



Acknowledgement of Country



Fearlessly Embrace the Research Adventure

Michelle Hall

Statewide Coordinator,

NSW Drug and Alcohol Clinical Research and Improvement Network (DACRIN)

Centre for Alcohol and Other Drugs, NSW Ministry of Health

[I have no conflict of interest to declare](#)

Agenda

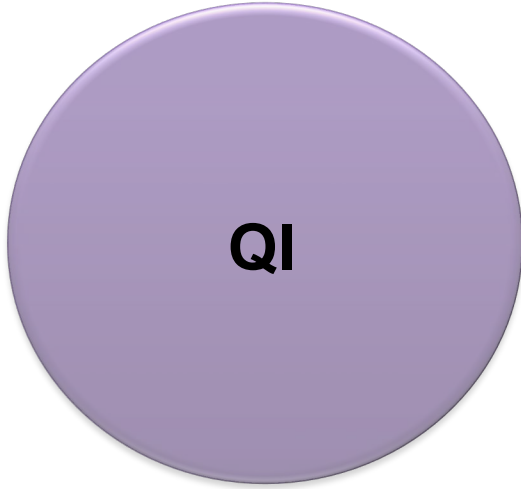
- Mentimeter intro
- QI and research
- Ethics vs Governance
 - Scenarios
- Good Clinical Practice
 - Quiz
- Existing data
 - Discussion
- Questions

ACTIVITY 1
ICEBREAKER

A woman with dark hair, wearing blue medical scrubs, is shown from the chest up. She has a questioning or shrugging expression on her face, with her eyebrows slightly raised and her mouth open. Her hands are raised and palms facing up, indicating confusion or a lack of knowledge. The background is a solid, muted grey. Overlaid on the image is the text "What's the difference between QI and Research?" in a white, sans-serif font.

What's the difference
between QI and Research?

Intention



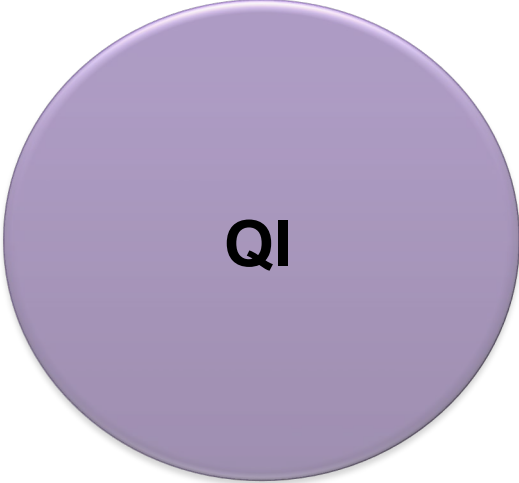
vs



Enhance processes and
systems within
organisations to achieve
better results

Generate new
knowledge, theories,
or insights

Methodology



QI

vs

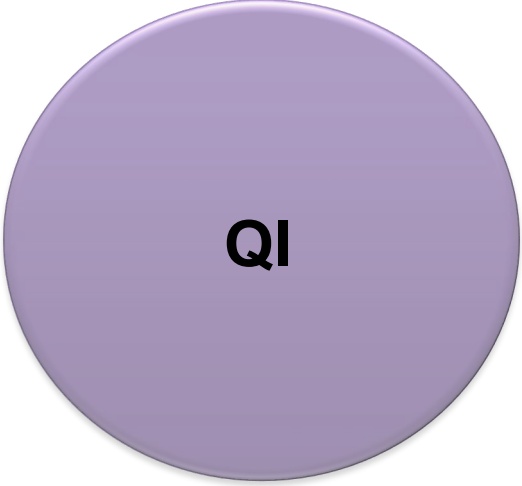


Research

Utilises systematic
approaches like Plan-Do-
Study-Act cycles

Follows rigorous
scientific methodology

Goals



QI

Makes incremental
improvements
continuously

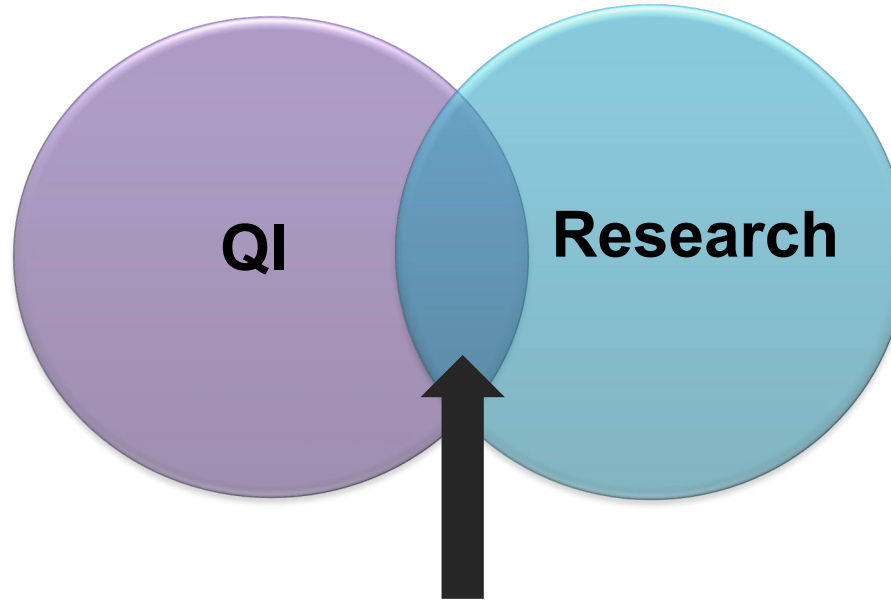
vs



Research

Contributes to the
generalisable body of
knowledge

Similarities



Data collection and analyses

Participant consent, privacy and confidentiality

May promote further work and/or publications

A woman with dark hair, wearing a blue shirt, is shown from the chest up. She is looking upwards and to the left, with her hand resting on her chin in a thoughtful pose. The background is a solid light gray. Overlaid on the image is the text "How do I know if my project needs ethics approval??" in a white, sans-serif font.

How do I know if my project
needs ethics approval??

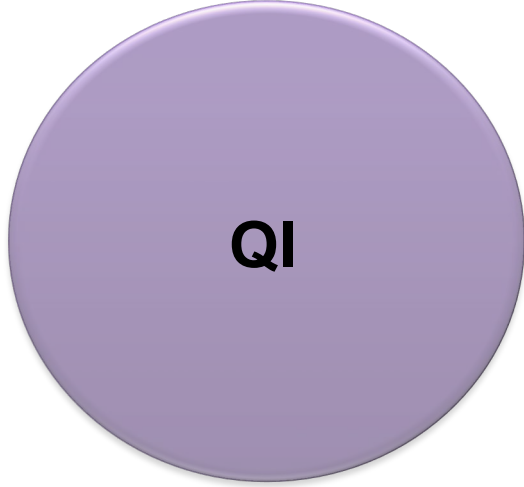
Ethics





Everyone you collect data from or about is a participant

Ethics



QI

vs



Research

Is consent required?

Privacy and confidentiality

Other implications?

All of it!

But different levels

Appendix A

THE CHECKLIST

Use of this Checklist is optional in NSW public hospitals. It is designed to assist in identifying when a proposed QI activity entails ethical 'risks'. For more detailed information related to each statement, please see *Considerations for reviewing QI activities*. This Checklist may be modified for use with local HRECs.

Section 1: ISSUES THAT MAY REQUIRE CONSENT

TRUE/FALSE

1. The project involves direct contact with patients, consumers, or members of the public.
2. The project poses additional risks or burdens to the patient beyond their routine care.
3. The data to be collected is of a sensitive nature or application.
4. The purpose of the activity is not 'directly related' to the patient's disease, illness or its management.
5. The data will be used or available in such a way that may identify individuals.

If the response to any of the above statements is "true", you should contact your nominated HREC delegate (or designated institutional body) to discuss. **Informed consent** is usually required. If approval is required, you will need to provide a project outline, including a description of how you intend to gain consent, as well as participant information statement.

Section 2: PRIVACY and CONFIDENTIALITY

TRUE/FALSE

6. There is no process for de-identification of data.
7. Access to personal information will extend beyond those who are members of the clinical care team, or to others who normally do not have access to the patient's record, or to other data sets.
8. The project involves rare conditions or a small community.
9. Data will be selected or identified by:
 - Aboriginal or Torres Strait Islander status; or
 - Ethnic, religious or minority group.
10. Data will be collected beyond that which is normally collected in routine care.

If the response to any of the above statements is "true", you will need to provide more information and you **may need full Ethics Committee approval**. Please provide a brief explanation and a description of the consent process with your application, and contact your nominated HREC or QI delegate to discuss.

Section 3: OTHER IMPLICATIONS

TRUE/FALSE

11. The project uses 'new' interventions, protocols or equipment.
12. The project will involve allocation of patients to groups to enable comparisons.
13. The project will involve genetic tests/testing.
14. The project may potentially infringe the rights, privacy or professional reputation of carers, health professionals or institutions.
15. The project involves use of placebo.

If the response to any of the above statements is "true", you will need to provide more information and it is **highly likely you will need full Ethics Committee approval** for your project. Contact your HREC representative.

16. The project is likely to generate data that may lead to publication.

If responses to all of the above statements in the checklist are 'false', then no ethical risks have been identified with this project and no ethics review is required.

ISSUES THAT MAY REQUIRE CONSENT

1. The project involves direct contact with patients, consumers, or members of the public.
2. The project poses additional risks or burdens to the patient beyond their routine care.
3. The data to be collected is of a sensitive nature or application.
4. The purpose of the activity is not 'directly related' to the patient's disease, illness or its management.
5. The data will be used or available in such a way that may identify individuals.

If yes to ANY, ethics review is needed

PRIVACY AND CONFIDENTIALITY

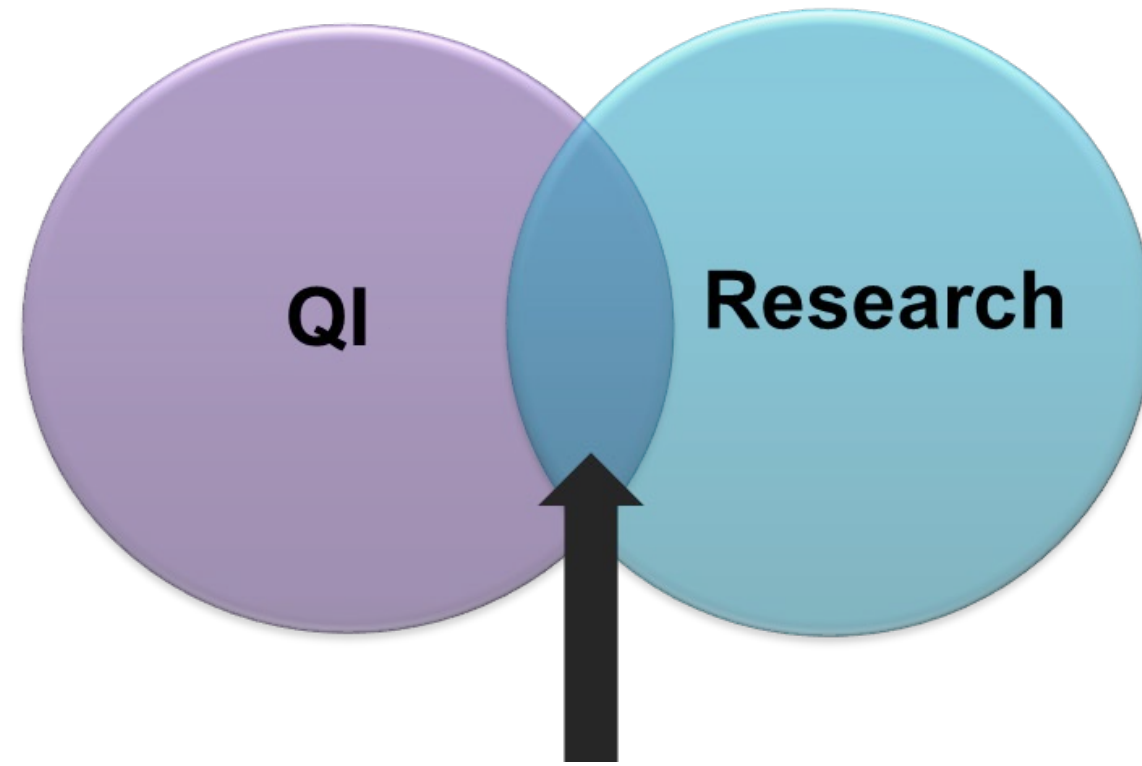
6. There is no process for de-identification of data.
7. Access to personal information will extend beyond those who are members of the clinical care team, or to others who normally do not have access to the patient's record, or to other data sets.
8. The project involves rare conditions or a small community.
9. Data will be selected or identified by:
 - Aboriginal or Torres Strait Islander status; or
 - Ethnic, religious or minority group.
10. Data will be collected beyond that which is normally collected in routine care.

If yes to ANY, ethics review is needed

OTHER IMPLICATIONS

- 11.The project uses 'new' interventions, protocols or equipment.
- 12.The project will involve allocation of patients to groups to enable comparisons.
- 13.The project will involve genetic tests/testing.
- 14.The project may potentially infringe the rights, privacy or professional reputation of carers, health professionals or institutions.
- 15.The project involves use of placebo.
- 16.The project is likely to generate data that may lead to publication.

If yes to ANY, ethics review is needed



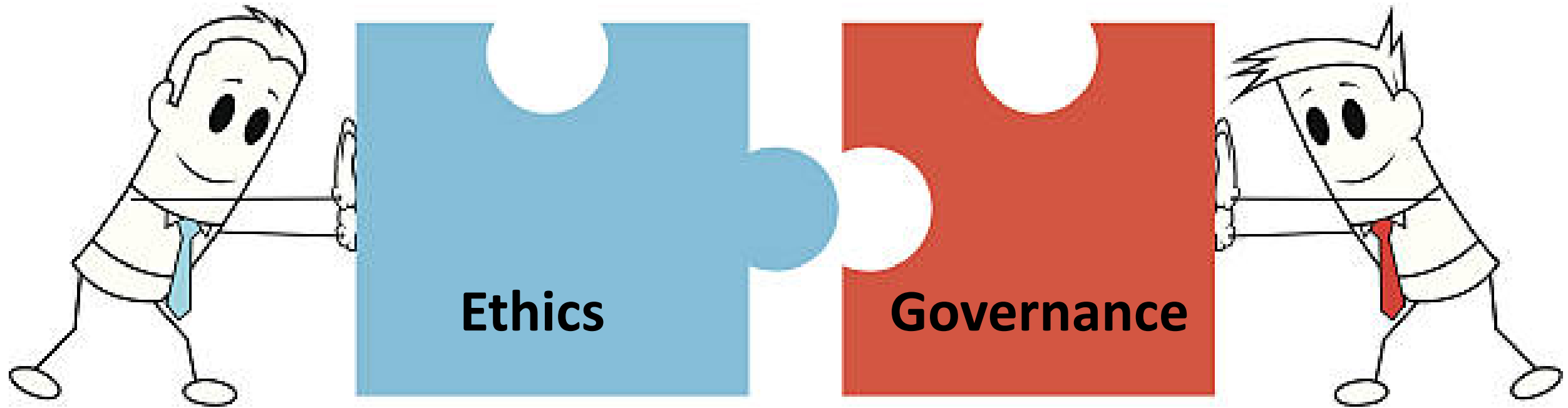
Ethics needed

ACTIVITY 2

SCENARIOS

A woman with dark hair, wearing blue medical scrubs, is shown from the chest up. She has a questioning or confused expression on her face and is shrugging her shoulders with both hands held out to the sides, palms up. The background is a solid, light gray. Overlaid on the image is the text "What's the difference between Ethics and Governance?" in a white, sans-serif font.

What's the difference between
Ethics and Governance?



Ethics and governance processes





Yep... we need to
talk about GCP

Where do research regulations originate?

Declaration of Helsinki 1964 was the first document to set research principles

It is a set of 13 Ethical Principles for Medical Research involving Human Subjects

All staff involved in the care of research participants must be able to demonstrate knowledge and awareness of GCP

It is the duty of the physician in medical research to protect the life, health, privacy and dignity of the human subject

The 13 Principles of Good Clinical Practice



ETHICS: Research involving humans should be conducted in accordance GCP



RISK vs BENEFIT: A study should only be initiated and continued only if the benefits justify the risks



PARTICIPANTS: The rights, safety, and well-being of the participants are **the most important factor**

The 13 Principles of Good Clinical Practice



STUDY DRUG: All available information on the study drug should be adequate to support the proposed study



GOOD QUALITY: Clinical trials should be scientifically sound, and described in a clear, detailed protocol



COMPLIANCE: A study should be conducted in compliance with **the HREC approved protocol**



MEDICAL DECISIONS: Medical care and medical decisions are the responsibility of a **qualified physician**

The 13 Principles of Good Clinical Practice



RESEARCH STAFF: Each individual involved in conducting research should be qualified by education, training, and experience to perform their respective task(s)



INFORMED CONSENT: Freely given informed consent should be obtained from every subject prior to clinical trial participation.



DATA: All research data should be recorded, handled, and stored in a way that allows its accurate reporting, interpretation and **verification**

The 13 Principles of Good Clinical Practice



CONFIDENTIALITY: The confidentiality of records that could identify subjects should be protected



INVESTIGATIONAL PRODUCT: Should be manufactured, handled, and stored in accordance with good manufacturing practice (GMP).



QUALITY ASSURANCE: Systems with procedures that assure the **quality of every aspect** of the study should be implemented

ACTIVITY 3

GCP

Free online GCP Training



New South Wales

DACRIN Sophie Mepham™

- Introductory – 4 hrs = 4CPD points
- Refresher – 2 hrs = 2 CPD points



Other states

A-CTEC

- Introductory – 2.5hrs

A female healthcare professional, likely a nurse or doctor, is shown from the chest up. She is wearing light blue scrubs and a purple stethoscope around her neck. Her blonde hair is pulled back, and she has a thoughtful or concerned expression, looking upwards and to the side. Her right hand is resting on her head. The background is a solid, muted grey.

Where do I start?

Electronic Medical Record System

Home

Show

Print

Send

Preview

Edit

Save

Quit

Personal Information

Social Information

Insurance

Diagnosis

Treatment

Medical History

Healthcare Calendar

Schedule

Appointment

HN:

Patient Name

Doctor :

Operative Note :

Search ☒ HN ☐ Name ☐ Doctor

Search

Personal Information

☐ Male

☐ Female

☐ Single

☐ Married

☐ Widowed

☐ Divorced

Occupation

Address

Telephone number

e-mail address

Previous

Save

Next

Exit

ACTIVITY 4
LEVERAGING EXISTING DATA

Leveraging existing data

- Real-Time Monitoring
 - Utilise EMR data for continuous patient progress feedback
- Identify Process Inefficiencies
 - Analyse existing data to identify bottlenecks in service **delivery**.
- Patient Cohort Analysis
 - Examine existing data to tailor interventions for specific patient groups
- Patient Engagement and Education
 - Track outcomes using existing data to enhance patient engagement strategies

A young woman with brown hair in a braid, wearing blue medical scrubs and a stethoscope, stands with her arms crossed. The image is semi-transparent, serving as a background for the text.

I've got this... now let's do
some research

Transitioning to research

- Integrate Research into QI
- Collaboration with Experienced Researchers
- Seek Mentorship
- Additional Training



michelle.hall@health.nsw.gov.au



www.health.nsw.gov.au/aod/dacrin