

HEALTHY PLACES, HEALTHY FUTURES COALITION

Presenter information:

Presenter 1

Name: Surabhi Dogra (she/her)

Organization: University of Sydney, Youth Well Lab / Healthy Places, Healthy Futures Coalition / International Association for Adolescent Health

Position: PhD Candidate / Research Officer – Co-lead for Healthy Places, Healthy Futures Coalition

Biography: Surabhi is an emerging leader in global adolescent, digital and planetary health and young person. She has contributed to international initiatives including the 2nd Lancet Commission on Adolescent Health and Wellbeing and the Global Action for Measurement of Adolescent Health (GAMA) Advisory Group of the World Health Organisation (WHO). She is an incoming Co-Chair of the Emerging Professionals Network of the International Association of Adolescent Health. Her work focuses on intergenerational equity, youth participation, and co-designing solutions to improve health and environmental outcomes.

Presenter 2

Name: Allyson Todd (she/her)

Organization: University of Sydney, Youth Well Lab / Healthy Places, Healthy Futures Coalition

Position: PhD Candidate / Research Officer – lead for Health Hive

Biography: Allyson is a young person and a public health researcher specialising in youth engagement and participatory methods. She led the development of the Health Hive for her PhD which equips young people to play meaningful roles in research about their health and wellbeing. The Health Hive offers a free online course tailored for young people to upskill in public health research and advocacy and is accessible worldwide. She is actively involved in national and international initiatives advocating for youth health and wellbeing, including with the Public Health Association of Australia and the UNESCO Chair for Global Health and Education.

Presenter 3

Name: Janine Ramos (she/her)

Organization: University of Sydney, Youth Well Lab / Healthy Places, Healthy Futures Coalition

Position: Young Person

Biography: Janine is a young person and a registered nurse with a strong interest in adolescent health and prevention. In 2025–2026, she completed a Charles Perkins Centre Summer Research Scholarship, where she conducted a scoping review on adolescent chronic disease prevention in Pacific Island settings (Fiji, Tonga, and Samoa). Her work highlighted the influence of diet, sedentary behaviour, and school environments, as well as key evidence gaps such as sleep.

Presenter 4

Name: A/Prof Stephanie Partridge (she/her)

Organization: University of Sydney, Youth Well Lab

Position: Sydney Horizon Fellow / Workshop Facilitator

Biography: Stephanie leads the Youth Well Lab and has extensive experience co-designing research with young people to improve food, digital and physical environments and prevent chronic disease.

WORKSHOP TEMPLATE

Background/ Overview of Workshop:

Young people across the Asia-Pacific region are disproportionately affected by unhealthy food, built, digital and natural environments, as well as the growing impacts of climate change and ecological disruption. Despite this, they are rarely involved in shaping the research, policies and systems that influence their health and futures.

The first Healthy Places, Healthy Futures youth forum will engage young people in identifying and prioritising what “healthy places” mean in their communities across Australia. Using participatory and youth-led methods, participants will share lived experiences, identify key barriers and enablers, and co-develop priority areas for action.

This workshop is part of a broader initiative that will host youth forums across Asia-Pacific countries, led by young people from those communities. A key aim of this first forum is to begin shaping how cross-country dialogue and collaboration between young people in Australia and across the Asia-Pacific can be fostered to support shared learning, solidarity and collective action to shape healthier futures.

Target Audience:

Young people (12–25 years); Youth advocates and advisory groups; Practitioners and researchers working with young people across the Asia-Pacific region.

Learning Objectives:

Recognises how environments shape adolescent health and wellbeing across different contexts and across the region; Identifies how systems factors such as climate change, rapid digitisation and food systems influence health opportunities; Explores lived experiences of healthy and unhealthy environments; Applies co-design approaches to identify youth priorities; Contributes ideas for cross-country youth dialogue and collaboration.

Goals:

Increased confidence expressing views; increased agency to participate in research and leadership; greater awareness of environmental and systems factors shaping health; strengthened youth voice across Australia and the Asia-Pacific; increased connection and solidarity between young people across countries; and connection to ongoing opportunities (e.g. through [Health Hive](#)) to stay involved, build skills, and shape healthier futures and environments.

Duration of workshop:

60 minutes

Will this workshop be co-presented with young people?

Yes

Disclosure of Interest Statement: All presenters have no conflicts of interest to declare.