

Navigating Adolescent and Young Adults from Paediatric to Adult service

Presenters:

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Nurse Navigators have a significant role in connecting the future of patient care across Queensland. Developing partnerships across various sectors of healthcare systems and identifying barriers that exist within a patient’s journey, establishing a central point of contact and placing the patient at the centre of care, empowering self-management and improved health literacy are all priorities within this role, with a goal to improving health outcomes for the Adolescent & Young Adult (AYA) cohort living with complex medical needs. Adolescents and Young Adults (AYA) represent significant users of our health system, 18% of population in QLD and 19% of Queensland’s Aboriginal and Torres Strait Islander population.

Across both CHQ & SCUH the Nurse Navigator Transition / General Paediatrics and SCUH NN roles have successfully created a partnership and wish to highlight collaboration achieved to navigate the complex health system required to support a young person with complex disabilities, requiring intensive support medically and psychosocially with, multiple teams involved in her care across hospital, community, and sectors. Discussing the barriers and cross sector involvement of this case, with NDIS, Department of Child Safety (DOCS) and multiple Hospital & Health Service (HHS) involvement to transition her from paediatric to adult services.

A case study of a medically complex young adult who spent much of her life across many wards and outpatient services at QCH, preparing to Transition to SCUH. Utilising this case to highlight a transition journey, not just as a singular transition event but a continuum of care pathway. Young people require and deserve an approach to care that meets developmental and health needs (*Patton et al., 2016*) We aim to showcase how this effective model can be transferred to practice and adapted to all areas of healthcare.

Disclosure of Interest Statement:

Nurse Navigator Transition Children’s Health Queensland and Nurse Navigator Sunshine Coast University Hospital recognise the need for transparency of disclosure of potential conflicts of interest by acknowledging this for these presentations, we confirm we have no conflicts of interest to disclose.