

Working with Families who experience perinatal substance use: Reflections on clinical and cultural practice

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Families who experience perinatal substance use may be more likely to have mental health challenges, experiences of abuse and trauma and limited social support. Therefore, interventions need to focus on holistic and integrated support rather than specific and isolated substance use treatment. This presentation will discuss how health services can meet the clinical, social, and cultural needs of families by drawing upon multiple models of care. We will also explore the responsibilities of non-indigenous practitioners by describing the context and evaluating power, paralysis, and positionality and present tools for engagement based on a four-stage model which incorporates learning, reflecting, serving and disrupting.