

O

# Transforming IVSC health care in Aotearoa

**MANI B MITCHELL**

# Transforming IVSC health care in Aotearoa



**Born 1953**  
Identified '**hermaphrodite**'  
named **Bruce**  
Impacted by the **traumatic**  
John Money – 'model of  
Care'.

# Transforming IVSC health care in Aotearoa



Initial training was as a Teacher/Educator  
Did much of my teaching  
In remote rural schools.

# Transforming IVSC health care in Aotearoa



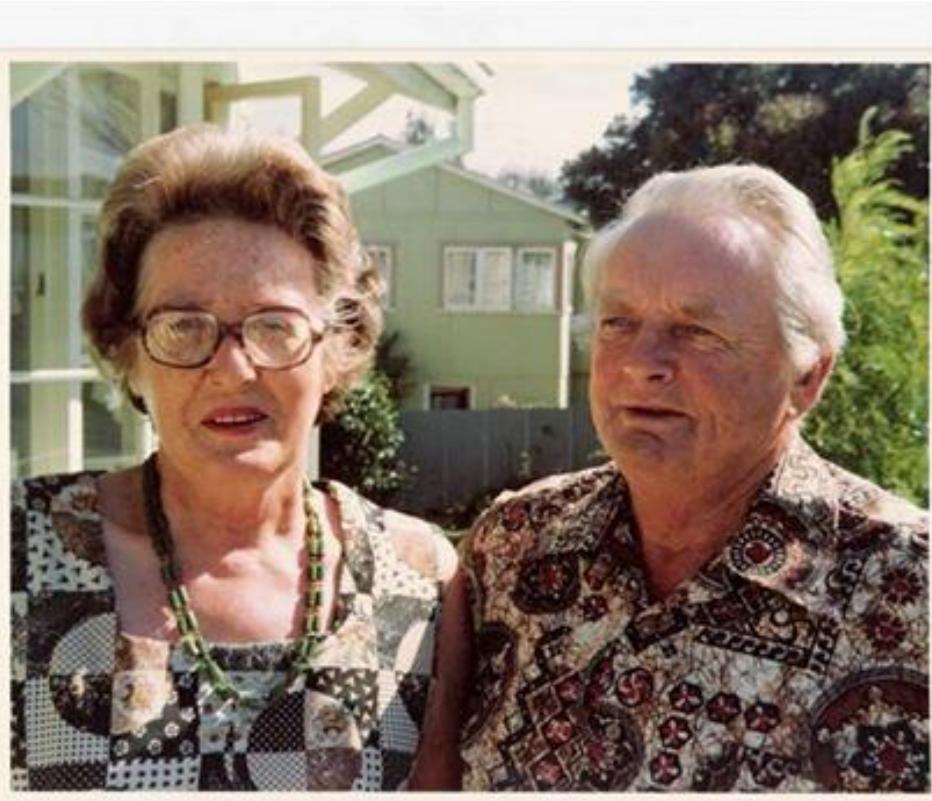
I moved into Local Government as an **educator/trainer**  
Was identified as some one with 'potential' and was given access to tertiary level **Media and Management** training

# Transforming IVSC health care in Aotearoa



Turn 40 - 'trauma **storm** unravels' in my life - Leave work - do 2 year's intense personal therapy. Own my '**intersex**' status/story – build a tool box to hold, be with, manage my own trauma. Retrain as a **mental health** professional -1996 – start **ITANZ** (Intersex Trust Aotearoa NZ)

# Transforming IVSC health care in Aotearoa



I can't change the past – I can learn from it – I can be part of changing the future..

# Transforming IVSC health care in Aotearoa



- We started as **systems change** organisation
- Working with Parents, Community, **multiple** Stakeholder Organisations, Government, including NZ Human Rights Commission.
- My first trust board member was a **doctor**.
- I always knew that to create change it would need to be **collaborative – intersectional**.
- Focused on the **future**, forward looking.
- Focused on the **health and well being** of intersex persons and their whanau/family.

# Transforming IVSC health care in Aotearoa



**Dr Jeanie Douche** – Department Head, Midwifery Massey University – Designed and ran a program for training midwives – how to respond **positively** to the birth of a child with innate variations of sex characteristics (intersex) 25 years ago!! Would now include the expanded role of parent **support**

# Transforming IVSC health care in Aotearoa



Dr Gill Greer, **Sexual Health E.D.**

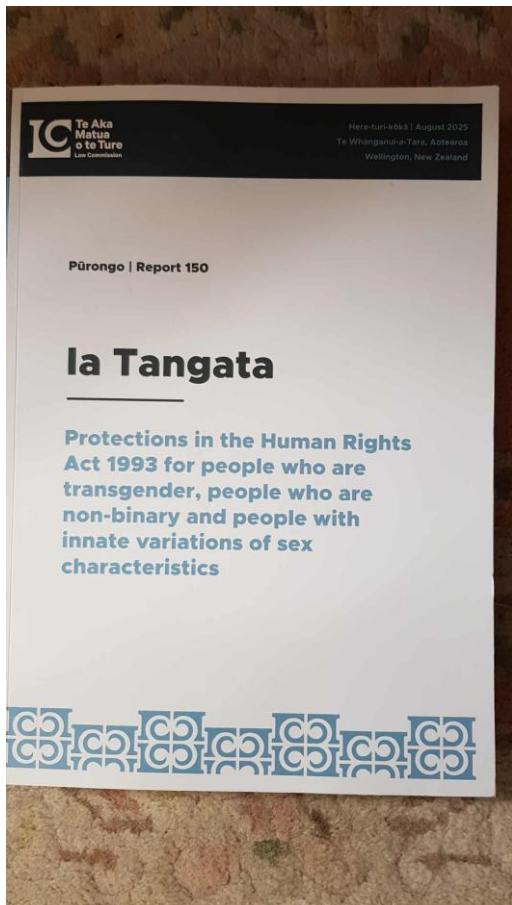
Awareness and support for ALL very early on we included education and awareness in training programs. I have come to the realisation of the specific (**trauma informed**) and complex sexual health needs of IVSC teens. (Work in progress)

# Transforming IVSC health care in Aotearoa



- **Partnerships** – multiple, cumulative
- Working with **respect, dignity, mana enhancing**
- All of life – focus on **optimal health**
- **Empowering** parents/whanau, to be their child's advocate – voice, cheer leader.
- **Bodily autonomy** – patient rights
- Anchored in **Te Ao Māori Principles**
- **Preserving choice, trauma informed.**
- Acknowledging **culture, spirituality and diversity.**

# Transforming IVSC health care in Aotearoa



- **Otago Medical school** last decade part time tutor 4<sup>th</sup> and 5<sup>th</sup> year medical students.
  - Research assistant **Victoria University** – older IVSC persons.
  - A member of the advisory group, for **NZ Law Commission: Ia Tangata** report on human rights protections for IVSC persons.
  - Teaching N.Z. **physiotherapy** programs.