Inclusive and innovative implementation of the AOD Clinical Care Standards into practice Elevating Consumer Voices

Dr Suzie HudsonClinical Advisor CAOD



Acknowledgment of Country





The AOD Clinical Care Standards



Standard 1: Intake

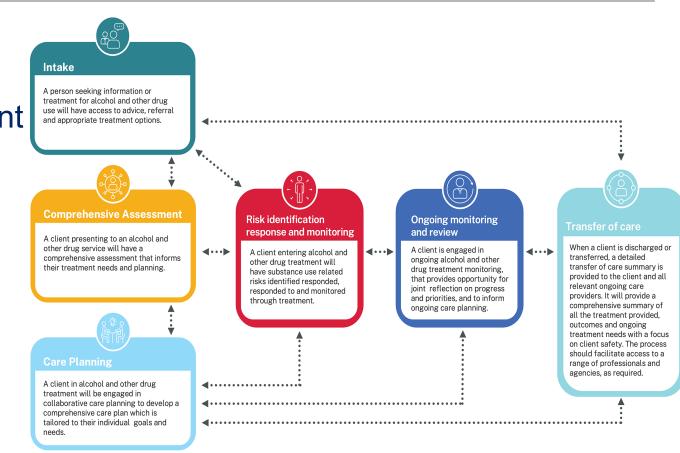
Standard 2: Comprehensive assessment

Standard 3: Care planning

Standard 4: Identifying, responding to and ongoing monitoring of risk

Standard 5: Monitoring treatment progress and outcomes

Standard 6: Transfer of care



Principles of practice in AOD treatment taken from the AOD Psychosocial Practice Guide



Person-centred and feedback informed

Trauma informed

Holistic

Reducing Harms

Addressing the experience of Stigma and Discrimination

Responsive to the experience of Violence, Abuse and Neglect

All underpinned by the elevating of Aboriginal and **Torres Strait** Islander voices, wisdom and approaches

What does it mean to be Trauma Informed?



Safety

 How can workers/AOD services be modified to more effectively and consistently ensure physical and psychological safety?

Trustworthiness

• How might a service modify its practices to engender trustworthiness through task clarity, consistency, transparency and respect for interpersonal boundaries?

Choice

How can services be modified to maximise client experiences of choice and control?

Collaboration

How can services be modified to maximise collaboration and power sharing?

Empowerment

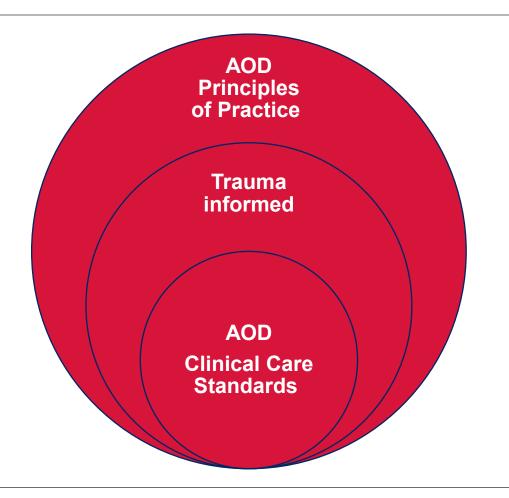
 How can services be modified to maximise experiences of empowerment and the development or enhancement of client skills?

Respect for Diversity: Culture, gender, history and identity

 How do we demonstrate our regard for diversity being a strength, and respond with a person-centred approach that acknowledges the experience of stigma and discrimination

Bringing these things together in practice





practice needs to bring these things together

holding them at the same time

using language that assists people accessing treatment, clinicians and other stakeholders to experience them in an integrated way

Consumer voice

NSW GOVERNMENT

Exploring each Standard from a consumer perspective



- Consumers involved in each workshop
- Providing their experience of each Standard – within the context of treatment
- Sharing their insights on how it could be done better

AOD CCS Roadshow Delivery



- ➤ A full-day interactive workshop that explores in depth 2 x Clinical Care Standards
- Delivered by the Clinical Advisor/VBH team, with involvement from Local Health District, NGO representatives, NADA and Consumer leads
- Participants are a mix of Educators,
 Aboriginal AOD workers, Senior Clinical
 Leads and front-line champions



Outcomes – the voice of people accessing treatment



- > Hearing from Anna consumers just reinforced the power of collaboration when supporting clients with other services and maintaining communication
- > Consumer rep Jade was amazing



- > Hearing from consumers makes all the difference Mike's story reminded me of how important it is to take the time to connect and assist in navigating a challenging health system
- > Acknowledging how a client may feel undertaking initial assessment.. Letting clients tell there story Liane and Kevin really drove that home.

Development of resources for people accessing AOD treatment



> Establishment of a Consumer Advisory Group

> Involvement in each of the 30 workshops

- Brainstorm session on experiences of each AOD Standards as part of treatment – free-flowing discussion
- Development of key messages filming of videos and resource design

Consumer Engagement Resources

NSW GOVERNMENT

- Consumer Engagement Coordinator
- Supports people with LLE involved the programs Governance and Working Groups to meaningfully participate
- Lead collaborative development of videos and brochures for CCS in collaboration with people with Lived and Living Experience of AOD Treatment
- Peer worker experience of working in AOD treatment services
- Consult with people with LLE on program direction, proposals, program of work, ongoing improvement





Empowering people accessing AOD treatment



- Building health literacy assists navigating and advocating for the outcomes that matter to the person
- Higher health literacy leads to better health outcomes and more informed decisions.
- Increased understanding encourages active participation in treatment plans
- Assists people to feel more in control of their health and treatment outcomes.



NSW Health

Thank you!



Suzie.Hudson@health.nsw.gov.au

