

Diagnostic testing strategies to enhance diagnosis and treatment of hepatitis C virus infection in Australia: a model-based cost-effectiveness analysis

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Background: Understanding the optimal testing interventions to enhance timely treatment of HCV infection is critical to support elimination. This study evaluated the cost-effectiveness of HCV testing strategies compared to laboratory-based testing in standard-of-care.

Methods: Cost-effectiveness analyses were undertaken from the perspective of Australian Governments as funders by modelling testing strategies compared to standard-of-care in community settings in Australia. Study settings included drug treatment clinics, needle/syringe programs, homelessness settings, and community corrections. Data on HCV prevalence and treatment initiation were from the Australian Hepatitis C Point-of-Care Testing Program, NSW Dried-Blood-Spot Program, and the published literature. Testing strategies included: a) laboratory-based antibody testing with reflex HCV RNA testing; b) point-of-care antibody testing with reflex point-of-care HCV RNA testing; c) point-of-care antibody testing with laboratory-based reflex HCV RNA testing; d) dried-blood-spot collection with HCV RNA testing; e) point-of-care HCV antibody testing with reflex dried-blood-spot collection and HCV RNA testing; f) point-of-care HCV RNA testing.

Findings: The average costs per HCV treatment initiation for standard of care was \$1,721 for community corrections, \$1,958 for needle/syringe programs, \$2,283 in drug treatment clinics, and \$2,643 for homelessness services (Table 1). The testing strategies more cost-effective than standard of care across all settings were point-of-care HCV antibody testing with reflex point-of-care HCV RNA testing (\$1,324-\$1,822), point-of-care antibody testing with laboratory-based reflex HCV RNA testing (\$1,448-\$2,006), laboratory-based antibody testing with reflex HCV RNA testing (\$1,654-\$2,411), and point-of-care HCV antibody testing with reflex dried-blood-spot collection and HCV RNA testing (\$1,655-\$2,306).

Interpretation: Reflex testing strategies combining point-of-care, dried-blood spot, and laboratory testing are more cost-effective than standard of care for populations at risk of HCV. Testing strategies combining different testing interventions incorporating reflex testing are likely to be cost-effective, with the choice of testing strategy dependent on the specific setting.

Table 1. Average cost per treatment initiation for different HCV testing strategies across different community-based settings

Testing strategy	Antibody	RNA	Drug treatment		Homelessness	Community corrections
				NSP		
Standard of Care	Venepuncture	Venepuncture	\$2,283	\$1,958	\$2,643	\$1,721
Point-of-care antibody testing with reflex point-of-care HCV RNA testing	Point-of-care	Point-of-care	\$1,822	\$1,468	\$1,798	\$1,324
Point-of-care antibody testing with laboratory-based reflex HCV RNA testing	Point-of-care	Venepuncture	\$1,968	\$1,606	\$2,006	\$1,448
Laboratory-based antibody testing with reflex HCV RNA testing	Venepuncture	Reflex	\$2,148	\$1,839	\$2,411	\$1,654
Point-of-care HCV antibody testing with reflex dried-blood-spot collection and HCV RNA testing	Point-of-care	DBS	\$2,306	\$1,846	\$2,302	\$1,655
Point-of-care HCV RNA testing	NA	Point-of-care	\$2,676	\$2,652	\$3,861	\$2,426
Dried-blood-spot collection with HCV RNA testing	NA	DBS	\$3,416	\$3,384	\$4,981	\$3,087

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