



KARRALIKA

programs to help you choose a better life

Justice Services Counselling

A Reflection on Practice

All authors declare that they have no conflicts of interest.

ACKNOWLEDGEMENT OF COUNTRY

Karralika Programs acknowledges the Ngunnawal people as traditional custodians of the beautiful lands on which we meet today and thank them for their custodianship, and pay our respect to Elders past, present and emerging.

We recognise any other people or families with connection to the lands of the region.

We acknowledge and respect the continuing culture and the contribution they make to the life of this region.

Karralika Programs also acknowledges people who have lived experience of recovery, and their family, carers and loved ones.



JUSTICE SERVICES COUNSELLING

- ▶ **Providing** - high quality AOD counselling for clients involved with ACT Corrective services since 2017.
- ▶ **Reducing barriers** - such as access, wait times and disjointed treatment.
- ▶ **Easy of Access** – outreach to multiple sites, phone and out of hours appts.
- ▶ **Wait times** – use of efficient systems and calendar management.
- ▶ **Collaboration** – easy referral process, long term relationships, Karralika treatment options.
- ▶ **Person Centered** –individualised treatment, plans, goal, outcomes.

JUSTICE SERVICES COUNSELLING



ACTCS

- Easy referral
- Outreach
- Collaboration

Wider Community

- Referrals
- AOD services
- Mental health

CLIENT

- ✓ Reduce Barriers
- ✓ Access Treatment
- ✓ Reduce Waiting
- ✓ Collaboration
- ✓ Treatment Plans

Karralika Programs

Treatment options:

- NRW
- Matrix
- Resi Rehab

Solaris

- Attend program
- Post release support

JUSTICE SERVICES COUNSELLING

Use of the Australian Treatment Outcomes Measure has demonstrated:

- ▶ Maintenance of abstinence
- ▶ Reductions in AOD usage
- ▶ Harm minimisation – reduced IV use
- ▶ Low number of arrests
- ▶ Reduction in violence
- ▶ Benefits in physical and mental health and positive hope for the future.