

INTERVENTIONS TO ENHANCE TESTING, LINKAGE TO CARE AND TREATMENT FOR HEPATITIS C INFECTION

Stacey B. Trooskin MD PhD

Chief Medical Officer

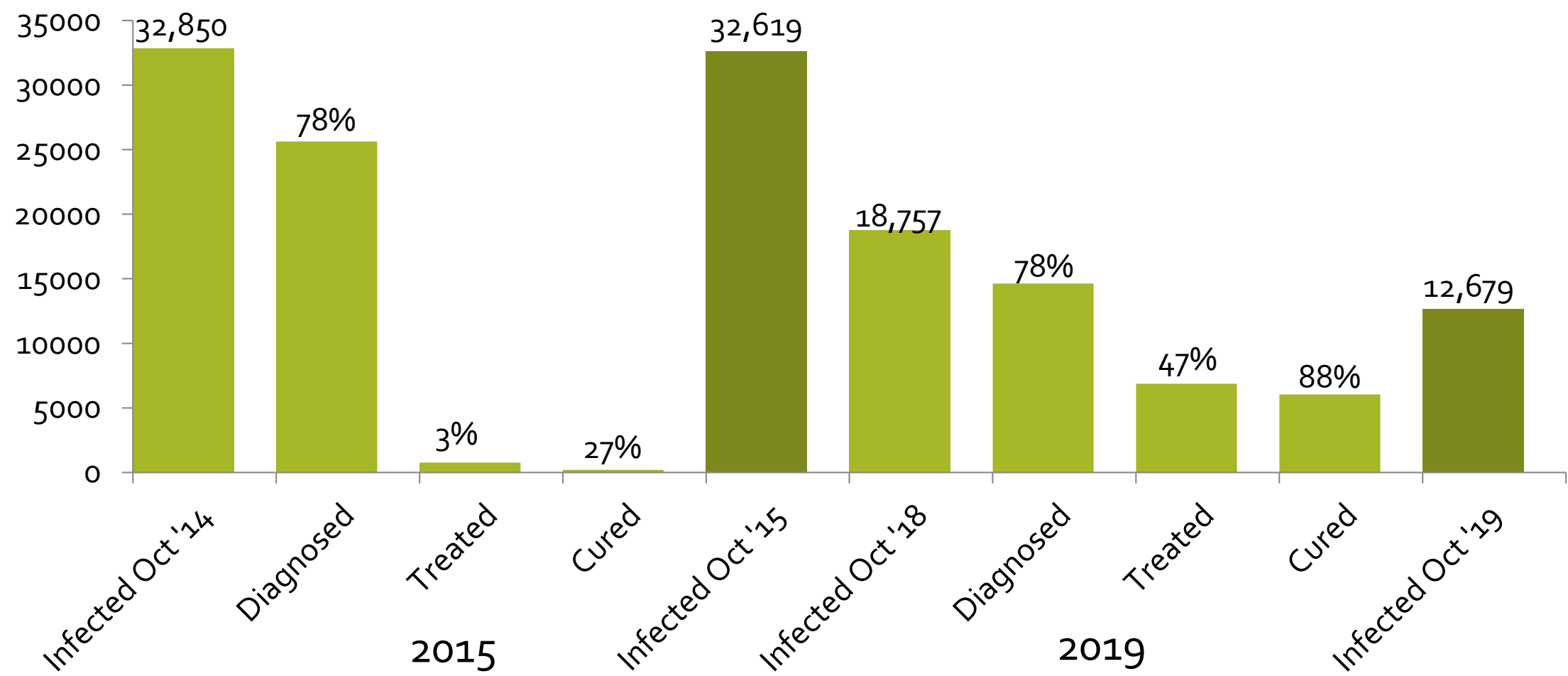
Philadelphia FIGHT

Faculty, Division of Infectious Diseases

Perelman School of Medicine, University of Pennsylvania



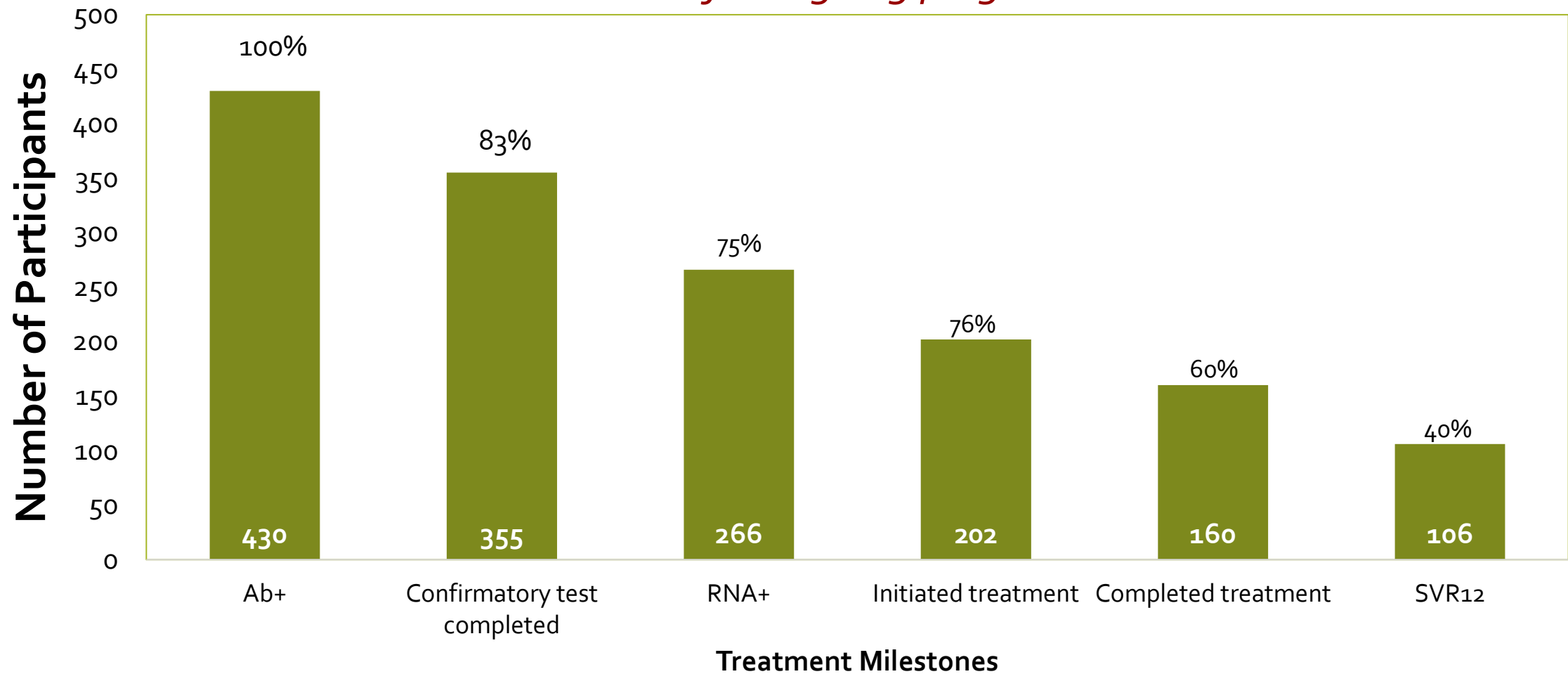
HCV Care Cascade among PWID in Australia



“C Change”: HCV care integrated in MOUD program

Philadelphia, PA, USA November 2019 – August 2021

Care cascade used for ongoing program evaluation



Trooskin, S. Unpublished data

Current testing models

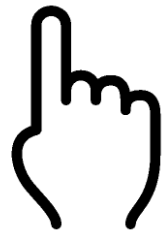


Goal: decrease # of visits and decrease the time prior to treatment

What are the strengths and weakness of current diagnostic tools for HCV chronic infection?

	Eliminates need for Phlebotomy	Eliminates need for additional confirmatory testing	Immediate results
Antibody testing alone			
Antibody testing with reflex to PCR			
POC antibody testing			
DBS testing			

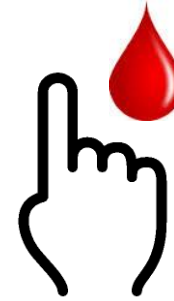
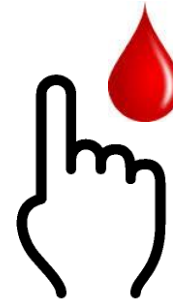
The Ideal Model of HCV diagnosis and treatment



Initial
testing/diagnosis

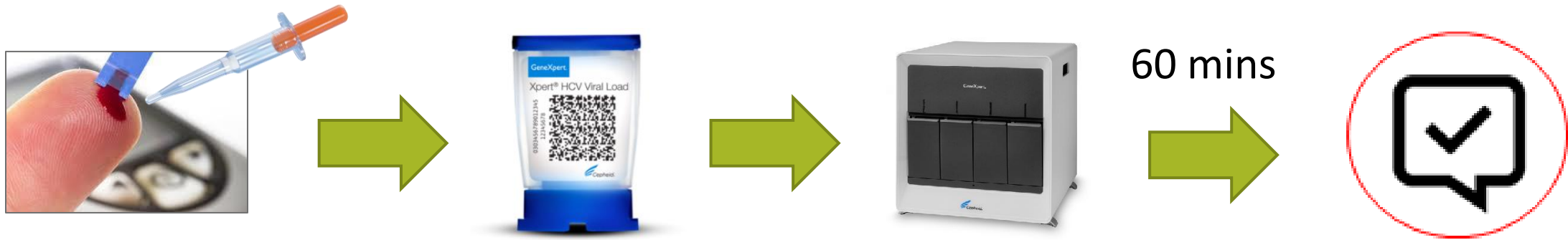


Treatment
Minimal/ no monitoring



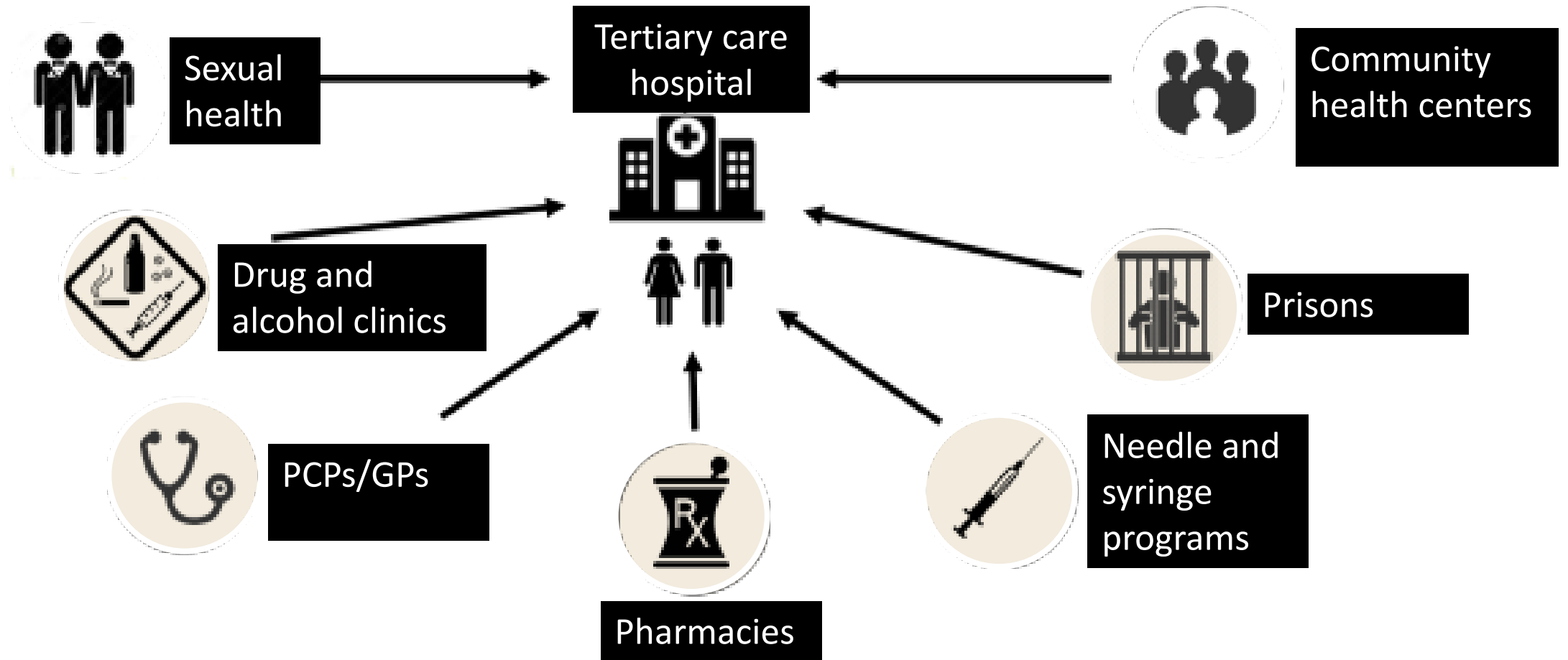
Posttreatment monitoring
for HCV reinfection

Fingerstick Testing for HCV RNA Detection



- Relatively easy-to-use point-of-care HCV RNA test—*GeneXpert*
 - *Xpert HCV Viral Load Fingerstick*—sensitivity: 100%; specificity: 100%^[1]
 - Instrument costs ~ \$17,000 (+ Service \$4000/yr)
 - Assays price range ~ \$15 - \$40, 60 minutes to result
- 2nd platform: Genedrive HCV IVD kit (Gene-drive Diagnostics)
 - 90 minutes to result, 12 steps
 - Sensitivity: 96%; specificity: 100% ^[2],

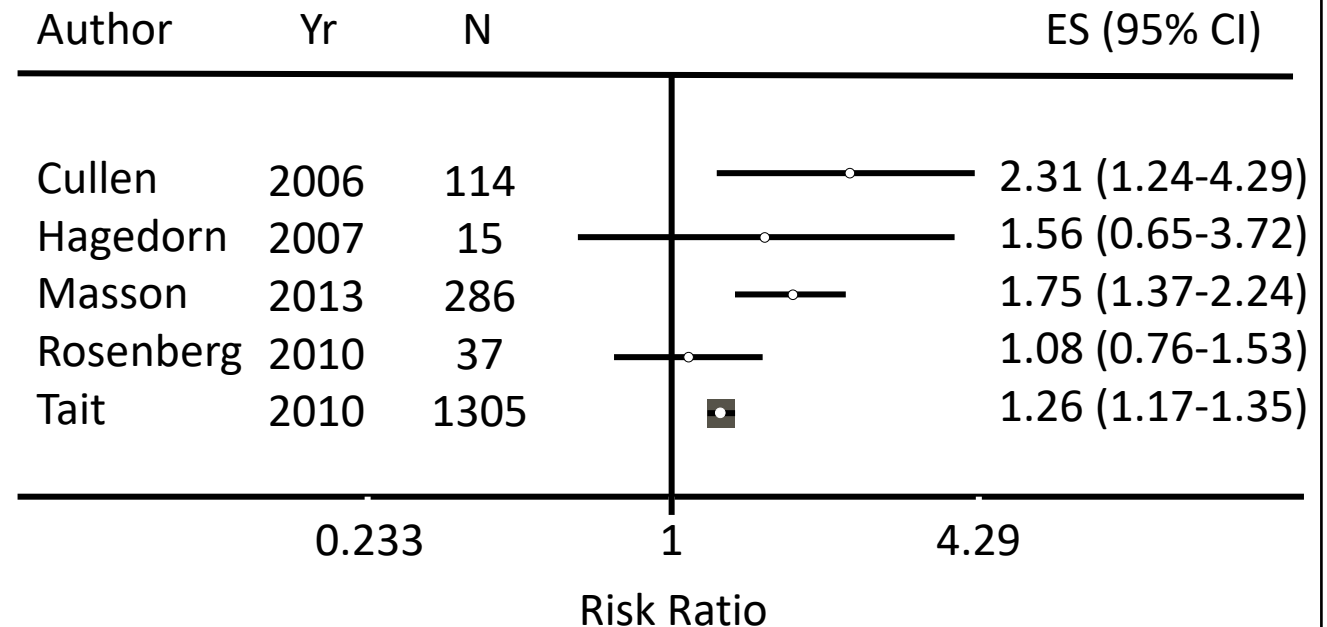
Traditional Referral Models of HCV Testing and Treatment



Efficacy of Facilitated Referral and Linkage to HCV Care

- Systematic literature review and meta-analysis of PWID interventional studies up to July 20, 2016
- 14 studies included; 57% were RCTs
- Interventions to enhance linkage to care included **facilitated referral** for HCV assessment and scheduling of specialist appointments for clients
- All studies from IFN treatment era and none in low- or middle-income countries

Effect of Facilitated Referral on HCV Linkage to Care

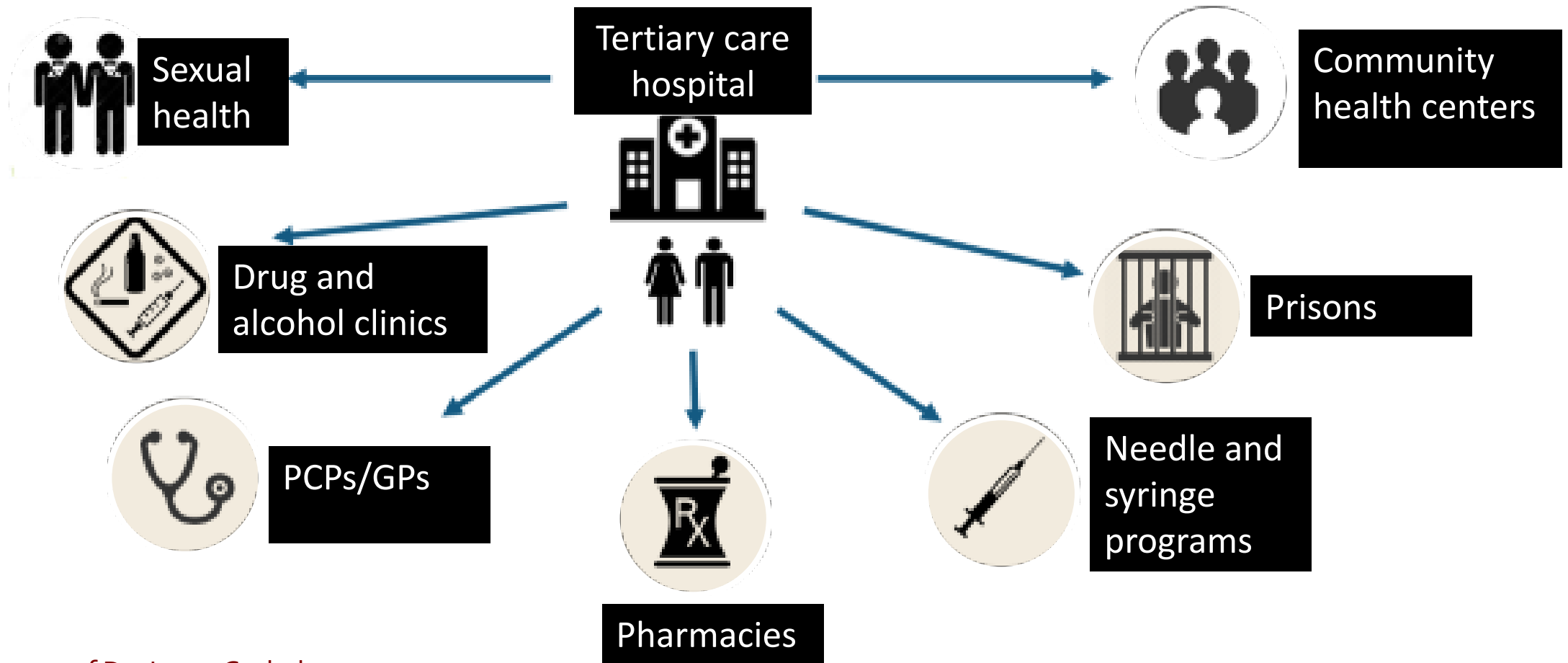


Patient Navigators: NYC DOH Check Hep C Patient Navigation Program

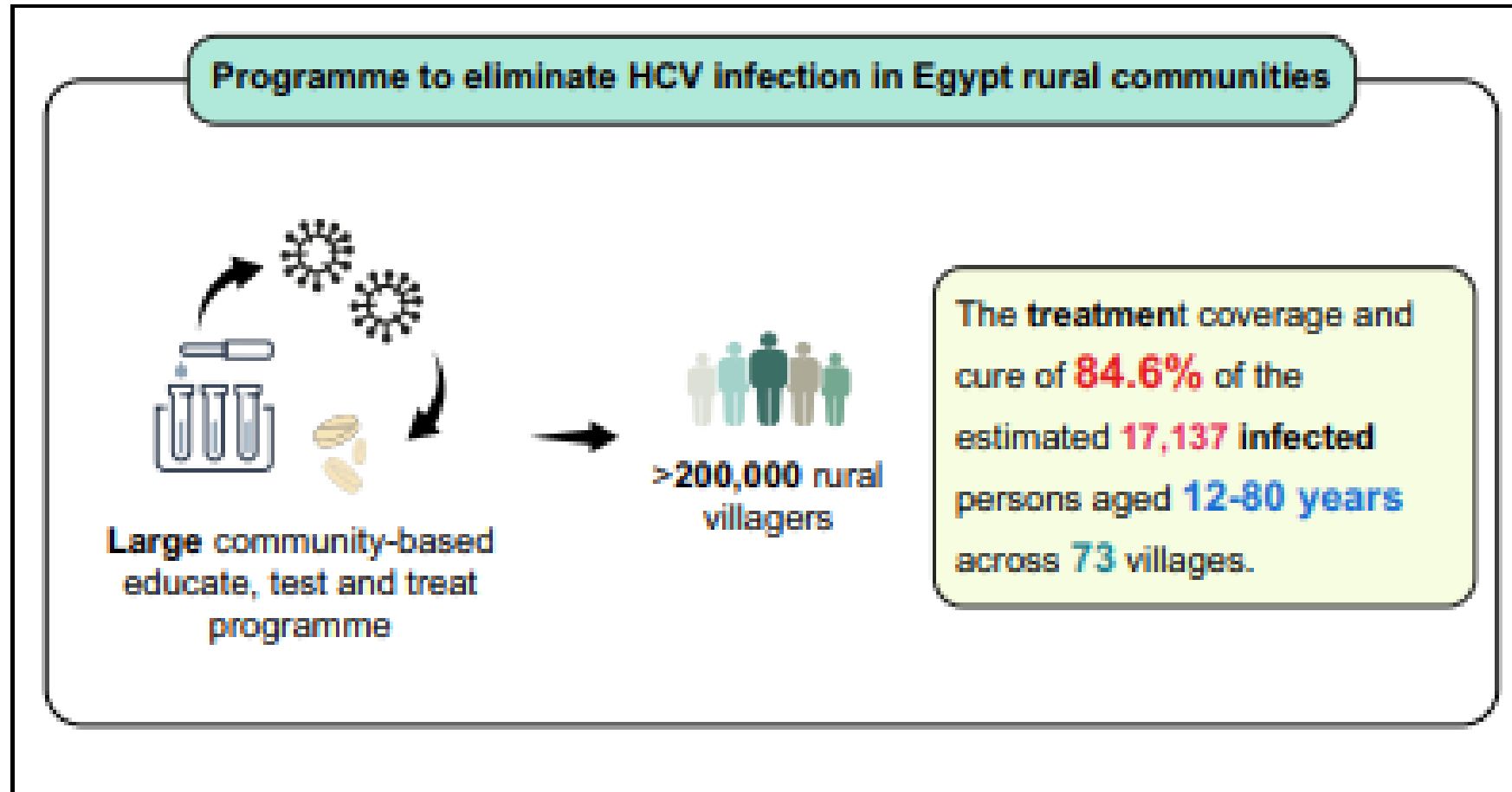
- HCV services provided at 2 clinical care sites and 2 sites that linked patients to off-site care
- Multidisciplinary team included patient navigators to provide risk assessment, health education, treatment readiness counseling, medication adherence counseling, medication coordination
- March 2014 - January 2015: N = 388
 - Initiated treatment: 33% (129/388)
 - SVR: 91% (119/129)
- Odds of treatment initiation higher for participants receiving on-site clinical care vs participants linked to off-site care in bivariate analysis: 46% vs 25% ($P < .0001$)

Redefining Models of HCV Testing and Treatment

- Need to bring HCV care to the community where patients access services

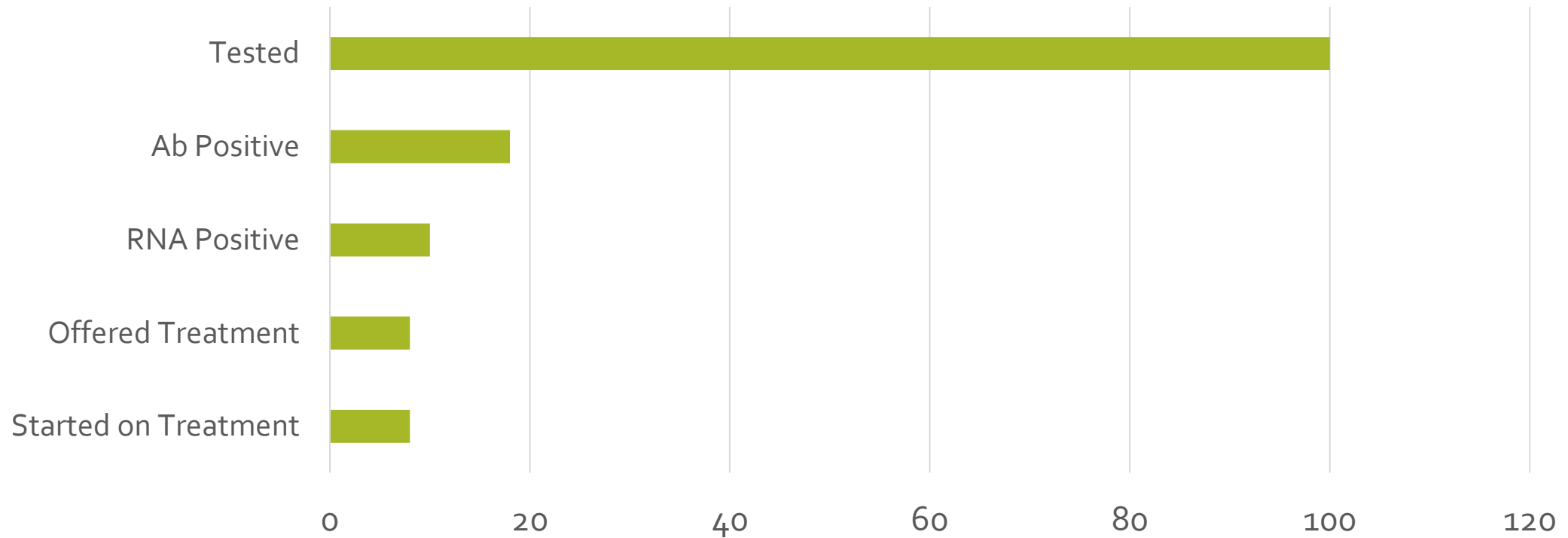


Educate, test and treat model in Egypt: 73 villages

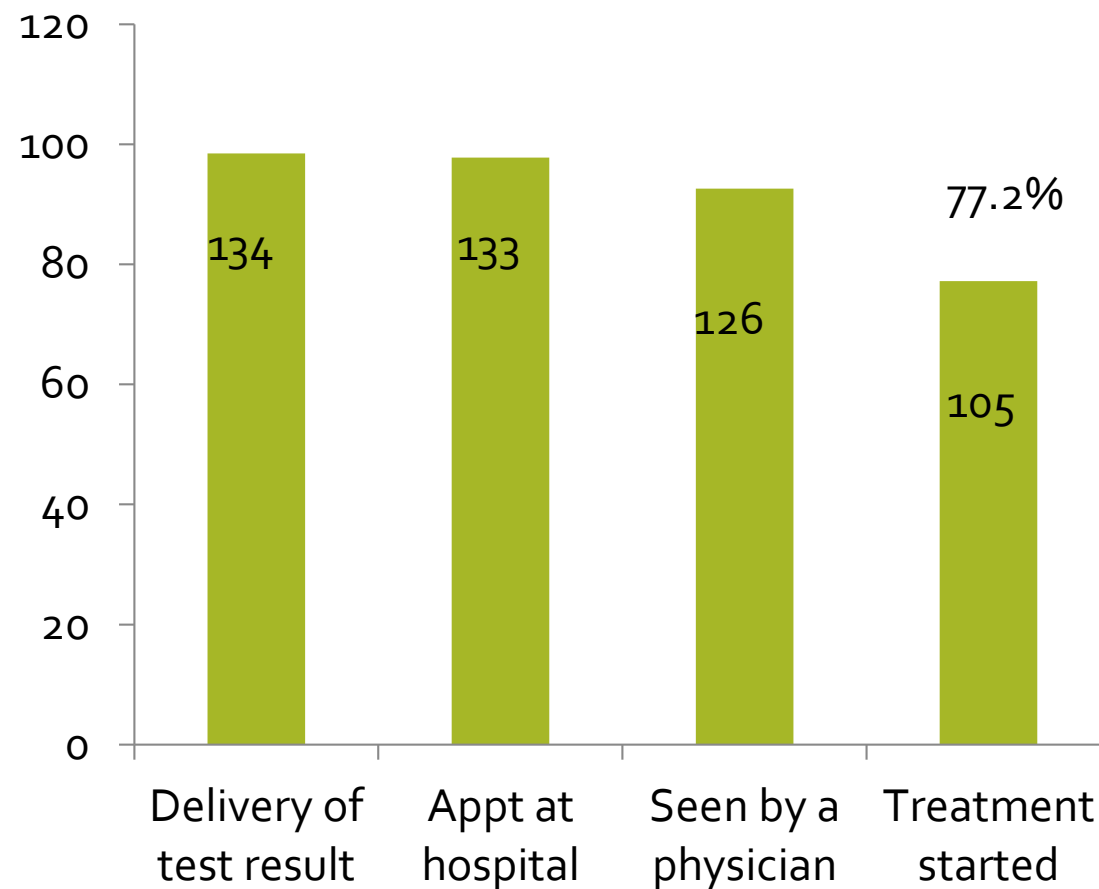
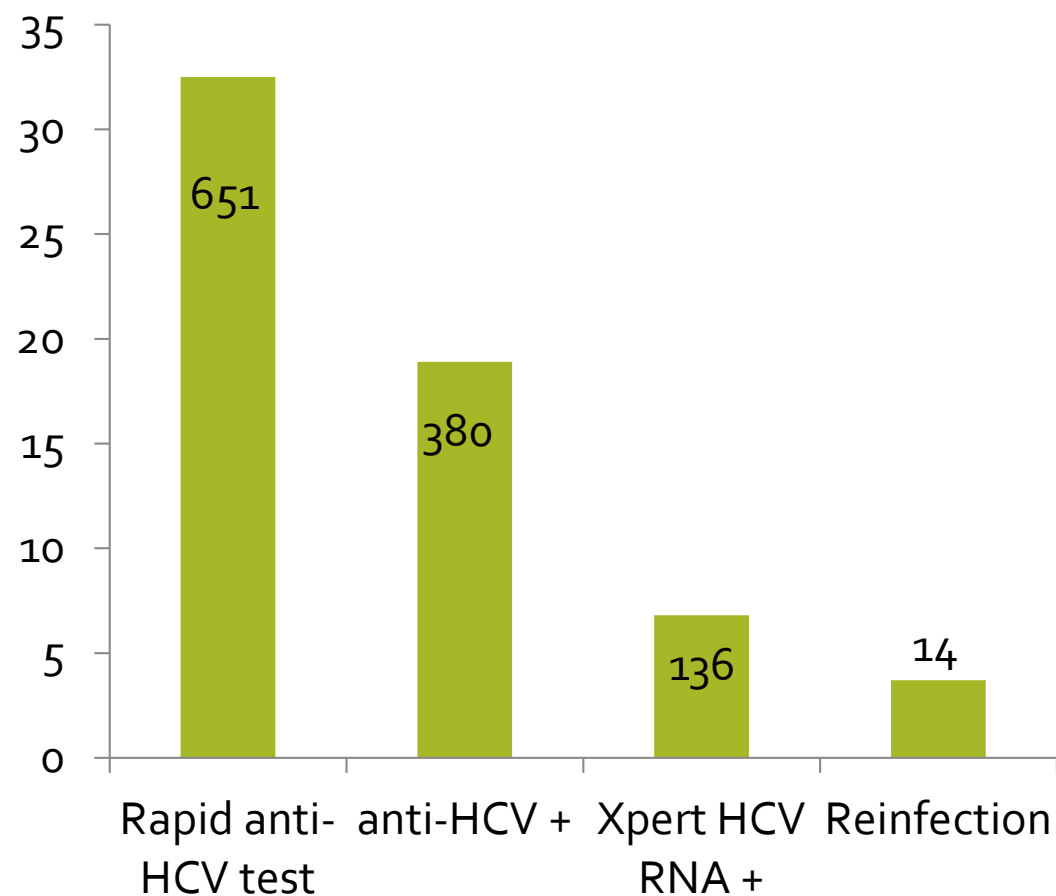


HCV Homeless Outreach Intervention: England

Proportion tested, with positive results and treated during homeless outreach interventions Mar-Sept 2020



Same day confirmatory testing and linkage to care: Madrid, Spain

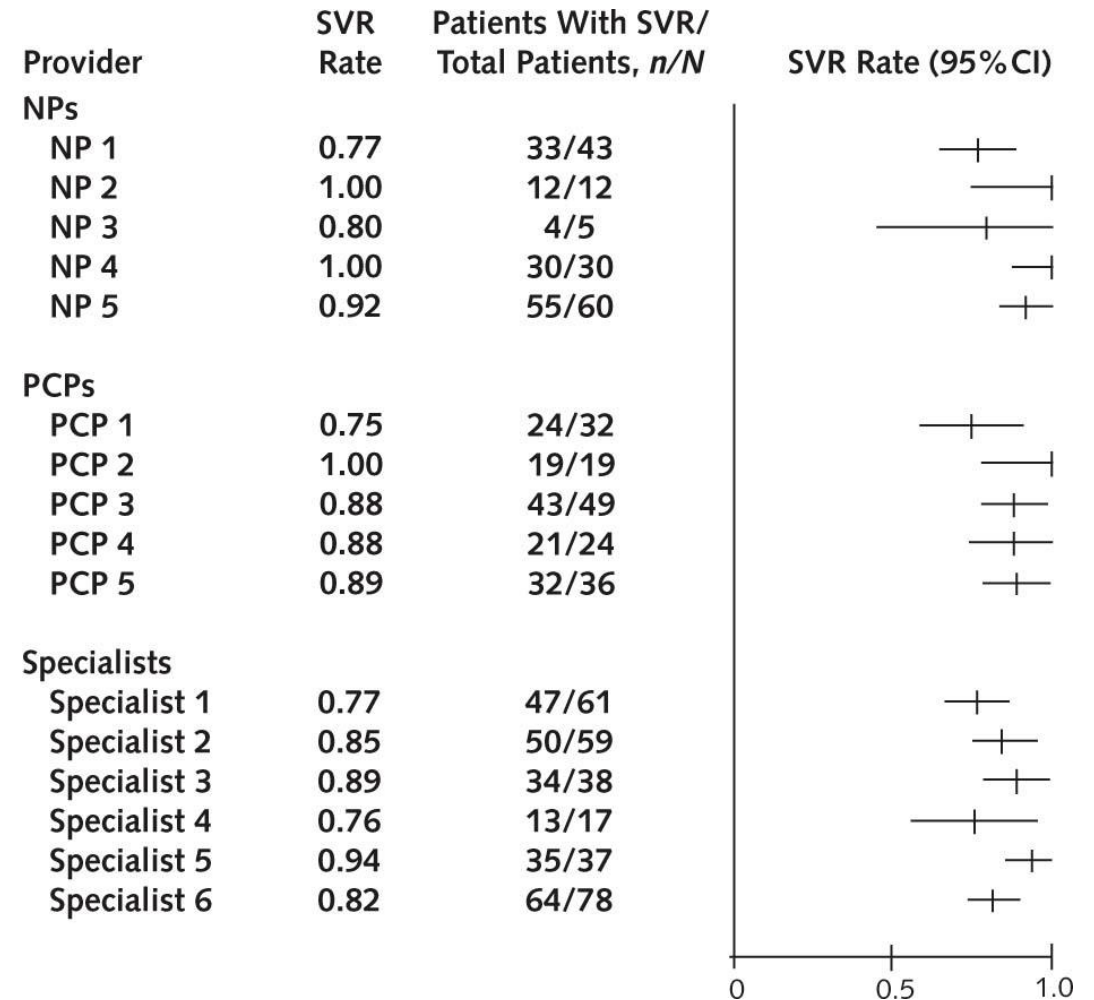


Task Shifting to Address Barrier of Lack of Access to Specialists

- **Many different types of providers** can deliver HCV treatment:
 - PCPs, addiction medicine specialists, PAs, NPs
 - Specialists can contribute by facilitating mentorship, education, training
- **Many different settings** can deliver HCV treatment
 - FQHCs, drug treatment centers, prisons, mental health clinics
 - Utilize embedded models of care
- Hepatologists/other subspecialists are only needed for select cases (advanced liver disease, other complicating comorbidities)

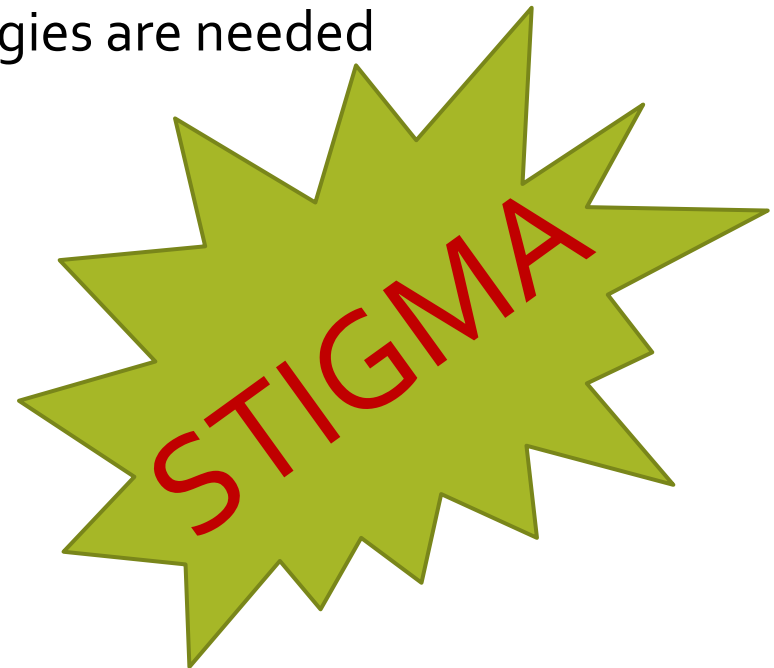
Task Shifting to Community-Based Nonspecialist Providers

- 3-hr education and training
- Overall SVR₁₂ following LDV/SOF: 87%
- No difference in SVR rate by provider type
 - NPs: 90%
 - PCPs: 88%
 - Specialists: 85%



Future Challenges for Enhancing Testing and Linkage to Care

- Barriers to Testing
 - Cost
 - Limited point of care options
 - Limited options that do not require venipuncture
 - Community, health system, government investment
 - Comprehensive and coordinated testing strategies are needed
- Barriers to Linkage to Care
 - Health care silos
 - Integrated models of care are the key
 - Limited numbers of treaters
 - Payer restrictions for DAA approval
 - Prior authorization process



Take Home Messages

- Build integrated test and treat models that bring the care to the patients
 - HCV testing should be integrated into routine services → destigmatize
 - GOAL: Single visit diagnosis, with same day treatment start
 - Expand the numbers and types of providers who treat
- Advocate for development and access to affordable, point of care confirmatory testing that does not require venipuncture
- Investment from leadership is key
 - Government, hospital system, community based organization
- Elimination of HCV is possible!