

Interprofessional Collaboration to Enhance
SRHR Education:
**Co-designing a Teaching Toolkit
for Nursing and Social Work
University Educators**

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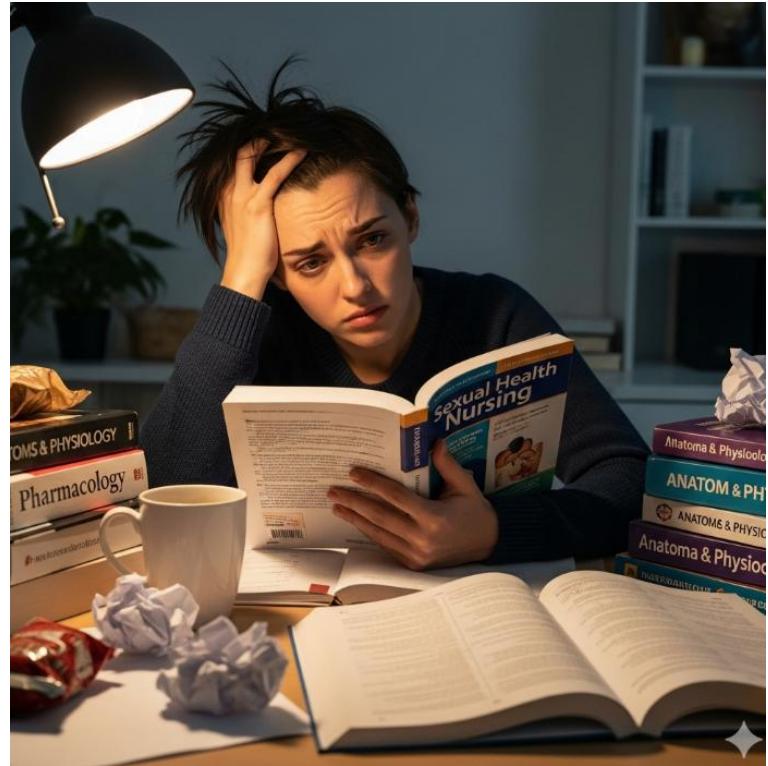
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“I have less than a year to become a registered nurse. **I do not feel prepared at all.** I'm actually kind of struggling...cause purely because **how under-educated we are about sexual health**, so like now that I think about it,

I do not know anything besides, without approaching it medically or pharmacologically.”

A final-year nursing student, Sydney



Social Work And Nursing – Sexual and Reproductive health and rights



- 2 cities: Sydney and Hong Kong
- 2 professions: Nursing and Social Work

Aims:

1. To **understand** the knowledge, attitudes and educational needs of NUR and SW students in relation to SRHR in both locations
2. To **co-develop** a SRHR teaching resource kit with educators, students, and frontline professionals of both professions



THE UNIVERSITY OF
SYDNEY



WESTERN SYDNEY
UNIVERSITY



SYDNEY
SEXUAL
HEALTH
CENTRE



Sydney
Local Health District
GOVERNMENT



香港中文大學
The Chinese University of Hong Kong



Department of
Social Work



HKU Med
LKS Faculty of Medicine
School of Nursing
香港大學護理學院



香港都會大學
護理及復康學院
Hong Kong Metropolitan University
School of Nursing and Health Sciences



性向無限計劃
Project Touch

Formative

- 9 x University academics
- 6 x Students
- 3 x Frontline professionals

- Expertise:
 - SRHR
 - Social justice
 - Gender studies
 - LGBTQ+ issues
 - Disability and sexualities
 - Domestic violence
 - Interprofessional education

Needs Assessment

- Online survey (Eng/ Chi) [N=254]
- Focus groups (Eng/ Chi) [N=40]
- NUR/SW students in 2 SYD and 3 HK universities
- Knowledge and attitudes towards SRHR issues
- Learning needs

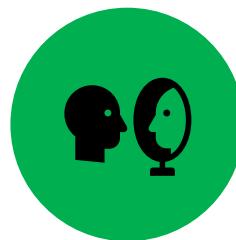
Co-design

- 1 co-analysis meeting
- 4 x 2 hours online co-design workshops
- Workshop 1 & 2: Components and format of the resource kit
- Workshop 3 & 4: Specific learning outcomes of each module

What did we find in the survey and focus groups?



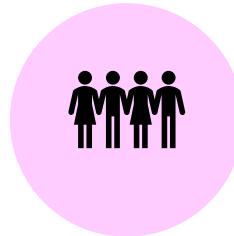
Students feel unprepared with limited SRHR knowledge.



SRHR issues are often encountered in placements.

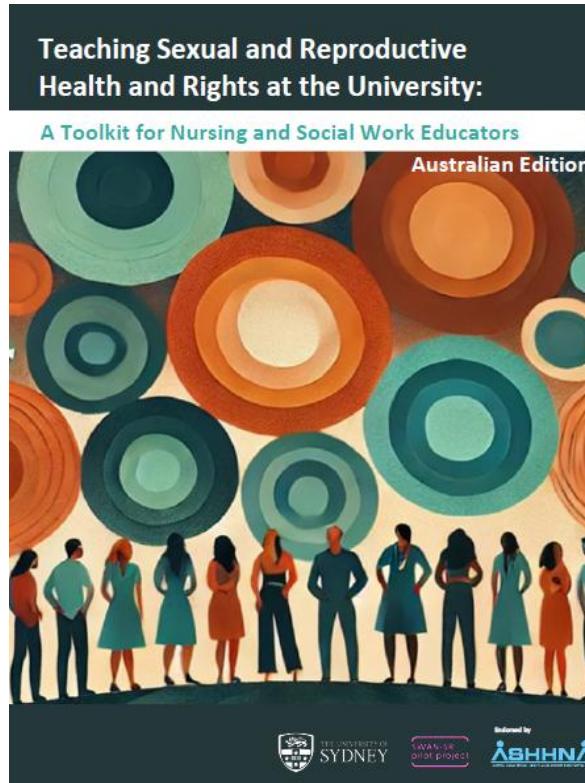


Lack of person-centred SRHR content and role models in curricula.



Sociocultural differences shape attitudes to SRHR.

The Toolkit



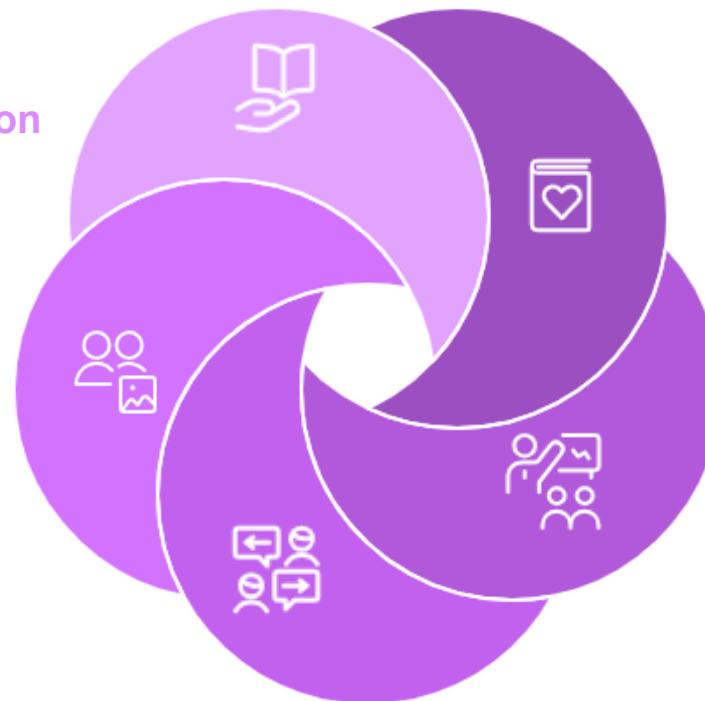
Scan to access the free toolkit

STIs and Family
Planning Information

Case Studies on
Inclusive and
Culturally
Responsive Care

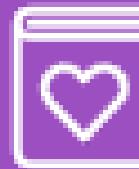
Integrating SRHR into Nursing
and Social Work Education

Promoting Safe, Supportive
and Inclusive Classrooms



Effective Communication in SRHR





1. Integrating SRHR into Nursing & Social Work Education

- Why SRHR is essential in nursing and social work.
- Definitions and overarching themes of SRHR.
- What students want to learn more about
- Challenges and opportunities to including SRHR in curricula.
- Practical examples for integrating SRHR into teaching.





2. Promoting Safe, Supportive, and Inclusive Classrooms

- Key aspects of teaching SRHR (integration, inclusivity, stigma reduction).
- Understanding intersectionality in SRHR education.
- Sex-positive approaches and normalising conversations.
- Trauma-informed pedagogy for sensitive topics
- The *Circles of Sexuality* framework.
- Inclusive interprofessional discussions and activities.





3. Effective Communication in SRHR

- How to handle different opinions in the classroom.
- Communication skills for professional SRHR discussions.
- The *EX-PLISSIT model*
- Managing mistakes and turning them into learning opportunities.
- Protecting from inappropriate comments/behaviours in professional settings.
- Speaking assertively and setting boundaries.



4. Case Studies on Inclusive and Culturally Responsive Care

- Four case studies with pre-readings, guiding questions and teaching points
 - ❖ SRHR in aged care for residents with dementia.
 - ❖ Inclusive language and LGBTIQ+ people in healthcare.
 - ❖ Addressing domestic violence in acute settings.
 - ❖ Supporting SRHR for young Indigenous people in rural Australia.





5. STIs and Family Planning Information

- Overview of common STIs and family planning/contraception methods.
- Role of nurses and social workers in promoting SRHR in both clinical and community contexts.
- Emphasis on moving beyond risk-focused approaches, reducing stigma, and fostering inclusive, equitable care.



Key takeaways

- SRHR education in nursing and social work is often inadequate and poorly framed.
- The SWAN-SR pilot identified student needs and co-developed a teaching toolkit.
- The toolkit is freely available to help strengthen SRHR education in these professions.



Thank you! Any questions?

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Scan to connect with me
and access the toolkit