







# Drug use patterns, injection risk behaviours and harm reduction service utilization among people who inject drugs in Iran: results from three consecutive biobehavioral surveillance surveys

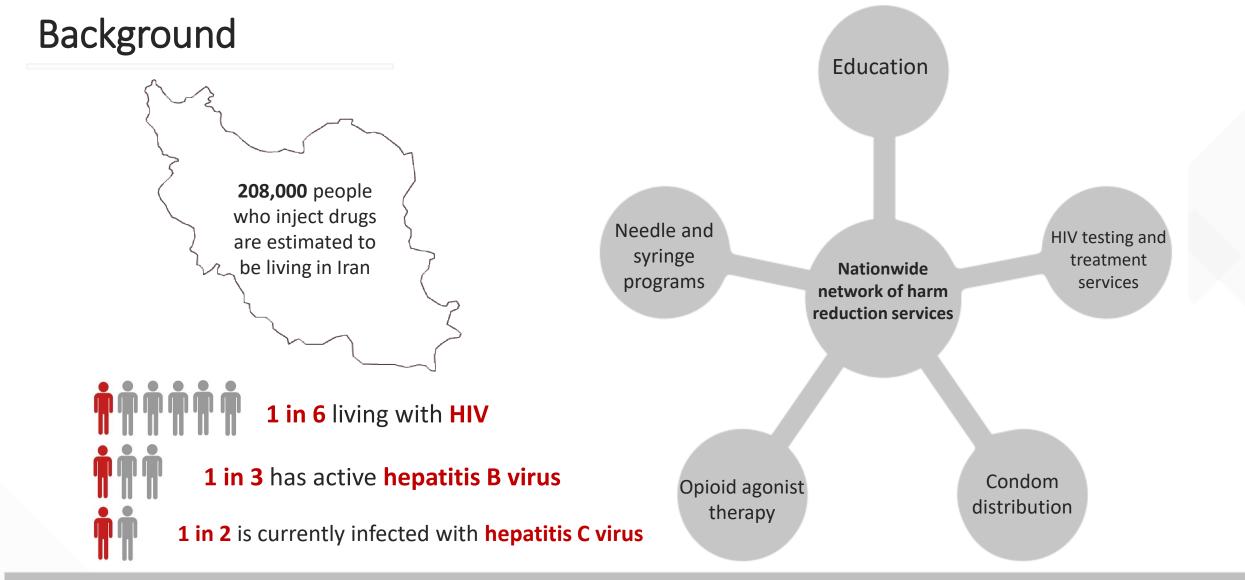
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### Disclosure of Interest

Nothing to disclose





Monitoring changes in the patterns of drug use and high-risk injection practices can help policymakers identify and implement appropriate programs to minimize harms and ensure programs are targeted at those at greater risk



### Objectives



1- To evaluate patterns of drug use, injection-related risk behaviours, and harm reduction service utilization among people who inject drugs during the last decade from 2010 to 2020

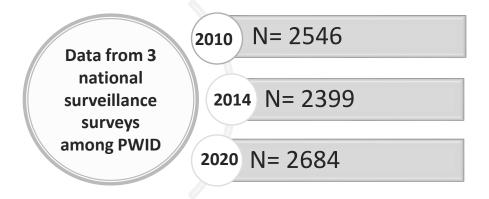


2- To assess the correlates of recent receptive sharing of needles and/or syringes (within the last 3 months) among people who inject drugs (2020)



### Methods

In Iran, available data on drug use, injection risk behaviours, and harm reduction service uptake among people who inject drugs are mainly collected through bio-behavioural surveillance surveys.



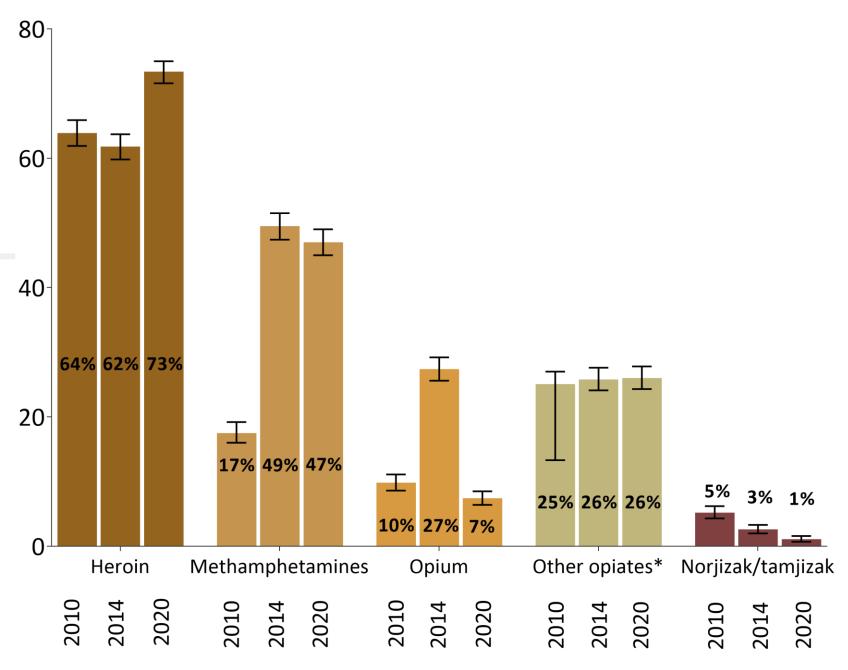
- Patterns of drug use, injection risk behaviours and harm reduction service utilization were identified and compared between years.
- We applied logistic regression models to evaluate factors associated with recent needle and/or syringe sharing in 2020.



### Results

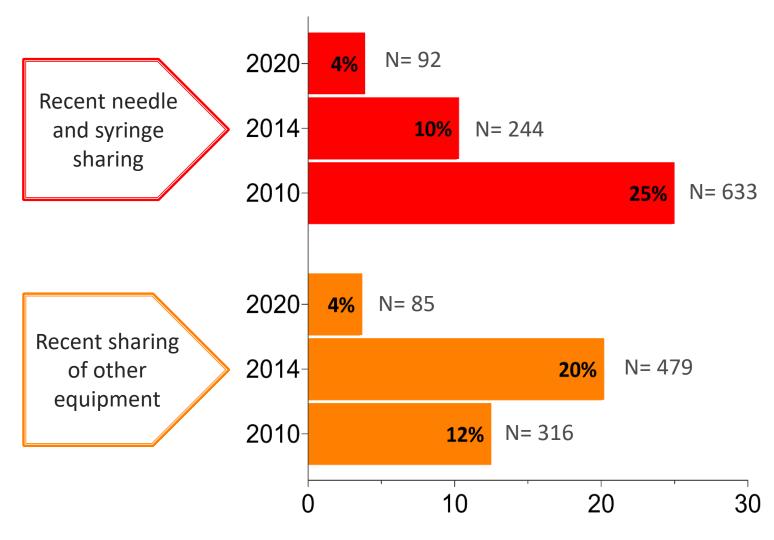


## Drug use patterns



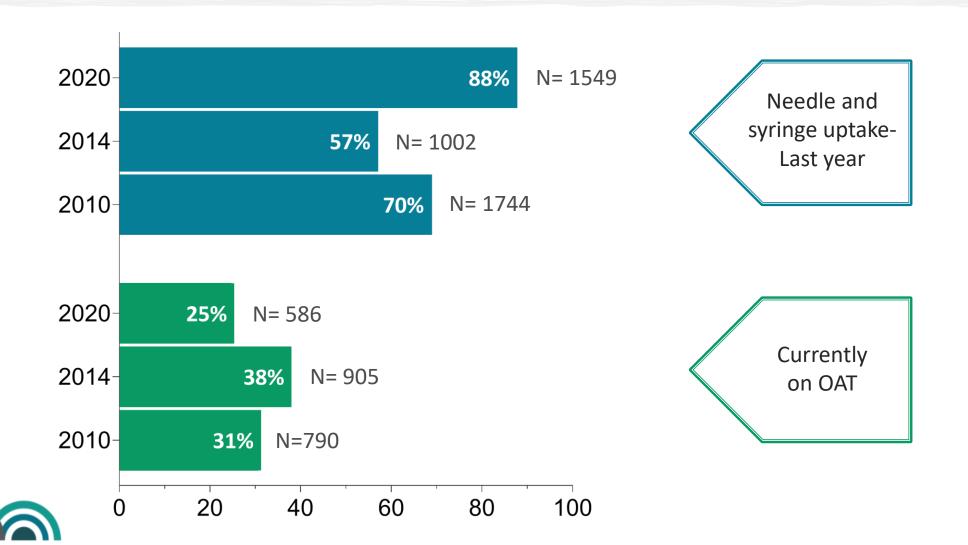


### Injecting risk behaviours

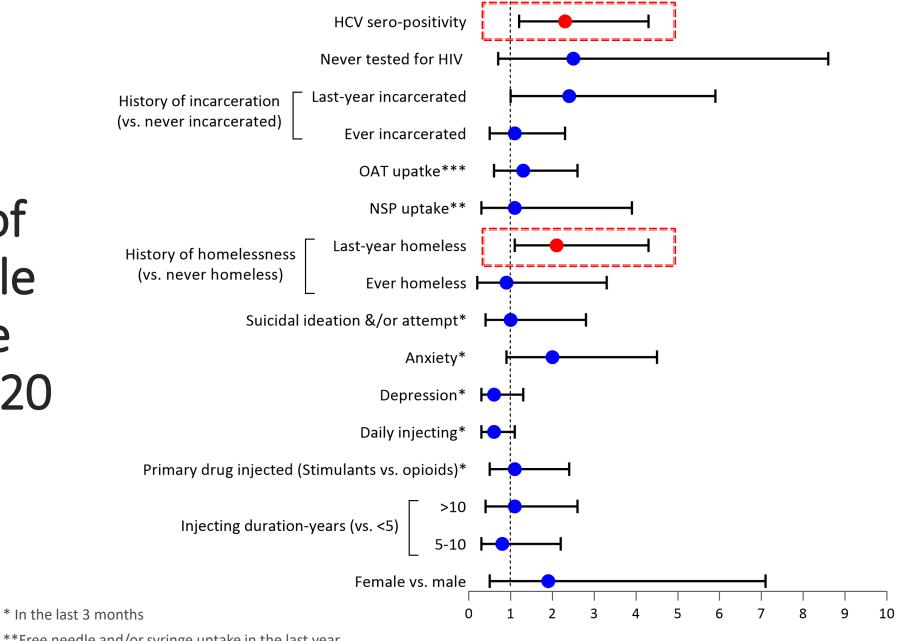




### Harm reduction service utilization



### Correlates of recent needle and syringe sharing in 2020



Adjusted odds ratio



<sup>\*\*\*</sup> Currently on opioid agonist therapy



### Conclusion

- ✓ Heroin remains the main drug consumed by people who inject drugs in Iran
- ✓ Considerable shifts from traditional use of opium to amphetamine-type drugs were observed
- ✓ Harm reduction services need to be tailored to target and respond to current changes in drug use in Iran
- ✓ An increase in needle and syringe uptake has recently occurred among people who inject drugs in Iran
- ✓ Recent needle and syringe sharing has substantially decreased
- ✓ Higher levels of injection risk among those with last-year homelessness and HCV seropositivity
- ✓ There is need for interventions addressing structural barriers among people who inject drugs to ensure safe injecting practices among this population



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**Questions/more information:** 

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