

# Taking sexual and reproductive health services inside: Embedding best practice care in South Australian prisons

Presented by Nikki Brandon (she/her)

**SHINE**<sub>SA</sub>



# Acknowledgement of Country

SHINE SA would like to acknowledge Aboriginal and Torres Strait Islander peoples as Australia's First People and Traditional Custodians.

We value their cultures, identities, and continuing connection to country, waters, kin and community.

We pay our respects to Elders past and present.



I have no Disclosures of interest

# Process

**Weekly clinics** at Adelaide Womens Prison (AWP)  
with a nurse and a doctor

**Monthly clinics** at Yatala prison  
with a nurse

Specific pathology forms/provider numbers

Hard copy results returned to prison but reviewed by SHINE SA

Consumables ordered by prison health staff

Clinics lists created by:

- Nursing staff on admission
- Requested by people who are in prison
- Doctor referral



# Service Delivery

- STI and BBV screening
- Treatment and management of STIs
- Wart treatment with cryopen
- Sexual health advice

## AWP specific:

- Cervical screening and referral to colposcopy
- Contraceptive advice and initiation
- Implanon and IUD insertions and removals
- Breast health and specialist referrals
- Menstrual irregularities and referral
- Menopause management
- Gender affirming care support
- Management and referral of genitourinary and gynecological issues





# Service Barriers

## Attendance can be impacted by:

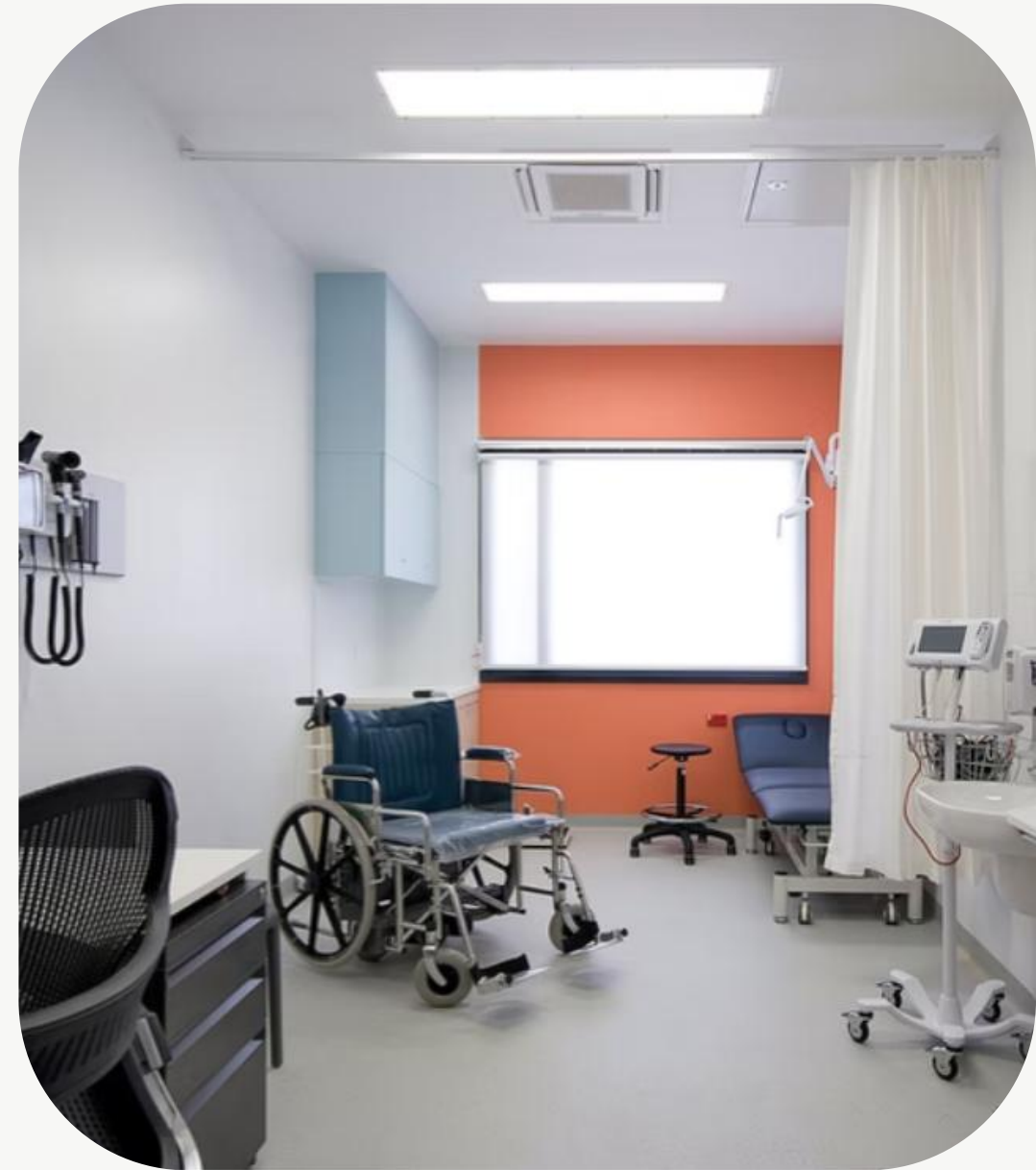
Restricted movement within prison system

- lock downs
- inability to mix units within the health centre
- staffing shortages

Conflicting events

- Court
- Visits
- Work
- Programs
- 'byes'

Reluctant to attend external appointments - need to wear handcuffs



# Service Strengths

Inclusive service well utilised by people in prison

Confidential - work in private clinic rooms

Clinics well supported by prison nursing staff

Maintain own record of pathology

Able to screen under screened and never screened

Opportunity to arrange contraception

