Lived and Living Experience, Co-designing Models of Care and Resources with custodial D&A patients.

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Background

Description of Model of Care and Intervention: D&A services actively engaged and sought advice from patients and key stakeholders to proactively influence an integrated Justice Health NSW D&A Model of Care for custodial patients with methamphetamine and polydrug use disorders; along with print and digital resources to extend the program reach of and aimed at increasing patient engagement and health literacy.

Effectiveness/Acceptability/Implementation: an authorising environment was created for patient co-designing by: the special commission or inquiry into the Drug Ice recommendation and associated resourcing; NSW Health Elevating the Human Experience Strategy and the associated 'All of Us' consumer engagement framework, the NSW Health remuneration policy; and dedicated staff to achieve patient outcomes. This co-design practice evidence respectful partnership during a significant introduction of an integrated D&A Model of Care for patients with methamphetamine use disorder. Implementation and patient access barriers were considered during the project development, which informed the development of both digital and print resources, as well as an integrated Model of Care that engages and responds to both patients with methamphetamine use disorder and polydrug use disorder.

Conclusion and Next Steps:
Evaluation of the "I Can Do It: Overcoming Ice Addiction in Jail" resource provides demonstrated strong outcomes, including:
- a 342% increase in digital engagement
- distribution of over 10,000 workbooks
- 92% positive patient feedback
- clinician satisfaction ratings of 4.28/5

Implications on communities, practice, policy and/or First Nations peoples:
consultation with communities and custodial First Nations patients was foremind during the design and development of this project. The codesign methodology and practice provides a footprint for the development of culturally safe D&A models of care and the associated health literacy resources, when considering 31% of the NSW custodial population are Aboriginal peoples.

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