**IUSTI Asia Pacific Sexual Health Congress 2018** 

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# *Mycoplasma genitalium* infections in Queensland, Australia: alarming rates of resistance to macrolide and quinolone antibiotics

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#### Disclosures:

SpeeDx Pty Ltd. Provided kits and funding for DNA sequencing in this project

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### BACKGROUND/AIMS & METHODS:

Mycoplasma genitalium infections are becoming increasingly difficult to treat due to resistance to antibiotic treatments, including macrolides (azithromycin) and quinolones (moxifloxacin).

Recent changes to treatment guidelines have been implemented; however, treatment failures are still commonplace.

Aim: Determine the levels of antibiotic resistance in Queensland, Australia.

M. genitalium positive DNA samples collected from South-East Queensland (SEQ) and North Queensland (NQ) – included sexual health clinics, rural/remote areas of North Queensland

♦ Nucleic acid samples screened for macrolide resistance (SpeeDx ResistancePlus™ MG) and quinolone resistance (PCR and sequencing)

Antibiotic resistance mutations compared according to: region (South-East Queensland; Northern Queensland), gender and sample collection site



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## **RESULTS:**

- 477 M. genitalium samples screened
  - Even distribution of samples from each region and gender
- 62% had macrolide resistance mutations
- 10.5% had quinolone resistance mutations
- 7.8% had resistance mutations for both macrolide and quinolone antibiotics

Region	Macrolide resistance mutations	Quinolone resistance mutations	Dual resistance mutations
SEQ (n = 209)	136, 65.1%	39, 18.7%	28, 13.4%
Male (n = 159)	109, 68.5%	28, 17.6% 🔶	22, 13.8% 🗲
Female (n = 50)	27, 54.0%	11, 22% 🔶	6, 12% 🔶
NQ (n = 238)	141, 59.2%	8, 3.4%	7, 3.0%
Male (n = 110)	68, 61.8%	6, 5.5% 🔶	5, 4.5% 💶
Female ( n = 126)	71, 56.3%	2, 1.6% 🔶	2, 1.6% 🔶
Undisclosed (n = 2)	2, 100.0%	0, 0.0%	0, 0.0%

- Male rectal samples harboured the highest levels of antibiotic resistance of all samples tested (samples incl. urine, urethral swabs, throat swabs, cervicovaginal swabs)
  - Macrolide resistant (76%), Quinolone resistant (19%), Dual resistance (16%)

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CONCLUSIONS/IMPLICATIONS:

- Antibiotic resistance levels in Queensland are on par with other reports in Melbourne and Sydney
  - Regional differences in antibiotic resistance are of interest
    - Antibiotic resistance mutations very high among male rectal samples (proxy for MSM)
- <u>Clinical implications</u>: Screening for antibiotic resistance is important tool in successful treatment of patients infected with *M. genitalium* 
  - Allows clinicians to make informed decisions regarding best treatment options
- Resistance-guided treatment of M. genitalium now occurring in some parts of Australia
  - Implementation in Queensland possible, with a view to improving rates of cure & decrease clinical treatment failures

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