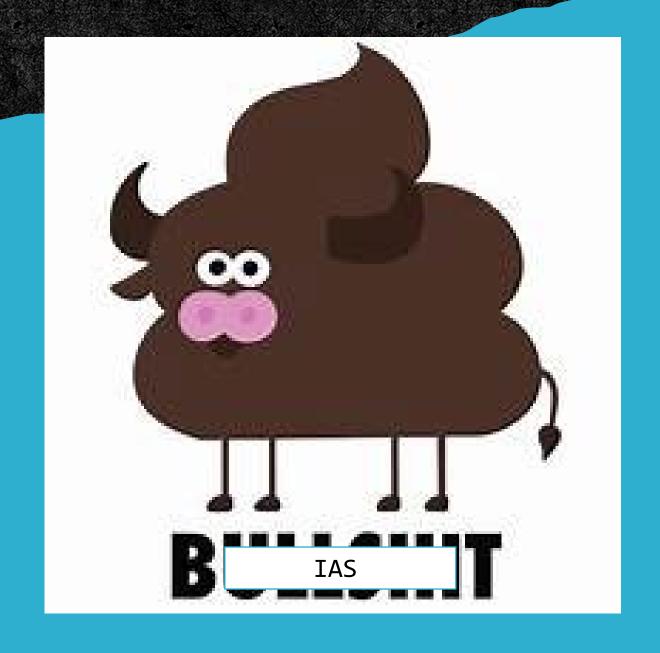


Lily Foster, Alcohol and Drug Service, Tasmania

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# Mythical peer worker "risks".

Authority Challenges: Concerns about peer workers undermining clinicians' authority.

Trust Issues: Perception that peer workers may be less reliable.

Blurring of Boundaries: Fear that personal stories may lead to co-dependency.

**Skill Gaps**: Assumption that peer workers lack clinical skills.

Confidentiality Concerns: Worries about mishandling sensitive information.

Protocol Conflicts: Perception that peer work conflicts with clinical processes.

Stability Doubts: Concerns about peer workers' vulnerability to relapse.

Risky Behavior: Assumptions that peer workers may engage in risky behavior.

Vicarious Trauma: Risk of exposure to trauma affecting peer workers' well-being.

Role Confusion: Uncertainty about the peer worker's scope and responsibilities.

All these "risks" can apply to anyone in the sector!



# **Challenging**

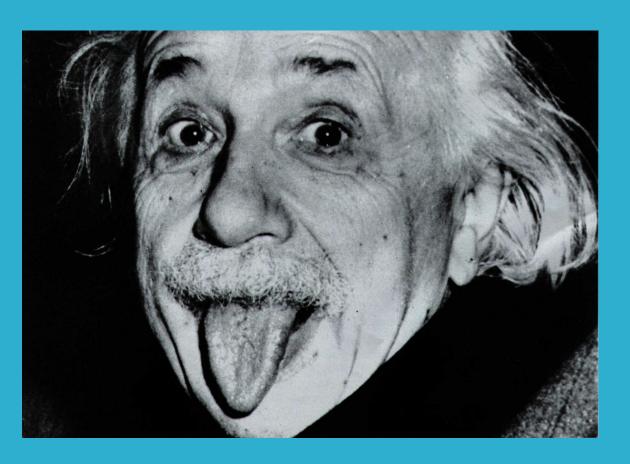
Stigma and "Bias"

in MDT's

**I exist** 

I Challenge Clinical language

**Choose knowledge** 



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# Key Principles of Our Approach

- Leave the Ego at Home
- Engagement Opportunities
- Risk is a "Dirty Word"
- Scope with Love
- Empowerment for Growth



#### **Peer workers are warriors!**

- Co-regulation with clients
- Amplifying lived experience
- Advocating in MDTs in the client's absence
- Bridging gaps for holistic care



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Peer Workers and
Clinicians Together!

### **Peer Workers Rock!**

# **Clinicians need us!**





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