

Key contact	Full name	Rebecca Coetzee
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	Role	Nurse Educator and PhD Candidate
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Final session details <i>Please include your proposed session details including timings of presentations within the session</i>	Session title	ETHICS, HARM REDUCTION, AND CHILDREN UNDER 16: RETHINKING MODELS OF CARE FOR EARLY SUBSTANCE USE
	Short description	Children under the age of 16 who use substances remain largely absent from substance use research, policy discussions, and service responses. Most existing models of care are designed for adolescents and adults, leaving practitioners with limited guidance when early substance use occurs among younger children. Responses are often shaped by competing imperatives of child protection, risk management, punishment, prevention, and care, particularly in low- and middle-income country contexts where systems are fragmented. This discussion space will explore how harm reduction principles might be ethically interpreted when substance use occurs among children under 12. Participants will reflect on ethical dilemmas encountered in practice and consider how relational, child-centred approaches could inform more responsive models of care.
	Objectives	1. Identify ethical tensions experienced when responding to substance use among children under 16. 2. Explore how existing systems and models of care enable or constrain harm reduction approaches. 3. Generate shared principles that may inform relational and ethically grounded models of care
	Agenda timings Example: 5 min introduction presentation 3 x 5-minute presentations Panel discussion with 4 speakers and 2 chairs	5 min – Welcome and framing of the session 15 min – Facilitated introduction to ethical tensions in early substance use responses (2x7minute presentations from panel) 30 min – Interactive participant discussion in small and whole-group dialogue 10 min – Synthesis of key insights and closing reflections

	5-minute conclusion remarks	
Chair 1 details	Full name	Rebecca Coetzee
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Speaker 1 details	Full name	Rebecca Coetzee
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	Presentation Title	Reimagining Harm Reduction and Relational Care for Children Who Use Substances
Speaker 2 details	Full name	Daniela Goeieman
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	Presentation Title	Ethical Tensions in Responding to Early Substance Use
Speaker 3 details	Full name	NA
	Role	
	Country	
	Email	
	Phone	
	Presentation Title	
Speaker 4 details	Full name	NA
	Role	
	Organisation	
	Email	
	Phone	
	Presentation Title	
Speaker 5 details	Full name	NA
	Role	
	Organisation	
	Country	
	Email	
	Phone	
	Presentation Title	

Roles and Responsibilities

The submitter/s will:

- Complete the form above

- If the session is approved, select and invite speakers for their session
- Ensure speaker selections reflect equity and diversity considerations
- Provide final details of session including: session title, format, timing, speaker details, etc. by **1 June 2026**
- Ensure all speakers, chairs and attending organisers are registered for the conference before the early-bird deadline of **26 July 2026**
- Disseminate session marketing materials to their networks, as provided by INHSU
- Chair the session

INHSU will:

- Advise organisers on the outcome of their submission by **17 May 2026**
- Contact speakers once invited and confirmed by organisers to provide required information for their participation
- Provide organisers with co-branded marketing materials
- Ensure sessions feature on the INHSU conference program and promote via email and on the conference website
- Allocate a room for the session
- Provide opening slides for the session
- Provide AV technical and logistical support on the day