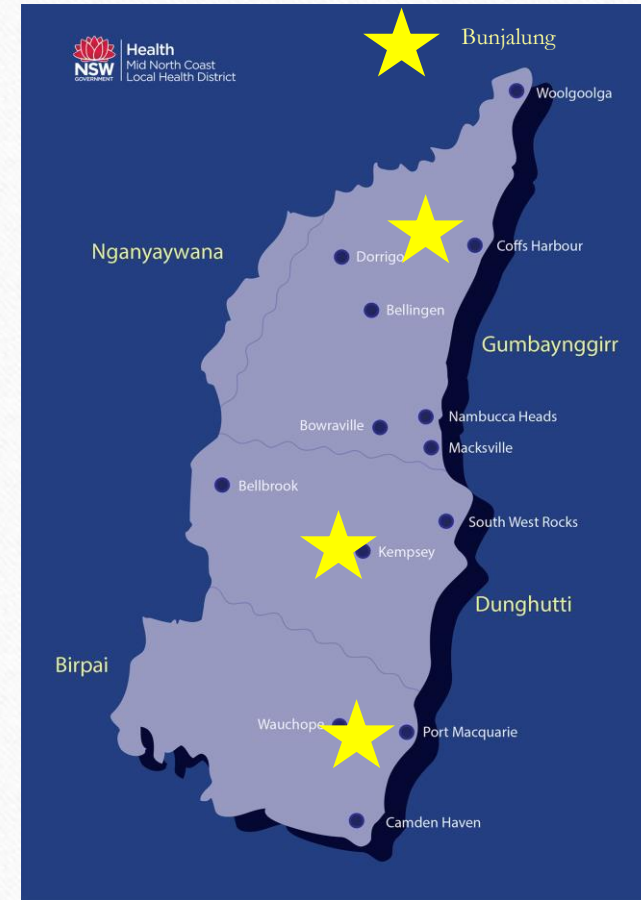
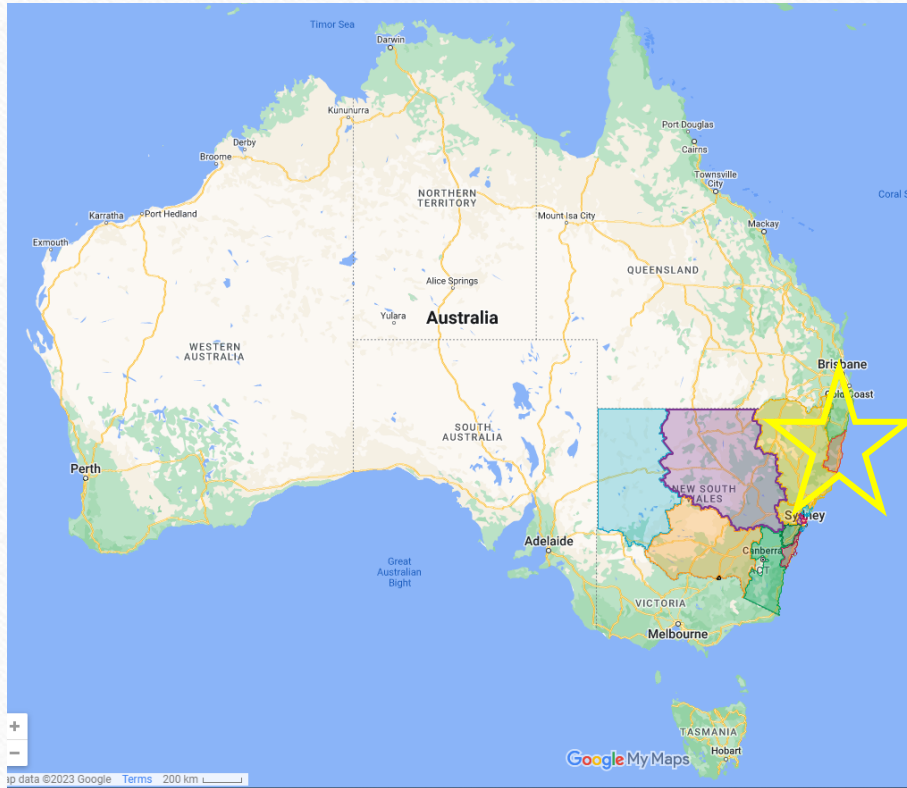


A week in the life of a liver clinic

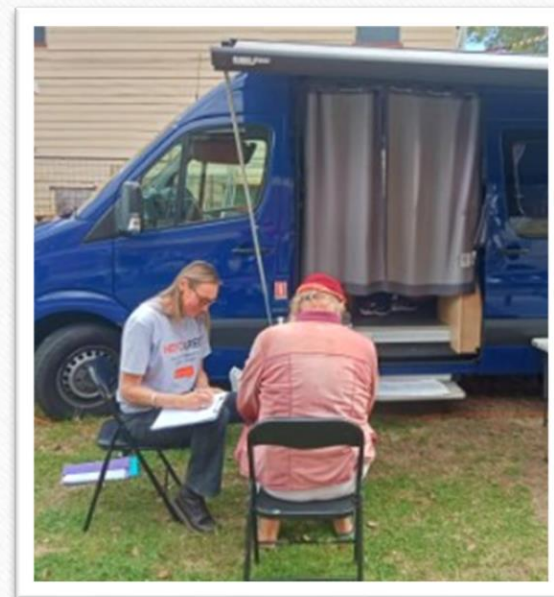
A Mid North Coast experience

Alexandra Wade Clinical Nurse Consultant Hepatology

MNC Liver Clinic (11,335 KM2)



The TEAM @ MNC Liver Clinics



A week in the life ...

	Monday	Tuesday	Wednesday	Thursday	Friday
0800-0900	<u>Tool-box Meeting</u>	Tool-box Meeting	Tool-box Meeting	Tool-box Meeting <u>TEMPO – GRAFTON NSP</u>	Alex Working NH1 Admin and Research
0900-1000	<u>HAW Port Macquarie</u>	HAW Kempsey	Drs Clinic PMQ	PALM Scheme meeting	<u>Pete's Place Homelessness outreach – Flu Clinic</u>
1000-1100	<u>Drs Clinics</u> RN clinic Coffs Harbour	<u>AM -Dr's Clinic Coffs Harbour</u> <u>Adele House – Rehab</u>	<u>TEAMS meeting to discuss WDO</u>	P&PHD Managers meeting	Directors report due – send some stats
1100-1200	Drs Clinics Coffs Harbour RN clinic Coffs Harbour	Site Visit for DBS – Coffs Harbour AOD	Site Visit for DBS – Lismore AOD	<u>Site Visit for DBS – Tweed AOD</u>	HARP TL meeting
1200-1300	<u>HCC CNC - Clinic</u>		<u>Regional DBS Blitz (Wk3)</u>	Nambucca Health One ALD / HCC clinic	Health Roster
1300-1400	Drs Clinics Coffs Harbour RN clinic Coffs Harbour	Drs Clinic Kempsey	Positive PoCT Comp panel - Coffs	Positive PoCT Comp panel - PMQ	Meeting with Kate – NNSW NUM
1400-1500	Drs Clinics Coffs Harbour RN clinic Coffs Harbour	Drs Clinics Coffs Harbour		Positive PoCT Comp panel - Grafton	DBS Results follow up
1500-1600					<u>BREATHE & RELEASE</u>
1730-2100			<u>AOD DBS dinner</u>	<u>Pick up son from ED</u>	

Tool Box Meeting

- Every morning at 8:30 wherever we are – discuss clinical cases, outreach for the day, staff whereabouts, clinic issues, data entry ... and Alex's farm updates.
- Coffs Harbour
- Grafton
- Kempsey
- Port Macquarie
- Nambucca
- On the road ...



Hepatitis Awareness Week



- Training MNC AOD staff to do DBS in AOD in alignment with NSW MoH Guidance document
- Practical Clinical training
- Data entry training
- Wrap up report back to both teams



Monday 21st July 2025

	CH Clinic 1: RN1	CH Clinic 2: RN2	Kempsey	Port Macquarie	Grafton
0900	Initial HCV assessment + F/s	ALD database and surveillance	NP clinic	Hepatitis Awareness Week	Not attended today
1000	Initial HCV assessment + F/s	ALD database and surveillance	P1: ALD + ETOH	Activities in AOD	
1100	HBV assess (interpreter needed)	ALD database and surveillance	P2: HCC – Decomp LD P3: DNA	Mural + HNSW Peer Workers	
1200	LUNCH – not taken today !!	LUNCH	LUNCH	LUNCH – on the run between sites!!	
1300	HBV r/v – F/s (interpreter needed) Review – ALD	ALD database and surveillance	ASHM Remote Prescriber - blocked out time	Training AOD workers to do DBS testing!!	
1400	HCV RNA +ve – Assess – needs transport arranged or home visit	HCV PoCT –SELECT new patient (maybe CMP)	#4 Scripts – Coffs, Kempsey, Lismore and Wagga	REDCap Data Entry – eMR – DBS Registratoins	
1500	Notes	Notes	Notes		



HCC / cALD clinics

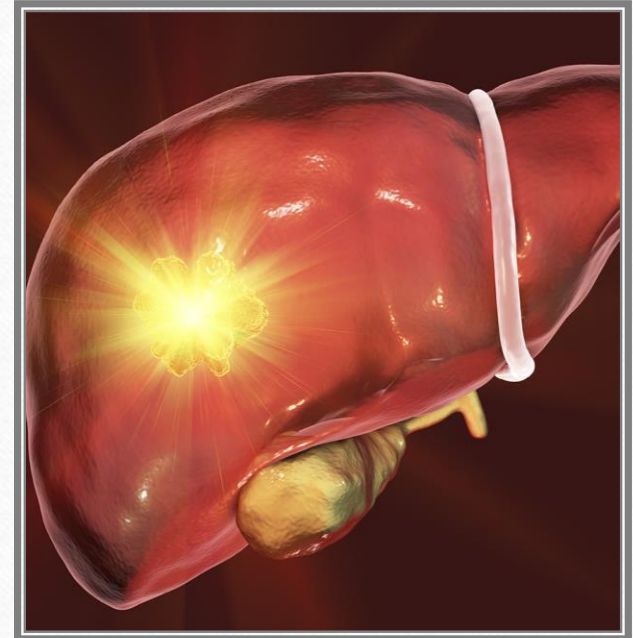
Held by both the HCC CNC and Hepatology Nurse Practitioner

Covering from Grafton to Port Macquarie

Viral Hepatitis related HCC / Liver Decompensation

Working closely with

- Gastroenterologists
- Interventional radiologists
- Oncologists
- Tertiary hospital MDT



Tuesday 22nd July 2025

	CH Clinic 1	CH Clinic 2	Kempsey	Port Macquarie	Grafton
0900	AM -Dr's Clinic Coffs Harbour	HCC surveillance follow up - Send forms - Update REDCap	HAW activities within AOD - OAT	Prep clinic for Wednesday	N/A today
1000	ALD – HCC surveillance HBV review + yearly fibroscan	HCC and Decomp LD – CNC review (discuss ongoing lactulose and rifaximin)	HAW activities within AOD - OAT	Prep clinic for Wednesday	
1100	HCC phx - management	Adele House clinic – Same day Test and Treat	Preparation for Dr Clinic - HBV in Indonesia - HCC treatment options	P.A Soup Kitchen in-reach DBS or PoCT (staffing)	
1200	LUNCH	LUNCH	LUNCH Drs Clinic Kempsey	LUNCH	
1300	Notes from clinic	Site Visit for DBS – Coffs Harbour AOD	HBV assessment – for treatment (interpreter needed) + contact tracing discussion – BOOK Family	P.A Soup Kitchen in-reach DBS or PoCT (staffing)	
1400	Drs Clinics Coffs Harbour P1: HBV review P2: HCV + ALD for treatment P3: New HBV – Kurdish interpreter boeing #530974	Travel to Lismore for NNSW DBS site visits (3hrs) Dinner with NSP team – discuss DBS errors 😊	ALD – for scope forms ALD – HCC surveillance r/v HCC – discussion re diagnosis and treatment plan	DBS results and error management	
1500	Notes	Notes			😊



Hepatitis B assessment

- 28 yr old Indonesian woman
- New diagnosis
- Very limited English
- Referred after attending ED for STI symptoms
- Father died of HBV
- Rogue translator !!

HEPATITIS B
Can cause liver cancer
but has no symptoms

NSW
GOVERNMENT

**ARE YOU LIVING
WITH HEPATITIS B?**
FIND OUT. GET TESTED.

TALK TO YOUR DOCTOR
[www.mhahs.org.au/index.php/
en/hepatitis/hepatitis-b-testing](http://www.mhahs.org.au/index.php/en/hepatitis/hepatitis-b-testing)

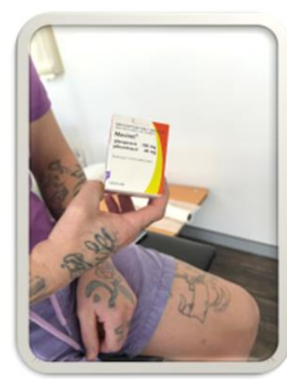
HEPATITIS B
GET TESTED

Adele House Rehabilitation Centre

- Drug Court funded
- Farm like environment
- Monthly clinic
- Linked to MNC AOD
- 40 mins from Coffs Harbour



People who test HCV positive are prescribed Direct-Acting-Antiviral medications by the outreach Nurse Practitioner or General Practitioner.



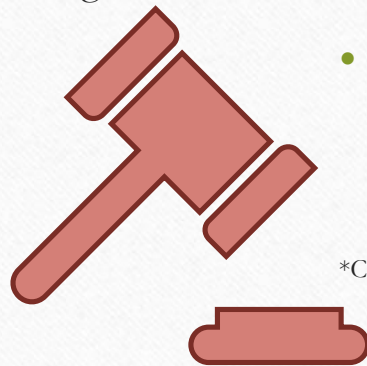
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Work Development Orders – WDO's

WDO's are voluntary and enable eligible people to work off their NSW fines by undertaking activities instead of paying the debt off with money.

Reduces fines by **\$1000/month** and can improve engagement of clients from testing to treatment to SVR.



Unpaid fines = Enforcement action

- Suspend a persons drivers license;
 - Cancel Car Registration;
 - Stop people being able to deal with the RMS;
 - Take money from people's bank accounts;
 - Seize and sell property;
 - Make a Community Service Order
-
- **Once a person is signed up on a WDO, Revenue NSW should stop taking enforcement action against that person to get the money owed.**
 - If a person has had their driver's license suspended due to unpaid fines, this suspension should lift overnight* (in most cases).

*Clients must check with the RMS that their suspension has been lifted BEFORE they drive.

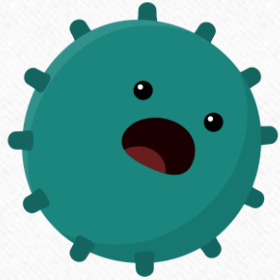
Regional DBS Blitz

BBV and Syphilis Screening:
a reactive outreach activity



Hmmm, 'crickets...'





MNC AOD HCV dinner

LOCATION: Supply Coffee & Co, 15 Orlando St, Coffs Harbour

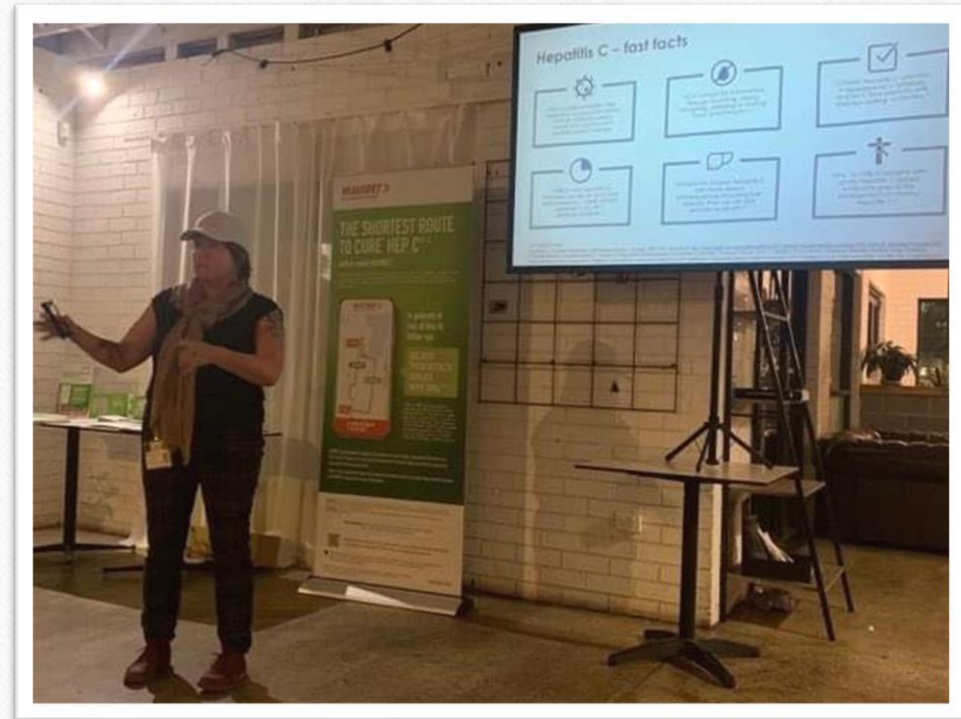
DATE: Wed. 24 July **TIME:** 5.45pm - 9.00pm

Speakers

Dr Anthony Martinez (recorded):
A/Prof. at Jacobs School of Medicine, University of Buffalo
Medical Director, Hepatology, Erie County Medical Centre

Dr Tony Gill:
Clinical Director of Alcohol and Other Drugs in the at Mid North Coast LHD

Alex Wade:
Clinical Nurse Consultant at Mid North Coast Liver Clinic





TEMPO Grafton

Needle Syringe Program staff
Liver Clinic Support
And research governance (P.I)

Screened: 171

Positive: 15

Treated: 10 (and still trying...)

SVR: 6





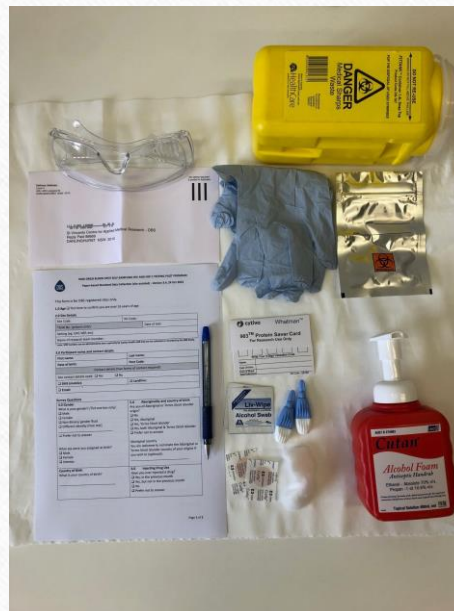
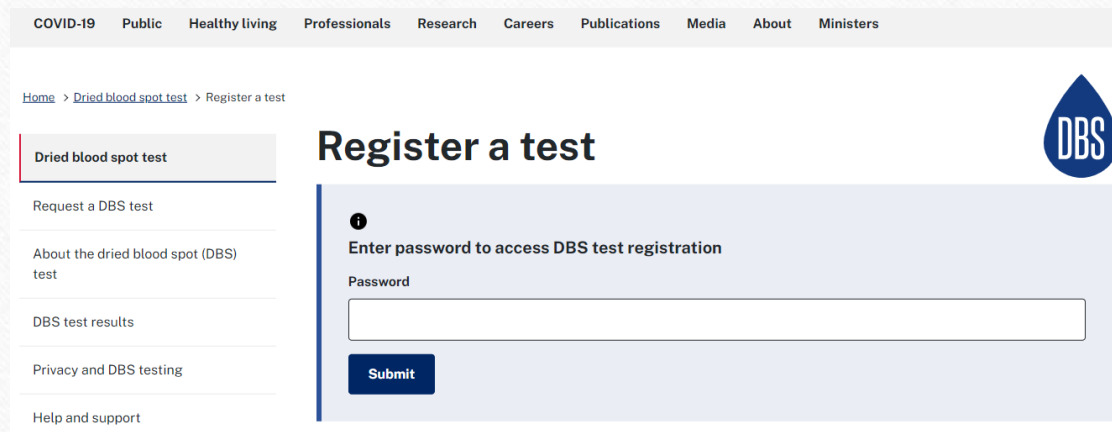
Site visits

MoH Project Coordinator

LCNNSW - Principal Investigator

- Site coordinator

- Coffs Harbour - AOD
- Lismore - AOD
- Tweed - AOD



NEW Record ID 425

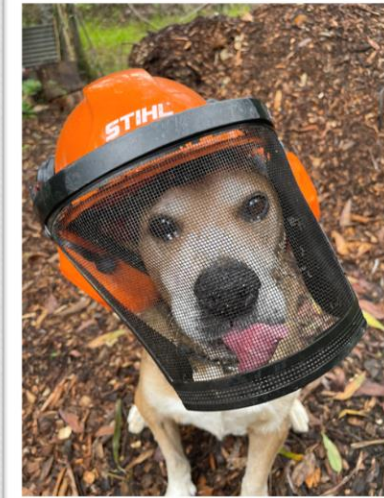
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DBS Result	<input type="radio"/>
DBS Follow-up	<input type="radio"/>

Pick up son in ED

Remember our Humanity

We are mothers, brothers, daughters,
neighbors, partners, lovers, friends,
colleagues, pet owners, bee-keepers,
gardeners, poets, roller-skaters, book-lovers,
amateur flute players, ballroom dancers...

... so ... remember our humanity





- NSP services
- HCV testing – DBS
 - Confirmatory – PoCT / Venepuncture
 - Treatment and follow up
- Flu Clinics
- Covid vaccinations (2021)
- General nursing care when able
- Engagement and rapport building





Breath and Release

It's the weekend

KEY ACTIONS & TAKEAWAYS

- **Key Action 1:** There is not one model of care
- **Key Action 2:** We need to be adaptable, creative and reactive
- **Key Action 3:** Remember that you are human ... and so are your patients, clients and colleagues

