# THE RISKS OF HCV AND HIV INCIDENCE AMONG PEOPLE WHO INJECT DRUGS WHO ALSO UNDERTAKE SEX WORK OR MALE-WITH-MALE SEXUAL ACTIVITY: A META-ANALYSIS COMBINING PUBLISHED AND UNPUBLISHED ESTIMATES

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## **Background:**

People who inject drugs (PWID) engage in sexual risk behaviours that may increase HIV and hepatitis C virus (HCV) risk, including sex work and male-with-male sexual activity. We undertook a systematic review to assess whether PWID who recently (previous year) engaged in sex work or male-with-male sexual activity have increased HCV and HIV acquisition risks.

## Methods:

We searched relevant databases for HCV and HIV incidence studies among PWID published between 01/01/2000 and 12/12/2022. We contacted studies which reported HIV or HCV incidence, but did not report an association with sex work or male-with-male sex, to request data. We extracted and pooled estimates of the association between recent male-with-male sex or sex work (selling sex only) and HIV or HCV incidence using random-effects meta-analysis. For sex work, we also conducted analyses gender-stratified analyses. We used adjusted estimates if reported, otherwise we used unadjusted estimates.

#### **Results:**

We included 47 studies, of which 21 were unpublished, and 121 estimates. Among male PWID, male-with-male sex was associated with increased HIV risk (RR:2.32; 95%CI:1.59–3.40; n=16) and increased (but inconclusive) HCV risk (RR:1.26; 95%CI:0.94–1.69; n=11 estimates). Overall analyses (including both males and females) suggest that recent sex work is associated with increased risk of HIV (pooled relative risk (RR):1.78; 95%CI:1.32–2.39; n=19) and HCV acquisition (RR:1.59; 95%CI:1.28–1.99; n=22) among PWID. In gender-stratified analyses, we found that recent sex work was associated with greater HIV risk among female PWID (RR:2.25; 95%CI:1.47–3.43; n=13), and greater HCV risk among male PWID (RR:1.44; 95%CI:1.15–1.79; n=14).

### **Conclusion:**

Risk of HIV and HCV acquisition is higher among PWID who engage in sex work or male-with-male sex, but the magnitude depends on the virus (HIV/HCV) and gender. Services that provide healthcare and harm reduction for PWID should tailor their services to address these sexual risk behaviours.

# **Disclosure of Interest Statement:**

None to declare.

**Figure.** Pooled associations between recent male-with-male sexual activity or sex work and risk of HIV or HCV acquisition among people who inject drugs

Exposure	Group	NB of estimate	s	Ris	Risk Ratio			Effect size (95% CI)	l²
HIV incidenc	e				1				
Sex work	Men	13			-	_		1.30 (0.90-1.89)	46%
Sex work	Women	13				-	_	2.25 (1.47–3.43)	67%
Sex work	Men and women	19			-			1.78 (1.32–2.39)	68%
Sex with men	Men	16					_	2.32 (1.59–3.40)	49%
HCV inciden	ce								
Sex work	Men	14			-	-		1.44 (1.15-1.79)	0%
Sex work	Women	13			- 10	_		1.15 (0.83–1.60)	55%
Sex work	Men and women	22			_   ⊣	•		1.59 (1.28–1.99)	60%
Sex with men	Men	11		-	-		$\neg$	1.26 (0.94–1.69)	47%
			0.2	0.5	1	2	4		