Accelerating the uptake of innovations for dectection and monitoring of HIV in Papua New Guinea (ACTUP-PNG)-Point-of-care HIV load and drug resistance testing of adults ≥15 years

Authors:

<u>Gare J¹</u>, Pekon S¹, Silim S¹, Keno H¹, Schulz M², Willie B^{1,2}, Boas P³, Ripa P⁴, Tai R⁴, Nano G⁵, Opina H⁵, Porau W⁶, Pomat W¹, Cunningham P^{2,7}, Kelleher A^{2,7}, Starr M⁷, Badman SG², Kelly-Hanku A^{1,2} on behalf of the ACTUP-PNG team

¹Papua New Guinea Institute of Medical Research, ² The Kirby Institute for Infection and Immunity in Society, UNSW Sydney, ³ Papua New Guinea National Department of Health, ⁴ Western Highlands Provincial Health Authority ⁵ Port Moresby General Hospital, ⁶ Central Public Health Laboratory, ⁷ St Vincent's Centre for Applied Medical Research, NSW State Reference Laboratory for HIV, St Vincent's Hospital, Sydney.

Background: PNG is working towards the Global UNAIDS Goal of #Ending AIDS. However, high rates of transmitted HIV drug resistance (DR), poor HIV viral load (VL) coverage and a centralised laboratory monitoring approach is hampering efforts to improve HIV status awareness and achieve viral suppression. ACTUP-PNG is the first initiative in PNG to provide point-of-care (POC) HIVVL testing for adults on ART (≥15yrs) and introduce routine HIVDR testing of newly diagnosed people.

Methods: ACTUP-PNG has two clinic-based laboratories at Mount Hagen and Port Moresby that provide POC HIVVL testing using the GeneXpert[™] platform for adults on ART. Those with persistently high HIVVL results (>1,000 copies/ml) are being offered HIV drug resistance (DR) testing. Newly diagnosed people with HIV are offered pre-ART POC HIVVL testing along with HIVDR on dried blood spots (DBS) to monitor transmitted drug resistance.

Results: The ACTUP-PNG program has significantly expanded HIVVL coverage in Mount Hagen and Port Moresby. As of October 2022, 3,192 adults (≥15yrs) on ART were provided POC HIVVL testing, of whom 59.7% are female. Of those tested, 92.9% were virally suppressed; a slight decrease from the 95.3% viral suppression rate recorded in early 2022. Triaging of adults with unsuppressed HIVVL for enhanced adherence counseling (EAC) has achieved viral suppression for 83 adults and 6 patients have had their ART changed after their 3-month follow-up. HIVDR has been identified in 15.5% (7/45) of adult DBS specimens sampled, with 2 people found to have HIV strains containing mutations to both NRTI and NNRTI antivirals.

Conclusion: Molecular POC HIVVL testing and EAC is providing timely access to results and achieving improved viral load suppression in PNG. ACTUP has demonstrated the value of active HIVDR surveillance and scale up of these capabilities combined with HIVVL testing will enable better treatment and care for people living with HIV.

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