

# An age–period–cohort–interaction analysis of meth/amphetamine-related deaths in Australia, 2001–2020

---

**OISIN STRONACH** <sup>1,2</sup> **PAUL DIETZE** <sup>1,2,3</sup> **MICHAEL LIVINGSTON** <sup>1,3</sup>  
**AND AMANDA ROXBURGH** <sup>1,2</sup>

1. Harm and Risk Reduction Program, Burnet Institute, Melbourne, Victoria, Australia

2. School of Public Health and Preventive Medicine, Monash University, Melbourne, Victoria, Australia

3. National Drug Research Institute, Curtin University, Perth, Western Australia, Australia

Disclosure of interest: None





I ACKNOWLEDGE THE TRADITIONAL CUSTODIANS OF  
THIS LAND, THE ABORIGINAL AND TORRES STRAIT  
ISLANDER PEOPLES OF THE FIRST NATIONS. I  
EXPRESS MY GRATITUDE TO THE NGUNNAWAL PEOPLE  
WHOSE LAND WE ARE ON TODAY, AND THE CUSTODIANS  
OF THE LANDS THAT MY WORK WAS COMPLETED ON.



# Background

**Australia:** One of the highest rates of meth/amphetamine dependence globally. <sup>1 2</sup>

**Use:** More people are using crystal meth/amphetamine due to rising purity at reduced cost and in more harmful usage patterns. <sup>4 5</sup>

Increases in meth/amphetamine-related **hospitalisations, treatment episodes** and **deaths**. <sup>6 7 8</sup>

Increases in the age of meth/amphetamine-related deaths. <sup>8</sup>

**International trend:** Increasing meth/amphetamine use and harms. <sup>9 10 11 12</sup>





Describe the age, period and cohort patterns of  
Australian meth/amphetamine-related  
mortality between 2001 and 2020.



## Age effects

Age effects are changes that happen as a person gets older.



## Period effects

Period effects are changes that affect everyone at the same time.

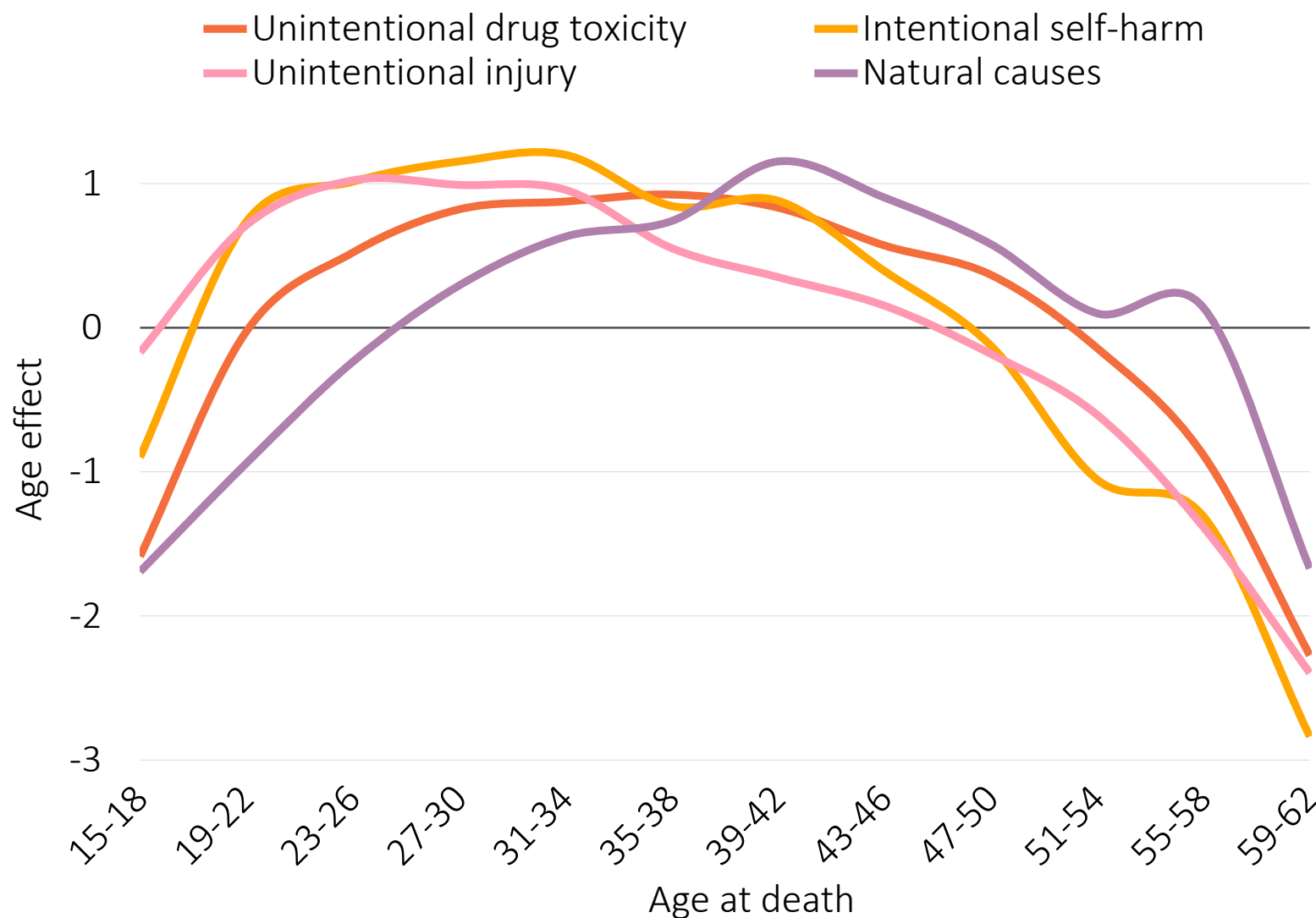


## Cohort effects

Cohort effects are the impacts of events or social changes that affect people differently based on when they were born.

**Data source:** All Australian deaths from the National Coronial Information System (NCIS) from 2001 to 2020 involving meth/amphetamine

# Age effects



## Unintentional drug toxicity

23 – 50 year olds had significantly higher rates.

## Intentional self-harm

19 – 46 year olds had significantly higher rates.

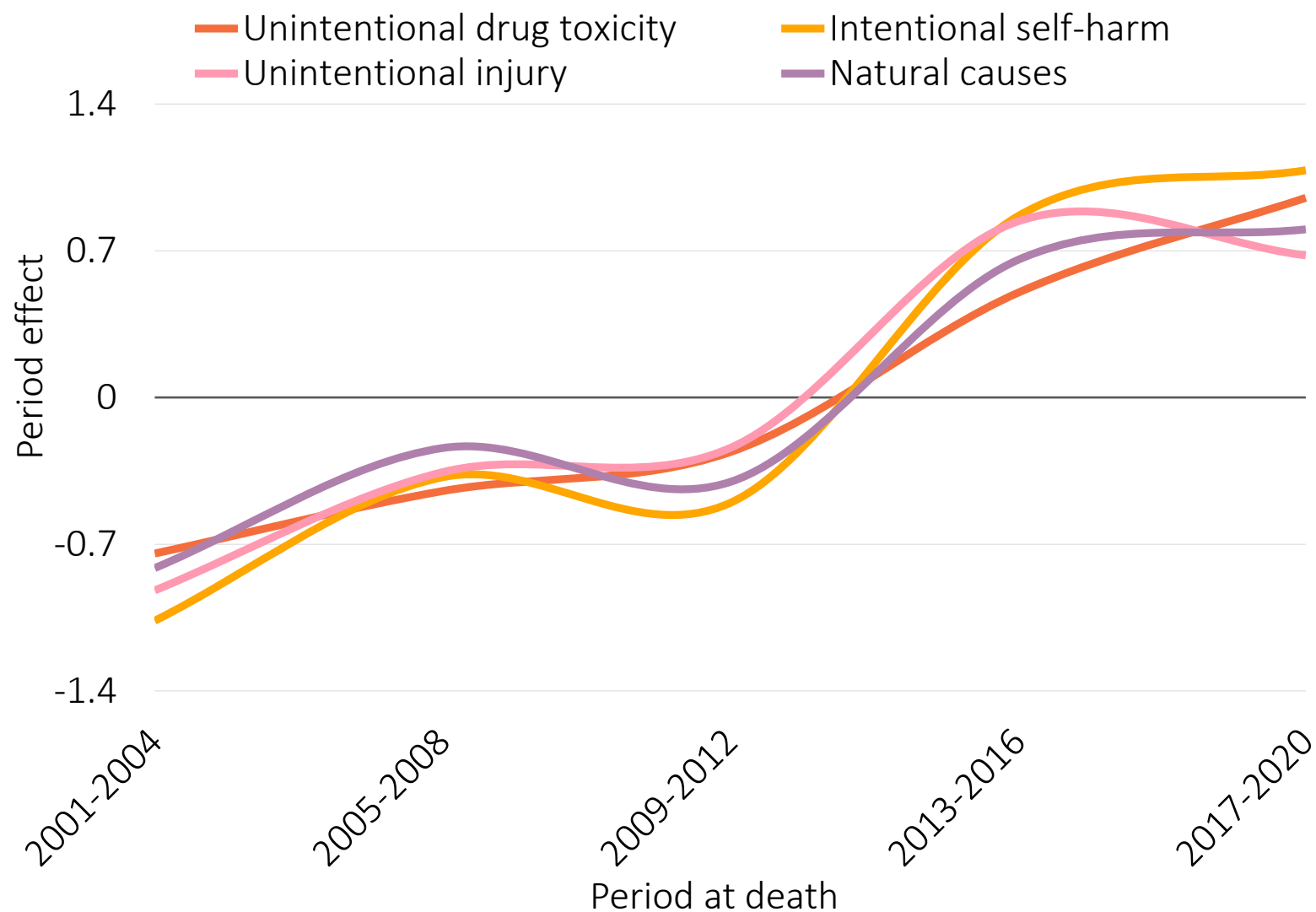
## Unintentional injury

Significant peak 23 – 26 year olds.

## Natural causes

Significant peak 39 – 42 year olds.

# Period effects

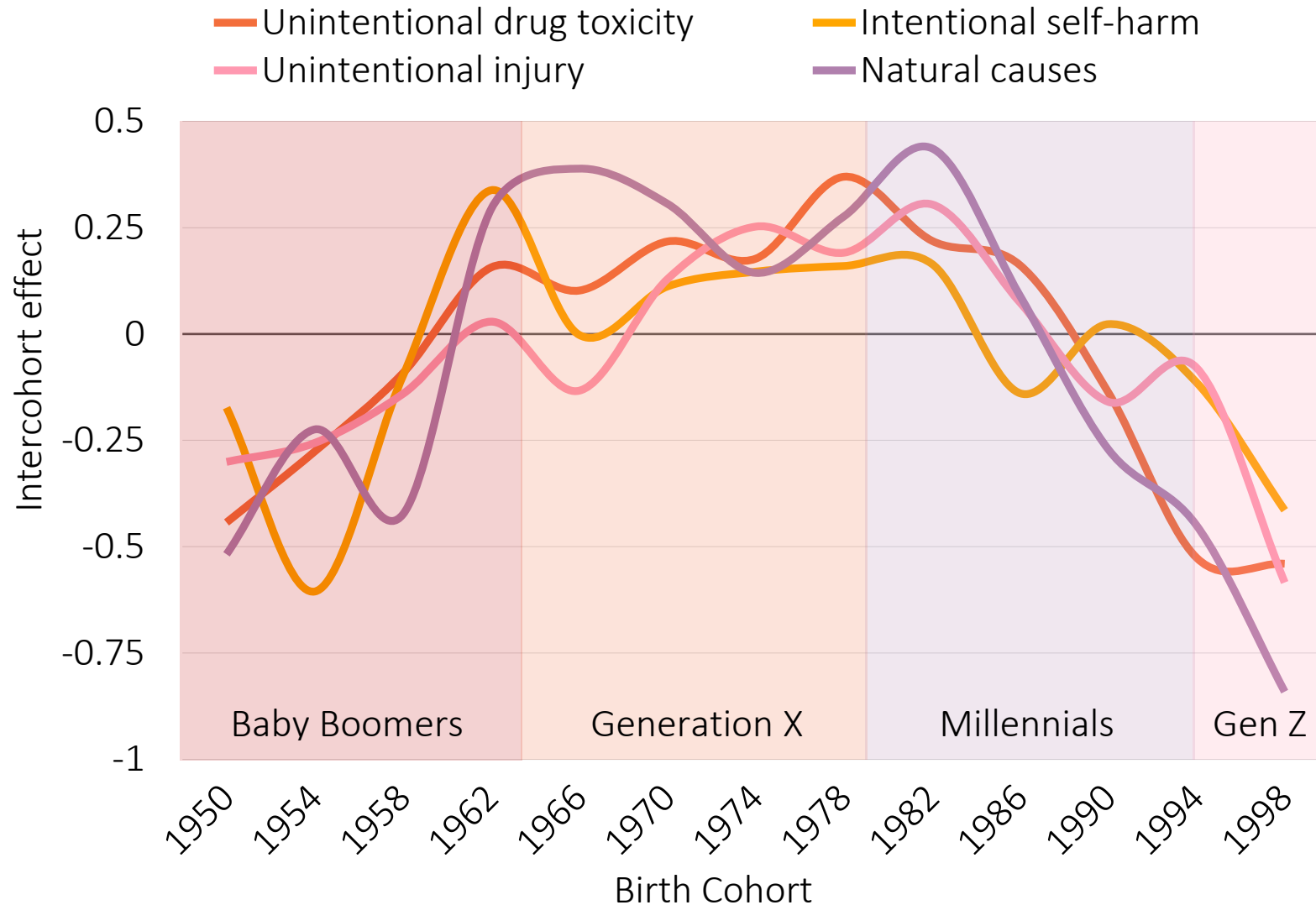


All causes of death show significantly higher mortality rates between 2013 and 2020.

Unintentional drug toxicity and natural cause deaths period effects peak in 2017 – 2020.

Intentional self-harm and unintentional injury deaths period effects peak in 2013 – 2016.

# Cohort effects



**Negative** cohort effects among the baby boomer cohorts.

**Positive** effects for Generation X.

**Declining** effects among Millennials and Generation Z cohorts.

Cohort deviations are **highest** among natural cause deaths.



## Discussion

**Age and Period:** There were variations in age effects between the causes of death, and positive period effects between 2013 – 2020 may be due to market changes and shifting consumer preferences impacting **all** causes of death. <sup>2 12</sup>

**Generation X high mortality risk:** High prevalence of amphetamine (speed) injecting initiation in the late 1990s/early 2000s may have **increased** Generation X's mortality risk with the shift to crystal methamphetamine in the 2010s. <sup>13</sup>

**Younger generations decreasing mortality risk:** May be part of a broader trend of **decreasing** risk behaviours among young people seen in Australia, combined with **increased** stigma towards meth/amphetamine. <sup>14</sup>

# References

1. Degenhardt, L., Sara, G., McKetin, R., Roxburgh, A., Dobbins, T., Farrell, M., Burns, L., & Hall, W. D. (2017). Crystalline methamphetamine use and methamphetamine-related harms in Australia. *Drug and Alcohol Review*, 36(2), 160-170.
2. Man, N., Sisson, S. A., McKetin, R., Chrzanowska, A., Bruno, R., Dietze, P. M., Price, O., Degenhardt, L., Gibbs, D., & Salom, C. (2022). Trends in methamphetamine use, markets and harms in Australia, 2003–2019. *Drug and Alcohol Review*, 44, 1041–1052.
3. Australian Criminal Intelligence Commission (ACIC). (2021). *Illicit Drug Data Report 2019–20*.
4. AIHW. (2020). *National Drug Strategy Household Survey 2019*. Australian Institute of Health and Welfare.
5. Scott, N., Caulkins, J. P., Ritter, A., Quinn, C., & Dietze, P. (2015). High-frequency drug purity and price series as tools for explaining drug trends and harms in Victoria, Australia. *Addiction*, 110(1), 120-128.
6. Australian Institute of Health Welfare (AIHW). (2023). *Alcohol and other drug treatment services in Australia annual report*.
7. Australian Institute of Health Welfare (AIHW). (2023). *Alcohol, tobacco & other drugs in Australia*.
8. Stronach, O., Dietze, P., Livingston, M., & Roxburgh, A. (2024). 20-year trends in Australian methamphetamine-related deaths, 2001–2020. *International Journal of Drug Policy*, 131: 104548.
9. Hedegaard, H., Miniño, A. M., Spencer, M. R., & Warner, M. (2021). *Drug overdose deaths in the United States, 1999–2020* (NCHS Data Brief, Issue 428). National Center for Health Statistics (U.S.).
10. Hoopsick, R. A., & Yockey, A. R. (2023). Methamphetamine-Related Mortality in the United States: Co-Involvement of Heroin and Fentanyl, 1999–2021. *American Journal of Public Health*, 113(4), 416-419.
11. Han, B., Compton, W. M., Jones, C. M., Einstein, E. B., & Volkow, N. D. (2021). Methamphetamine use, methamphetamine use disorder, and associated overdose deaths among US adults. *JAMA psychiatry*, 78(12), 1329-1342.
12. Harnett, J. T., Dargan, P. I., Dines, A. M., Archer, J. R., Greene, S. L., Hunter, L. J., & Wood, D. M. (2022). Increasing emergency department attendances in central London with methamphetamine toxicity and associated harms. *Emergency medicine journal*, 39(6), 463-466.
13. Horyniak D, Stoové M, Degenhardt L, Aitken C, Kerr T, Dietze P. How do drug market changes affect characteristics of injecting initiation and subsequent patterns of drug use? Findings from a cohort of regular heroin and methamphetamine injectors in Melbourne, Australia. *International Journal of Drug Policy* 2015; 26(1): 43-50.
14. Ball J, Gruzca R, Livingston M, ter Bogt T, Currie C, de Looze M. (2023) The great decline in adolescent risk behaviours: Unitary trend, separate trends, or cascade? *Social Science & Medicine*, 317: 115616.

# Acknowledgements

---

The National Coronial Information System

Victorian Department of Justice and Community Safety



# Thank you

---

OISIN STRONACH

Email: [oisin.stronach@monash.edu](mailto:oisin.stronach@monash.edu)



[burnet.edu.au](http://burnet.edu.au)