

School of Medicine
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Task shifting What to shift and How to do it

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Declaration of Financial Interests or Relationships



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I have the following financial interest or relationships to disclose with regard to the subject matter of this presentation:

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What is a Task

A Task is a required job/process along the pathway to HCV cure

What are they?

- Making the diagnosis
- Assessing for treatment
- Assessing liver fibrosis
- Prescribing the treatment
- Delivering the treatment

All tasks are potential barriers

Not all barriers are tasks



Why shift tasks

Making HCV therapy and cure more widely available

Empowering the workers

Empowering the people and their peers

Making it more cost effective

MAKING IT EASIER



Just because we always did it that way!



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Where do you shift Tasks to?



The Best place

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Types of Tasks

Convention

Guidelines

Standard practice



Required (legally binding)

Do it or you don't get paid

Do it or you get fired/struck off

Do it or it's dangerous

**It is quicker to
ask forgiveness
than permission**

But make sure you really check
that it is required, look for
latitude

Who to shift tasks to? People who are in contact with people with HCV



Hospital Nurses, interferon support
Shifted to interferon management



Drugs workers



Cessation of interferon and imminent unen
Shifted to community out reach

Synergise



Pharmacists

Community outreach
Diagnosis, treatment



Peers



GPs



Why would they do it

Altruism

Improvement in primary role/ easier patient client relationship

Improved patient outcome

Reward

Specialist Nurses

GPs

Addiction workers

Peers

Pharmacists

What do they need

Training

Clear rules

→ A protocol

→ Access to multi-disciplinary advice/team

Empowerment



Shifting The Tasks Making the diagnosis

Technology

→ How can you get a PCR

→ Venepuncture blood

→ To lab

→ Dried blood spot

→ To lab

→ Point of care test

→ Whole blood

→ Capillary blood

Skill

→ Venepuncture

→ Highly selected skill set,

→ usually associated with other high value skills

→ Rare and expensive



Have easy diagnostic tests

Conventional testing with elution step

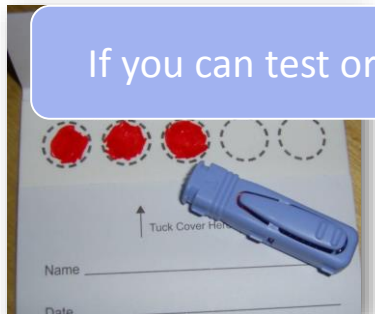
HCV antibody, HIV antibody, HCV PCR
and HBsAg

Works where venepuncture difficult

Over 250 staff trained in blood spot testing, mainly 3rd sector

HCV testing embedded in

- Drug problem centres
- Drug Testing and Treatment Order
- Homeless outreach



If you can test or read a test result you can refer

- Needle exchanges

81% of tests are carried out by support workers, without clinical qualifications

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Slide courtesy of John Dillon and Jan Tait.

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HBsAg: hepatitis B surface antigen



PEOPLE'S PREFERENCES FOR HEPATITIS C TESTING: A Discrete Choice Experiment in People on OAT

| Preference | Willing to Wait |
|--------------------------------------|-----------------|
| Own rather than other pharmacy | 4.25 weeks |
| Own pharmacy rather than GP | 2.11 weeks |
| Own pharmacy rather than drug worker | 0.08 weeks |
| Treated with respect | 7.42 weeks |

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Shifting The Tasks making referrals

Very dependent on local reimbursement rules

→ Check the fine print of the rules

→ Be inventive

→ Partial task shifting

→ Do the work up

→ Task preparation

→ Prepare the paperwork

Impact of change in referral practice



| SOURCE OF REFERRAL OF ATTENDEES | FRE MON | % | POST MON | % | TOTAL | % |
|---------------------------------------|------------|------|-------------|------|-------|------|
| GENERAL PRACTITIONER | 137 | 66.7 | 171 | 39.2 | 308 | 50 |
| DRUG SERVICES | 7 | 25 | 81 | 18.3 | 88 | 12.2 |
| PRISON SERVICE | 4 | 1.4 | 75 | 17 | 79 | 10.9 |
| HOSPITAL | 31 | 11 | 23 | 6.5 | 54 | 8.3 |
| SEXUAL HEALTH SERVICES | 19 | 6.7 | 20 | 4.4 | 39 | 5.4 |
| IMMUNO DEFICIENCY SERVICE | 9 | 3.2 | 21 | 4.7 | 30 | 4.1 |
| HAEMATOLOGY UNIT | 10 | 3.5 | 10 | 2.2 | 20 | 2.7 |
| OTHER BLOOD TRANSFUSION SERVICE | 3 | 0.9 | 13 | 2.9 | 16 | 2.2 |
| RENAL UNIT | 5 | 1.7 | 10 | 2.2 | 15 | 2 |
| RENAL UNIT | 2 | 0.6 | 5 | 1.1 | 7 | 0.9 |
| MENTAL HEALTH TEAM | 3 | 1 | 3 | 0.6 | 6 | 0.8 |
| TOTAL | 280 | | 441 | | 721 | |



Shifting The Tasks Assessing for treatment

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What do we need for treatment to start?



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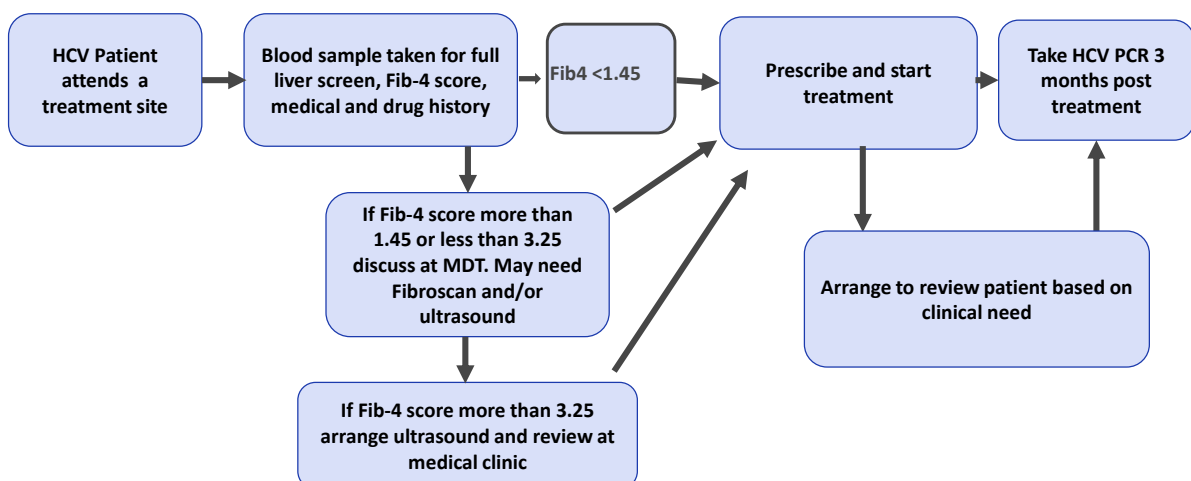
The skinny Nurse led pathway

- Diagnosis made on DBS (HCV ab and PCR, HIV, HBV) or venepuncture by non specialist, referred by who ever did the test
- Visit 1 Seen by Nurse specialist (or the Community Pharmacist who did the DBS)
 1. Protocol history (age and alcohol history)
 2. Bloods for FBC, LFTs, Fib 4, HCV PCR if not possible before,
 1. Genotype (only if cost difference)
 2. Start treatment
- Virtual review of results, decide if ultrasound/fibroscan/duration of treatment/follow up
- Visit 2/3 SVR

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Shifting The Tasks Assessing liver fibrosis



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Fib-4: Fibrosis-4; MDT: multidisciplinary team



Shifting The Tasks Prescribing the treatment Delivering the treatment

Prescription

- Medical prescriber
 - Shifting from hospital consultant to general practitioner
- Delegated/paper check
- Non-medical prescriber
- Group patient directive

Delivery

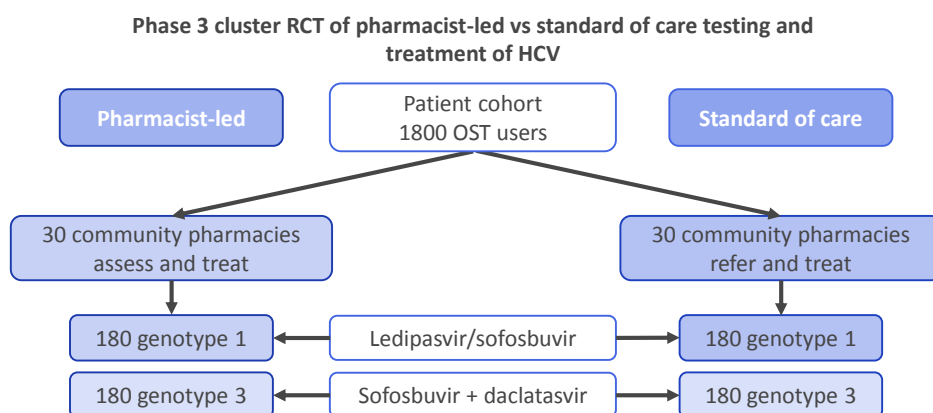
- Community dispensed
- Hospital dispensed
 - The Role of Pharma

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Super DOT-C making treatment easy for people on OST



Clinical trial protocol. Available at: <https://clinicaltrials.gov/ct2/show/NCT02706223>; Radley A, et al. Unpublished data (manuscript under review); HARVONI (ledipasvir/sofosbuvir) SmPC, July 2018, Gilead; SOVALDI (sofosbuvir) SmPC, Sept 2017; DAKLINZA (daclatasvir) SmPC, June 2018, Bristol-Myers-Squibb

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RCT: randomized controlled trial



General Practice Telemedicine, MCNs, virtual MDTs

Marked geographical variation in HCV prevalence with deprivation status in a practice area, varying from 0.1 to 3%

Should approaches be tailored to local circumstances?

GPs who provide addictions services

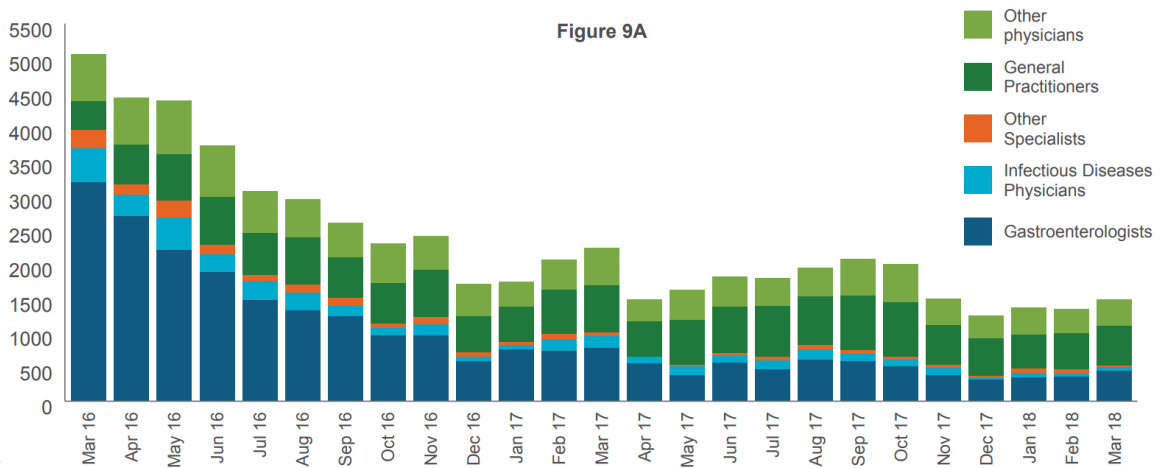
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Number of prescriptions per month



Figure 9: Absolute frequency (A) and relative frequency (B) of prescriber types in each month for individuals initiating DAA treatment during March 2016 to March 2018 in Australia

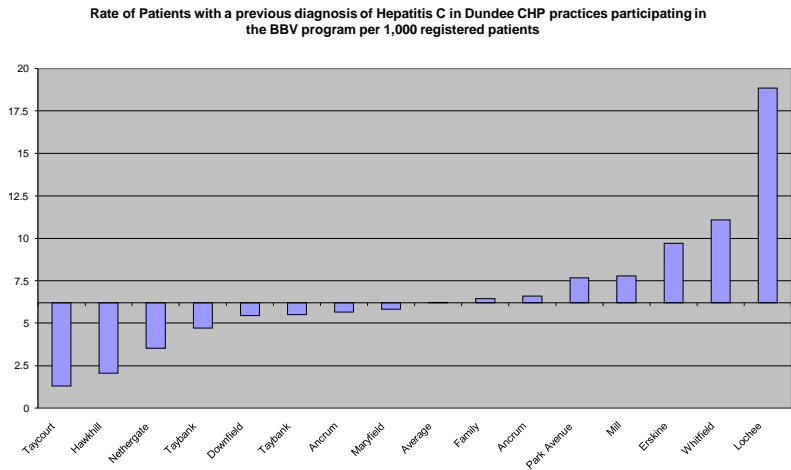


Source: https://kirby.unsw.edu.au/sites/default/files/kirby/report/Monitoring-hep-C-treatment-uptake-in-Australia_Iss9-JUL18.pdf

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General Practice Identified Rates of Hepatitis C



Systematic Rapid review of Community Care Settings



Population: People with Hepatitis C Infection

Intervention: Treatment uptake rates with Direct Acting Antiviral Drugs (DAAs)

Comparison: Community and Secondary/Tertiary Care settings

Outcome: Sustained Viral Response

Study design: Comparison studies (inc RCTs)



Rapid review of Primary Care Settings

Records identified through database searching
(n = 16483) (9151 after de-duplication)

Cinahl (852)

EMBASE (7992)

Medline (3253)

PsycINFO (340)

PubMed (4046)

101 articles assessed: Nine conference abstracts and nine papers selected for review



Community Care Settings Utilised

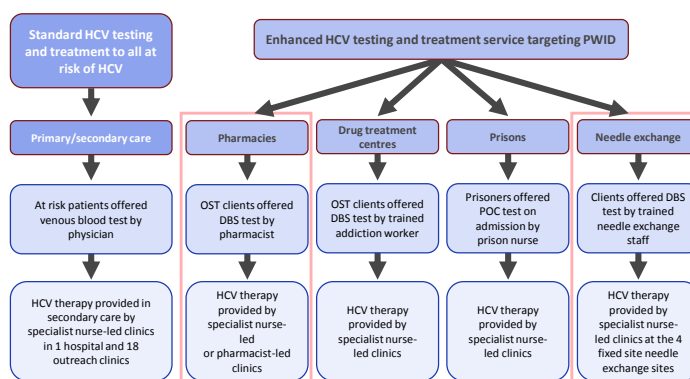
| Settings Evaluated | Number of Studies | Lead Authors of Studies |
|--------------------|-------------------|---|
| Primary Care | 6 | Bloom; Buchanan; Kattakuzhy; McClure; Miller; Norton. |
| Integrated Systems | 5 | Abdulameer; Beste; Cheetham; Francheville; Georgie. |
| Addictions Centres | 3 | Butner; Morris; Read |
| Pharmacy Services | 2 | David; Radley |
| Telemedicine | 2 | Cooper; Hatashita. |



Rapid review of Primary Care Settings Summary

- Community-sited services are feasible and can deliver increased uptake of treatment, especially for vulnerable and marginalised populations.
- Such clinics are able to demonstrate similar SVR rates to published studies and real-world clinics in secondary care.
- Seven studies reported reduced SVR rates when their outcomes were analysed from an intention-to-treat perspective because of loss of patients before the final confirmatory blood test.
- Services and systems are very specific to their localities

HCV testing and treatment pathways for the PWID and OST populations





Conclusions

Revolutionise your care pathways

→ Dump the TASKS

Minimise steps

→ be inventive

Keep it local

Keep it known

Keep it simple

**We need to get better
at sharing practice**

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