

HIV-specific T cells in people with HIV following immune checkpoint blockade

Hannah King

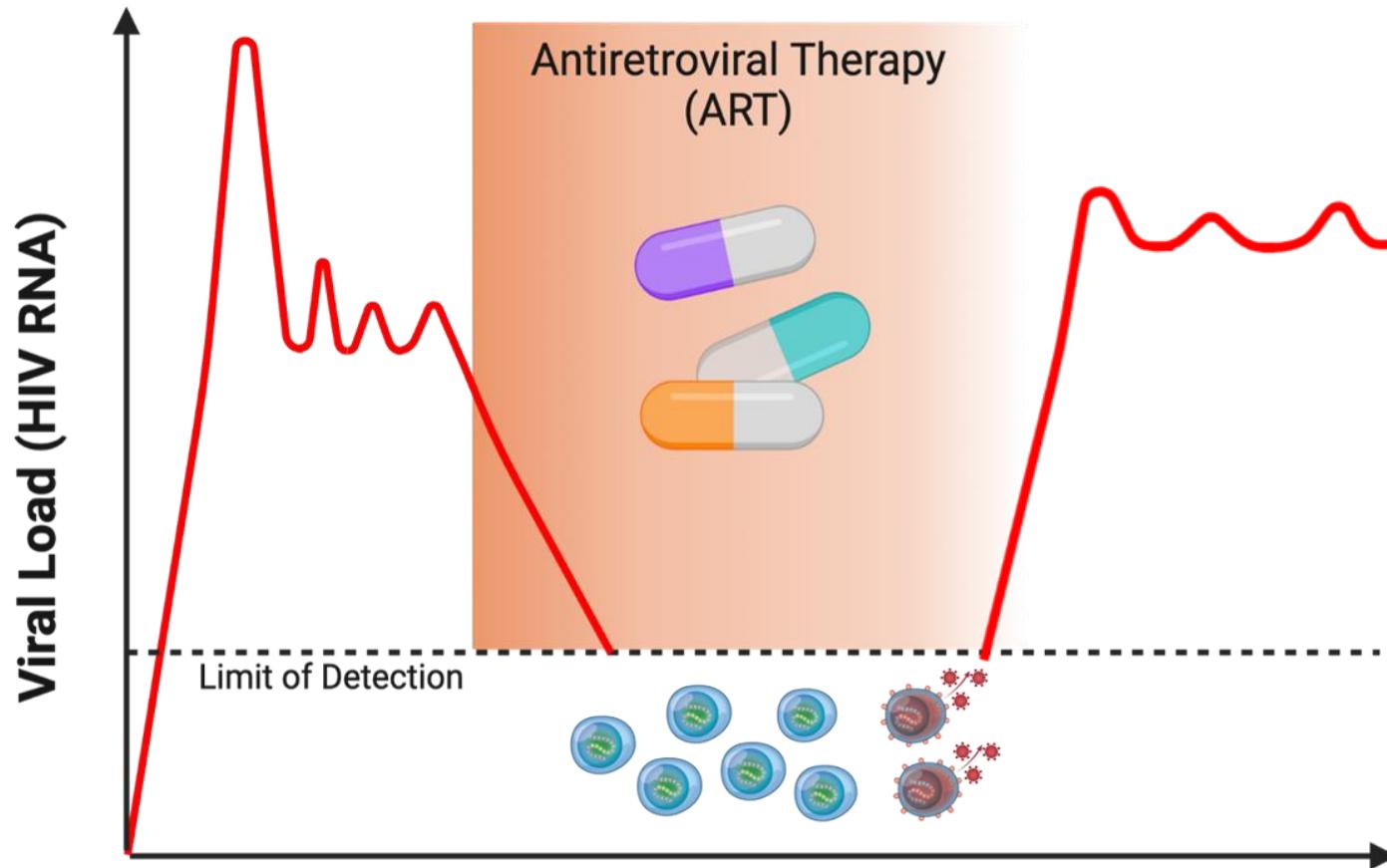
September 15, 2025



Disclosure of Interest

I have no disclosures to report

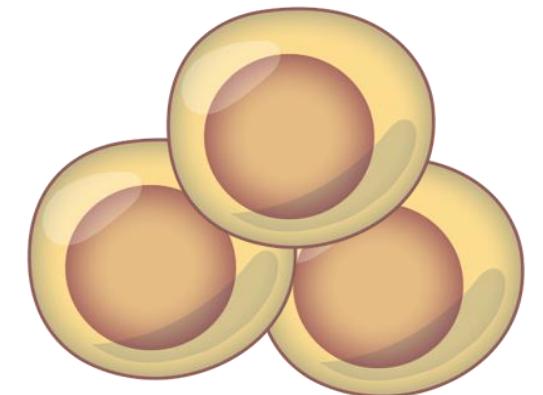
ART effectively suppresses viral replication, but cannot eliminate latently infected cells



CD8+ T cells: Key players in anti-HIV immunity

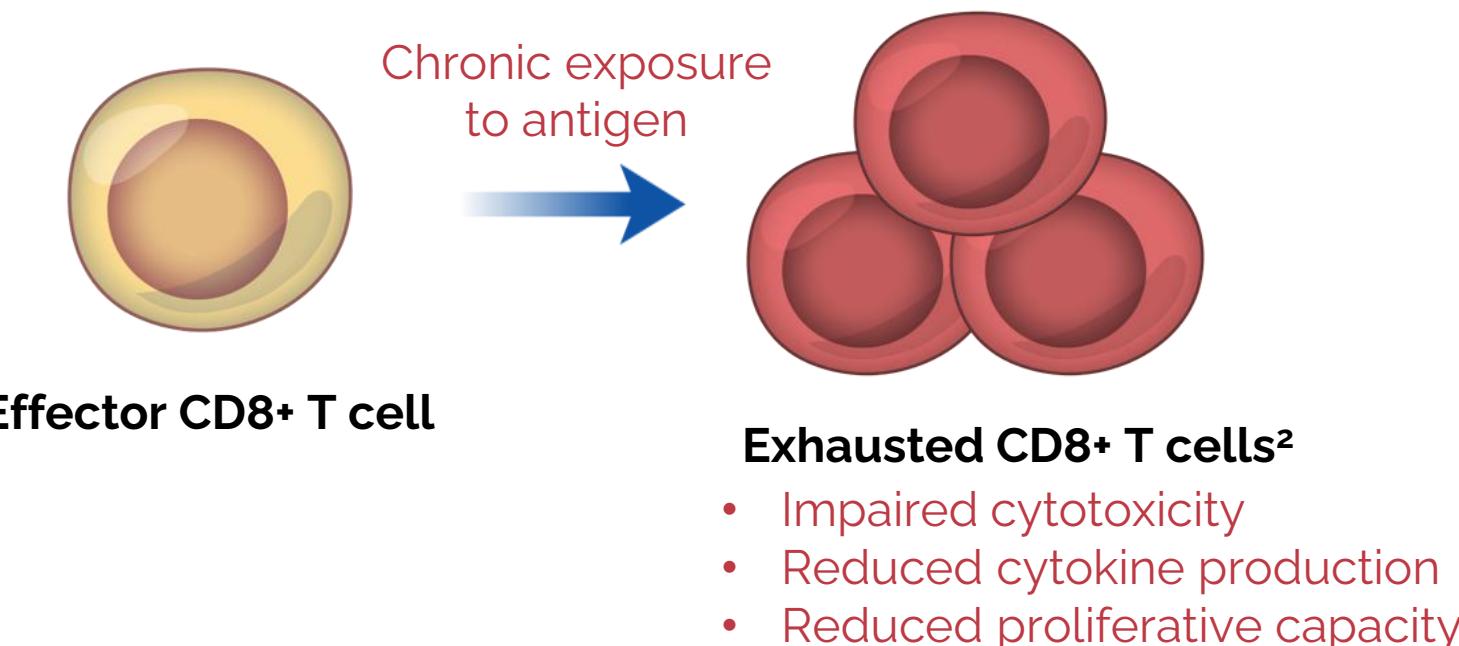
- Elite controllers
 - People living with HIV (PWH) who can spontaneously maintain undetectable viral loads in the absence of ART¹
- Potent, fully functional CD8+ T cells required¹⁻⁴
 - Enhanced expansion capacity
 - Enhanced cytotoxicity
 - Enhanced polyfunctionality

➤ **If we increase T cell function in people who do not control viremia can we induce durable control?**



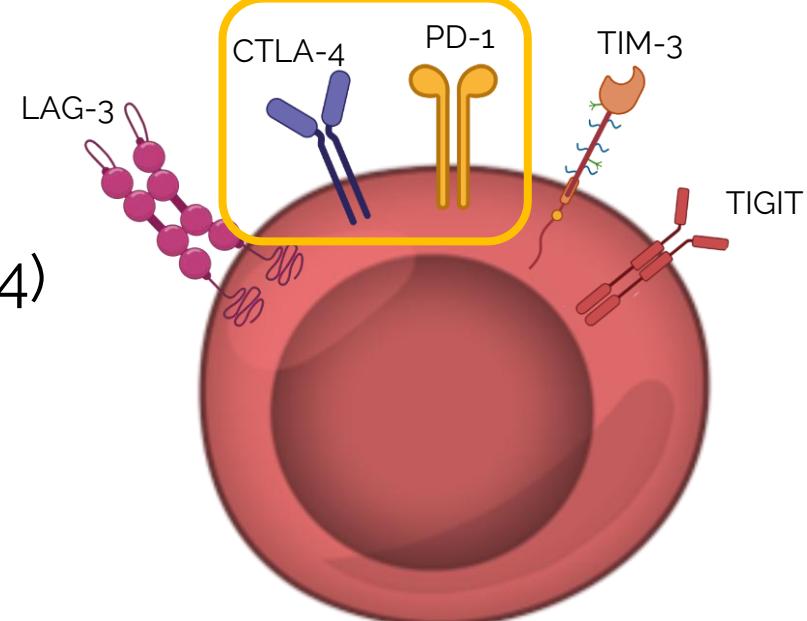
Immune exhaustion – a barrier to overcome

- Chronic HIV exposure in PWH leads to CD8+ T cell exhaustion¹
- Exhausted CD8+ T cells have impaired ability to control HIV infection²

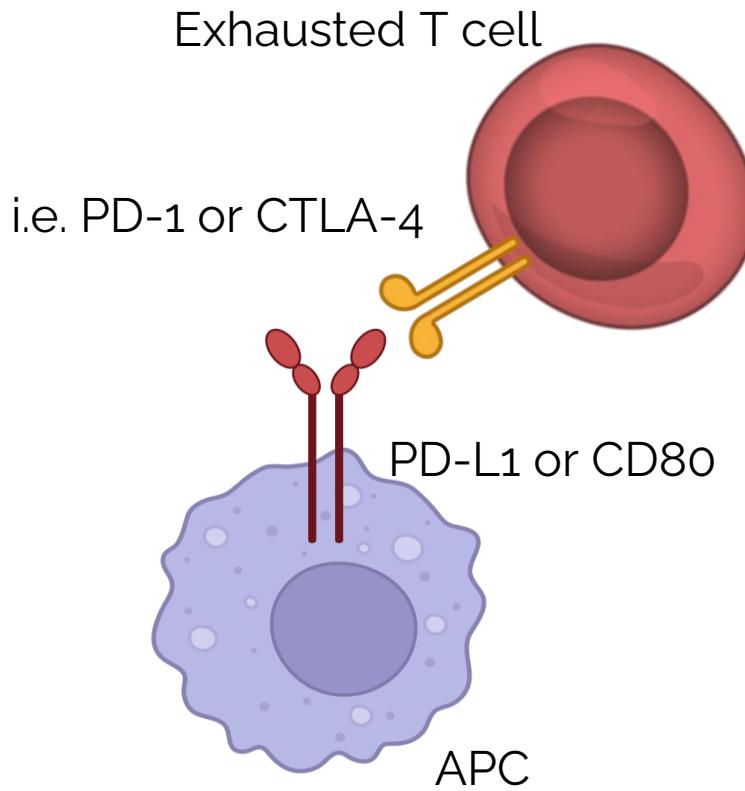


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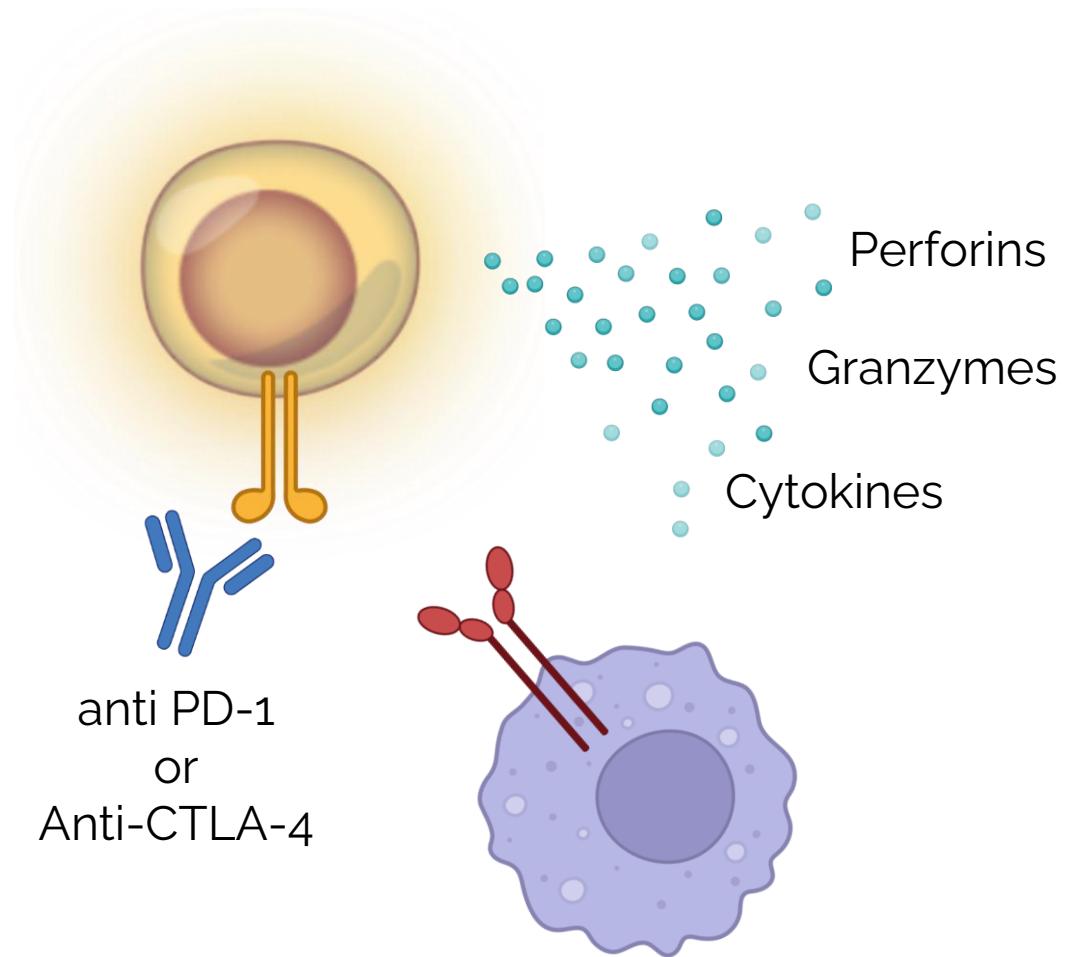
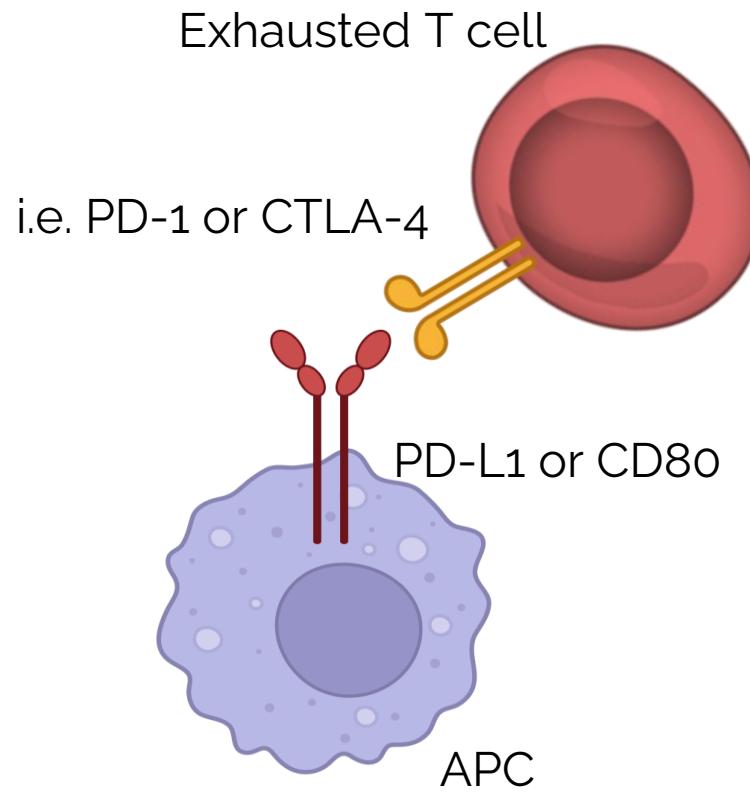
- Chronic HIV exposure in PWH leads to CD8+ T cell exhaustion¹
- Exhausted CD8+ T cells have impaired ability to control HIV infection²
- Exhaustion is characterised by upregulation of immune checkpoint molecules
- Programmed cell-death 1 (PD-1)
 - Inhibits T cell receptor (TCR) signalling
- Cytotoxic T-Lymphocyte Associated Protein 4 (CTLA-4)
 - Competes with CD28 to inhibit costimulatory signalling



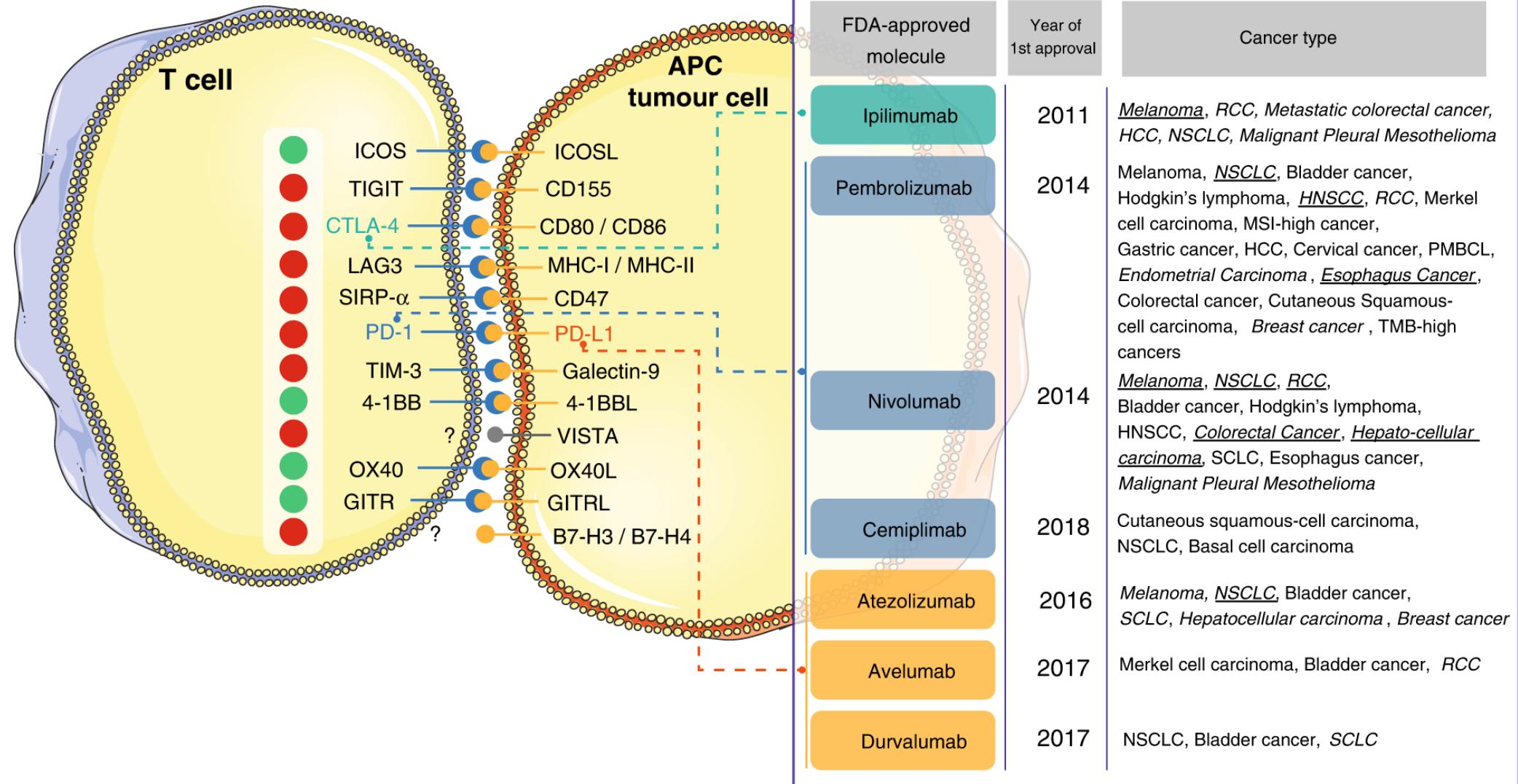
Immune checkpoint blockade can restore T cell function



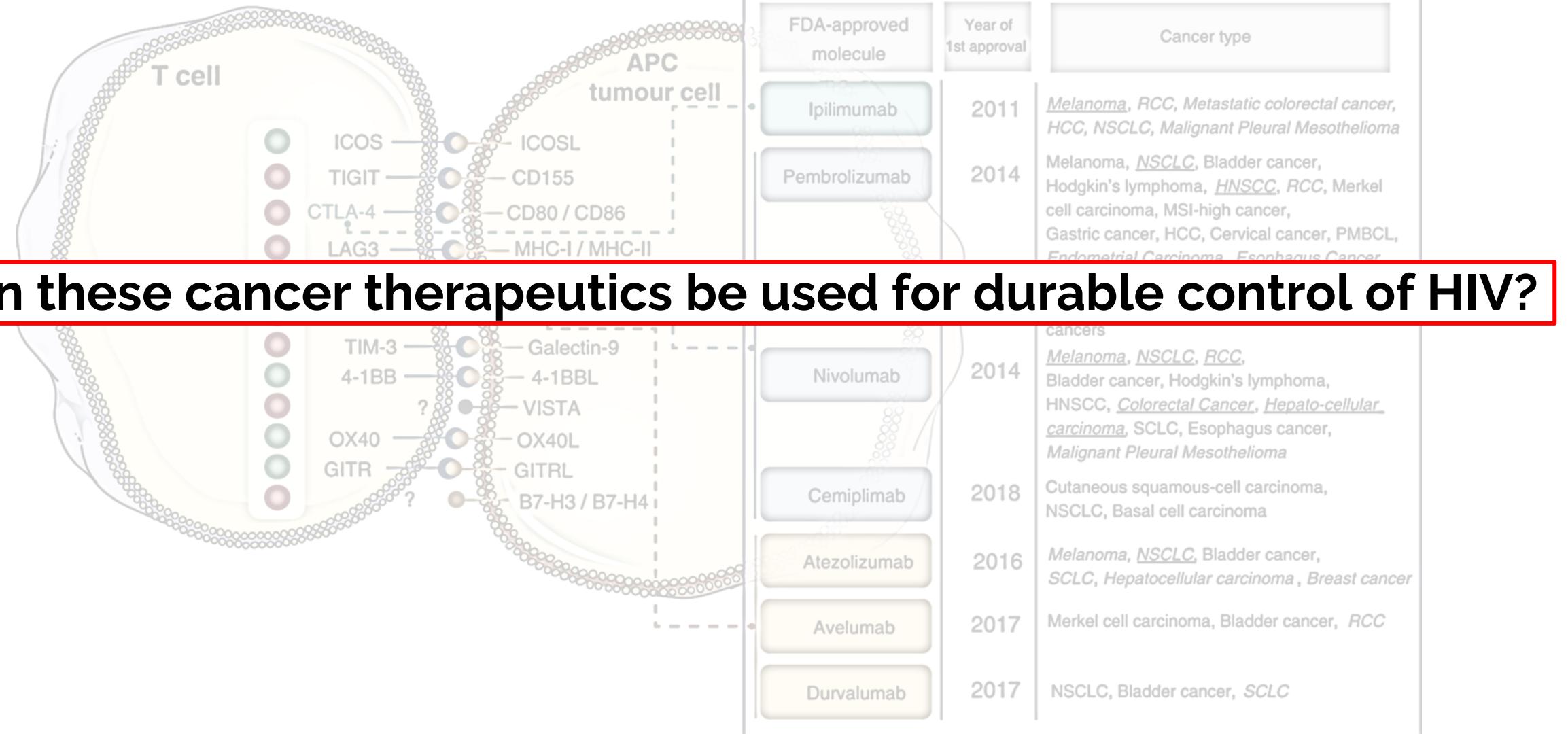
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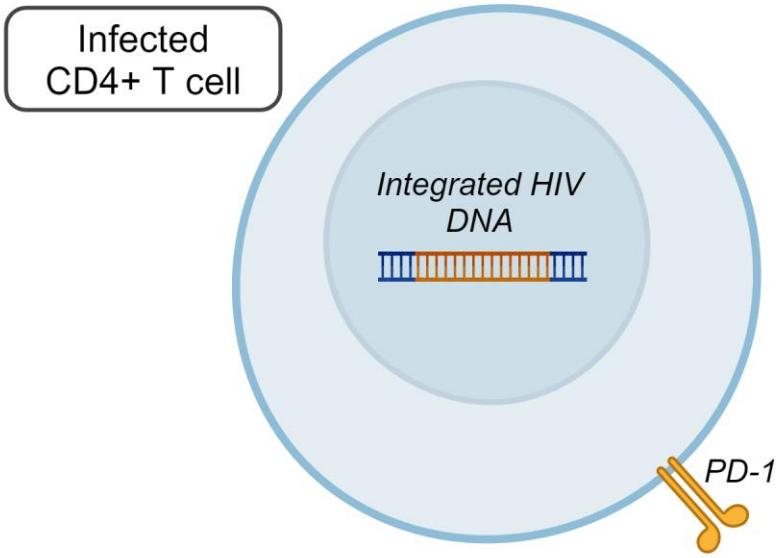
Immune checkpoint blockade is an effective cancer therapeutic



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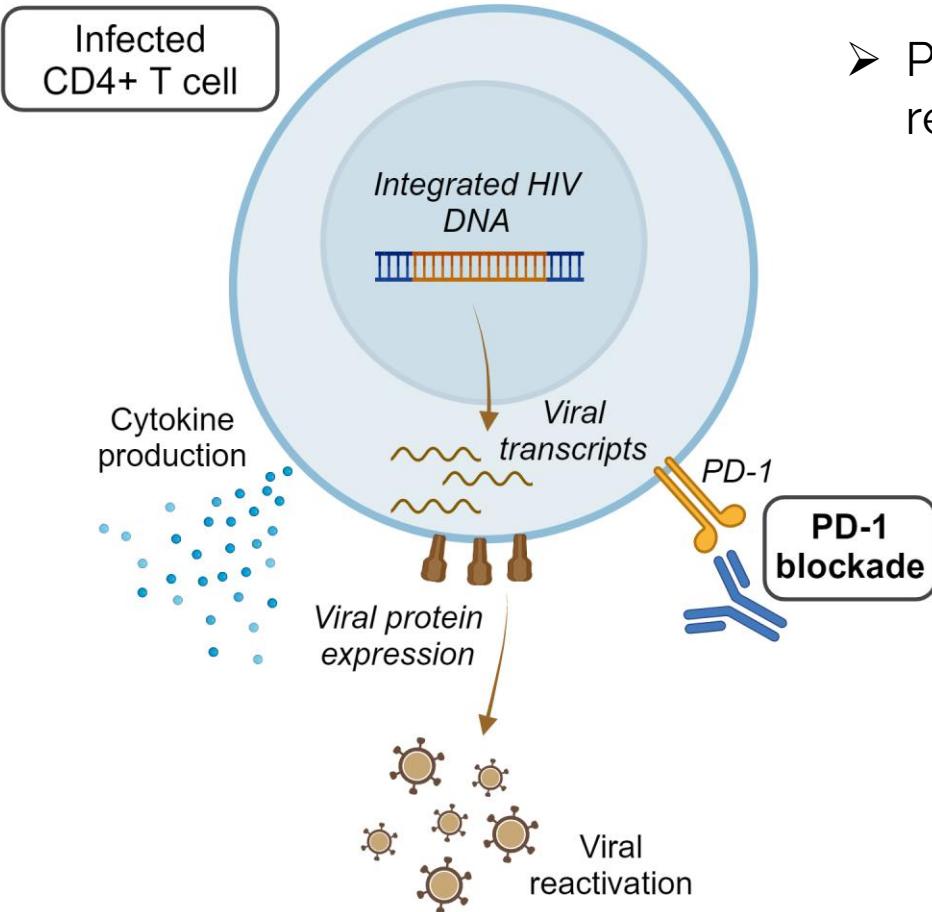


PD-1 blockade exerts dual effects in PWH



- HIV latency is enriched in cells expressing PD-1
 - Fromentin et al, PLOS Path, 2016
 - Khouri et al, JID, 2017
 - Evans et al, AIDS, 2018
 - Rasmussen et al, Cell Rep Med, 2022

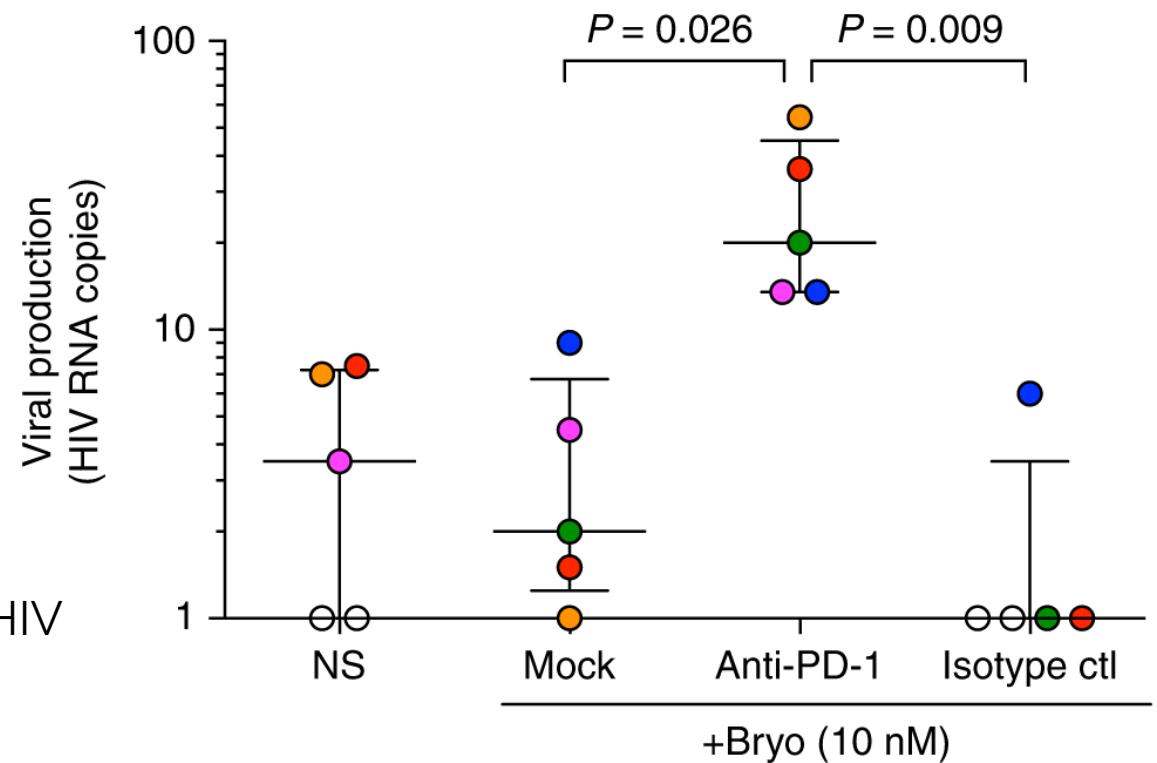
PD-1 blockade exerts dual effects in PWH



- PD-1 checkpoint blockade induces latency reversal
 - Fromentin et al, Nat Comms, 2019
 - Van der Sluis et al, J Immunol, 2020
 - Rasmussen et al, CID, 2021
 - Uldrick et al, STM, 2022

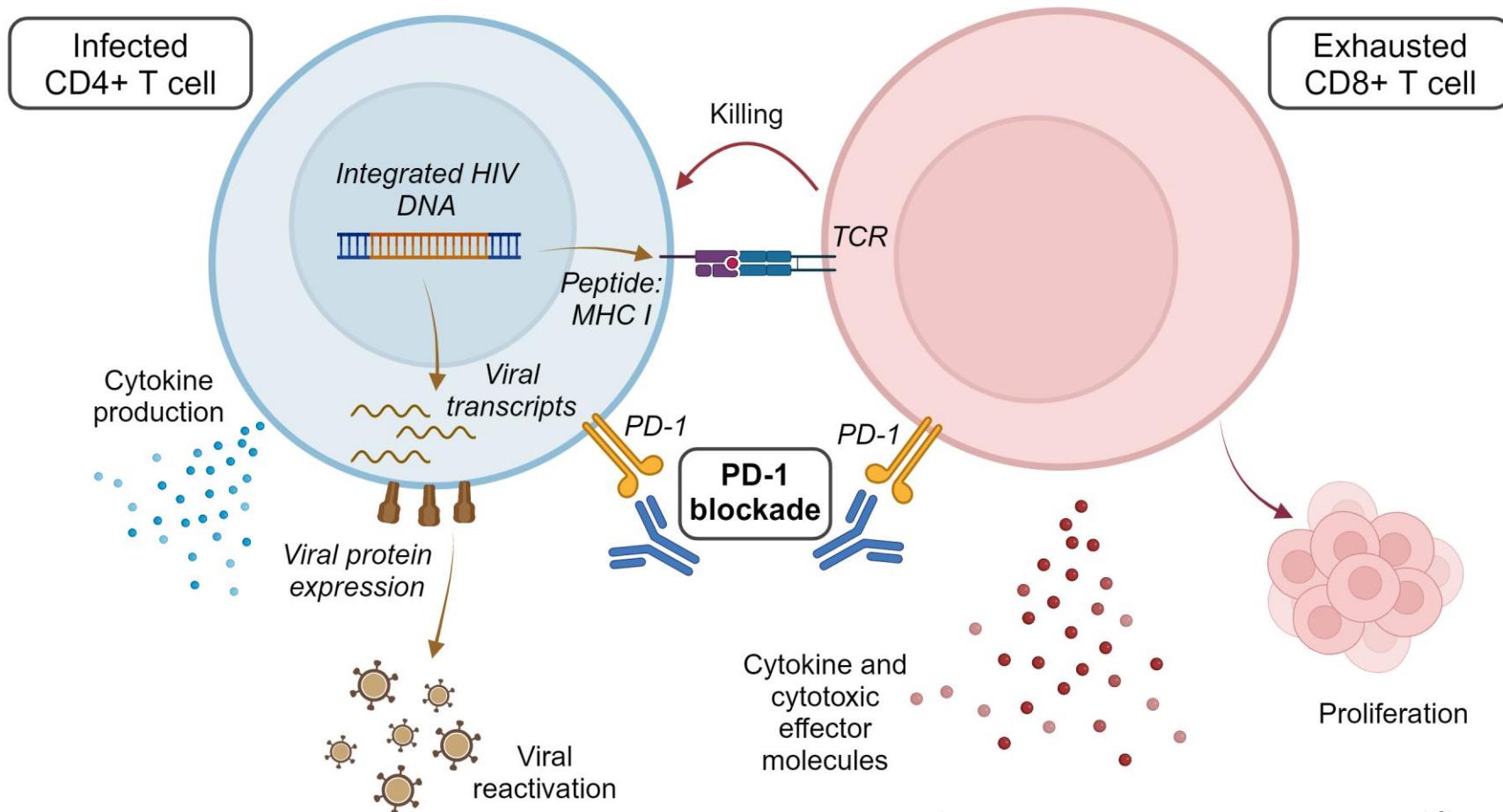
Immune checkpoint blockade in HIV – *ex vivo*

—
Anti-PD-1 can reverse latency in cells from PWH *ex vivo*^{1,2}



Fromentin, Rémi et al. "PD-1 blockade potentiates HIV latency reversal *ex vivo* in CD4+ T cells from ART-suppressed individuals." *Nat Commun* (2019)¹

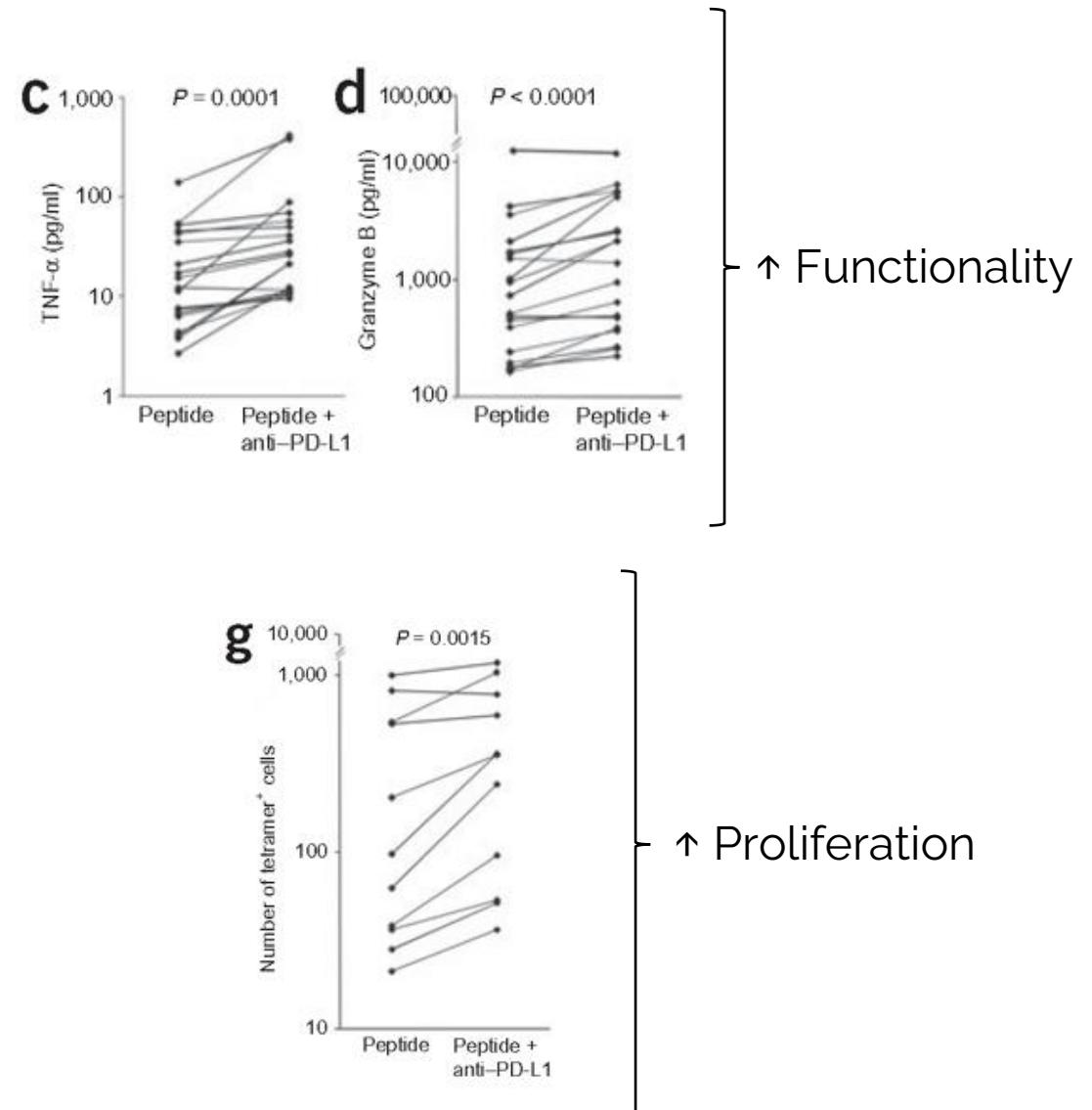
PD-1 blockade exerts dual effects in PWH



- Anti-PD-1 restores HIV-specific T-cell function
- Chiu et al, J Immunol, 2022
- Lau et al, AIDS, 2022

Immune checkpoint blockade in HIV – *ex vivo*

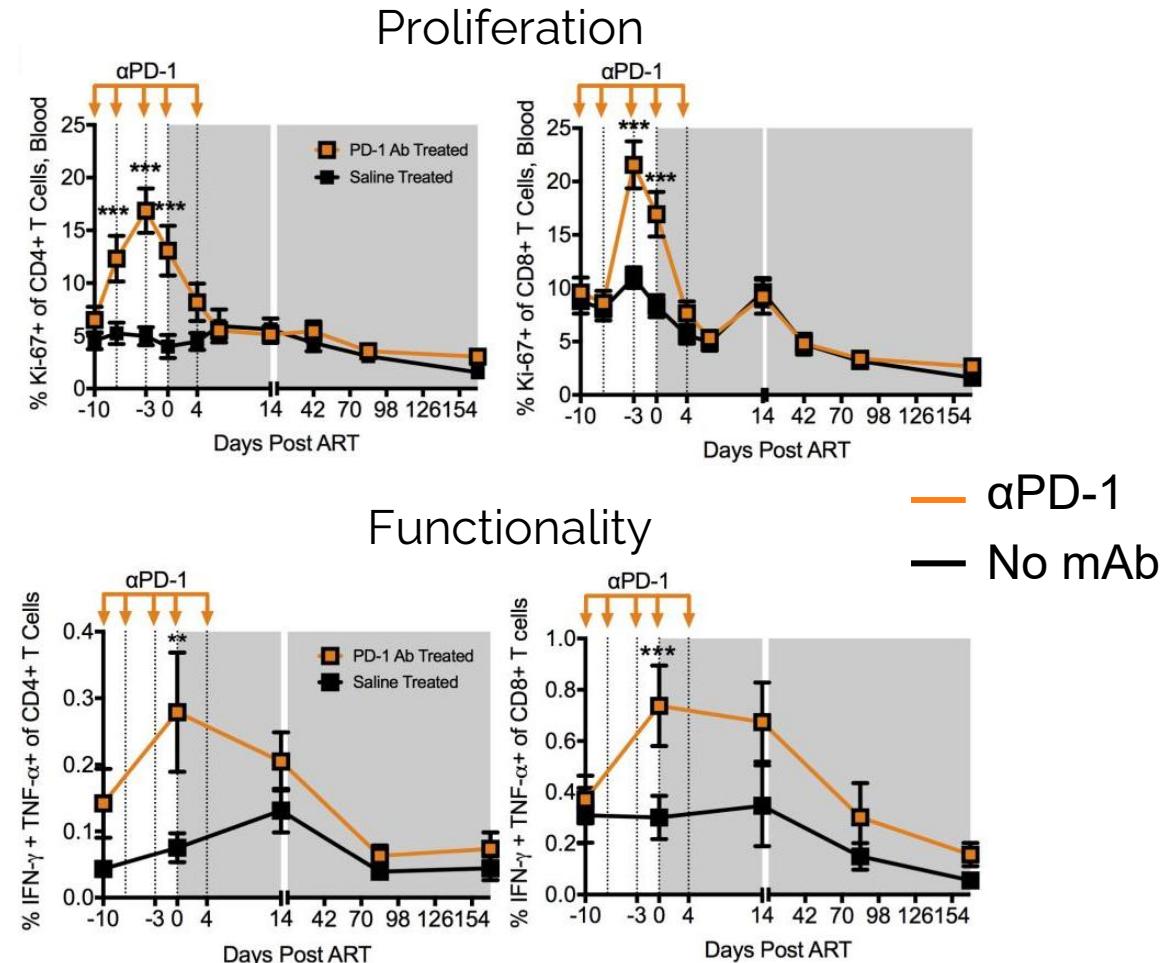
—
***Ex vivo*, blockade of PD-1 and CTLA-4 enhances the functionality and proliferation of HIV-specific T cells¹**



Trautmann, Lydie et al. "Upregulation of PD-1 expression on HIV-specific CD8⁺ T cells leads to reversible immune dysfunction." *Nat Med* (2006)²

Immune checkpoint blockade in HIV - preclinical

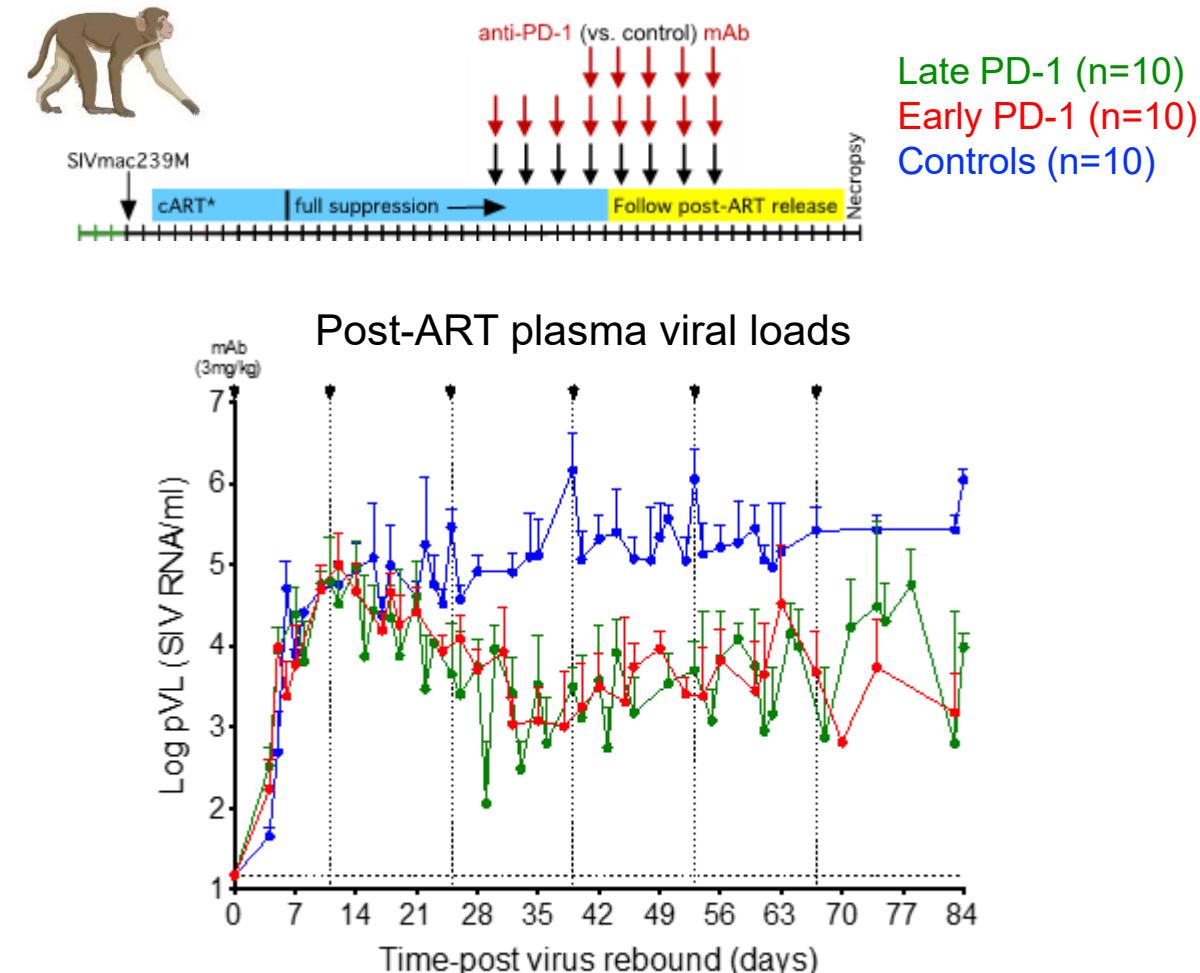
- ***In vivo* in pre-clinical models, PD-1 blockade can contribute to viral control and enhance HIV-specific T cell responses when administered during:**
- Chronic infection¹
- Early ART^{2,3}
- Surrounding analytical treatment interruption (ATI)^{4,5}



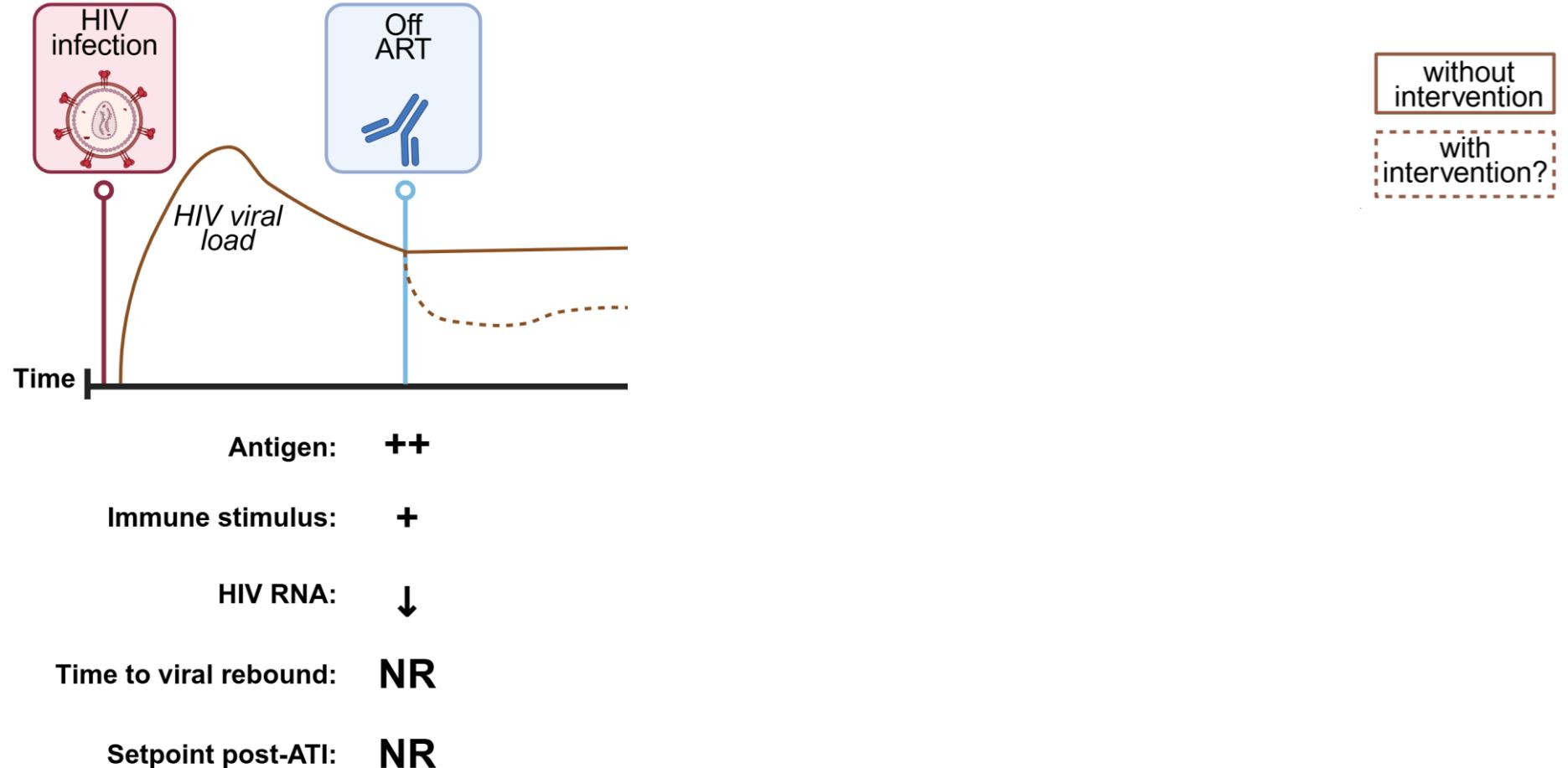
Mylvaganam, Geetha H et al. "Combination anti-PD-1 and antiretroviral therapy provides therapeutic benefit against SIV." *JCI insight* (2018)²

Immune checkpoint blockade in HIV - preclinical

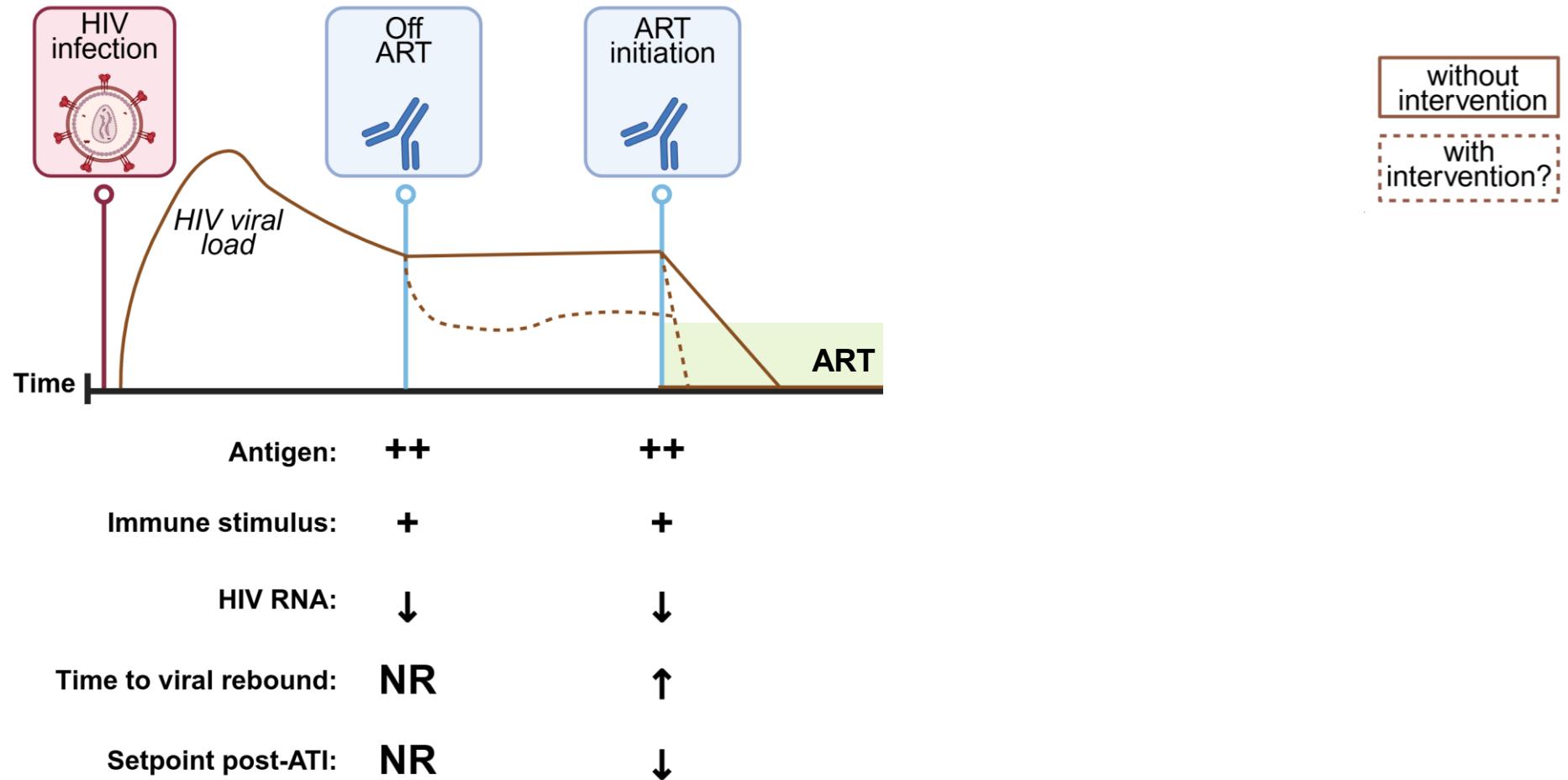
- ***In vivo* in pre-clinical models, PD-1 blockade can contribute to viral control and enhance HIV-specific T cell responses when administered during:**
 - Chronic infection¹
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- **When α PD-1 is given to ART-suppressed macaques, no impacts on reservoir or HIV-specific T cells are observed⁶**



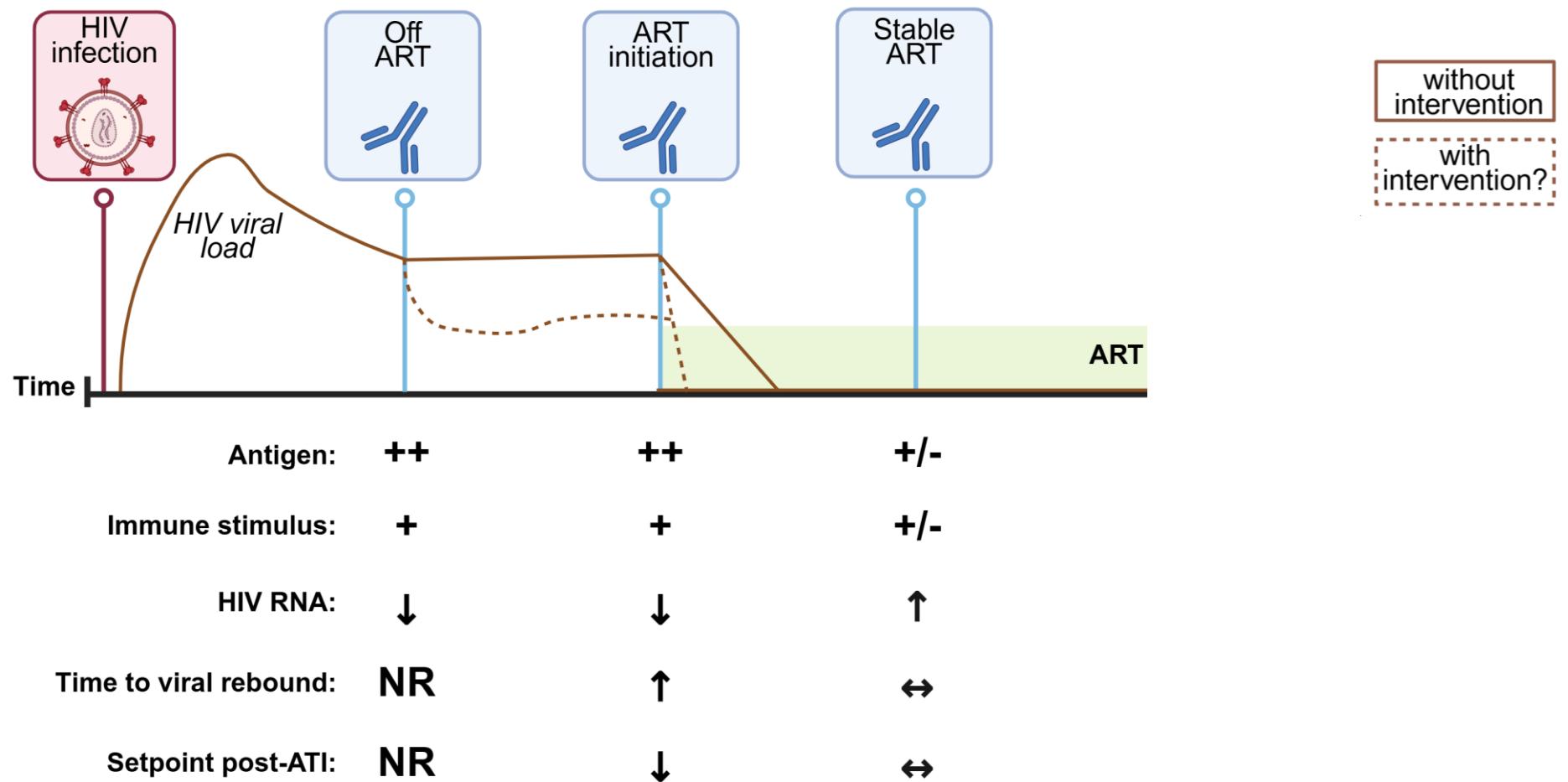
The timing of immune checkpoint blockade is crucial



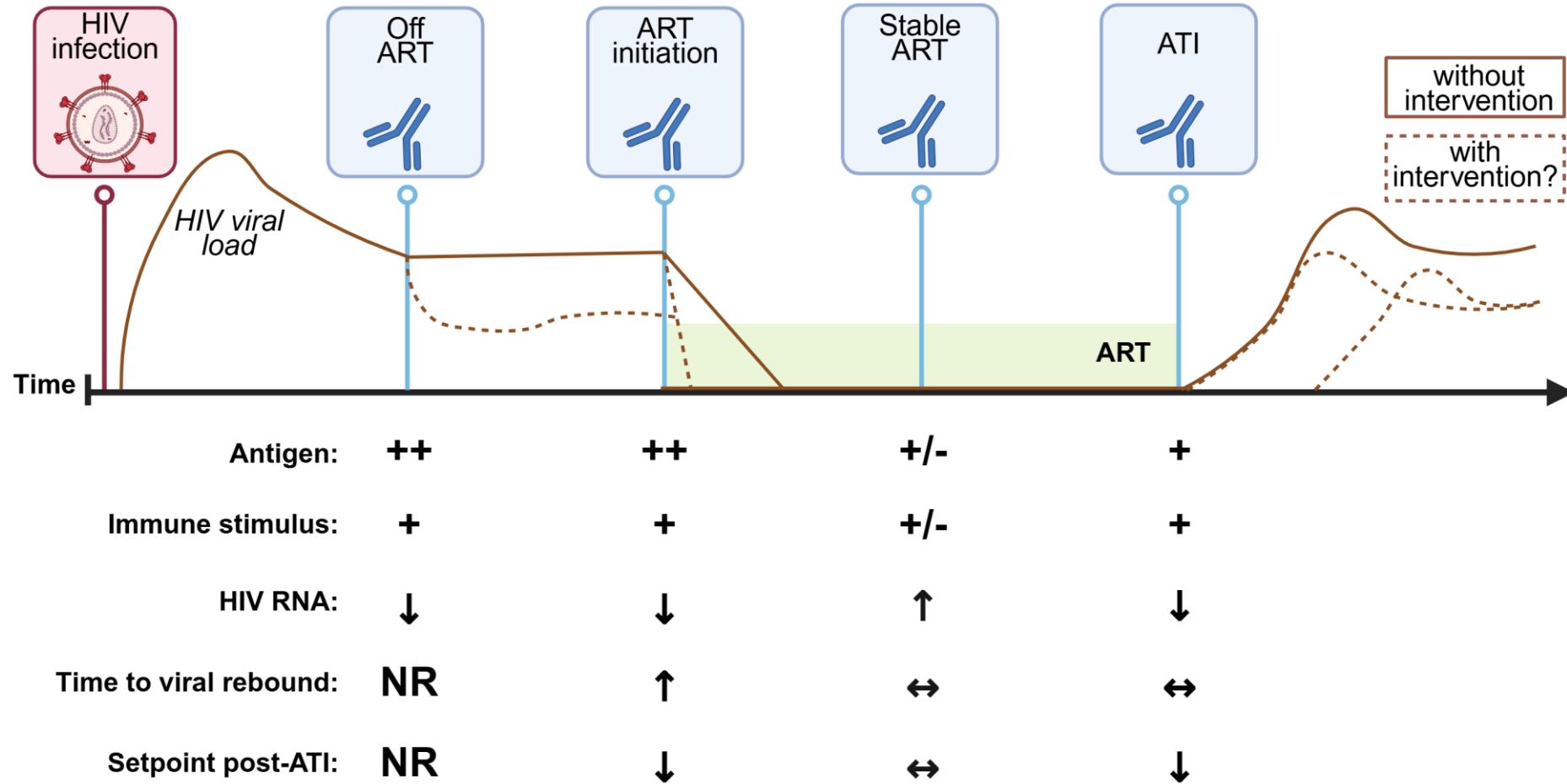
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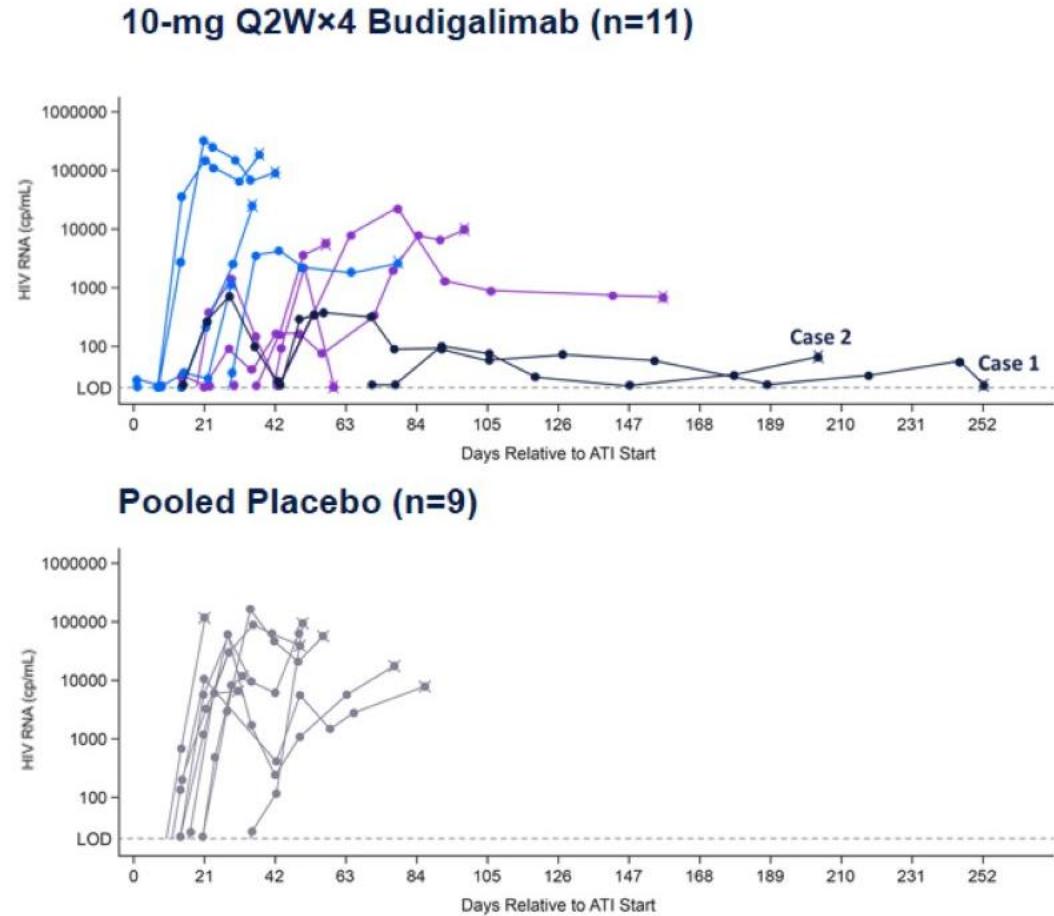
Immune checkpoint blockade in HIV – clinical studies

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- Delayed viral rebound in subset of participants receiving higher dose anti-PD-1 spanning ATI

Legend

- Case 1 and 2
- With delayed viral rebound or off-ART viral control^a
- Without delayed viral rebound or off-ART viral control^a
- Placebo
- Last observed data point before ART restart



Immune checkpoint blockade in HIV – clinical studies

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→ **Outcomes are promising, but often variable**

Mechanisms behind variable efficacy of immune checkpoint blockade

- In cancer, variable efficacy is associated with tumour mutational burden, tumour microenvironment and PD-L1 (PD-1 ligand) expression
- In HIV, the presence (or absence) of HIV antigen is likely important

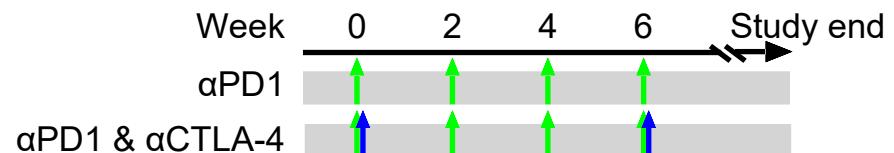
➤ **The predictors of therapeutic efficacy of checkpoint blockade in PWH remains unknown**

**By characterising immune cell functionality in PWH,
we aim to identify factors predictive of responsiveness
to immune checkpoint blockade**

Clinical trials

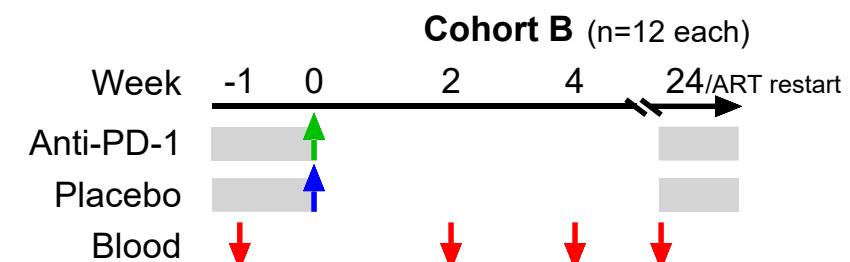
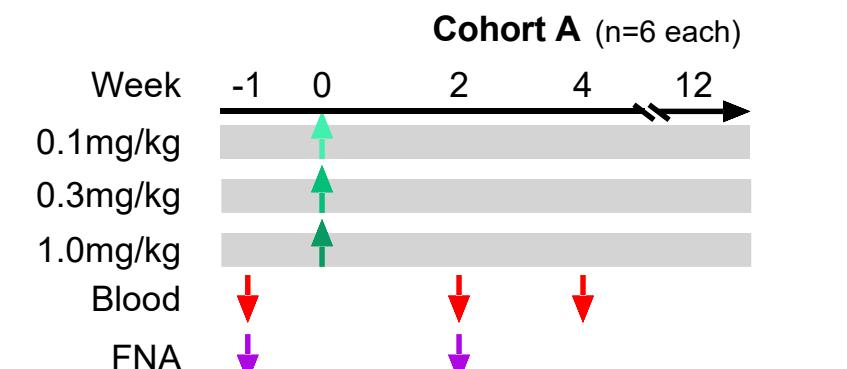
AMCo95

- People with cancer with HIV receiving anti-PD-1 or anti-PD-1 & anti-CTLA-4 for cancer therapy

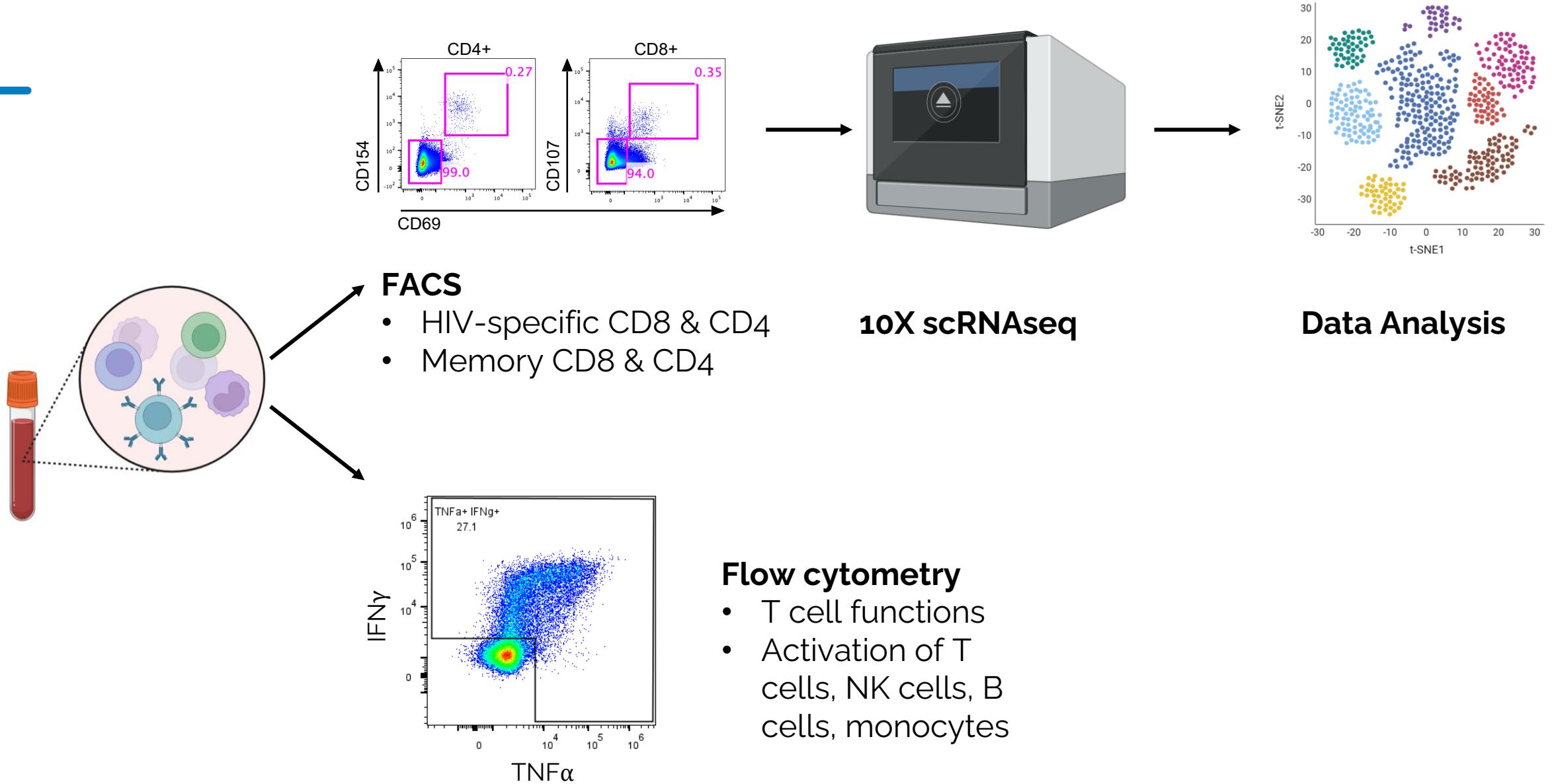


NIVO-LD

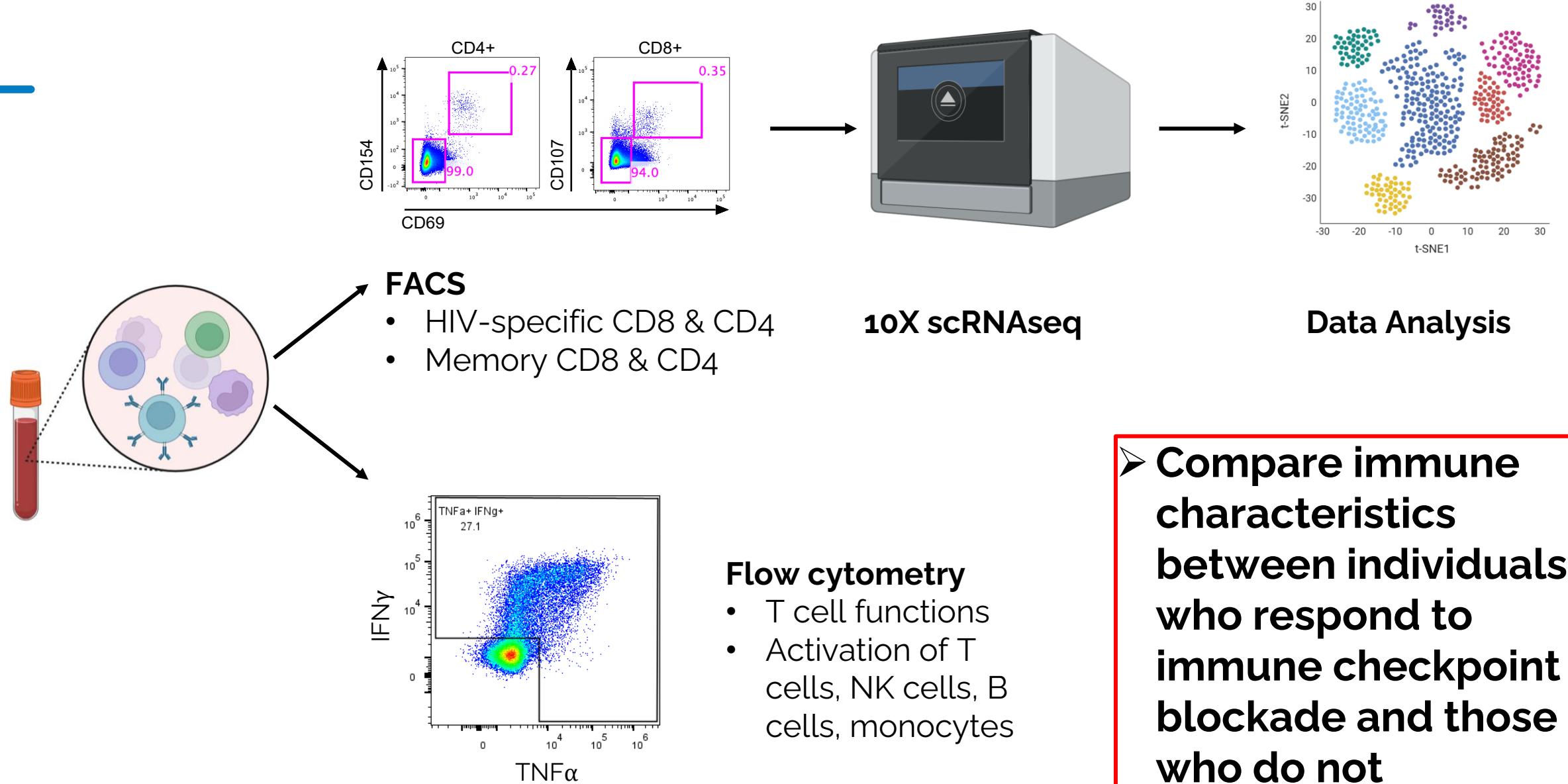
- Low-dose anti-PD-1 in people with HIV who are otherwise healthy
- Includes an ATI
- Includes lymph-node sampling



Planned analyses



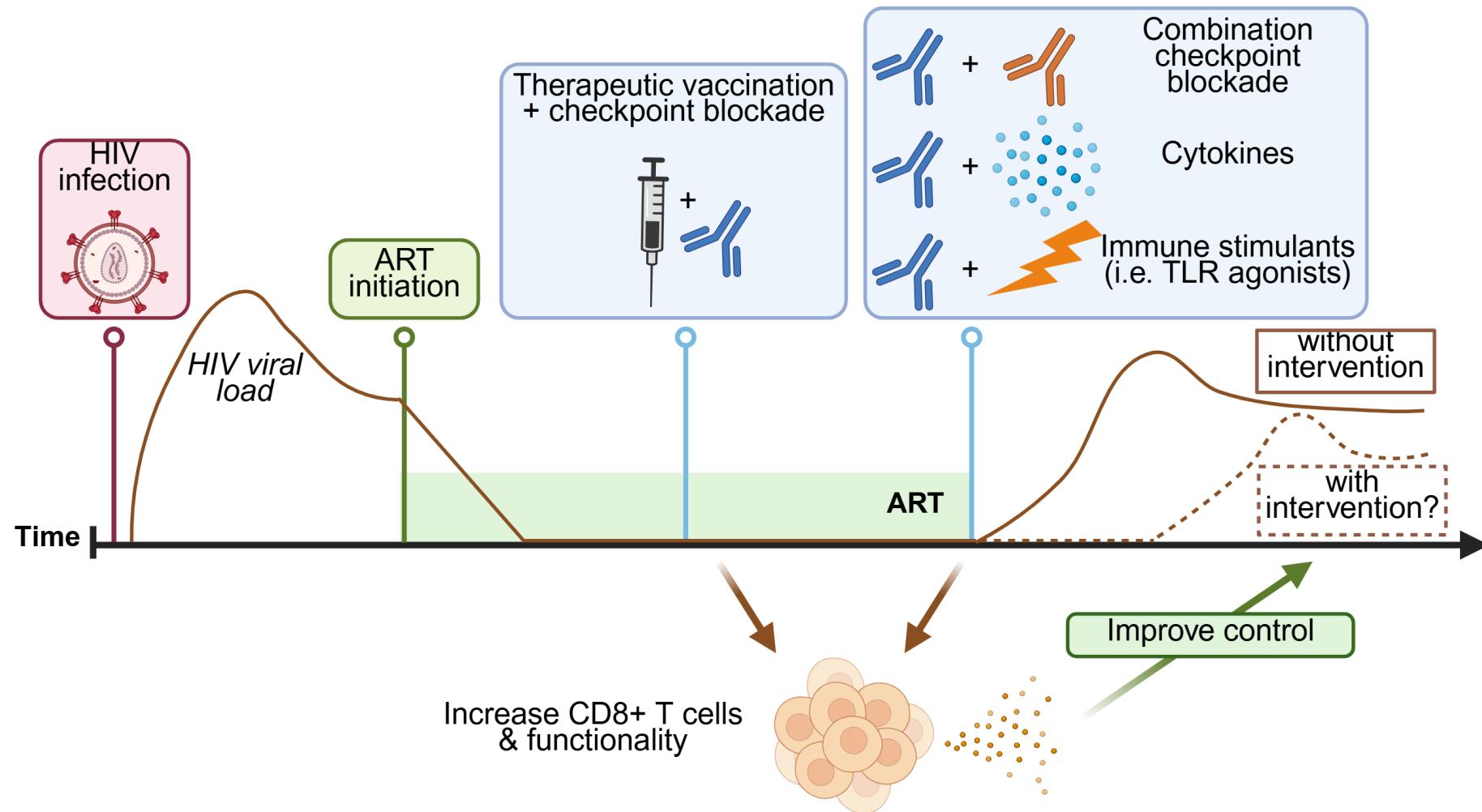
Planned analyses



Conclusions

- **Responsiveness to immune checkpoint blockade in people with HIV is variable**
- **Gaining an understanding of the mechanisms behind this variability will be crucial to:**
 - Identify individuals who can most benefit from immune checkpoint blockade
 - Design more broadly efficacious cure strategies
- **Clinically, immune checkpoint blockade will likely form a part of a combination therapy, along with interventions aiming to increase antigen visibility and reduce reservoir size**

Future directions for immune checkpoint blockade



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Study participants



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