

Prevalence of xylazine-associated wounds among people who inject drugs in Baltimore, Maryland



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BACKGROUND

- Xylazine, a veterinary sedative, is increasingly prevalent in illicit drug markets in the Northeastern United States.
- Use of xylazine has been linked to wounds and severe necrotic skin ulcerations, but epidemiologic data is limited.

 To estimate the prevalence of xylazineassociated wounds and characterize their occurrence among people who inject drugs (PWID) in Baltimore, Maryland.

RESULTS

Table 1. Sample Characteristics (N=300)

	Yes	No	X ²	
	Wound	Wound	p-value	
N	114	186		
Race/ethnicity			<0.001*	
Non-Hispanic White	59%	24%		
Non-Hispanic Black	32%	69%		
Hispanic/Other	10%	5%		
Age			0.011*	
18-29	5%	4%		
30-39	32%	21%		
40-49	32%	25%		
50+	31%	50%		
Gender identity			0.999	
Woman	32%	31%		
Man	68%	67%		
Highest education level			0.021*	
No high school diploma	28%	30%		
High school or GED	37%	49%		
Higher education	33%	20%		
Homeless in the past 12 months	75%	50%	<0.001*	
Currently homeless	61%	39%	0.518	
In the past 12 months				
Used a drug they knew for	44%	26%	0.002*	
sure was xylazine	44 /0	20 /0	0.002	
Experienced noticeable				
changes or damage in their	46%	39%	0.217	
nose or nasal passages				
Had a skin or soft tissue	76%	18%	<0.001*	
infection	10/0	10/0	\0.00 I	
Used fentanyl	69%	57%	0.040*	
Used heroin	72%	83%	0.026*	
Used cocaine	77%	76%	0.866	
Column percentages may not add up to 100% due to No. Missing				

Column percentages may not add up to 100% due to No, Missing, Don't Know, and Refused responses. Chi-square tests compared the proportion of Yes and No responses.

experienced a wound, of whom

70% perceived wound to be related to xylazine

METHODS

- Design: Rapid assessment among PWID
- Sample: 300 PWID recruited using respondent driven sampling
- Data collection: May June 2024
- Setting: Baltimore, Maryland
- Study instruments:
 - Interviewer-administered surveys assessed xylazine and other drug use, socio-demographic, behavioral, health and service utilization characteristics.
 - Participants reported wounds based on similarity to clinical description and images, and described timing, severity, and their perceived likelihood of association with xylazine.
- Analysis: Descriptive statistics.

Among those who ever experienced a wound like the description or image provided (N=114)...

reported more than one wound in the past 12 months 56% reported wound within the last month

Among those who perceived their wounds were related to xylazine (N=80)...

68% had ever sought any care for wound 65% had ever delayed getting care for wound that did not go away on its own 41% described most recent wound as small blister or bump 23% as a small ulcer or lesion 14% as a deep ulcer or with necrotic eschar

61% reported wound at injection site

Among those who used a drug in the past 12 months they knew for sure was xylazine (N=98)...

23%	used xylazine by itself	at least a few times a week
65%	used fentanyl with xylazine	at least a few times a week
23%	used benzos with xylazine	at least a few times a week
43%	used other drugs with xylazine	at least a few times a week

CONCLUSIONS

- Wound prevalence and nasal damage among PWID is substantial.
- Xylazine harm reduction and wound care should encompass a range of wound severity, including care for nasal damage.
- Population prevalence estimates that account for respondent driven sampling may differ from unweighted sample prevalence.
- Further analyses to examine factors associated with wounds and nasal damage will help inform prevention and healthcare needs.



^{*}p-value < 0.05