ATODA acknowledges the Ngunnawal peoples as Traditional Custodians of the land we work on and recognises other peoples or families with traditional connections to the ACT and region. ATODA acknowledges, respects and celebrates the continuing culture and the contributions of Aboriginal and Torres Strait Islander peoples to the life of this city and this region and continues to learn from the contributions of Aboriginal and Torres Strait Islander peoples to the alcohol, tobacco and other drug sector.

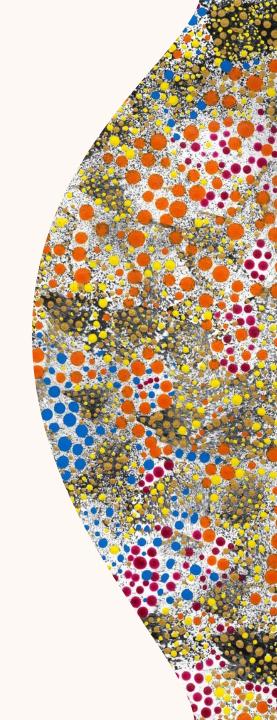




## **Conflict of Interest statement**

There are no conflicts of interest to disclose.









## Valued qualities of an ATOD worker Findings from a service users' survey

**Taylor Munday & Nathan Guymer** 

SUSOSE Project Advisory Group (ATODA);

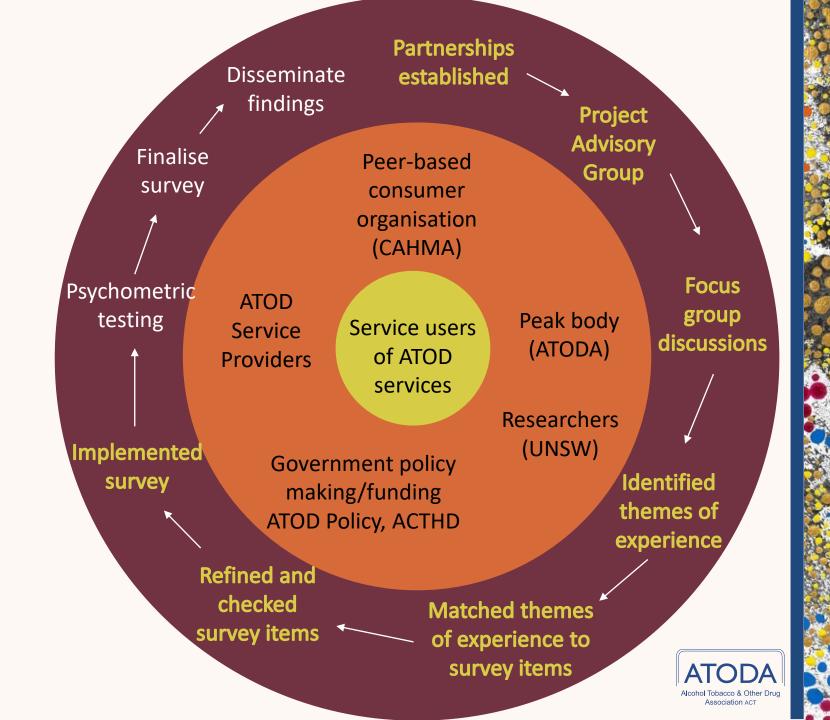
Canberra Alliance for Harm Minimisation & Advocacy (CAHMA)

#### **Elisabeth Yar**

Alcohol Tobacco and Other Drug Association ACT (ATODA)

APSAD 2024, Canberra

# The SUSOSE co-design process



## Focus group discussions

- 12 groups
- 63 people
- 41% women
- 25% Aboriginal and Torres Strait Islander
- 18% LGBTIQA+
- median age –around 47



"If you think about a time
when you had
a good experience
at an AOD service,
what made it
a good experience?"

"If you had a lot of money, what about the service would you improve?"

## Focus group discussions

I think sincerity. Feel like that they're taking it seriously. Especially if you're sharing deep stuff. So not feeling that they're taking the piss.

The worker, like, spoke down to me and used big words...gobbledygook... And that to me was a bad experience.

Some social workers get it some social workers don't. Some social workers don't have the heart to be social workers.

That's why they act odd.

They don't have to have a little card that says they've been through two years of uni or whatever. They, they've got their own card saying I've been on the streets, and I've done my drugs and I'm trying to help people.

### How do you feel about workers at this service?

(Strongly disagree to Strongly agree)

The workers are caring and supportive

The workers are genuine

The workers are passionate about the work they do

The workers are knowledgeable

The workers listen to me

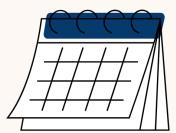
The workers understand what it's like to be a person who uses alcohol or other drugs

The workers at this service work well together to support me

What do you think is the one most important quality in a worker?



#### **End May to** Mid-August 2023



Needlesyringe programs

Opioid Maintenance **Treatment Program** 

Peer support & case management





Counselling & case management

Day program/ groups







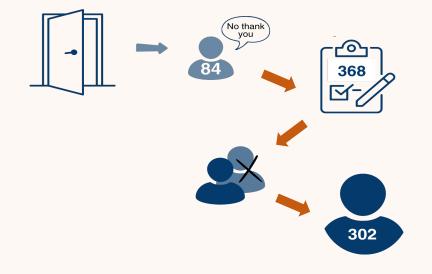
**Primary** health care (including outreach)

Residential withdrawal

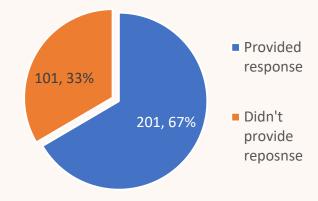


Youth drop-in/ case management

Residential rehabilitation



What do you think is the one most important quality in a worker?

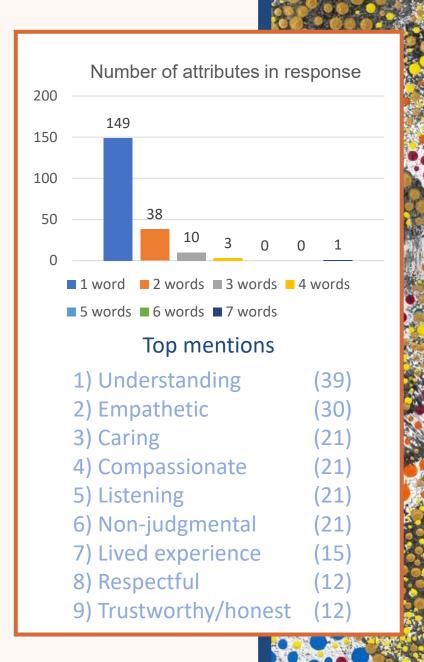




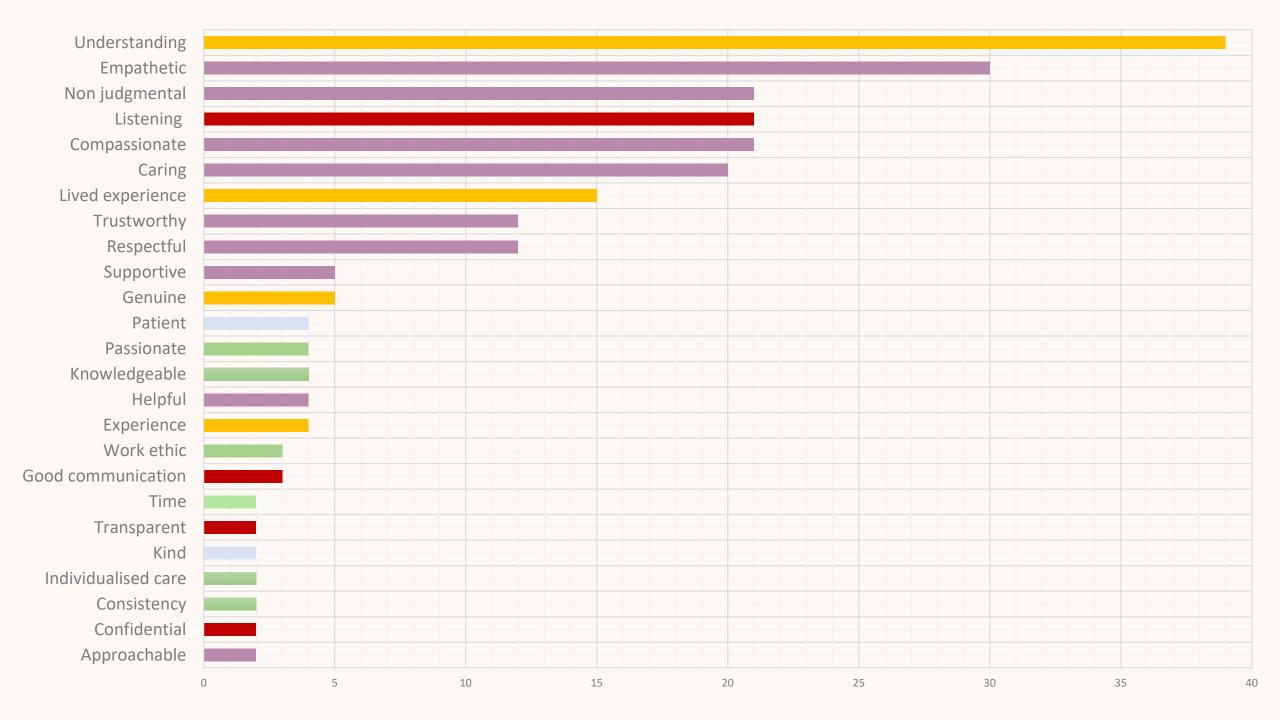
#### Most important quality in workers







Individual	Interpersonal	Communicative	Experiential	Workplace
			Understanding	
	Empathetic			
	Non-judgmental	Listening		
	Compassionate			
	Caring			
			Lived experience	
	Respectful			
	Trustworthy/honest			
	Supportive		Genuine	
Patient	Helpful		Experience	Passionate
				Knowledgeable
		<b>Good communication</b>		Work ethic
Kind	Approachable	Transparent		Consistency
		Confidential		Individualised care
		Time		
Heart	Remember you	Validating	Humility	Love job
Maturity	People skills	Attentive	Relatable	Aptitude
Charismatic	Shoulder to cry on	Talk to people	Wisdom	Treat clients
Нарру	Reassuring	Discrete	Street smart	Smiling
Fair	Friendly	Open	Being themselves	
Good person	See me as a person			
Chill	Nice to me			
	Selfless			
	Connection			



Interpersonal		
Empathetic	30	
Non-judgmental	21	
Compassionate	21	
Caring	20	
Respectful	12	
Trustworthy/honest	12	
Supportive	5	
Helpful	4	
Approachable	2	
Remember you	1	
People skills	1	
Shoulder to cry on	1	
Reassuring	1	
Friendly	1	
See me as a person	1	
Nice to me	1	
Selfless	1	
Connection	1	

Perceptions of how a

worker interacts with

18 qualities with 136

a service user

mentions

"I get understood, lots of **empathy,** understanding **no judgement** + lots of **support**"

"Kindness, trustworthy, really respectfull"

"Non-judgmental attitude"

"Taking time & care to address underlying problems"

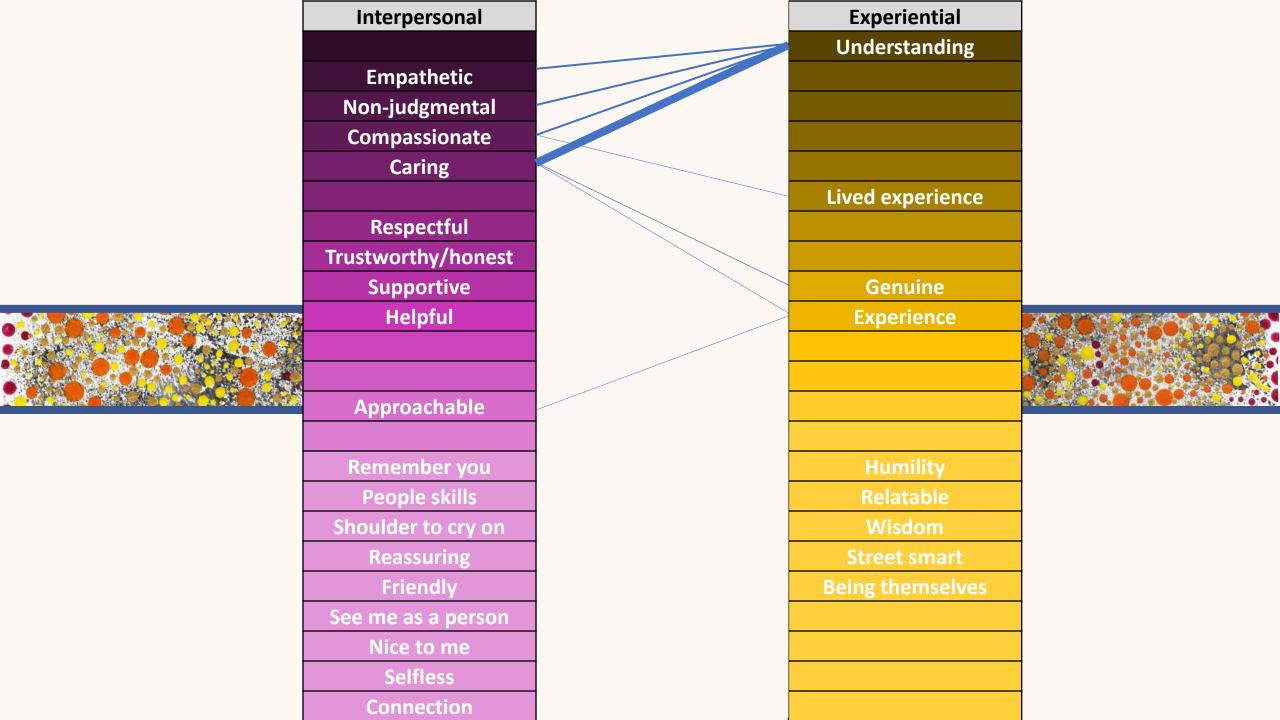
"Themselves know what its like to be in my shoes and the position I am in now"

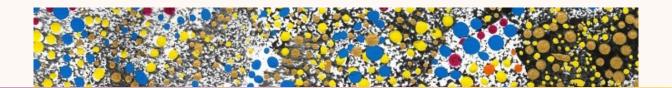
"An **understanding** of the mental state of mind of an individual initially accessing support"

"Personal **experience** with issues"

"To understand whod [what] the person is going through"

	Experiential		
15	Understanding  Lived experience	<ul> <li>Qualities that relate to or are gained by experience</li> <li>9 qualities with 107 mentions</li> </ul>	
5	Genuine		
4	Experience		
1	Humility		
1	Relatable		
1	Wisdom		
1	Street smart		
1	Being themselves		



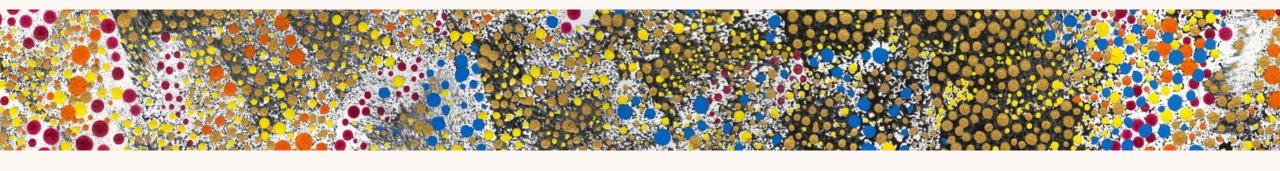


"

Whilst lived experience is important & a definite bonus it's not imperative if they are empathetic

"





## What next?



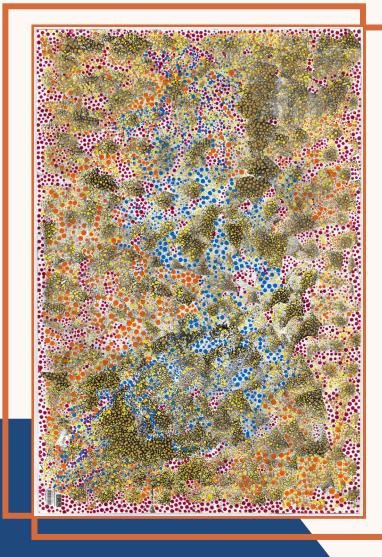
**Title:** Unspoken History, Map of Pain

**Artist:** Sharon

**Date: 2020** 

To learn more, scan the QR code or click here.





Thank you for your attention.

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