

Hep B Free ACT

A Culturally Inclusive Education Initiative

Hepatitis B remains a significant public health concern globally and in Australia, particularly among multicultural and First Nations populations. Hep B Free ACT is an initiative aimed at increasing awareness and vaccination uptake among these communities in the Australian Capital Territory (ACT). Through educational campaigns and community engagement, the project seeks to address knowledge gaps and promote preventive measures against hepatitis B transmission.



HEPATITIS B

Community Connections

Hepatitis ACT established new connections and relationships with community organisations to be a part of this program.

1

Hepatitis B Education Curriculum

Culturally appropriate hepatitis B education curriculum focused on transmission, prevention, treatment and liver health.

2

Community Focus Groups

The hepatitis B educational curriculum resources and health talks were created after consultation with community champions and community member groups.

9 Different communities involved.

3

Hepatitis B Education Sessions

Focused education sessions are being delivered from November 2023.

8 Education Sessions delivered
147 Participants
18 communities were involved

The education sessions are ongoing, and we will continue to support our communities.

4

Hepatitis B Vaccinations

Hepatitis ACT is offering fully funded hepatitis B vaccines with in-kind support from Interchange Health Co-Op.

5

Taking Steps Forward

Currently, ACT region has more than 2800 people living with hepatitis B. Living well with hepatitis B requires regular monitoring, support, treatment and lifestyle changes. Our aim is to establish a support system for a health-focused lifestyle for those with hepatitis B.

6

"We need a lot more sessions like this to understand about our own health."
-Seniors Health Talk Session

"It's very clever way to teaching- using 'Bingo' game for the explanation of terminologies."
-Seniors Health Talk Session

"I now know much more about liver health and treatments."
-Adult Migrant English Program Student

"Good experience on learning how to protect ourselves."
-Adult Migrant English Program Student

This program is supported by ACT Health



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