

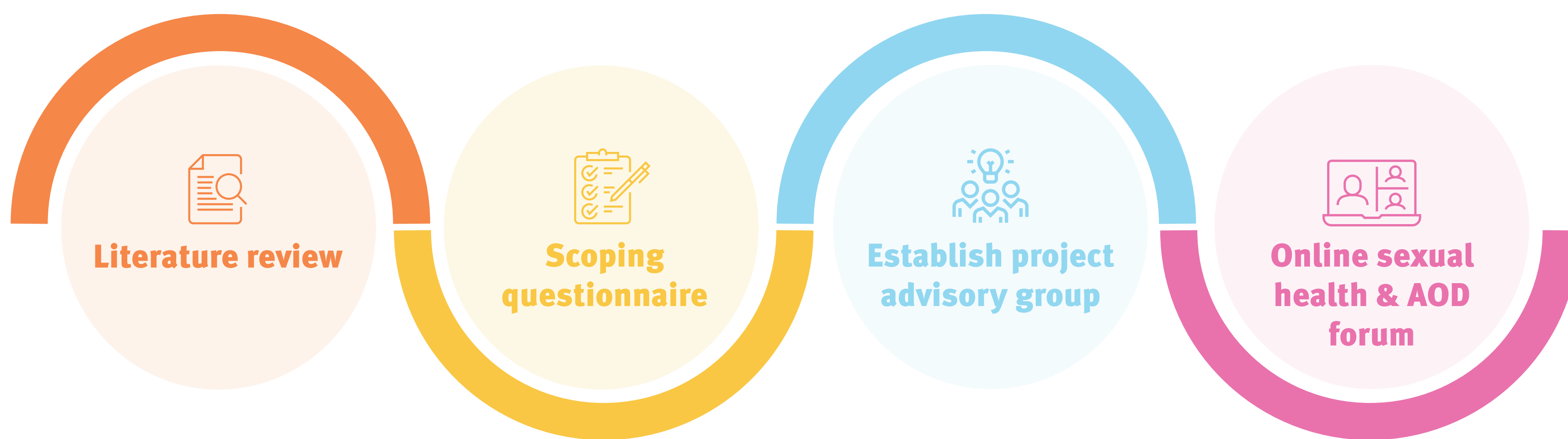
# sex, drugs & WORKER ROLES

## A toolkit of sexual health educational resources for alcohol and other drug (AOD) workers.

Designed to enhance AOD workers' knowledge, skills and confidence to tailor a sexual health intervention based on a functional understanding of how sex and drugs work together for an individual person. The toolkit contains:

- Three free eLearning modules
  - ◊ Foundational concepts
  - ◊ Understanding risks, STIs, prevention, testing and treatment
  - ◊ How to deliver a sexual health intervention
- Explainer videos
- Downloadable resources

### APPROACH



### KEY FINDINGS

- Association between problematic substance use and/or mental health co-morbidities and poor sexual health outcomes including complex STIs, syphilis and congenital syphilis.
- Stigma and discrimination concerning substance use is a major barrier to engaging with sexual health care.
- There is limited knowledge of sexual health among surveyed AOD workforce and low confidence in 'broaching the topic' with clients.
- There is interest among the QLD AOD workforce in responding to the sexual health needs of clients however educational resources and support is required.

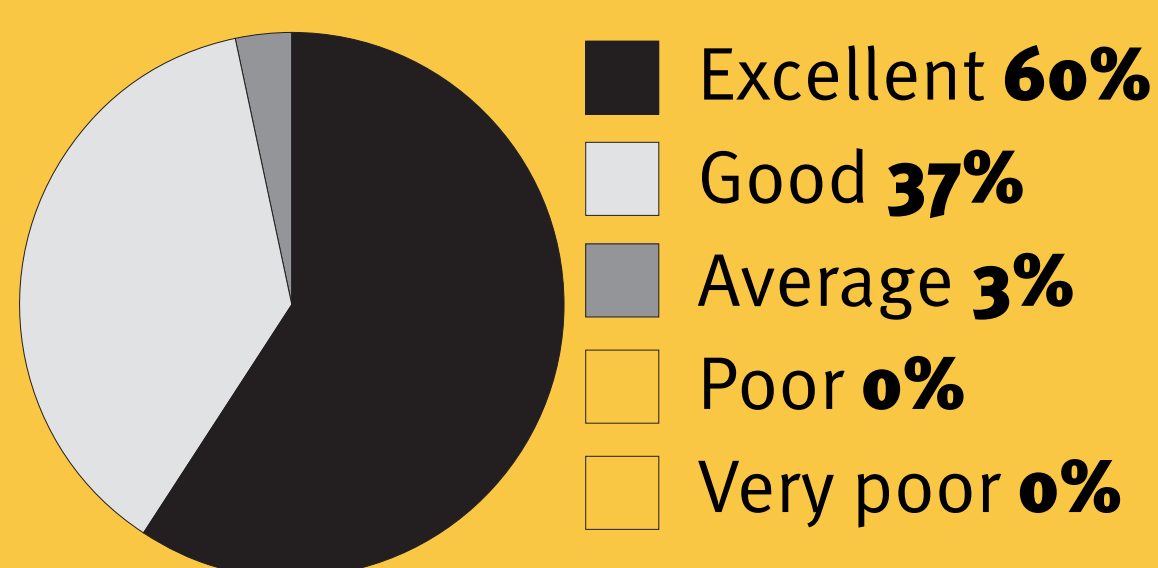
### IMPACT

Timeframe: 30/11/2022 - 31/08/2023

- Unique views of the toolkit

**1017**

- Module survey results



- Module completions

- ◊ Foundational concepts **222**
- ◊ Understanding risks, STIs, prevention, testing and treatment **139**
- ◊ How to deliver a sexual health intervention **126**

- Most popular video:

- ◊ "Why sexual health is essential to AOD practice"



- Most popular resource:

- ◊ "Talking about sexual health - A tool for workers"



“ (The modules) give you the space to explore how you can better prepare yourself for the conversation. It's difficult to talk about the subject, however, this course provides a good foundation for building upon this. ”

### SIGNIFICANCE

1

The Sex and Drugs Toolkit is the only publicly available training resource in Australia focusing on the general intersection between sexual health and substance use.

2

The training draws upon skills and competencies already core to AOD practice, and articulates how these can be applied to help meet sexual health wellbeing needs across a variety of service settings.

3

By building capacity within the AOD sector, clients who face barriers in accessing mainstream services can be better supported with their sexual health concerns.