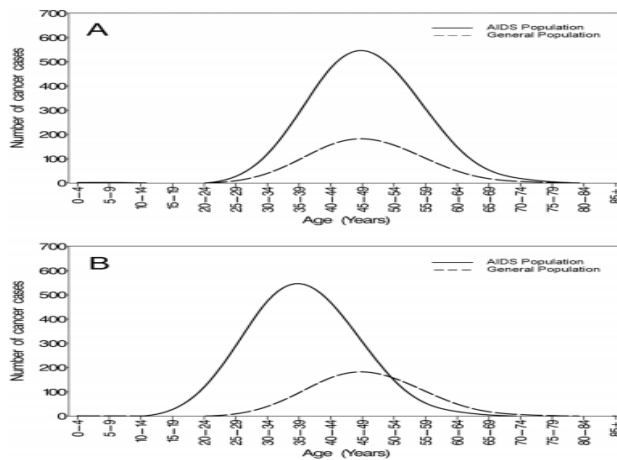


Source: See Methodology for details of mathematical modelling used to generate estimates.

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Accelerated vs Accentuated ageing

PATHAI ET AL.



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Service delivery frameworks

- NDIS confusion
- My aged care backlog
- Access at earlier ages is possible
- Reforms to my aged care
- PLHIV orgs

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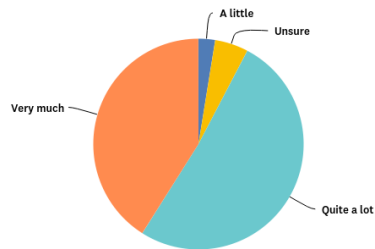
Top three concerns

1. Social isolation
2. Dealing with comorbidities
3. Access to services (Myagedcare & NDIS)

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Impact of comorbidities

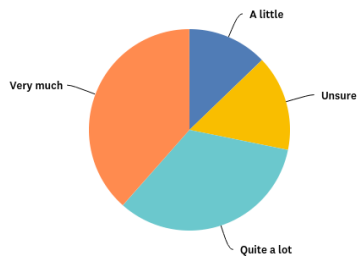
Q1 To what extent do you think that age related comorbidities will impact your community's ageing with HIV?



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Lifestyle changes

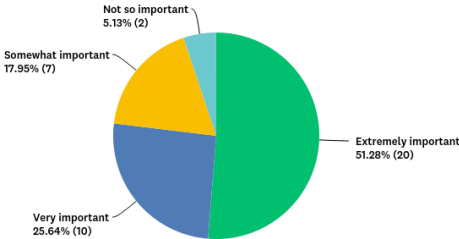
Q2 How confident are you that making changes to diet, exercise, drug and alcohol use, and smoking will assist in reducing the impact of comorbidities as your community gets older?



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Peer support programs

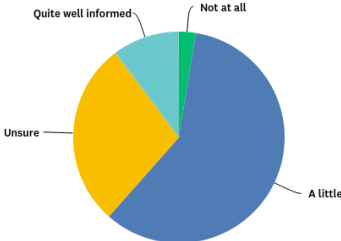
Q4 How important are peer support programs to assist in reducing the impact of HIV and ageing?



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How well informed is your community?

Q6 How well informed would you say your community is about getting older with HIV?



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Information provision

- Information about **aged care services**
- **Healthy lifestyle** information to reduce the impact of comorbidities
- Medical information on the **impact of HIV on the ageing process**
- Information on **community support and social services**

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Service provision

- Changes to aged care service provision that focused on the **specific needs of PLHIV**
- More focus on **HIV gerontology**
- More **inclusive** service provision

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HIV & ageing advocacy agenda

- Improve **aged care and disability services**
- **Research** the incidence , prevalence and impact of comorbidities
- Improved **medical services**
- **Manage the impact** of comorbidities
- **Empower PLHIV** to improve their health and wellbeing

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Thank you

NAPWHA acknowledges the generous support of:



*as well as the contribution of people
living with HIV across Australia*

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