

VAPE CHECK

Development of a brief intervention tool for young people who vape.



Download the Vape Check tool

INTRODUCTION

Dovetail has seen increased “support and assistance” calls regarding young people and vaping, commonly from schools and health services.

Workers expressed a lack of knowledge and confidence in addressing vaping, resulting in hesitancy to address the issue.

AIM

To develop a guided brief intervention tool to enhance workers’ knowledge, confidence and willingness to assist young people who engage in vaping.



OUR PROCESS

Early 2022
Project scoping



Jul 2022
Initial consultation
QLD Youth AOD sector – 60 workers



Feb 2023
Draft tool & guide
Feedback from 67 workers



Apr 2023
Vape Check v1.0
Feedback from 40 workers



Sep 2023
Vape Check v2.0

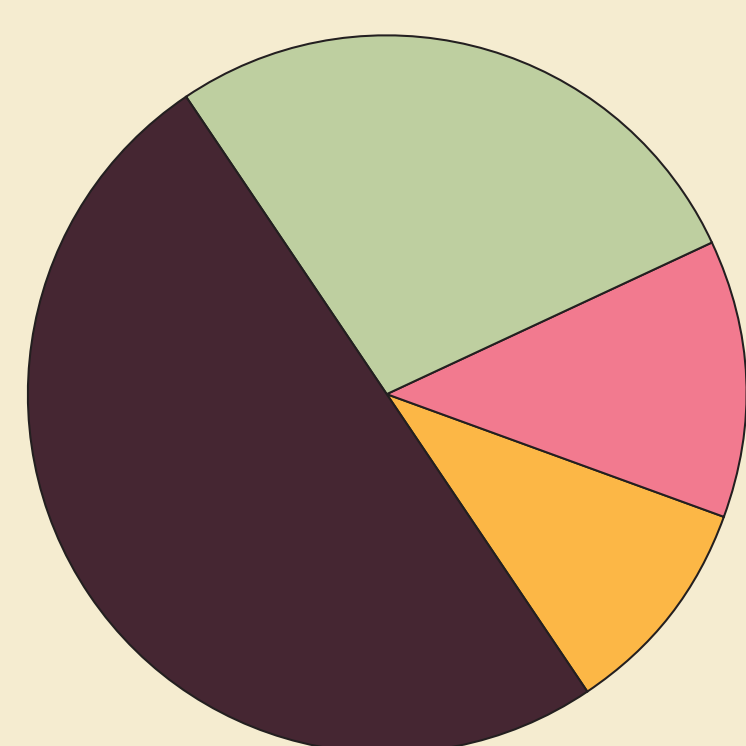
RESULTS

5,500+

unique visits
to the vaping
resources page
(Feb–Oct 2023)

workers who
provided feedback:

■ nursing **50.0%**
■ allied health **27.5%**
■ youth work **12.5%**
■ other **10%**



1,200+

physical copies
ordered
(Sep–Oct 2023)

WHAT WE FOUND

- Best used with young people who vape regularly
- A psycho-social assessment may also be required
- Additional resources requested to further improve worker confidence.

We have also developed:

- Written “Guide to using Vape Check”
- Video “Guide to using Vape Check”
- Factsheet “Vaping Harms”
- Video “Vaping Harm Reduction”

Authors
REBECCA MOUNSEY^{1,2}, CAMERON FRANCIS^{1,2}, KARL LACIS^{1,2},
KAREN PETTY^{1,2} & HOIYAN KAREN LI^{2,3}

¹Dovetail, Queensland Health, Brisbane, Australia, ²Metro North Mental Health Alcohol and Drugs Service, Metro North Health, Queensland Health, Brisbane, Australia, ³Insight: Centre for alcohol and other drug training and workforce development, Queensland Health, Brisbane, Australia.

Presented by
Rebecca Mounsey
Rebecca.Mounsey@health.qld.gov.au | 07 3837 5621

Find out more about Dovetail – dovetail.org.au
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insight
Centre for alcohol and other drug
training and workforce development

Dovetail
Supporting the youth alcohol and
other drug sector in Queensland

