## Consumer Perspectives on their Cognitive Functioning





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## Cognitive Impairment at SESLHD Drug and Alcohol Services





#### Study 1: MoCA

53% consistent with cognitive impairment

### Study 2: 50+ years old, ACE-R

- 41% consistent with dementia
- 65% consistent with mild cognitive impairment

# What are our consumer's perspectives?

I Have Trouble...

### **Remembering Information**

- Not at all A little
- Somewhat Quite a bit
- Very much





N= 40 from Ambulatory Care and OTP at SESLHD D&A Services

### **Thinking Clearly**

- Not at all A little
- Somewhat Quite a bit
- Very much





## Where to From Here...

### Pilot Cognitive Remediation Intervention 2018



Memory



**Executive Functioning** 

