



LARCs-

Why are they so important?

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The facts

- Contraception is now readily available to all Australians- GPs, Family Planning and Sexual Health clinics, Public Hospital Clinics, Gynaecologists
- Most modern contraceptives have a theoretical effectiveness of 99%+

Contraceptive Menu

In Red- 99% “effective”

Hormonal

- Combined hormonal
 - COC
 - Ring
- Progestogen only
 - POP
 - Injectable
 - Implant
 - IUS

Non-hormonal

- Natural Family Planning
- Withdrawal
- Barriers
 - Condoms
 - Diaphragms
- Copper IUDs
- Sterilisation

Pregnancies in Australia

- About 400,000 conceptions in Australia/year
- 1 in 4 (approx 100,000) end in termination
- Of the 300,000 births (it is estimated) 1 in 3 are not at an optimum time for the couple

Why, when we have contraceptives which are

- Effective,
- Available
- Affordable

Contraceptive failure

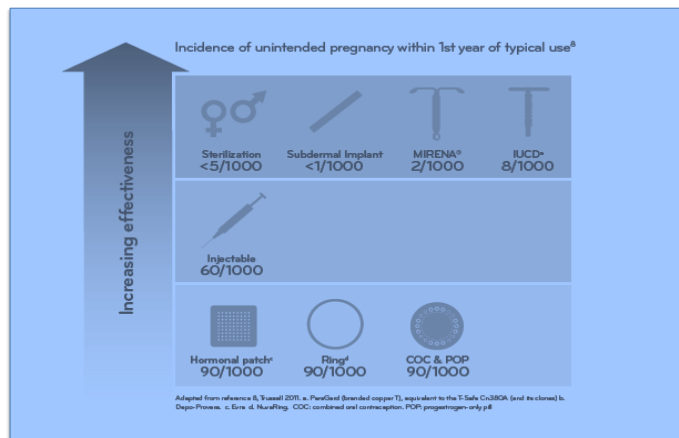
Contraceptive Failure

Contraceptive failure =

Method failure + User failure

= <1% + ???????

LARCs offer the highest levels of efficacy



1. Trussell J. Contraception 2011;83(5):397-404

LARCs

- Subdermal implants
- IUD and IUS
- Injectables

Once inserted/ injected -No user involvement

MINIMISE UNINTENDED PREGNANCY

Thank you MSD

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