



Smoking & Vaping Cessation Update Day



9.30am – 2.00pm | Sunday 9 November 2025

PROGRAM	
Update Day Convenors: Ryan Courtney & Renee Bittoun	
0930-0935	Acknowledgment of Country Welcome & Introduction to the Smoking and Vaping Cessation Professionals Special Interest Group
0935-1005	HARMONY (HARM reduction for Opiates, Nicotine and You): A randomised controlled trial of the effectiveness of Vaporised Nicotine Products for Tobacco Smoking Cessation amongst NSW Opiate Agonist Treatment Clients Mel Jackson, <i>NSW Health, Hunter New England Health</i>
1005-1035	Nicotine e-cigarettes for smoking cessation following discharge from smoke-free inpatient alcohol and other drug withdrawal services: A pragmatic two-arm, single-blinded, parallel-group, randomised controlled trial Ashleigh Guillaumier, <i>Flinders University</i>
1035-1050	Morning Tea
1050-1120	Vaporised nicotine products for smoking cessation among people experiencing social disadvantage: A randomised clinical trial Ryan Courtney, <i>University of New South Wales Sydney</i>
1120-1145	The Understanding the Vape Study Josephine Ricciuti, <i>University of New South Wales Sydney</i>
1145-1210	Incentive 2 Quit (I2Q) Program Kelsey Sharrad, <i>University of Adelaide</i>
1210-1235	Stages of Change – Time to Stop Using the Model Renee Bittoun, <i>Notre Dame University & Avondale University</i>
1235-1300	PANEL DISCUSSION: Vaping and Smoking Cessation Future steps and directions Panellists: Mel Jackson, Ashleigh Guillaumier, Josephine Ricciuti, Kelsey Sharrad, Renee Bittoun Chair: Ryan Courtney
1300-1400	Lunch & Networking

Presentations include 5 minutes for Q&A