

# Approaches to providing care for overseas-born GBM living with HIV

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# Acknowledgement of Country

I acknowledge the traditional custodians of the land, the Kaurna People  
Sovereignty was never ceded and this was, and always will be, Aboriginal land.

# Acknowledgements

**We would like to thank all who shared their experiences and participated in this study**

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***Community review:***

Positive Asian Network Australia (PANA)

Positive Latinx Australia Network (PLAN)

***Funding:***

Viiv Healthcare

# Background

- Overseas born gay, bisexual, and other men who have sex with men living with HIV experience increased challenges to engaging with HIV care:
  - Concerns about the impact of HIV on visa status
  - Confidentiality concerns
  - Unfamiliar healthcare system
  - HIV and LGBTQ+ stigma in healthcare systems
  - Understanding HIV as an untreatable health condition

# Methods

**We developed a practice guide for clinicians providing HIV care to overseas-born GBM living with HIV**

- 4 community consultations:
  - 2 x consultations with overseas-born GBM living with HIV (14 participants in total)
  - 2 x consultations with healthcare workers (10 participants in total)
- Draft guidelines developed and sent for community feedback from:
  - Positive Asian Network Australia
  - Positive Latinx Australia Network
- Currently under review by clinicians

# Recommendation: Migration

*Many people, they're dealing with other issues as well as an HIV diagnosis ... whether they'll ever get PR or a visa. As [healthcare workers], we need to be aware of that to be really able to support them (FG3, P2, Healthcare worker).*

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*I think [migration] is important: not that the doctor tells you the [visa] information, but the referral pathways (FG1, P6, living with HIV).*

# Recommendation: Peer Support

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*For me there was definitely a lot going on [after being diagnosed]. ... [It was] too much having that blast of information (FG1, P2, living with HIV).*

# Recommendation: U=U communication

*“The doctors said I am undetectable but didn’t explain what that means. ... I had no idea. I knew I was fine physically, but I didn’t know what undetectable means really” (FG1, P5, living with HIV).*

# Conclusion

- Particularly useful for those new to providing HIV care to overseas-born GBM.
- In development: email [nwells@kirby.unsw.edu.au](mailto:nwells@kirby.unsw.edu.au) for more details and/or a copy of the final version