

2025 Perinatal Substance Exposure Workshop

**Creating Connections:
Supporting families with
perinatal substance use**



**Creating Connections:
Supporting families with perinatal substance use**



2025 Workshop Committee

Convenors: Alys Havard, Katrina Prior

Committee: Claudia Bull, Joanna Chu, Emma Devine, Elizabeth Elliott, Sophie Harrington, Tania Henderson, Delyse Hutchinson, Kelly McNamara, Natasha Reid, Holly Wilson

APSAD team: Liz Baxter, Kate Hazewinkel, Suzie Hudson

Celebrate!

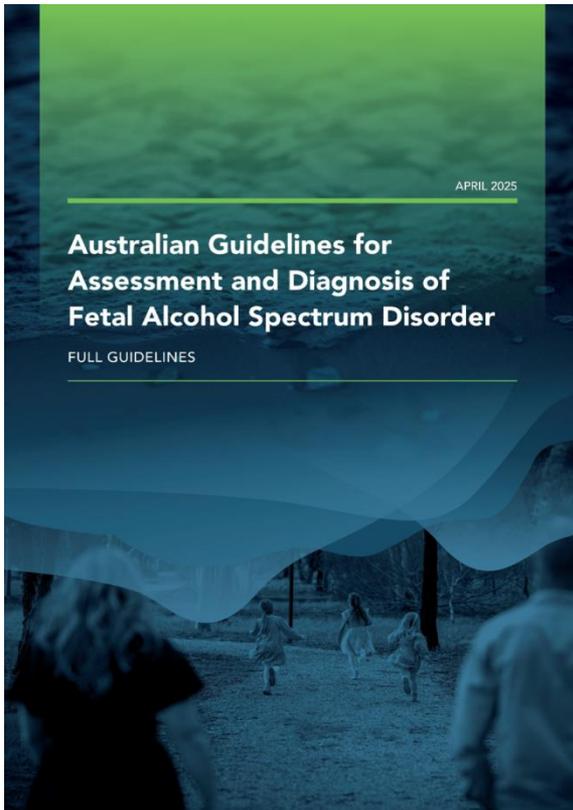


Celebrate!

5
years



2025 FASD Assessment and Diagnosis Guidelines



FASD Guidelines



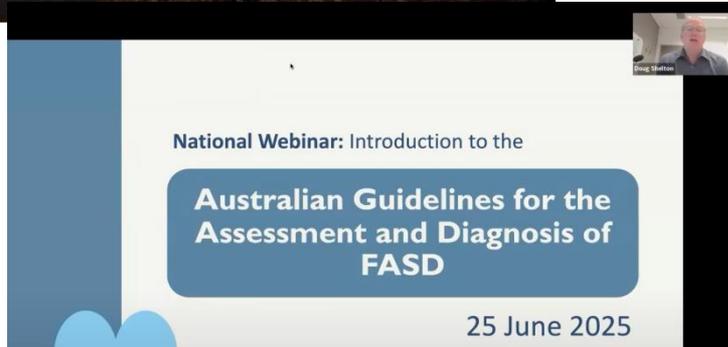
2025 FASD Assessment and Diagnosis Guidelines

Meet Kit Koala - Australia's FASD mascot



<https://child-health-research.centre.uq.edu.au>

Training & Resources



2025 FASD Assessment and Diagnosis Guidelines



Full Version of the Guidelines
View Full Guidelines →

Brief Version of the Guidelines
View Abridged Version →



<https://fasdhub.org.au/fasd-information/australian-guidelines-for-assessment-and-diagnosis-of-fasd/>



Perinatal Substance Exposure Preconference Workshop

Creating Connections: Supporting families with perinatal substance use



8.30am – 3.00pm | Sunday 9 November 2025

Time	Session	Session Chair
8.30am – 8.50am	Arrival tea and coffee	
9.00am - 9:15am	Acknowledgement of Country Welcome and workshop overview	Delyse Hutchinson
9.15am - 10am	KEYNOTE: Working with Families who experience perinatal substance use: Reflections on clinical and cultural practice <i>Andi Crawford, Consultant Clinical Psychologist Te Whatu Ora - Health New Zealand</i>	Alys Havard & Katrina Prior
10am - 10.30am	Morning Tea	
10.30am – 11am	Waminda - Birthing on Country service / Yarning about Alcohol in pregnancy / new rehabilitation service Exploring self-determination, cultural healing, and integrated care models for Aboriginal women and families. Reflections on blending cultural practice with western medicine, and what can be learned for all women's care. <i>Tanya Williamson, Family support worker, Waminda and Fiona Reid, Senior Clinical Midwife, Waminda</i>	Elizabeth Elliott
11am – 11.10am	Get Connected – Stay Connected – Grow Stronger: A Layered Approach to Building Support <i>Tania Henderson, Whānau Therapist</i>	
11.10am – 11.30am	Inpatient AOD mother–baby treatment centres and community supports <i>Carolyn Day, Associate Dean (Research Education) Faculty of Medicine and Health Addiction Medicine, Central Clinical School, University of Sydney</i>	
11.30am – 12pm	PANEL: Holistic and culturally informed care Panellists: Andi Crawford, Tanya Williamson, Fiona Reid, Tania Henderson, Carolyn Day Facilitator: Sophie Harrington, <i>Chief Executive Officer, NOFASD Australia</i>	Sophie Harrington
12pm – 1pm	Lunch – including posters	



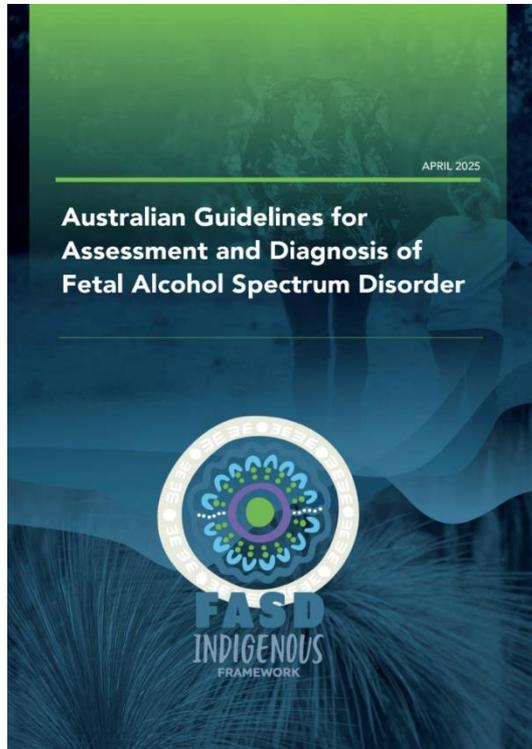
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1pm - 2:20pm	<p>Fast Data Talks: Supporting families through their perinatal journey – from preconception to postpartum</p> <ol style="list-style-type: none"> 1. Data and documentation issues (incl. learnings from QLD Perinatal Data Collection), plus national perspective Claudia Bull, <i>Research Fellow, Queensland Centre for Mental Health Research</i> 2. Polysubstance use prevalence; how to assess; lack of standardised tools nationally Carlos Nunez Miranda, <i>Research Fellow, Sydney Medical School, Children's Hospital at Westmead</i> 3. Systematic review on preconception paternal alcohol use and offspring development Delyse Hutchinson, <i>Clinical Psychologist and NHMRC Leadership Fellow, Deakin University</i> 4. Postpartum contraception and the impact of future unplanned pregnancy Kelly McNamara, <i>Interim Clinical Dean and Senior Lecturer in O&G, Central Coast Clinical School</i> 5. NZ perspective Holly Wilson, <i>Doctoral Candidate, Faculty of Medical and Health Sciences, Pharmacy, Aotearoa New Zealand</i> 6. Fostering resilience against adversity among pregnant women in Australian prison contexts Sobi Kim, <i>PhD student and Nurse Practitioner for Justice Health</i> 7. More Than the Sum of Services: Insights from people who inject drugs on accessing perinatal and Hepatitis C services Danielle Russell, <i>Postdoctoral Fellow, Kirby Institute, UNSW</i> 	Katrina Prior
2:20pm - 2:45pm	<p>Emerging opportunities to support families in the perinatal period</p> <ol style="list-style-type: none"> 1. Network creation in the niche area of reproductive exposures (how to find your friends!) Penelope Fotheringham, <i>Obstetrician/Gynaecologist and Public Health Physician</i> 2. CRE in FAS Elizabeth Elliott, <i>Distinguished Professor, Child and Adolescent Health, Faculty of Medicine and Health, University of Sydney, Consultant Paediatrician Sydney Children's Hospital Network</i> 3. PSANZ SIG and workshop Kelly McNamara, <i>Obstetrics and gynaecology registrar and PhD Candidate</i> 	Alys Havard
2:45pm – 3pm	Reflections on the day	Delyse Hutchinson
3pm	Tea + biscuits outside room	

Creating Connections: Supporting families with perinatal substance use



New baby



Parents



Community



Aboriginal and Torres Strait Islander Workforce



Clinical Services and Specialists



Holistic and culturally informed care



KEYNOTE

Working with Families who experience perinatal substance use: Reflections on clinical & cultural practice

Andi Crawford

*Consultant Clinical Psychologist Te Whatu
Ora - Health New Zealand*

Waminda - Birthing on Country service / Yarning about Alcohol in pregnancy / new rehabilitation service

Exploring self-determination, cultural healing, and integrated care models for Aboriginal women and families. Reflections on blending cultural practice with western medicine, and what can be learned for all women's care.

Tanya Williamson, *Family support worker,*
Waminda

Fiona Reid, *Senior Clinical Midwife,*
Waminda



Inpatient AOD mother–baby treatment centres and community supports

Carolyn Day

Associate Dean (Research Education) Faculty of Medicine and Health Addiction Medicine, Central Clinical School, University of Sydney

PANEL

Holistic and culturally informed care

Facilitator: Sophie Harrington, *Chief Executive Officer, NOFASD Australia*

Panellists: Andi Crawford, Tanya Williamson, Fiona Reid, Carolyn Day

Fast Data Talks: Supporting families through their perinatal journey – from preconception to postpartum

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2. **Polysubstance use prevalence; how to assess; lack of standardised tools nationally** Carlos Nunez Miranda, *Research Fellow, Sydney Medical School, Children's Hospital at Westmead*
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7. **More Than the Sum of Services: Insights from people who inject drugs on accessing perinatal and Hepatitis C services** Danielle Russell, *Postdoctoral Fellow, Kirby Institute, UNSW*

Emerging opportunities to support families in the perinatal period

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2. **CRE in FAS** Elizabeth Elliott, *Distinguished Professor, Child and Adolescent Health, Faculty of Medicine and Health, University of Sydney, Consultant Paediatrician Sydney Children's Hospital Network*
3. **PSANZ SIG and workshop** Kelly McNamara, *Obstetrics and gynaecology registrar and PhD Candidate*

Join APSAD

APSAD depends on its members and their contributions to provide free education, information, and training to those working in, or with a professional interest in issues related to the use of alcohol, tobacco, and other drugs.

To learn more about APSAD and becoming a member scan the QR code.

