The LiverWELL app. Innovative tools for managing liver health and helping patients stay engaged with their healthcare.

# Authors:

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### Background/Approach:

The LiverWELL app was developed to assist those living with viral hepatitis and liver disease. The app was then refreshed and relaunched in 2021 to add further functionality and improve user experience, to add value to the users of the app.

### Analysis/Argument:

It was seen that an app was the ideal way for those with liver conditions to access information themselves, and also in conjunction with their health care professional. It was designed in a way that allowed instant free access, making it easier for users to download so that they could stay engaged with healthcare professionals and the healthcare system. A campaign was conducted targeting healthcare professionals to promote the app and assist and encourage their patients to use the app to add appointments, results, scans and reminders.

### **Outcome/Results:**

The app has had good take-up both within Australia and overseas, with over 600 users, 463 of them in Australia, since launch in 2021. Feedback from users indicates that the app is a useful and innovative tool in liver health management.

### **Conclusions/Applications:**

The LiverWELL app has been a successful innovation in liver health management. It has benefits both to patients and to their healthcare professionals as it helps patients to stay engaged with care and provides information and tools in a portable format which is instantly and readily accessible. The steadily growing number of users indicates its usefulness.

# **Disclosure of Interest Statement:**

No interests or conflicts of interests declared.