



## Prevention of Liver Fibrosis and Cancer - Northern Territory

*Can hepatocellular carcinoma be detected earlier than current screening methods using a urine test?*

**Presenters: Kelvin Muller & Jack Wang**  
**Project Supervisor: Dr Jane Davies**

## Hepatocellular Carcinoma (HCC)

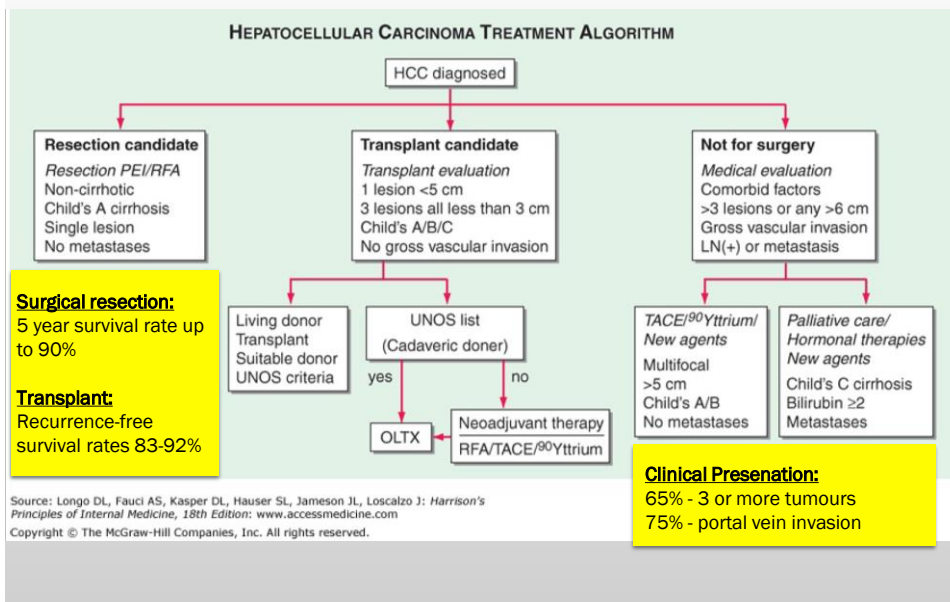
- Liver cancer was the second most common cause of cancer death worldwide in 2015
- HCC is the most common primary liver malignancy with  $\approx$  800,000 deaths per year globally
- High mortality rate of HCC is largely attributable to **insufficient diagnostic resources**
- Hepatitis B Virus (HBV) is the most prevalent risk factor for HCC

## HBV in the Northern Territory

- In 2014 estimated that 22,000 Aboriginal and Torres Strait Islander people living with HBV,  $\approx$  3,500 in the NT
- 90% of children with acute infection will progress to chronic hepatitis B, increasing their risk of HCC
- Median Survival from HCC Diagnosis to death for Aboriginals within the NT is **64 days**



## Treatment Options



## Project Aims

- Adapt a urinary metabolite test to screen for HCC that is:
  - suitable for use within the Australian and Northern Territory context
  - sufficiently sensitive to detect HCC at stages amenable to curative therapies

## Why conduct Australian Study?

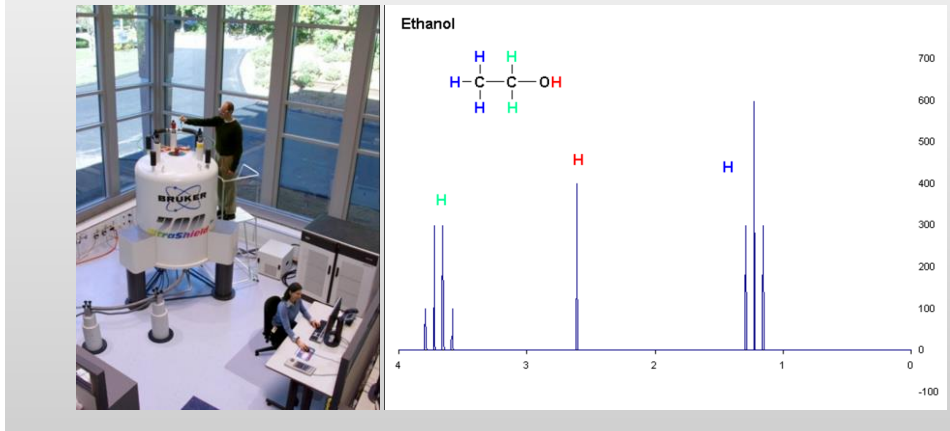
- Heterogenous metabolic profiles vary amongst ethnic groups, due to dietary, genetic and environmental factors
- HBV/C4 genome different characteristics
- Require specific metabolic studies or validation studies as a minimum

## Finding biomarkers - Metabonomics

- Methods of metabolite characterisation - proton nuclear magnetic resonance (H NMR) spectroscopy and mass spectrometry (MS)

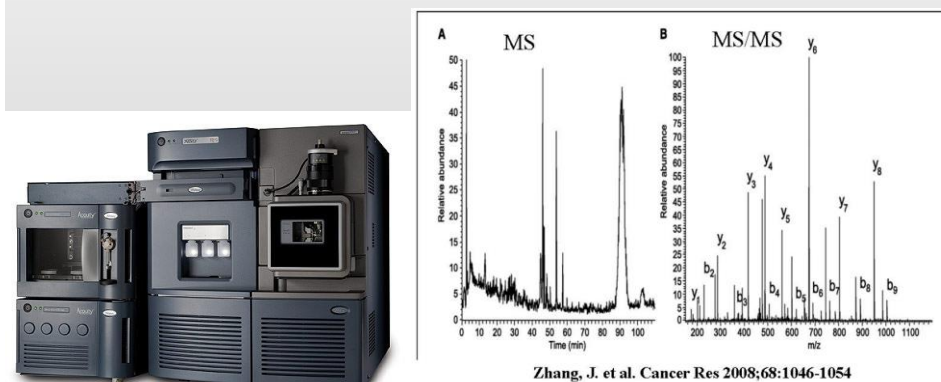
## Metabolic profiling

- **H NMR** - based on behaviour of nuclei subjected to a magnetic field
- signal returns from molecules containing hydrogen provide a high-resolution metabolic NMR spectra

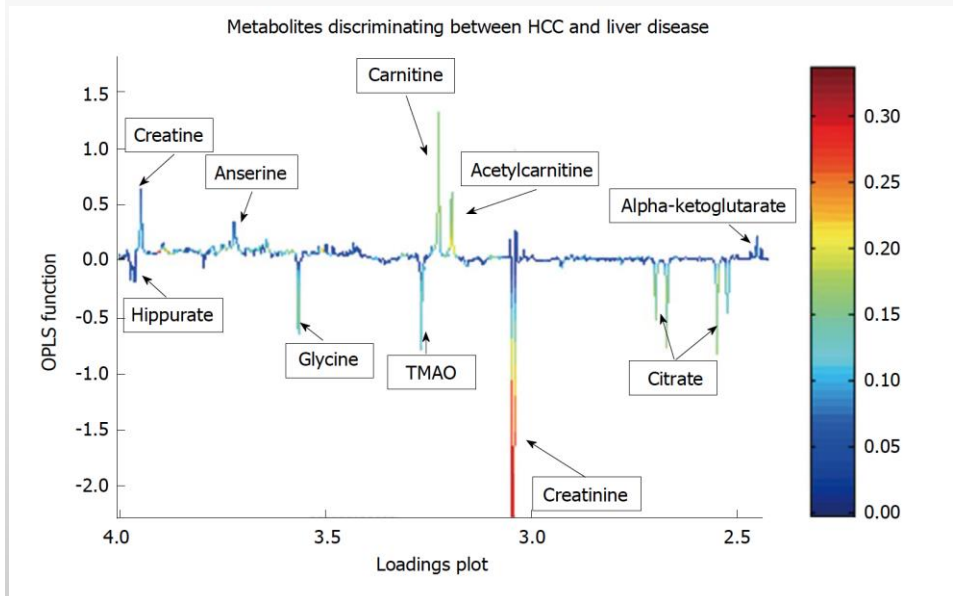


## Metabolic profiling

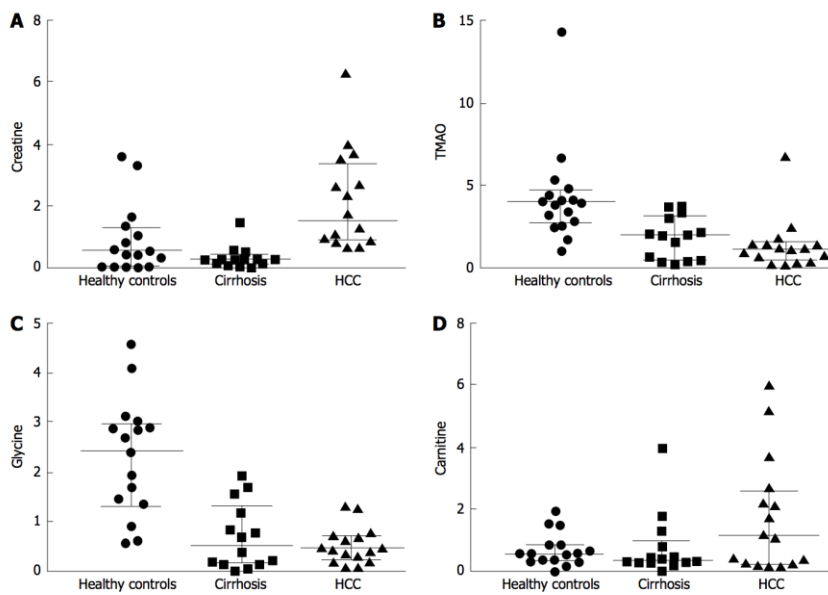
- **MS** - constituent fragments are detected and distinguished by their molecular weight & ionic charge



# Metabolic profiling

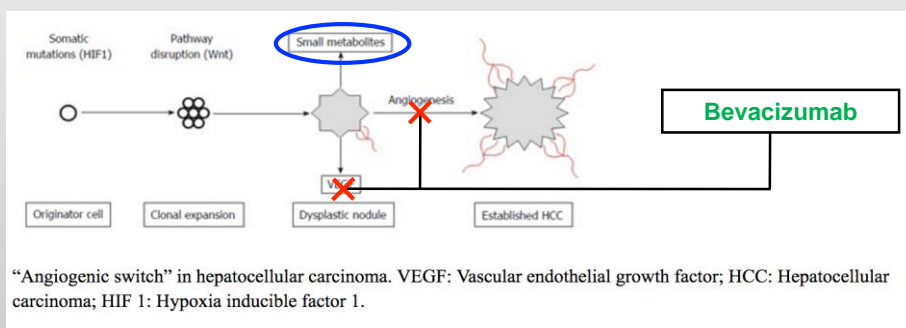


# Metabolic profiling

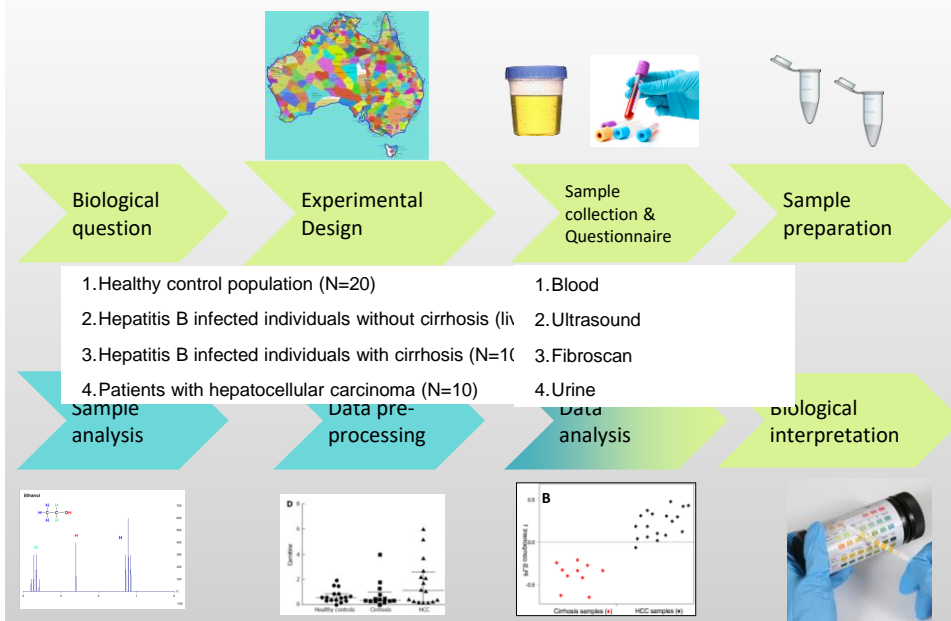


## Clinical Application of Biomarkers

- Complex molecular and metabolic interactions occur as HCC develops and progresses
- Identification of a single biomarker to assess presence and severity of HCC is unlikely



## Collaboration with Imperial College



# The Project, so far...

Literature Review

Dec 2015 – Jan 2016

Design Study Protocol

Jan – March 2016

Design & Trail of Epidemiological Questionnaire

Ethics Approval

May 2016

Oct 2016 – Current

Ongoing Recruitment & Sample Collection

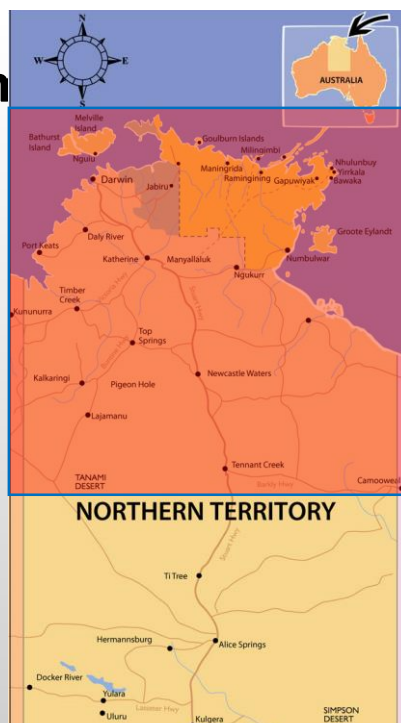
Feb 2018

Preliminary Results

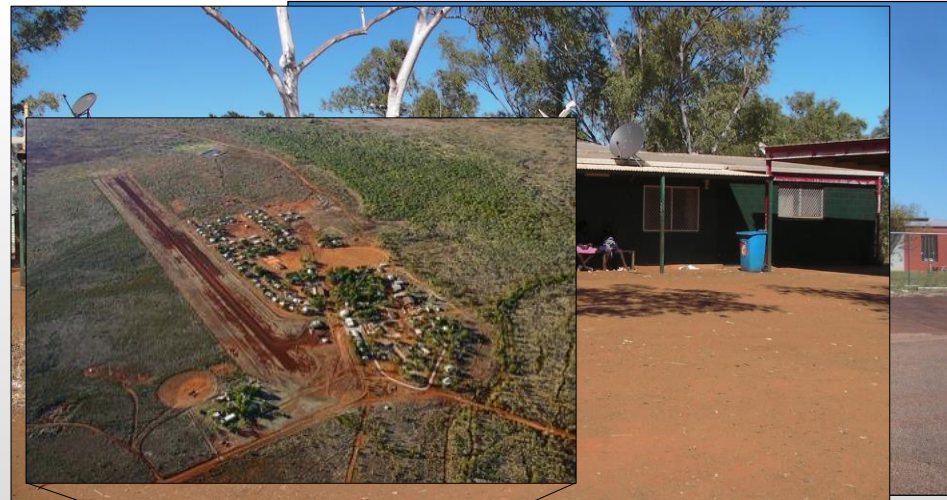
Dec 2018

Final Results

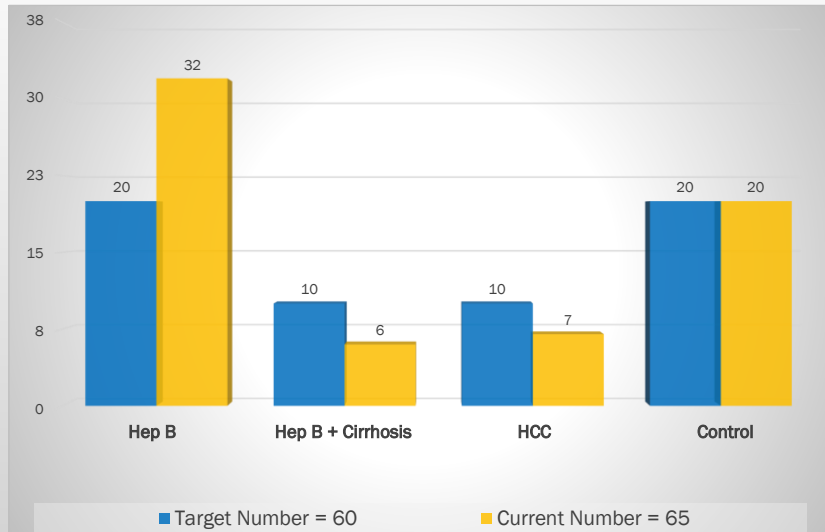
## Recruitment







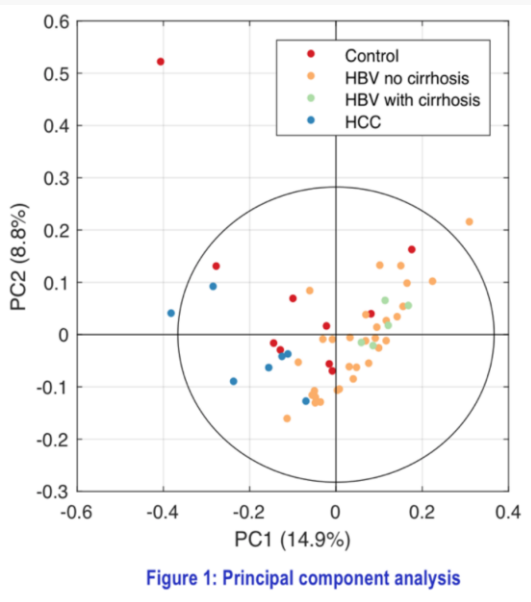
## Recruitment



## Preliminary Results

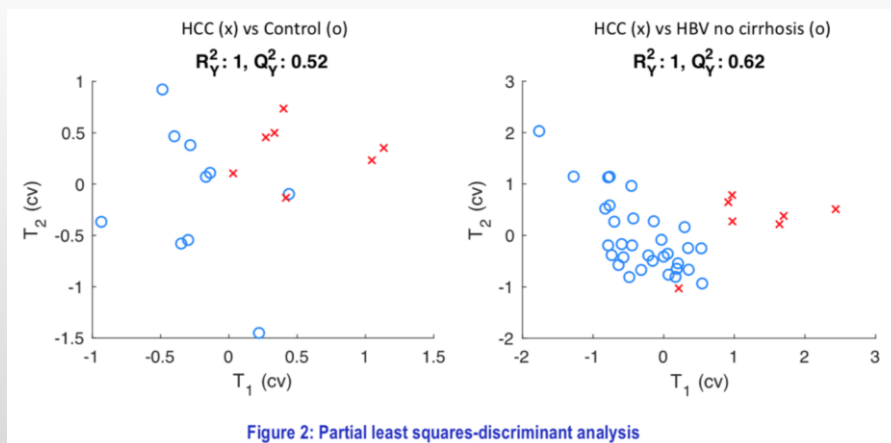
- Samples from 54 participants underwent initial principal component analysis in Dec 2017
  1. Healthy control: 10 (20)
  2. HBV no cirrhosis: 32 (30)
  3. HBV with cirrhosis: 5 (10)
  4. HCC: 7 (10)
- Promising initial data, need further sample and data analysis, and investigations into feasibility and diagnostic accuracy

## Preliminary Results



- HCC samples (blue) are separated from other groups, suggesting compositional difference between the groups

## Preliminary Results



- Plots demonstrate the predictive ability of the models.
- High  $Q^2_Y$  value of 0.52 (HCC vs control) and 0.62 (HCC vs HBV w/o cirrhosis), suggesting that the models are predictive

## Expected Key Outcomes

- Identify discriminatory metabolites to generate a urinary biomarker panel
- Study will serve as a proof of concept to inform and enable a subsequent validation study (NHMRC grant application submitted)

## Acknowledgments

- Supervisor - Dr Jane Davies
- Project Manager – Paula Binks
- Prof Simon Taylor-Robinson & Imperial College Staff
- Matthew Madison – Liver Clinic
- Menzies staff
- Flinders University – Advanced Studies
- Prof Steve Tong

## Questions?

