More infections but less risk: Unpacking the sexual health needs of Medicare-ineligible gay, bisexual and other men who have sex with men attending M Clinic in Perth, Western Australia

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BACKGROUND:

- Australian data suggests increased burden of HIV among overseasborn gay, bisexual and other men who have sex with men (GBM);
- MClinic is a state-funded community-based sexual health clinic in Perth which provides services irrespective of Medicare eligibility;

AIM:

• We describe demographics, sexual behaviour and HIV and STI positivity among GBM attending MClinic by Medicare eligibility.

METHODS:

- All GBM clients attending M Clinic between July 2017 and March 2019 were included in this analysis
- Data from self-completed behavioural surveys and linked HIV/STI testing data were extracted from REDCap
- Chi-squared tests and p<0.05 tests for statistical significance



DEFINING MEDICARE ELIGIBILITY:

| Medicare Eligible | Medicare Ineligible |
|--|--|
| Born in Australia, OR | |
| Born in a country with a reciprocal healthcare agreement, OR | Born in a country without a reciprocal healthcare agreement, AND |
| Resided in Australia for >3 years | Resided in Australia for ≤3 years |



RESULTS:

| Individuals Surveys | Medicare Eligible n=2145 n=5149 n (%) | Medicare Ineligible n=195 n=314 n (%) | p-value |
|---|---|---|---------|
| Median age (IQR) | 33 (26-45) | 27 (24-31) | <0.01 |
| > 10 anal sex partners in previous 6 months | 775 (15.3) | 23 (7.4) | <0.01 |
| Inconsistent condom use with casual partners | 2774 (65.0) | 104 (42.3) | <0.01 |
| Drug use during sex | 2617 (54.2) | 107 (37.0) | <0.01 |
| PrEP use reported in past 6 months | 1302 (26.1) | 20 (6.6) | <0.01 |
| Ever tested for HIV at first visit | 1839 (88.8) | 150 (81.5) | <0.01 |



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RESULTS:

| | Medicare Eligible n (%) | Medicare Ineligible n (%) | p-value |
|--|-------------------------------|---------------------------------|----------------------|
| HIV serology | | | |
| Positive | 6 (0.1) | 7 (2.3) | <0.01 |
| Syphilis (infectious) | | | |
| Positive | 16 (0.3) | 0 (0.0) | 0.32 |
| Gonorrhoea (throat, rectal, urethral) | | | |
| Positive | 276 (5.3) | 20 (6.4) | 0.38 |
| Chlamydia (throat, rectal, urethral) | | | |
| Positive | 359 (6.9) | 34 (10.9) | <0.01 |
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CONCLUSIONS/IMPLICATIONS:

- Counter-intuitively despite engaging in lower risk sexual activities, Medicare-ineligible individuals are more likely to acquire HIV and chlamydia.
- Despite there being services that provide access to Medicare-ineligible individuals, obstacles still appear to exist to accessing them. Exploration into these perceived and structural barriers is warranted.
- Identifying such statistics has already impacted our practices, ensuring that we have targeted approaches for this population with sexual health education, promotion of frequent sexual health testing and uptake of PrEP.
- Providing this perspective would hopefully provide other sexual health providers with evidence to have their own targeted interventions for this vulnerable population.



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Disclosures:

None

